

Vol. 2 No. 8

# The Rexall News

TRADE MARK

Feb. 1914

Published monthly by

R. E. Bates & Co., Druggists

918 Main Street

Grinnell, Iowa

Phone No. 2



*Instead of Valentines*

to your more personal friends, why not write personal messages on

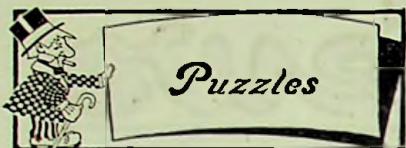
**Symphony Lawn**  
WRITING PAPER

They will convey more sentiment and surely will be more appreciated. Comes in white and six tints, in four sizes. One quire, with envelopes, 50 and 60 cents. The correspondence cards, boxes of 25, with envelopes, 40 and 50 cents.

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*The Rexall Store*



## Answers in March Rexall News

No. 84

Behead a crime and leave common sense.

No. 85

What river in Bavaria answers the question, "Who is there?"

No. 86

In camps about the centre I appear;  
In smiling meadows seen throughout the year;  
The silent angler views me in the streams,  
And all must trace me in their early morning dreams.  
First in the mob conspicuous I stand  
Proud of the lead, and ever in command.

## Are You Constipated?

Pleasant, candy-like, sure-acting

Rexall Orderlies

do not gripe, and do not leave you, as many harsh purgatives do, worse off than you were before. Will satisfy or money back.

Vest pocket boxes, 10c, 25c, 50c.

No. 87

The head of a whale is six feet long; his tail is as long as his head and half of his body, and his body is half of his whole length. How long is the whale?

No. 88

A hundred stones are placed in a straight line, a yard distant from each other. How many yards must a person walk, who undertakes to pick them up and place them in a basket stationed one yard from the first stone?

No. 89

My first is a part of the day,  
My last a conductor of light,  
My whole to take measure of time  
Was once used day and night.

No. 90

I am a word of three syllables, each of which is a word. My first is an article in common use; my second, an animal of uncommon intelligence; my third, though not an animal, is used in carrying burdens. My whole is a useful art.

No. 91

What part of London is in France?

## Answers to January Puzzles

- (74) Commonwealth. (75) Joab, Omri, Sheshonith, Hadassoh, Uzziah, Ahaziah's mother, Joshua. (Note that names are all of Biblical characters.) (76) Darius, radius. (77) Sausage, assuage. (78) He was *revered* who came to *deliver*. (79) Met-a-physician. (80) Only the dead one; the others will fly away. (81) Wolf, fowl. (82) Stripes, sprites. (83) Aden.



A comfortable shave depends as much upon the condition in which your skin was left after your last shave as upon the sharpness of your razor. Let your skin be smooth, healthy, free from irritation and tenderness, and your shave will be comfortable even if your razor is only ordinarily sharp.

The best shaving soap we believe, both because of its purity and freedom from skin-irritating alkalis and its splendid lathering qualities is Rexall Shaving Soap. Comes in powder, cream or stick form to suit your preference; each, 25c.

Rexall Shaving Lotion

is fine to use after shaving. Soothing, healing and antiseptic, it cools the skin and relieves irritation. Deliciously fragrant. Dries quickly.

35 and 50 Cents



50c and \$1.00



Here's to one and only one,  
And that is she  
Who loves but one and only one,  
And that is me.

Sacred to twins Charlie and Varlie,  
Sons of loving parents who died in infancy.

How sleep the brave who sink to rest  
By all their country's wishes blest,  
They sleep not in their regiments,  
Such things being here not deemed essentials.

Surpassing fragrance that wins your favor  
by its alluring charm. Bouquet Jeanice Perfume. A rare and elusive sweetness. \$1.00 an ounce.

Little Johnny had a purple monkey  
Climbing up a yellow stick,  
Little Johnny licked the purple paint off,  
And it made him deathly sick.  
They stirred him up with calomel,  
They tried to move his liver,  
But all in vain; his little soul  
Was wasted o'er the River.

Best ingredients and best compounding  
make our prescriptions the only kind you  
can afford to get—and they cost no more  
than the other kind.

Here lies Joseph Trowlup,  
Who made yon stones roll up;  
When death took his soul up,  
His body filled this hole up.

Ingenious youth, thou art laid in dust  
Thy friends, for thee, in tears did burst.

For kidney ills, take Rexall Kidney Treatment. It helps to promote their healthy action. Your money back if it doesn't relieve you. In liquid form, 50c and \$1.00. In pill form, 50c.

Here lies Lord Coningsby, be civil,  
The rest God knows—so does the devil.

Beneath this stone our baby lies,  
It neither cries nor hollers,  
It lived but one and twenty days,  
And cost us forty dollars.

This world is a prison in every respect,  
Whose walls are the heavens in common;  
The jailer is sin, and the prisoners men,  
And the fetters are nothing but women.

Here lies John Ross,  
Kick'd by a hoss.

Pearly white teeth—healthy gums—perfect satisfaction—all follow the use of Rexall Antiseptic Tooth Powder—a gritless dentifrice with a delightful flavor. 25 cents.

Here lies Johnny Cole,  
Who died, on my soul,  
After eating a plentiful dinner.  
While chewing his crust,  
He was turned into dust,  
With his crimes undigested—poor sinner.



**The best way to bleach** white goods having colored embroidery (such as doilies and other articles which cannot be boiled for fear the color will fade) is to wash them and then dry them in the shade. Put them in an old pillow-case which has been dipped in very strong bluing water and thoroughly dried. Then hang the case, with the embroidered articles inside, in the light for several days. They will be perfectly white and the colored embroidery will not be one bit faded.

**Comfort your feet.** Rexall Corn Solvent helps to remove painful, deep-rooted corns quickly and without pain. Generous size, 25 cents. Money back if you're not satisfied.

**To remove a finger ring.** Thread a needle with a strong thread, pass the head of the needle with care under the ring, and pull the thread through a few inches towards the hand; wrap the long end of the thread tightly around the finger, regularly all down to the nail, to reduce its size. Then lay hold of the short end of the thread and unwind it. The thread pressing against the ring will gradually remove it from the finger. This simple method will remove a very tight ring without difficulty.

