

Vol.2 No.8

The Rexall News

TRADE MARK

Feb. 1914

Published monthly by

R. E. Bates & Co., Druggists

918 Main Street

Grinnell, Iowa

Phone No. 2



Instead of Valentines

to your more personal friends, why not write personal messages on

Symphony Lawn

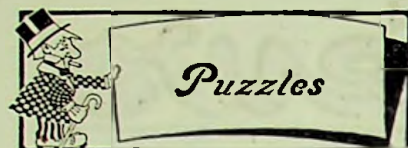
WRITING PAPER

They will convey more sentiment and surely will be more appreciated. Comes in white and six tints, in four sizes. One quire, with envelopes, 50 and 60 cents. The correspondence cards, boxes of 25, with envelopes, 40 and 50 cents.

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The Rexall Store



Answers in March Rexall News

No. 84

Behead a crime and leave common sense.

No. 85

What river in Bavaria answers the question, "Who is there?"

No. 86

In camps about the centre I appear;
In smiling meadows seen throughout the year;
The silent angler views me in the streams,
And all must trace me in their early morning dreams.
First in the mob conspicuous I stand
Proud of the lead, and ever in command.

Are You Constipated?

Pleasant, candy-like, sure-acting

Rexall Orderlies

do not gripe, and do not leave you,
as many harsh purgatives do,
worse off than you were before.
Will satisfy or money back.
Vest pocket boxes, 10c, 25c, 50c.

No. 87

The head of a whale is six feet long; his tail is as long as his head and half of his body, and his body is half of his whole length. How long is the whale?

No. 88

A hundred stones are placed in a straight line, a yard distant from each other. How many yards must a person walk, who undertakes to pick them up and place them in a basket stationed one yard from the first stone?

No. 89

My first is a part of the day,
My last a conductor of light,
My whole to take measure of time
Was once used day and night.

No. 90

I am a word of three syllables, each of which is a word. My first is an article in common use; my second, an animal of uncommon intelligence; my third, though not an animal, is used in carrying burdens. My whole is a useful art.

No. 91

What part of London is in France?

Answers to January Puzzles

(74) Commonwealth. (75) Joab, Omri, Shelomith, Hadassah, Uziah, Ahaziah's mother, Joshua. (Note that names are all of Biblical characters.) (76) Darius, radius. (77) Sausage, assuage. (78) He was *reviled* who came to *deliver*. (79) Met-a-physician. (80) Only the dead one; the others will fly away. (81) Wolf, fowl. (82) Stripes, sprites. (83) Aden.



Shaving Preparations

A comfortable shave depends as much upon the condition in which your skin was left after your last shave as upon the sharpness of your razor. Let your skin be smooth, healthy, free from irritation and tenderness, and your shave will be comfortable even if your razor is only ordinarily sharp.

The best shaving soap we believe, both because of its purity and freedom from skin-irritating alkalis and its splendid lathering qualities is Rexall Shaving Soap. Comes in powder, cream or stick form to suit your preference; each, 25c.

Rexall Shaving Lotion

is fine to use after shaving. Soothing, healing and antiseptic, it cools the skin and relieves irritation. Deliciously fragrant. Dries quickly.

35 and 50 Cents



No Words Wasted

We could fill this paper with reasons why persons suffering from eczema or similar skin troubles should use

Rexall Eczema Ointment

But what's the use? Its sufficient proof of its merit in the mind of any reasonable person when we guarantee it to give relief or money back. That's just what we do, and it's because we believe it's

the best eczema remedy made.

50c and \$1.00



Epitaphs

Here's to one and only one,
And that is she
Who loves but one and only one,
And that is me.

Sacred to twins Charlie and Varlie,
Sons of loving parents who died in infancy.

How sleep the brave who sink to rest
By all their country's wishes blest,
They sleep not in their regimentals,
Such things being here not deemed essentials.

Surpassing fragrance that wins your favor
by its alluring charm. Bouquet Jeanice
Perfume. A rare and elusive sweetness.
\$1.00 an ounce.

Little Johnny had a purple monkey
Climbing up a yellow stick,
Little Johnny licked the purple paint off,
And it made him deathly sick.
They stirred him up with calomel,
They tried to move his liver,
But all in vain; his little soul
Was wafted o'er the River.

Best ingredients and best compounding
make our prescriptions the only kind you
can afford to get—and they cost no more
than the other kind.

Here lies Joseph Trowlup,
Who made yon stones roll up;
When death took his soul up,
His body filled this hole up.

