

Thermography Clinic

DETECTION IS IMPORTANT, BUT PREVENTION IS THE KEY!
Start your Prevention Journey NOW!

[Book a 15 min Consultation](#)[Book An Appointment](#)

WHAT IS THERMOGRAPHY?

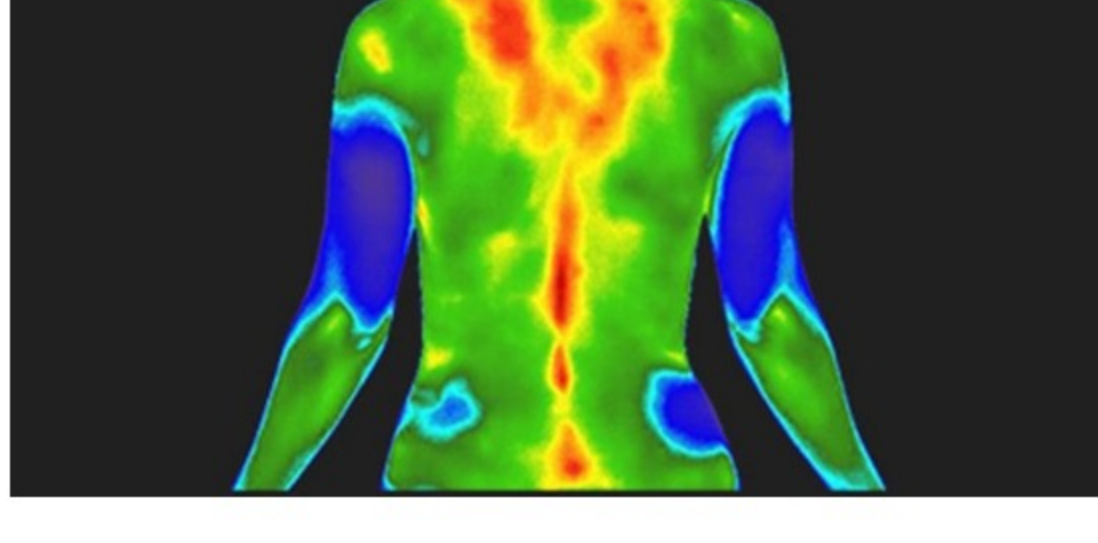
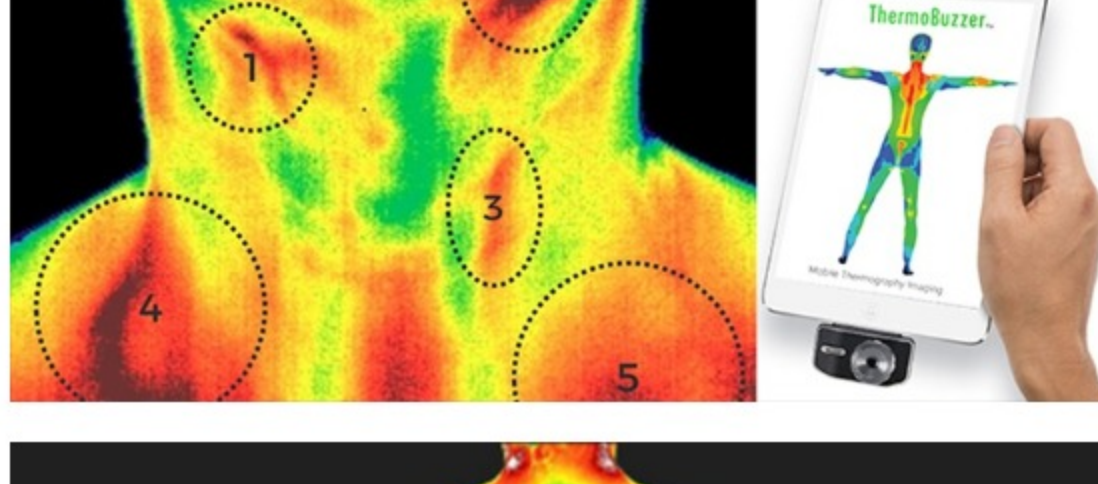
Thermography is thermal images of the HUMAN BODY that detect...

- Inflammation
- Abnormal Activities
- Infection
- Hard Masses at the size of 0.25cm

Why Thermography?

Thermography has been a Medical Testing Tool for 50+ years. It provides a comprehensive RISK ASSESSMENT far superior to others in the EARLY STAGES of some diseases

- 100% SAFE + PAINLESS
- No Radiation
- No Compression
- Non-Invasive

[Read More](#)[Speak to Someone](#)

OUR SERVICES

Step 1



BOOK A FREE VIRTUAL CONSULTATION

Curious about thermography and how it can benefit your health?