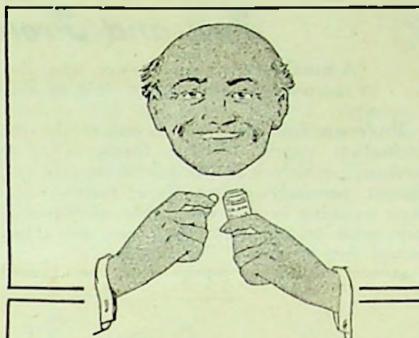
**Rexall Red Cedar Compound.** An agreeably pungent, clean and inexpensive moth preventive. Sprinkled amongst furs and clothes, it saves the cost of a cedar chest. Nine ounces, 15c.

**Laundering sweater.**—Now that the sweater coat is so much worn, it is well to know how to launder it without stretching out of shape. Wash the sweater by pressing or sopping in suds until perfectly clean. Do not wring dry in the ordinary way, but press it between the hands and repeat the same process after a thorough rinsing. Make a hammock of a towel by fastening tapes to its four corners and hang between parallel clotheslines—or it may be hung from two chairs. Lay the sweater in the towel; turn occasionally as it dries. Hang the hammock where it will have lots of air.

**For baldness, falling hair, dandruff and dry or brittle hair** use Rexall "93" Hair Tonic (50c and \$1.00), and Rexall "93" Shampoo Paste (25c a jar).

**To iron ribbons.**—When ribbons have become wrinkled and creased, instead of using a hot flat iron try this effective method: Fill a large, round, smooth bottle with boiling water, and around it wrap a single thickness of paper smoothly. Wind the ribbon around the paper perfectly smooth and tight, then wrap a second layer of paper about this and pin securely. Set aside for a day and a night, and you will find that the ribbon will be smooth and look almost like new. Soiled ribbons may be soaked and soused about in soap suds until cleaned, then thoroughly rinsed and hung to drip dry. When dry they should be ironed in the above way.

**Old hot-water bags,** split open and cut into circular pieces are excellent mats for house plants.



### Chase the Grippe!

Don't groan and suffer from its aches and pains. If you do, it's your own fault.

**Rexall**

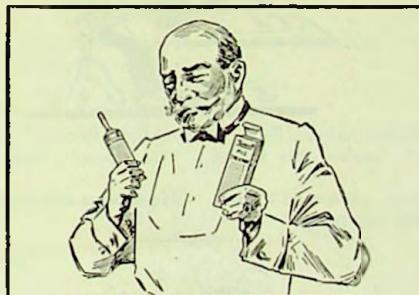
### Grippe Pills

will relieve the fever, headache and other aches and pains, as well as the irritation of the nose and throat, and make you feel good again, or cost you nothing, because all you have to do to get your money back is to tell us you're not satisfied.

Pleasant and gently laxative.

25 Cents

A brush should not be used for cleaning the dust from silk, as the bristles will in time cut the fabric. Wipe with a piece of velveteen; this will remove the dust without injuring the silk. Silk or ruffled skirts should be hung away upside down, as this prevents the sagging of the skirt from the weight of the ruffles, and keeps the ruffles from drooping.



### Neglect of Piles

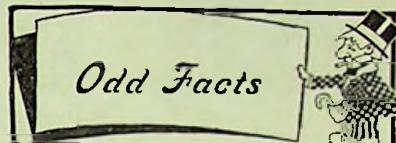
is often serious in its consequences, because they frequently grow worse with time, causing great pain and sometimes making a surgical operation necessary.

### Rexall Pile Treatment

is a convenient, inexpensive, trouble and pain-saving remedy that we believe is the best made. You have our personal promise that if it does not relieve you and entirely satisfy you, we will give back the money you paid for it as soon as you tell us.

Comes in tubes, with nozzle attachment for easy, cleanly application.

50 Cents



### Religious Denominations

Estimated number of English-speaking religious sects forming communities throughout the world:		
Episcopalians	29,200,000	
Methodists	15,650,000	
Roman Catholics	15,500,000	
Presbyterians	12,250,000	
Baptists	9,230,000	
Congregationalists	6,150,000	
Free Thinkers	5,250,000	
Lutherans, etc.	2,800,000	
Unitarians	2,600,000	
Minor religious sects	5,500,000	
Of no particular religion	17,000,000	
English-speaking population	124,130,000	

### Comfort Your Stomach

Restore its Health with

**Rexall**

### Dyspepsia Tablets

They furnish ingredients needed to properly digest the food and tone up and invigorate the glands.

15c, 50c and \$1.00 a box

### Population of the Earth by Continents

Continental Area in Sq. Miles	Inhabitants Number	Per Sq. Mile
Africa . . . 11,513,579	127,000,000	11.00
America,N. 8,037,714	115,000,000	14.31
America,S. 6,851,306	45,000,000	6.70
Asia . . . 17,057,666	850,000,000	49.08
Australasia 3,456,200	5,200,000	1.50
Europe . . . 3,754,282	380,000,000	101.10
Polar region 4,970,265	300,000	0.06

Total . . . 55,641,102 1,522,700,000 27.10

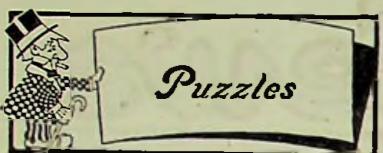
The estimate of population is based on one made by Ernest George Ravenstein, F.R.G.S., in 1890, with additions since that date in the Americas and Australasia, bringing it down to 1910.

Ravenstein's estimate of the earth's fertile region, in square miles, is 28,269,200; steppe 13,901,000; desert, 4,180,000; polar regions, 4,888,800.