Ingenious youth, thou art laid in dust
Thy friends, for thee, in tears did burst.

For kidney ills, take Rexall Kidney Treatment. It helps to promote their healthy action. Your money back if it doesn't relieve you. In liquid form, 50c and \$1.00. In pill form, 50c.

Here lies Lord Coningsby, be civil,
The rest God knows—so does the devil.

Beneath this stone our baby lies,
It neither cries nor hollers,
It lived but one and twenty days,
And cost us forty dollars.

This world is a prison in every respect,
Whose walls are the heavens in common;
The jailer is sin, and the prisoners men,
And the fetters are nothing but women.

Here lies John Ross,
Kick'd by a boss.

Pearly white teeth—healthy gums—perfect satisfaction—all follow the use of Rexall Antiseptic Tooth Powder—a gritless dentifrice with a delightful flavor. 25 cents.

Here lies Johnny Cole,
Who died, on my soul,
After eating a plentiful dinner.
While chewing his crust,
He was turned into dust,
With his crimes undigested—poor sinner.



The best way to bleach white goods having colored embroidery (such as doilies and other articles which cannot be boiled for fear the color will fade) is to wash them and then dry them in the shade. Put them in an old pillow-case which has been dipped in very strong bluing water and thoroughly dried. Then hang the case, with the embroidered articles inside, in the light for several days. They will be perfectly white and the colored embroidery will not be one bit faded.

Comfort your feet. Rexall Corn Solvent helps to remove painful, deep-rooted corns quickly and without pain. Generous size, 25 cents. Money back if you're not satisfied.

To remove a finger ring, thread a needle with a strong thread, pass the head of the needle with care under the ring, and pull the thread through a few inches towards the hand; wrap the long end of the thread tightly around the finger, regularly all down to the nail, to reduce its size. Then lay hold of the short end of the thread and unwind it. The thread pressing against the ring will gradually remove it from the finger. This simple method will remove a very tight ring without difficulty.

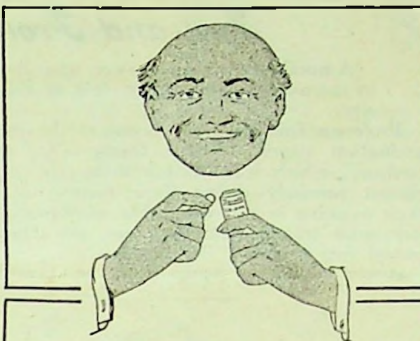
Rexall Red Cedar Compound. An agreeably pungent, clean and inexpensive moth preventive. Sprinkled amongst furs and clothes, it saves the cost of a cedar chest. Nine ounces, 15c.

Laundering sweater.—Now that the sweater coat is so much worn, it is well to know how to launder it without stretching out of shape. Wash the sweater by pressing or sopping in suds until perfectly clean. Do not wring dry in the ordinary way, but press it between the hands and repeat the same process after a thorough rinsing. Make a hammock of a towel by fastening tapes to its four corners and hang between parallel clotheslines—or it may be hung from two chairs. Lay the sweater in the towel; turn occasionally as it dries. Hang the hammock where it will have lots of air.

For baldness, falling hair, dandruff and dry or brittle hair use Rexall "93" Hair Tonic (50c and \$1.00), and Rexall "93" Shampoo Paste (25c a jar).

To iron ribbons.—When ribbons have become wrinkled and creased, instead of using a hot flat iron try this effective method: Fill a large, round, smooth bottle with boiling water, and around it wrap a single thickness of paper smoothly. Wind the ribbon around the paper perfectly smooth and tight, then wrap a second layer of paper about this and pin securely. Set aside for a day and a night, and you will find that the ribbon will be smooth and look almost like new. Soiled ribbons may be soaked and soused about in soap suds until cleaned, then thoroughly rinsed and hung to drip dry. When dry they should be ironed in the above way.

Old hot-water bags. split open and cut into circular pieces are excellent mats for house plants.



Chase the Grippe!

Don't groan and suffer from its aches and pains. If you do, it's your own fault.

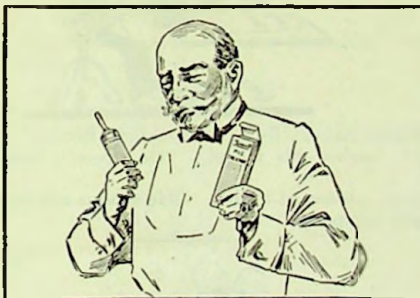
Rexall Grippe Pills

will relieve the fever, headache and other aches and pains, as well as the irritation of the nose and throat, and make you feel good again, or cost you nothing, because all you have to do to get your money back is to tell us you're not satisfied.

