



Hygroscopic Actuation

Bounded H₂O molecules cause high radial and low axial expansion by swelling



Heated drawn polymer monofilament expands radially and contract axially

Untwisted Monofilament
Twist under tensile load.
Thermally anneal.

Torsional Actuation

Bounded H₂O molecules cause untwist due to the new twisted fiber orientation



High stiffness internal fibers helically orientated cause shear deformation

Straight-twisted polymer actuator (STPA)
Twist under tensile load until coiled to helix. Thermally anneal.

Torsional response of STPA translates to contraction of TCPA due to the swelling in the material



The thermal torsional response of STPA translates to contraction of TCPA.

Twisted-coiled Polymer Actuator (TCPA)

Contraction

Contraction