Murray (Challenger expedition) states the greatest depth of the Atlantic Ocean at 27,366 feet, Pacific Ocean, 30,000 feet; Indian Ocean, 18,582 feet; Southern Ocean, 25,200 feet; Arctic Ocean, 9,000 feet. The United States collier Nero obtained a depth of 31,614 feet in the Pacific Ocean near Guam, November 14, 1899. The Atlantic Ocean has an area in square miles of 24,536,000; Pacific Ocean, 50,309,000; Indian Ocean, 17,084,000; Arctic Ocean, 4,781,000; Southern Ocean, 30,592,000. The highest mountain is believed to be Deodhunga or Everest, one of the Himalayas, 29,002 feet.

### The Curfew in England

At the 600-year-old Audlem church, in Cheshire, England, the curfew is regularly rung, after which the date of the month is tolled, a survival of the times when no almanacs existed.



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In camps about the centre I appear;  
In smiling meadows seen throughout the year;  
The silent angler views me in the streams,  
And all must trace me in their early morning dreams.  
First in the mob conspicuous I stand  
Proud of the lead, and ever in command.

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Vest pocket boxes, 10c, 25c, 50c.

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My first is a part of the day,  
My last a conductor of light,  
My whole to take measure of time  
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**Epitaphs**

## Shaving Preparations

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35 and 50 Cents

Here's to one and only one,  
And that is she  
Who loves but one and only one,  
And that is me.

Sacred to twins Charlie and Varlie,  
Sons of loving parents who died in infancy.

How sleep the brave who sink to rest  
By all their country's wishes blest,  
They sleep not in their regimentals,  
Such things being here not deemed essentials.

Surpassing fragrance that wins your favor  
by its alluring charm. Bouquet Jeanice  
Perfume. A rare and elusive sweetness.  
\$1.00 an ounce.

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Climbing up a yellow stick,  
Little Johnny licked the purple paint off.  
And it made him deathly sick.  
They stirred him up with calonel,  
They tried to move his liver,  
But all in vain; his little soul  
Was wafted o'er the River.

Best ingredients and best compounding  
make our prescriptions the only kind you  
can afford to get—and they cost no more  
than the other kind.

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Who made yon stones roll up;  
When death took his soul up,  
His body filled this hole up.

Ingenious youth, thou art laid in dust  
Thy friends, for thee, in tears did burst.

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The rest God knows—so does the devil.

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It neither cries nor hollers,  
It lived but one and twenty days,  
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This world is a prison in every respect,  
Whose walls are the heavens in common;  
The jailer is sin, and the prisoners men,  
And the fetters are nothing but women.

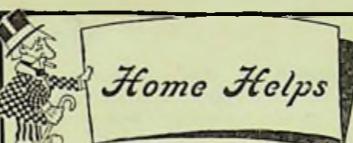
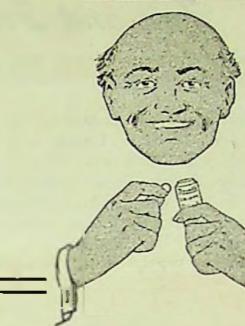
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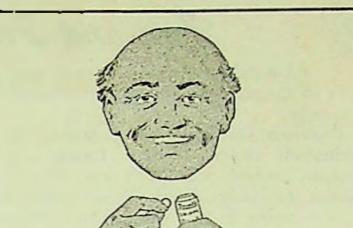
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50 Cents

**Odd Facts**

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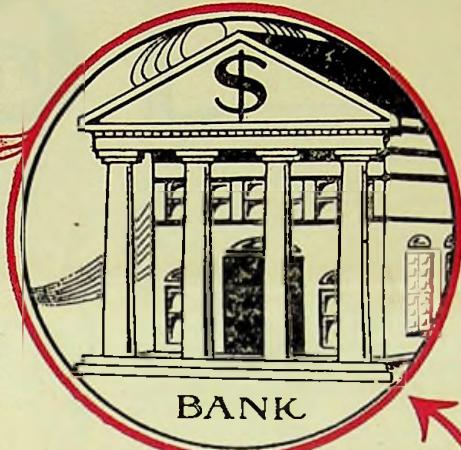
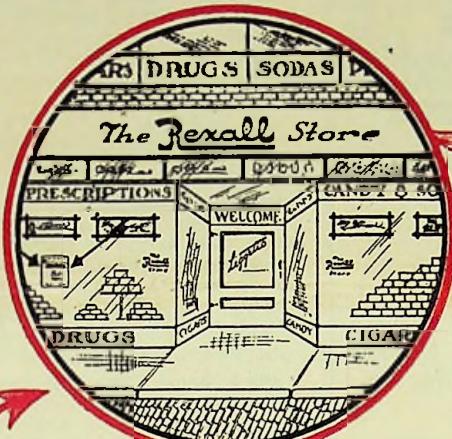
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# The Rexall News



Here's Where You Save Money  
To Put In Here

*We're Helping You Solve the Problem  
of the High Cost of Living*

You who trade with us know the above is true. You who do not—why not begin now in letting us help you save?

In the course of a year we will save you a lot of money.

In the first place, we are never knowingly undersold, and on most of the goods you buy of us you will find that we usually give you equal quantity and equal quality at less cost to you and that we very frequently give you

—Bigger quantity and higher quality at the same or less cost.

We can do this because we have the exclusive control for this community of splendid, highest-quality lines of stationery, remedies, brushes, rubber goods, perfumes, prescription goods and various sundries, which we buy in combination with the more than 7,000 Rexall Druggists of the World in immense quantities and at lowest prices.

When you buy at the Rexall Stores you are taking advantage of the value-insuring, cost-reducing services of expert buyers, who buy in all the markets of the world for more than 7,000 Rexall Stores.

R. E. Bates & Co., Druggists

918 Main Street

Grinnell, Iowa

Phone No. 2

The Rexall Store

# The Rex



## Fun and Frolic

A notably amusing answer was given by a student in the natural philosophy class at Edinburgh University.

Professor Tait had given as one of the questions in an examination paper, "Define transparent, translucent and opaque," which was dealt with by the student thus: "I cannot precisely define these terms, but I can indicate their meaning in this way: The windows of this classroom were once transparent; they are now translucent, and if not cleaned very soon will be opaque."

The answer gained full marks from the amused professor.