Pleasant and gently laxative.

25 Cents

A brush should not be used for cleaning the dust from silk, as the bristles will in time cut the fabric. Wipe with a piece of velvet; this will remove the dust without injuring the silk. Silk or ruffled skirts should be hung away upside down, as this prevents the sagging of the skirt from the weight of the ruffles, and keeps the ruffles from drooping.



Neglect of Piles

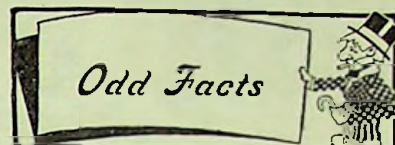
is often serious in its consequences, because they frequently grow worse with time, causing great pain and sometimes making a surgical operation necessary.

Rexall Pile Treatment

is a convenient, inexpensive, trouble and pain-saving remedy that we believe is the best made. You have our personal promise that if it does not relieve you and entirely satisfy you, we will give back the money you paid for it as soon as you tell us.

Comes in tubes, with nozzle attachment for easy, cleanly application.

50 Cents



Religious Denominations

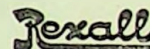
Estimated number of English-speaking religious sects forming communities throughout the world:

Episcopalians	29,200,000
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Presbyterians	12,250,000
Baptists	9,230,000
Congregationalists	6,150,000
Free Thinkers	5,250,000
Lutherans, etc.	2,800,000
Unitarians	2,600,000
Minor religious sects	5,500,000
Of no particular religion	17,000,000

English-speaking population .. 14,130,000

Comfort Your Stomach

Restore its Health with



Dyspepsia Tablets

They furnish ingredients needed to properly digest the food and tone up and invigorate the glands.

15c, 50c and \$1.00 a box

Population of the Earth by Continents

Continental Divisions	Area in Sq. Miles	Inhabitants	Per Sq. Mile
Africa	11,513,579	127,000,000	11.00
America, N.	8,037,714	115,000,000	14.31
America, S.	6,851,306	45,000,000	6.70
Asia	17,057,666	850,000,000	49.08
Australasia	3,456,200	5,200,000	1.50
Europe	3,754,282	380,000,000	101.10
Polar region	4,970,265	300,000	0.06

Total .. 55,641,102 1,522,700,000 27.10

The estimate of population is based on one made by Ernest George Ravenstein, F.R.G.S., in 1890, with additions since that date in the Americas and Australasia, bringing it down to 1910.

Ravenstein's estimate of the earth's fertile region, in square miles, is 28,269,200; steppe 13,901,000; desert, 4,180,000; polar regions, 4,888,800.

Murray (Challenger expedition) states the greatest depth of the Atlantic Ocean at 27,366 feet, Pacific Ocean, 30,000 feet; Indian Ocean, 18,582 feet; Southern Ocean, 25,200 feet; Arctic Ocean, 9,000 feet. The United States collier Nero obtained a depth of 31,614 feet in the Pacific Ocean near Guam, November 14, 1899. The Atlantic Ocean has an area in square miles of 24,536,000; Pacific Ocean, 50,309,000; Indian Ocean, 17,084,000; Arctic Ocean, 4,781,000; Southern Ocean, 30,592,000. The highest mountain is believed to be Deodhunga or Everest, one of the Himalayas, 29,002 feet.

The Curfew in England

At the 600-year-old Audlem church, in Cheshire, England, the curfew is regularly rung, after which the date of the month is tolled, a survival of the times when no almanacs existed.

Puzzles

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Behold a crime and leave common sense.

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In camps about the centre I appear;
In smiling meadows seen throughout the year;
The silent angler views me in the streams,
And all must trace me in their early morning dreams.
First in the mob conspicuous I stand
Proud of the lead, and ever in command.

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My whole to take measure of time
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And that is she
Who loves but one and only one,
And that is me.

Sacred to twins Charlie and Varlie,
Sons of loving parents who died in infancy.

How sleep the brave who sink to rest
By all their country's wishes blest,
They sleep not in their regimentals,
Such things being here not deemed essentials.

Surpassing fragrance that wins your favor
By its alluring charm. Bouquet Jeanice
Perfume. A rare and elusive sweetness.
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And it made him deathly sick.
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They tried to move his liver,
But all in vain; his little soul
Was wafted o'er the River.