Book a free virtual consultation with our certified team to learn how this safe, non-invasive imaging technology can help detect early signs of inflammation, infection, hormonal imbalances, circulatory issues, and more, often before symptoms appear. Whether you're dealing with chronic discomfort, seeking preventive care, or simply looking for a second opinion, our experts will walk you through how thermography works and how it can provide deeper insight into your body's condition. Schedule your free session today and take the first step toward proactive wellness.

Step 2



CHOOSE A THERMAL IMAGING SCAN & BOOK AN APPOINTMENT

Breast Risk Assessment

Analyzes vascular activity to detect early signs of breast disease and often before tumours can be found. A vital tool for proactive breast health.

Cranial / Dental / Thyroid

Evaluates hidden inflammation in the head, jaw, and thyroid. These are areas linked to immune dysfunction, chronic illness, and increased breast cancer risk.

Breast + Cranial/Dental/Thyroid Combo

A comprehensive scan for uncovering key connections between oral health, thyroid function, and breast tissue. Multiple studies have linked both dental pathology and thyroid dysfunction to breast cancer

Upper Body Thermography

Covers head to abdomen, identifying pain sources, nerve damage, inflammation, and stroke risk. Useful for chronic or unexplained conditions.

Lower Body Thermography

Targets hips, legs, knees, and feet. Useful for assessing circulation, inflammation, sports injuries, diabetic risks, and musculoskeletal issues.

Total Body Thermography

Full-body thermal mapping to detect systemic inflammation, immune stress, and early dysfunction. It is essential for full-spectrum preventative care.

Step 3



COMPLIMENTARY FOLLOW UP APPOINTMENT INCLUDE:

Accurate Results Examined By Doctors

Your scans are thoroughly reviewed by our team of licensed Canadian doctors, ensuring accurate and trusted interpretation. Each report includes detailed thermal findings and a clear risk assessment to help you understand what your body may be signalling.

Personalized Next Steps & Wellness Guidance

In your follow-up session, we'll walk you through your results and explain what they mean in plain language. You'll receive customized recommendations whether it's lifestyle changes, targeted therapies, or further medical evaluation.

[Learn More](#)[Book Now](#)

WHY US?

Our Vision

We are a team comprised of dedicated health care providers, technologists and visionaries who understand that risk assessment and prevention is the key to providing quality care.

Our Mission:

To bring non-invasive and scientific technology to the forefront of health care.
To provide every woman with an opportunity of choice of monitoring her breast health.*

Reports Examined By Medical Doctors

All thermal images are examined by team of Canadian Medical Doctors with 25+ years of experience, to ensure you receive accurate and professional insights regarding your health.

Certified Clinical Thermographers

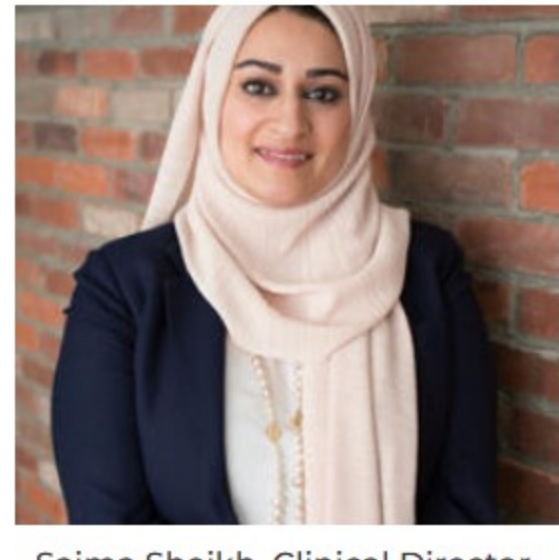
High-Grade Medically Rated Infrared Cameras

Personalized Wellness Follow-Ups

[Learn More](#)[Book Now](#)