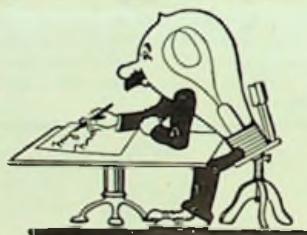
Little Willie was playing one day with the girl next door, when the latter exclaimed:

"Don't you hear your mother calling you? That's three times she's done it. Aren't you going in? Won't she whip you?"

"Naw!" exclaimed Willie in disgust. "She ain't goin' to whip nobody. She's got company. So when I go in she'll just say: 'The poor little man has been so deaf since he's had the measles.'"

She—Why do you want me to take the morning glory as my floral emblem?

He—Because the morning glory knows when to shut up.



"That fellow makes a living writing light fiction," said Smith.  
"Really?" replied his friend. "He doesn't look like a literary chap."

"He's not," answered Smith. "He makes out statements for the electric-light company."



Never had there been such a commotion in the little home, and the most wildly excited person was the sister of the young mother who had just presented twins to her husband. Off she rushed to the post-office for stamps to spread the great tidings abroad.

"Stamps, please," she said, as she flung down her money.

"How many, Miss?" asked the clerk.

"Two," she cried joyfully.

"What kind?"

"A boy and a girl."

Mrs. Shortley was discussing the latest fashions with a young lady caller.

"Did you say your husband was fond of those clinging gowns, Mac?"

"Yes; he likes one to cling to me for about three years."

# VALENTINE

## Some Old Cor-

How dear to our hearts were the old cor-  
editor, after diligent search, dug up a few  
other days here reprints a few of the poems

### A FAST CLERK

Can you find no better employment

For your time, you weak-minded fool,

Than wasting it and your earnings

On bowling, or billiards, or pool?

When health and money are gone,

And the days of youth are past,  
You'll think there was not so much glory

In trying to be sporty and fast.

### YOU'LL CHANGE YOUR TUNE

"Love me and the world is mine!"  
Just now you think these words divine;  
When you get her, you'll soon be so full of  
woe,  
Somewhere out of the world you'll want  
to go.

### THE DUDE

Society, Society,  
Oh, what a blessing 'tis to be  
A guest among the favored few  
When the four hundred are on view!  
Thus say you, but thus say not I,  
For dudes, though rich bouquets they buy  
Cannot my heart's affection fan,—  
My true love is a working man!

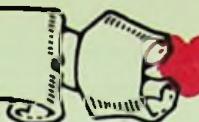
Violet  
Toilet  
Every Morn They Do

— the true odor of the c  
gathered in the early  
still wet with dew. I  
to make one ounce  
which Violet Dulce  
are perfumed. An  
dainties listed t  
**A Delightf**

Extract, the ounce, 50c  
\$1.25; Talcum, 25c; Fi  
the cake, 25c; Sachet,  
Cream, 25  
Vanishing  
50c; Dry  
(Theatrica  
10c an  
Sold on  
The Tex

Made from Violets Grown

# The Rex



## Jokes and Jests

A Scotchman, wishing to know his fate at once, telegraphed a proposal of marriage to the lady of his choice. After spending the entire day at the telegraph office, he was finally rewarded late in the evening by an affirmative answer.

"If I were you," suggested the operator, when he delivered the message, "I'd think twice before I'd marry a girl that kept me waiting all day for my answer."

"Na, na," retorted the Scot. "The lass who waits for the night rates is the lass for me."

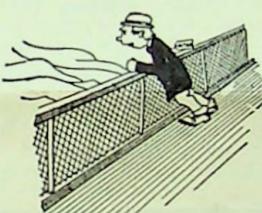


One mother who still considers Marcel waves as the most fashionable way of dressing the hair, was at work on the job.

Her little eight-year-old girl was crouched on her father's lap, watching her mother. Every once in a while the baby fingers would slide over the smooth and glossy pate which is Father's.

"No waves for you, Father," remarked the little one. "You're all beach."

Two and two make four. This is a platitude.  
Two and two make three. This is demagogism.  
Two and two make one hundred and fifty. This is high finance.



"Did you ever contribute to 'The Atlantic Monthly?'" asked the sweet young girl of the famous author.

"Not monthly—daily," replied the author.

"Daily?" echoed the girl in surprise.

"Yes," said the author sadly, "last summer when I crossed to Europe."



"Why do you spend so much care on the crease of your pants, hey?"  
"It is important, dad, not to wear baggy trousers."

"Important, is it? Why, you young cub, look here. Did you ever see a statue to a man who didn't wear baggy pants?"

The priest was remonstrating with one of his flock in an effort to make him give up drink. "I tell you, Pat," he said, "you should give it up. Whiskey is your worst enemy."

"Me enemy, is it, Father?" said Pat with a twinkle; "and it was yer Riverence's self that told us only last Sunday that we should love our enemies."

"So I did, Pat," retorted the priest, "but I didn't say you should swallow them."



## ic Valentines

valentines, now almost unknown. Your and to make your memories hark back to ) that were printed under the illustrations:

### A BAGGAGE SMASHER

In you will unfortunate travelers find  
A slasher and crasher and smasher com-  
bined;  
Away go the boxes and trunks while you  
grin.  
With a fiendish delight as you grab the  
things in;  
When you are packed up on your last  
earthly day.  
May that trunk of yours be served the  
same way.

### A CROOKED POLITICIAN

Of the vile political rascal, as rotten as  
can be,  
A sample more disgusting than you we  
seldom see,  
You and your likes, a scurvy set, a foul  
and putrid band,  
Are quite the biggest curse that rests to-  
day upon the land.  
Some patriot should take a club and  
knock you on the head;  
We'll get no decent government till all  
such knaves are dead.



# The Rexall News

## Fun and Frolic

A notably amusing answer was given by a student in the natural philosophy class at Edinburgh University.

Professor Tait had given as one of the questions in an examination paper, "Define transparent, translucent and opaque," which was dealt with by the student thus: "I cannot precisely define these terms, but I can indicate their meaning in this way: The windows of this classroom were once transparent; they are now translucent, and if not cleaned very soon will be opaque."

The answer gained full marks from the amused professor.



