

INSTRUCTIONS

COVID-19 Caregiving Strategies, Quality of Life, and Stress Among Faith Community Nurses and Faith Leaders in Appalachia**TEST INSTRUCTIONS**

- Read the article. The test for this nursing continuing professional development (NCPD) activity is to be taken online at www.nursingcenter.com/CE/CNJ. Tests can no longer be mailed or faxed.
- You'll need to create an account (it's free!) and log in to access My Planner before taking online tests. Your planner will keep track of all your Lippincott Professional Development online NCPD activities for you.
- There's only one correct answer for each question. A passing score for this test is 7 correct answers. If you pass, you can print your certificate of earned contact hours and access the answer key. If you fail, you have the option of taking the test again at no additional cost.
- For questions, contact Lippincott Professional Development: 1-800-787-8985.
- Registration deadline is December 5, 2025.

PROVIDER ACCREDITATION

Lippincott Professional Development will award 2.0 contact hours for this nursing continuing professional development activity.

Lippincott Professional Development is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is also provider approved by the California Board of Registered Nursing, Provider Number CEP 11749 for 2.0 contact hours. Lippincott Professional Development is also an approved provider of continuing nursing education by the District of Columbia, Georgia, West Virginia, New Mexico, South Carolina, and Florida, CE Broker #50-1223. Your certificate is valid in all states.

Payment: The registration fee for this test is \$21.95 for nonmembers, \$15.95 for NCF members.

JCN continuing education offers a distinct blend of clinical and professional content with an underlying spiritual emphasis.

CE TEST QUESTIONS**Learning Outcome:**

Seventy-five percent of participants will demonstrate knowledge of a study identifying the most common care strategies used during the COVID-19 pandemic and examining professional quality of life, perceived stress, and associated factors in faith leaders and nurses in rural Appalachia by achieving a minimum score of 70% on the outcomes-based posttest.

Learning Objectives:

After completing this continuing professional development activity, the participant will apply knowledge gained to:

1. Recognize the methodology used for the study of care strategies faith leaders and faith community nurses used during the pandemic.
2. Identify the characteristics of the participants in the study.
3. Select the results of the study that might lend insight to those who serve in rural communities.
4. Identify the authors' recommendations for reducing the burden on faith leaders and faith community nurses serving in rural communities during times of higher workload and stress.

1. As a framework for their study of care strategies faith leaders and nurses used during the pandemic, the authors used the Theory of Self-Transcendence, which facilitates turning difficulties and struggles in life into
 - a. sources of inspiration.
 - b. meaningful systems of support.
 - c. real-life challenges to overcome.
2. According to the Theory of Self-Transcendence, commitment to care is defined as assuming a burden to create a place of
 - a. refuge.
 - b. learning.
 - c. compassion.
3. The most common service performed by the faith leaders and faith community nurses before the pandemic was
 - a. education.
 - b. home visits.
 - c. hospital visits.
4. During the pandemic, 60.4% of participants reported increased
 - a. home visits.
 - b. mental health referrals.
 - c. distance-based interactions.
5. Of the predicting variables the authors analyzed, which was significantly associated with compassion satisfaction?
 - a. gender
 - b. urban location
 - c. community size
6. Of the predicting variables the authors analyzed, which was significantly associated with burnout?
 - a. having a full-time job
 - b. Catholic faith background
 - c. faith leaders' years of experience
7. The only variable significantly associated with traumatic stress was
 - a. gender.
 - b. perceived stress.
 - c. Catholic faith background.
8. Among those participants reporting high compassion satisfaction, over 50% reported
 - a. moderate burnout.
 - b. moderately high perceived stress.
 - c. moderate to high compassion fatigue.
9. Eighty-five percent of the participants reported having
 - a. experience in distance technology.
 - b. 10 or more years of experience as a faith leader.
 - c. served communities in both urban and rural settings.
10. The authors noted the importance of recognizing compassion fatigue in those serving the faith community so that they can initiate self-care methods, such as
 - a. reducing working hours if they are excessive.
 - b. practicing healing therapies, such as yoga.
 - c. using a team-based approach.

CNJ0123B