OUR TEAM

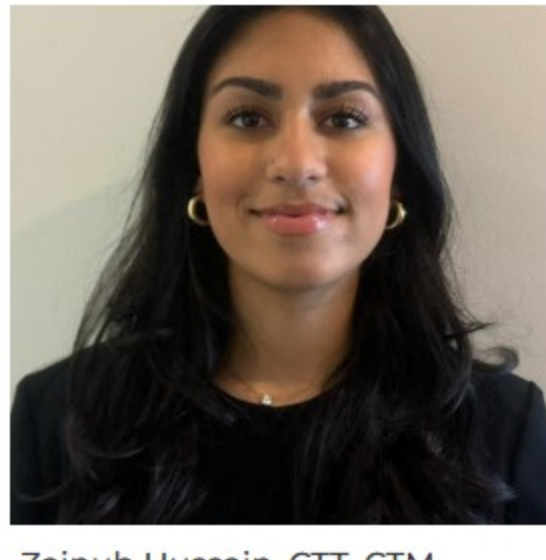
WOMEN WITH A VISION



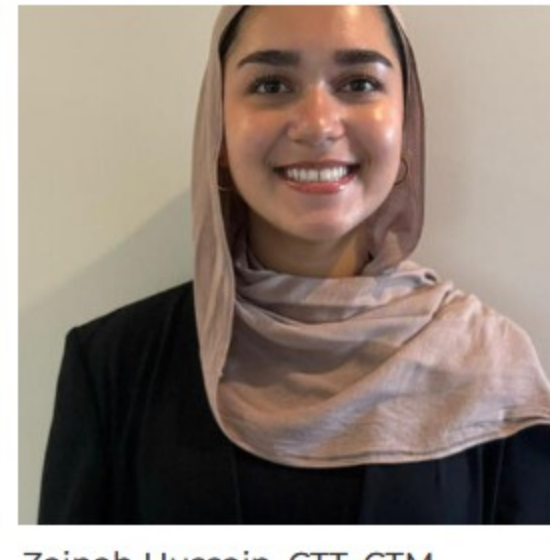
Salma Sheikh, Clinical Director, Breast Health Educator, CTM, CTT



Luba Alviano, CTT & Registered Nurse



Zainub Hussain, CTT, CTM



Zainah Hussain, CTT, CTM

MEDICAL ADVISORY BOARD



Alexander Mostovoy, DHMS, BCCT



Dr. Alvin Pettie, M.D., F.R.C.S. (OB/GYN)



Dr. Moshe Dekel, OB/GYN, Long Island, NY

Our Story

CLINIC DIRECTOR, CERTIFIED CLINICAL THERMOGRAPHIC TECHNICIAN & BREAST HEALTH EDUCATOR

Saima knows the importance of risk assessment when it comes to assessing breast diseases, especially for someone like her, whose family has been touched by the disease. "Losing my grandmother to breast cancer at the age of 22 was difficult indeed! One finds some sort of peace when reminding themselves that although they will be missed, they did live a relatively good & long life. They were able to enjoy their grandchildren and even witness the birth of a great-grandson.

Saima witnessing her mother fight breast cancer not once, but twice, was a whole other chapter in her life. Saima was a month away from turning 29 and her third pregnancy resulted in twin girls. Not only was she raising 4 children, she further had to deal with terrifying news that her mother was diagnosed with stage II breast cancer. Saima had two options, allow this devastation to get the better of her and plunge into a state of depression or educate herself and be strong for her mom. Saima spent multiple nights online reading and researching about her condition and what she could do to help her, both physically and emotionally. She wanted her not to give up and to build the will to fight. Saima's mom ultimately fought and won but only after a lumpectomy, lots of chemotherapy and radiation.

Saima chose Thermography, which is FDA approved as an **adjunctive** tool to mammography. Thermography (digital infrared thermal imaging) is a test of physiology and assesses subtle changes that could be markers to future breast health issues. In addition to early risk assessment for assessing breast disease, it is also useful in assessing Thyroid Dysfunction, Dental Pathology, Immune System Disorders & Physical injuries, where sports medicine clinics often use it as a risk assessment tool.

Early detection is important, but prevention is the key!



800

Peer-Reviewed studies

36000

Patient Visits

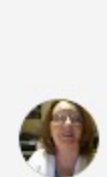
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Clinics across Canada

EXCELLENT



Based on 63 reviews



Silvia Delalande
2025-03-25

Great experience! The Thermographers are very kind and knowledgeable. I highly recommend it.



S K
2025-02-20

My experience at the Thermography Clinic in Milton was professional, personable, and informative. I especially felt comfortable about asking questions for my own...

Read more



Mohamad karaki
2025-01-11

A very unique experience that worth trying, invest in your health before it's too late.

Frequently Asked Questions

[View All](#)

How long does it take?

The imaging procedure, including the time to acclimate to the room will take 45 to 50 minutes.

Is breast thermography safe?

Can thermography diagnose breast cancer?

Does thermography replace mammography?

Have any studies been done regarding the accuracy of Thermography?