Little Willie was playing one day with the girl next door, when the latter exclaimed:

"Don't you hear your mother calling you? That's three times she's done it. Aren't you going in? Won't she whip you?"

"Naw!" exclaimed Willie in disgust. "She ain't goin' to whip nobody. She's got company. So when I go in she'll just say: 'The poor little man has been so deaf since he's had the measles.'"

She—Why do you want me to take the morning glory as my floral emblem?

He—Because the morning glory knows when to shut up.



"That fellow makes a living writing light fiction," said Smith. "Really?" replied his friend. "He doesn't look like a literary chap."

"He's not," answered Smith. "He makes out statements for the electric-light company."



Never had there been such a commotion in the little home, and the most wildly excited person was the sister of the young mother who had just presented twins to her husband. Off she rushed to the post-office for stamps to spread the great tidings abroad.

"Stamps, please," she said, as she flung down her money. "How many, Miss?" asked the clerk.

"Two," she cried joyfully. "What kind?" "A boy and a girl."

Mrs. Shortley was discussing the latest fashions with a young lady caller.

"Did you say your husband was fond of those clinging gowns, Mac?" "Yes; he likes one to cling to me for about three years."

*Then ~*

VALENTINE

The Rexall Store

## Jokes and Jests

How dear to our hearts were the old comic valentines, now almost unknown. Your editor, after diligent search, dug up a few, and to make your memories hark back to other days here reprints a few of the poems (?) that were printed under the illustrations:

### A FAST CLERK

Can you find no better employment  
For your time, you weak-minded fool,  
Than wasting it and your earnings  
On bowling, or billiards, or pool?  
When health and money are gone,  
And the days of youth are past,  
You'll think there was not so much glory  
In trying to be sporty and fast.

### YOU'LL CHANGE YOUR TUNE

"Love me and the world is mine!"  
Just now you think these words divine;  
When you get her, you'll soon be so full of  
woe,  
Somewhere out of the world you'll want  
to go.

### THE DUDE

Society, Society,  
Oh, what a blessing 'tis to be  
A guest among the favored few  
When the four hundred are on view!  
Thus say you, but thus say not I,  
For dudes, though rich bouquets they buy  
Cannot my heart's affection fan,—  
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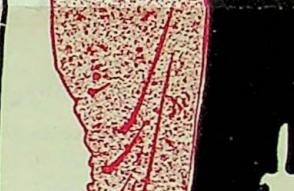
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4. "I would rather die for the liberty of Greece than be a monarch over my countrymen."

5. "I will find a way or make one."

6. "Give me a place to stand, and I will move the world."

7. "Hereafter it will give you happiness to think of these things."

8. "Were there as many devils in Worms as tiles upon the roofs of houses, still I would enter."

9. "I seal with my blood, my religion, and the liberties of Germany."

10. "Put your trust in God, but mind to keep your powder dry."

11. "A word unfortunately spoken may be ruinous."

12. "The crime makes the shame, not the scaffold."

13. "The king is not the nation's representative, but its clerk."

14. "I have no more need of a sword, for I have no longer a country."

15. "There! John Bull can read that without spectacles."

16. "His tomb shall have the Alps for its pedestal and the monks of St. Bernard for its guardians."

17. "It is the cause and not the death that makes the martyr."

#### No. 38—Natural History

27. What burrowing animal, clad in a coat of mail, feeds upon insects and vegetables?

28. From what animal did the first settlers of New England fence in their cattle at night in order to protect them?

29. What creature, though it may weigh 500 pounds, cannot turn over when placed upon its back, and is thus made helpless?

30. What animal is greatly valued in the chase?

31. What animal produces extremely valuable fur, and hence sometimes involves nations in disputes regarding its fisheries?

32. What deadly reptile is often killed for its oil, deemed a cure for pestilence?

33. What animal's skin, when dressed, is preferred by jewelers to anything else for polishing gold, silver and glass?

34. What bird builds, with threads and strings, a purse-shaped nest, hangs it from a branch of a tree, and fastens it with twine?

35. What bird surpasses all others in its ability to imitate human speech?

36. What bird, noted for its gentleness and peace, has been the accepted type of wedded devotion, because of its loyalty to its mate?

37. What bird, celebrated for its beauty of plumage and song, came from the islands that bear its name?

38. The life of what animal is often saved on account of its ability to feign death?

## Stop Coughing



There's nothing else that will stop that cough so quickly, safely and pleasantly, we firmly believe, as

Rexall

### Cherry Bark Cough Syrup

Contains things you know are good for colds and coughs, among them:

Wild Cherry Bark Boneset  
Horehound Vinegar Squill  
Codeine Sulphate

Does not contain any alcohol or habit-forming drugs. Good for all ages. We personally guarantee it to satisfy you in every way, or your money back.

25c, 50c, \$1.00

#### Answers to January Memory Tests

No. 36.—(1) Bret Harte. (2) Alex. Stephens. (3) Samuel Adams. (4) L. M. Alcott. (5) Jefferson. (6) Capt. Perry. (7) Gen. Scott. (8) Fitzhugh Lee. (9) Samuel L. Clemens. (10) Alex. Hamilton. (11) Patrick Henry. (12) Brandt. (13) Aaron Burr. (14) Zachary Taylor. (15) Arnold. (16) Blaine. (17) L. M. Alcott. (18) Geo. B. McClellan.



### Rub Yourself

tonight with it, and tomorrow morning you'll say that

### Rexall Rubbing Oil

is the best liniment you ever used. For lameness, stiffness, sprains and swelling, we guarantee it to relieve or money back. Especially good as an external application in afflictions of the throat and chest.

25c, 50c, and \$1.00 a bottle

## Games



#### POSTMAN

One of the players is blindfolded, and is called the Postman; another person is called Postmaster, the remainder of the players are seated in a circle around the room, which should be cleared of furniture as nearly as possible, thus giving more space for the players. The Postmaster now walks around the circle, and in a whisper assigns each person the name of a city or town; the blind Postman is now placed in the center of the circle, while the Postmaster takes a position where he can overlook the players. He then calls out, "I have a letter from Chicago to Havana," and the players representing these cities quickly change places. As they run, the Postman endeavors to seat himself in one of the empty chairs in the circle. If he succeeds the player caught or deprived of his chair becomes the Postman. The Postmaster should call the mails rapidly, so that the Postman has opportunities to secure a seat; it is not necessary that the Postmaster be changed during the game.

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#### A NOSE SOCIAL

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The game begins. A little person mounts the stool and presses her tiny nose through the opening; the party in the adjoining room are allowed two guesses; if they are successful in their guess, this little one must pass over to swell their ranks. On the other hand, if they fail in guessing, the opposite party are entitled to choose one of their number; the object of the game being to "break up" the opposing party.

The old, reliable tonic—Rexall Beef Iron and Wine, puts new energy into the tired-out, run-down system, \$1.00.

#### BIRTHDAYS

Monday's child is fair of face;  
Tuesday's child is full of grace;  
Wednesday's child is loving and giving;  
Thursday's child works hard for its living;  
Friday's child is full of woe;  
Saturday's child has far to go;  
But the child that's born on the Sabbath day  
Is blithe and bonny and good and gay.

To relieve head colds, running at the eyes and nose, nasal catarrh, etc.—Rexall Catarrh Jelly. Put up in convenient, collapsible tubes with nozzle attachment for quick and easy application. 25c. If your head is stuffed up, use Rexall Catarrh Jelly, guaranteed to relieve, or money back.



**Beef Loaf with Tomato-Celery Sauce.**—Three pounds of beef from lower round and a piece of suet, the size of a lemon, ground twice, two small onions chopped fine, two tablespoonsfuls of parsley chopped fine, three fourths cupful of milk, three eggs, eight soda crackers, rolled into fine crumbs, one tablespoonful of salt, cayenne to taste.

Mix all ingredients well together and pack firmly into a greased, square bread-tin. Turn upside down into a greased baking or roasting pan and bake in a moderately quick oven one hour. By leaving it in the square tin, the meat retains all its moisture and the loaf avoids having a thick crust. When done, stand away until perfectly cold. Cut in thin slices and serve with tomato-celery sauce.

For the sauce take twelve large ripe tomatoes, four ripe or three green peppers, two onions, three large heads of celery, two tablespoonsfuls of salt, two tablespoonsfuls of sugar and three cupfuls of vinegar. Peel the tomatoes and onions and chop separately very fine. Add other ingredients and boil one and one-half hours. If you like it hotter, add cayenne or one or two hot peppers, according to taste. Put away in relish bottles or jars well sealed.

**Rexall Quick Relief.** A splendid household remedy for pain in all forms. May be used internally for bowel pains, cramps and colic, and externally for bruises, rheumatism and muscular soreness. 25c.

**Nut Jumbles are Good.**—Three-quarter cupful of coarsely chopped nut meats, one-half cupful of butter, one cupful of sugar, one egg, pinch of salt, one teaspoonful of baking powder, two cupfuls of flour, one-third cupful of milk.

Cream the butter and sugar together, add the egg, well beaten, the milk, salt, flour, baking powder and nut meats. Mix carefully and drop in spoonfuls on a buttered tin. Bake quickly. Either pecans or hickory-nuts are best.

**Rexall Worm Candy** is a safe and pleasant treatment for worms. Guaranteed to relieve, or money back. 25c.

**Almond Cookies.**—One pound of ground almonds, one pound of sugar, one tablespoonful of powdered cinnamon, one tablespoonful of powdered cloves, one tablespoonful of allspice, five cents' worth of anise seed, four eggs, two teaspoonsfuls of baking powder, flour.

Mix the sugar with the almonds, add the spices, yolks of eggs, baking powder, the whites of eggs, beaten stiffly, and flour to make a stiff dough. Roll out, cut into diamonds, and bake in a moderate oven.

For torpid liver, biliousness, kidney and bladder troubles—Rexall Liver and Kidney Tea. 25c.

**Hickorynut Cake.**—One cupful of broken hickorynut meats, one and one-half cupfuls of sugar, one-half cupful of butter, two cupfuls of flour, three-quarters cupful of milk, two teaspoonsfuls of baking powder, whites of four eggs, well beaten, one teaspoonful of vanilla extract.



## Dainty Women Use

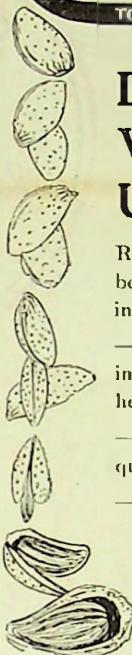
Rexall Cream of Almonds because it is soothing, cooling, cleansing.

—Clearing the skin and helping to make it smooth, satiny, healthily-beautiful.

—Delightfully fragrant, and quickly absorbed.

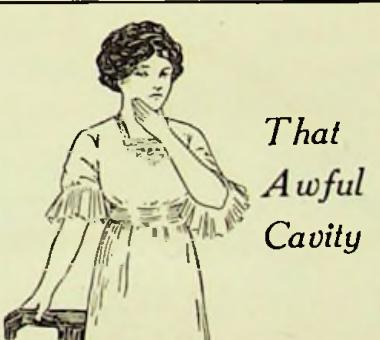
—Just the thing to keep the skin pretty and comfortable these windy, stormy days.

50c



The butter and sugar are creamed together, then add the milk, flour, baking powder, whites of eggs, the vanilla extract and the nut meats. Mix carefully and turn into a buttered and floured cake-tin. Bake in a moderate oven till ready.

Rexall Kidney Pills will relieve your kidney ills, and restore you to health, or your money back. 50c.



—feeling ten times as big as it really is, and chock full of pain and misery—fill it with

## Rexall Toothache Stopper

Gets right at the growling nerves, soothing and quieting them and restoring comfort.

If it doesn't do that for you, tell us so, and we'll give back your money. Easy to apply.