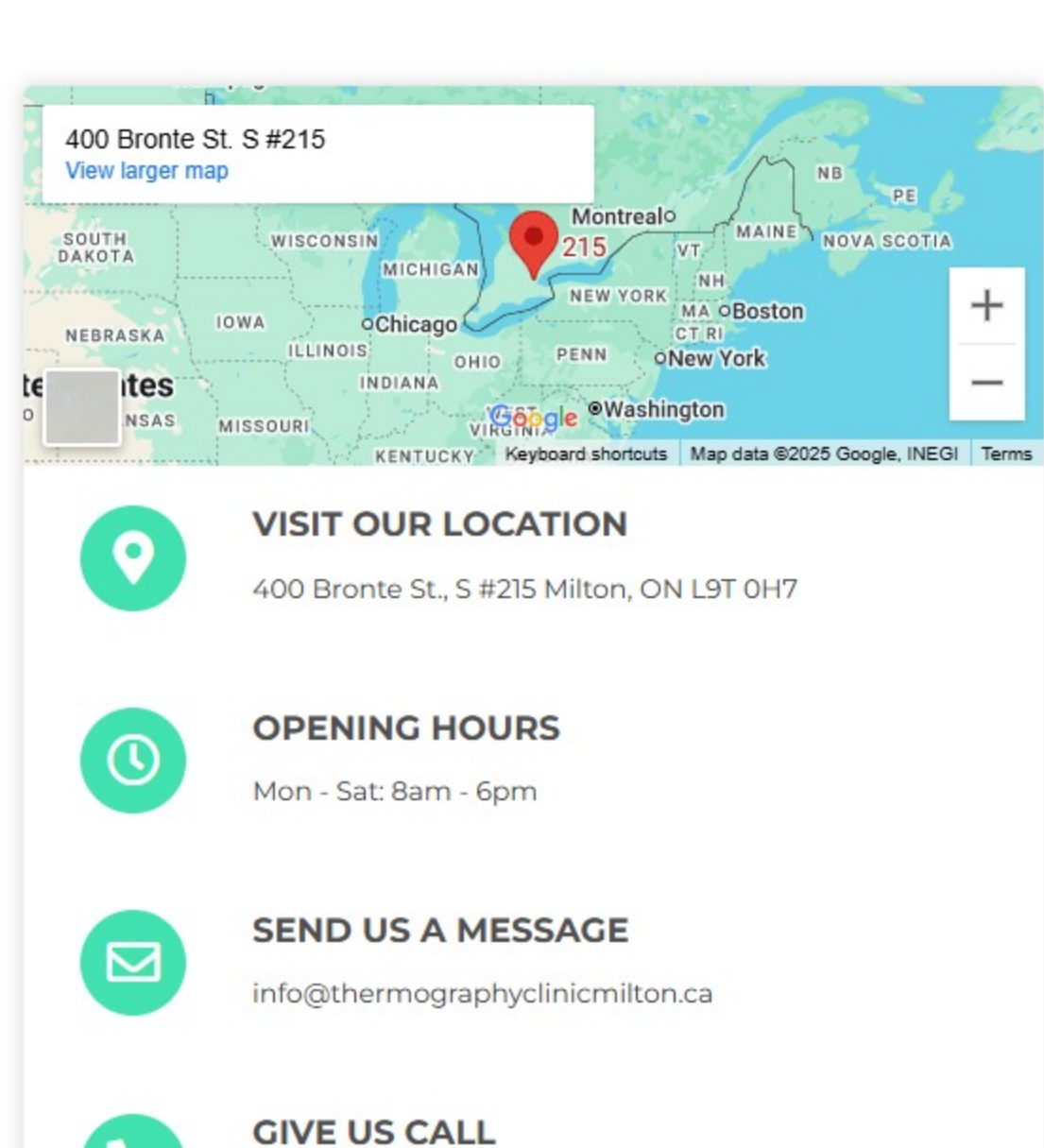
How often will I need a follow up?

I have breast implants – is thermography safe?

Why do we plunge our hands into cold water during imaging examination? What is a cold challenge test?

How Thermography Detects Inflammation

How Thermography Detects Inflammation



VISIT OUR LOCATION

400 Bronte St., S #215 Milton, ON L9T 0H7



OPENING HOURS

Mon - Sat: 8am - 6pm



SEND US A MESSAGE

info@thermographyclinicmilton.ca



GIVE US CALL

905.876.3047

Make An Appointment

AND WE WILL CONTACT YOU

Full Name

Email

Phone

mm/dd/yyyy

Subject

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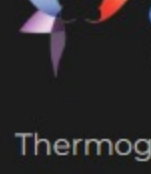
Partners



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Thermography measures the infrared radiation (heat) which is constantly radiating (emitting) away from the surface of the human skin. Skin as an organ breathes, exchanges gases with the environment, cools us as well as keeps us warm by letting heat out...

Latest News

Importance Of Breast Screening

What Is Thermography?

Thermography And Inflammation

New Podcast Episode



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905.876.3047

Even though our clinic is in Milton, our patients come from all over the GTA.

Mississauga Oakville Burlington Brampton Halton Hills Hamilton Georgetown