25c

**Cranberry Sauce with Apples.**—Put enough water into a saucepan to float the cranberries. When boiling, add berries and for each quart from one to five good-sized apples, quartered. The number of apples used depends upon their size and kind. When thoroughly cooked, strain through an enameled collander, set back on stove, add sugar to taste. Let simmer until dissolved and set away to cool. When you have tried this several times and proportioned the apples and cranberries to suit your individual taste, it will be found a great improvement over the cranberry-sauce as it is usually made.

**Rexall Mentholine Balm** helps to cool, comfort and relieve the pain of neuralgia, cuts, bruises, burns and skin troubles. 25c.

**Mock Angel Cake.**—Mix and sift one cupful of fine granulated sugar, one and one-third cupfuls of flour, three teaspoonsfuls of baking powder and one-third teaspoonsful of salt. Pour on gradually, while stirring constantly, two-thirds cupful of scalded milk. Fold in the whites of two eggs, beaten stiff, and add one teaspoonful of vanilla. Turn into an unbuttered angel pan, and bake in a moderate oven forty-five minutes. Remove from pan and spread bottom and sides with confectioner's frosting.

Get your money back, if you find after using Rexall Rheumatic Treatment that it has not relieved you from your pain and discomfort. 50c and \$1.

The best way to cook asparagus is to stand it vertically in a saucepan and boil it in just enough water to cover the tough part of the stalks and leave the tender tips above water, as the steam will be sufficient to cook them. Instead of the fifteen or twenty minutes usually given to asparagus when cooked horizontally, which half cooks the stalks and overcooks the tips, give them a period of thirty-five or forty minutes. This will render fully one-third more of the stalk delicious, while the head will be properly cooked by steam alone.

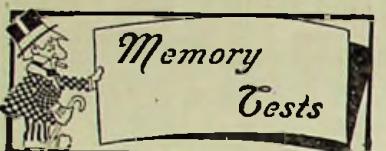
**Rexall Earache Remedy.** A harmless, soothing oil for the relief of earache caused by abscesses, colds or teething. In a bottle with camel's-hair pencil for application. 25c.

**Gingerbread Apple Pudding.**—6 apples,  $\frac{1}{2}$  cupful of sugar,  $\frac{1}{2}$  teaspoonful of powdered cinnamon, 1 cupful of molasses,  $\frac{1}{2}$  cupful of butter,  $\frac{1}{2}$  cupful of boiling water, 1 teaspoonful of baking soda,  $\frac{1}{2}$  teaspoonful of powdered ginger, a pinch of salt, a sweet pudding sauce or some whipped cream, flour.

First peel and slice the apples, then add the sugar, salt and cinnamon to them and place in a buttered pudding dish. Melt the butter and add it to the molasses with the ginger, the soda dissolved in a very little boiling water, and enough flour to make a thin batter. Pour this mixture over the apples and bake in a moderate oven for half an hour. Serve with whipped cream or a sweet pudding sauce.

**Raisin Sticks.**— $\frac{1}{2}$  pound of seeded raisins, 1 teaspoonful of vanilla extract,  $\frac{1}{2}$  teaspoonful of grated nutmeg, 1 cupful of butter, 2 cupfuls of sugar, some puff pastry.

Roll out the pastry and have it rather thin. Beat the butter and sugar to a cream, then add the raisins, vanilla extract and the nutmeg. Cut the pastry into three or four inch squares and drop upon each square a spoonful of the mixture. Fold together the corners of the pastry and bake in a moderate oven until brown.



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## Rexall Rubbing Oil

is the best liniment you ever used. For lameness, stiffness, sprains and swelling, we guarantee it to relieve or money back. Especially good as an external application in afflictions of the throat and chest.

25c, 50c, and \$1.00 a bottle

The Rexall Store



## Beef Loaf with Tomato-Celery Sauce.

Three pounds of beef from lower round and a piece of suet, the size of a lemon, ground twice, two small onions chopped fine, two tablespoonfuls of parsley chopped fine, three fourths cupful of milk, three eggs, eight soda crackers, rolled into fine crumbs, one tablespoonful of salt, cayenne to taste.

Mix all ingredients well together and pack firmly into a greased, square bread-tin. Turn upside down into a greased baking or roasting pan and bake in a moderately quick oven one hour. By leaving it in the square tin, the meat retains all its moisture and the loaf avoids having a thick crust. When done, stand away until perfectly cold. Cut in thin slices and serve with tomato-celery sauce.

For the sauce take twelve large ripe tomatoes, four ripe or three green peppers, two onions, three large heads of celery, two tablespoonfuls of salt, two tablespoonfuls of sugar and three cupfuls of vinegar. Peel the tomatoes and onions and chop separately very fine. Add other ingredients and boil one and one-half hours. If you like it hotter, add cayenne or one or two hot peppers, according to taste. Put away in relish bottles or jars well sealed.

Rexall Quick Relief. A splendid household remedy for pain in all forms. May be used internally for bowel pains, cramps and colic, and externally for bruises, rheumatism and muscular soreness. 25c.

Nut Jumbles are Good.—Three-quarter cupful of coarsely chopped nut meats, one-half cupful of butter, one cupful of sugar, one egg, pinch of salt, one teaspoonful of baking powder, two cupfuls of flour, one-third cupful of milk.

Cream the butter and sugar together, add the egg, well beaten, the milk, salt, flour, baking powder and nut meats. Mix well and drop in spoonfuls on a buttered tin. Bake quickly. Either pecans or hickory-nuts are best.

Rexall Worm Candy is a safe and pleasant treatment for worms. Guaranteed to relieve, or money back. 25c.

Almond Cookies.—One pound of ground almonds, one pound of sugar, one table-spoonful of powdered cinnamon, one table-spoonful of powdered cloves, one table-spoonful of allspice, five cents' worth of anise seed, four eggs, two teaspoonsfuls of baking powder, flour.

Mix the sugar with the almonds, add the spices, yolks of eggs, baking powder, the whites of eggs, beaten stiffly, and flour to make a stiff dough. Roll out, cut into diamonds, and bake in a moderate oven.

For torpid liver, biliousness, kidney and bladder troubles—Rexall Liver and Kidney Tea. 25c.

Hickorynut Cake.—One cupful of broken hickorynut meats, one and one-half cupfuls of sugar, one-half cupful of butter, two cupfuls of flour, three-quarters cupful of milk, two teaspoonsfuls of baking powder, whites of four eggs, well beaten, one teaspoonful of vanilla extract.

The Rexall Store



## Rexall Cream of Almonds

TO SOOTH THE SKIN



## Dainty Women Use

Rexall Cream of Almonds because it is soothing, cooling, cleansing.

—Clearing the skin and helping to make it smooth, satiny, healthily-beautiful.

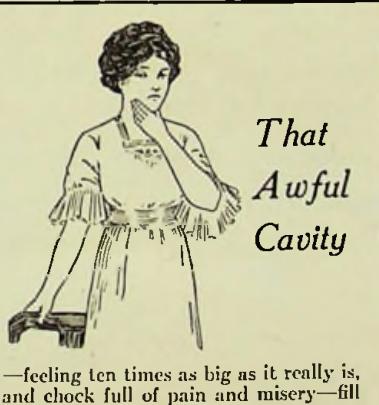
—Delightfully fragrant, and quickly absorbed.

—Just the thing to keep the skin pretty and comfortable these windy, stormy days.

50c

The butter and sugar are creamed together, then add the milk, flour, baking powder, whites of eggs, the vanilla extract and the nut meats. Mix carefully and turn into a buttered and floured cake-tin. Bake in a moderate oven till ready.

Rexall Kidney Pills will relieve your kidney ills, and restore you to health, or your money back. 50c.



## That Awful Cavity

—feeling ten times as big as it really is, and chock full of pain and misery—fill it with

## Rexall

## Toothache Stopper

Gets right at the growling nerves, soothing and quieting them and restoring comfort.

If it doesn't do that for you, tell us so, and we'll give back your money. Easy to apply.

25c

Cranberry Sauce with Apples.—Put enough water into a saucepan to float the cranberries. When boiling, add berries and for each quart from one to five good-sized apples, quartered. The number of apples used depends upon their size and kind. When thoroughly cooked, strain through an enameled colander, set back on stove, add sugar to taste. Let simmer until dissolved and set away to cool. When you have tried this several times and proportioned the apples and cranberries to suit your individual taste, it will be found a great improvement over the cranberry-sauce as it is usually made.

Rexall Mentholine Balm helps to cool, comfort and relieve the pain of neuralgia, cuts, bruises, burns and skin troubles. 25c.

Mock Angel Cake.—Mix and sift one cupful of fine granulated sugar, one and one-third cupfuls of flour, three teaspoonsful of baking powder and one-third teaspoonful of salt. Pour on gradually, while stirring constantly, two-thirds cupful of scalded milk. Fold in the whites of two eggs, beaten stiff, and add one teaspoonful of vanilla. Turn into an un buttered angel pan, and bake in a moderate oven forty-five minutes. Remove from pan and spread bottom and sides with confectioner's frosting.

Get your money back, if you find after using Rexall Rheumatic Treatment that it has not relieved you from your pain and discomfort. 50c and \$1.

The best way to cook asparagus is to stand it vertically in a saucepan and boil it in just enough water to cover the tough part of the stalks and leave the tender tips above water, as the steam will be sufficient to cook them. Instead of the fifteen or twenty minutes usually given to asparagus when cooked horizontally, which half cooks the stalks and overcooks the tips, give them a period of thirty-five or forty minutes. This will render fully one-third more of the stalk delicious, while the head will be properly cooked by steam alone.

Rexall Earache Remedy. A harmless, soothing oil for the relief of earache caused by abscesses, colds or teething. In a bottle with camel's-hair pencil for application. 25c.

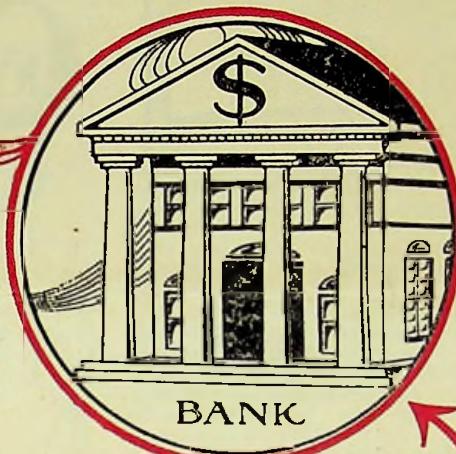
Gingerbread Apple Pudding.—6 apples,  $\frac{1}{2}$  cupful of sugar,  $\frac{1}{2}$  teaspoonful of powdered cinnamon, 1 cupful of molasses,  $\frac{1}{2}$  cupful of butter,  $\frac{1}{2}$  cupful of boiling water, 1 teaspoonful of baking soda,  $\frac{1}{2}$  teaspoonful of powdered ginger, a pinch of salt, a sweet pudding sauce or some whipped cream, flour.

First peel and slice the apples, then add the sugar, salt and cinnamon to them and place in a buttered pudding dish. Melt the butter and add it to the molasses with the ginger, the soda dissolved in a very little boiling water, and enough flour to make a thin batter. Pour this mixture over the apples and bake in a moderate oven for half an hour. Serve with whipped cream or a sweet pudding sauce.

Raisin Sticks.— $\frac{1}{2}$  pound of seeded raisins, 1 teaspoonful of vanilla extract,  $\frac{1}{2}$  teaspoonful of grated nutmeg, 1 cupful of butter, 2 cupfuls of sugar, some puff pastry.

Roll out the pastry and have it rather thin. Beat the butter and sugar to a cream, then add the raisins, vanilla extract and the nutmeg. Cut the pastry into three or four inch squares and drop upon each square a spoonful of the mixture. Fold together the corners of the pastry and bake in a moderate oven until brown.

# The Rexall News



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To Put In Here

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of the High Cost of Living*

You who trade with us know the above is true. You who do not—why not begin now in letting us help you save?

In the course of a year we will save you a lot of money.

In the first place, we are never knowingly undersold, and on most of the goods you buy of us you will find that we usually give you equal quantity and equal quality at less cost to you and that we very frequently give you

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