Best ingredients and best compounding
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can afford to get—and they cost no more
than the other kind.

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When death took his soul up,
His body filled this hole up.

Ingenious youth, thou art laid in dust
Thy friends, for thee, in tears did burst.

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The rest God knows—so does the devil.

Beneath this stone our baby lies,
It neither cries nor hollers,
It lived but one and twenty days,
And cost us forty dollars.

This world is a prison in every respect,
Whose walls are the heavens in common;
The jailer is sin, and the prisoners men,
And the fetters are nothing but women.

Here lies John Ross,
Kick'd by a boss.

Pearly white teeth—healthy gums—perfect satisfaction—all follow the use of Rexall Antiseptic Tooth Powder—a gritless dentifrice with a delightful flavor. 25 cents.

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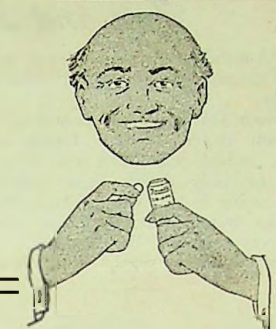
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Pleasant and gently laxative.

25 Cents

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Odd Facts

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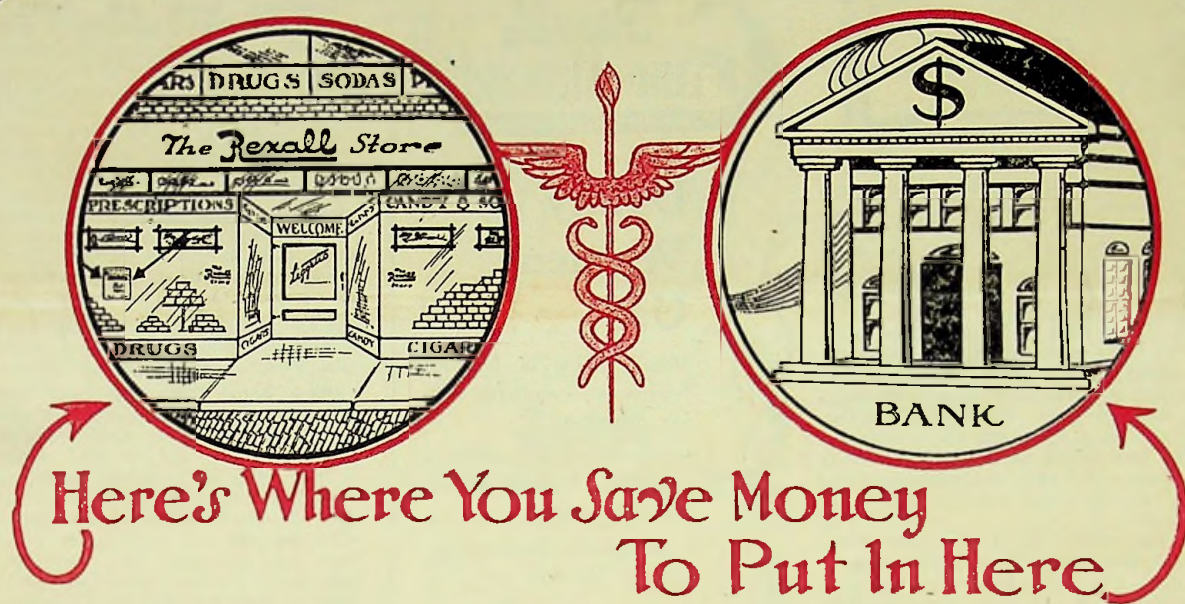
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The Rexall News



**Here's Where You Save Money
To Put In Here.**

We're Helping You Solve the Problem of the High Cost of Living

You who trade with us know the above is true. You who do not—why not begin now in letting us help you save?

In the course of a year we will save you a lot of money.

In the first place, we are never knowingly undersold, and on most of the goods you buy of us you will find that we usually give you equal quantity and equal quality at less cost to you and that we very frequently give you

—Bigger quantity and higher quality at the same or less cost.

We can do this because we have the exclusive control for this community of splendid, highest-quality lines of stationery, remedies, brushes, rubber goods, perfumes, prescription goods and various sundries, which we buy in combination with the more than 7,000 Rexall Druggists of the World in immense quantities and at lowest prices.

When you buy at the Rexall Stores you are taking advantage of the value-insuring, cost-reducing services of expert buyers, who buy in all the markets of the world for more than 7,000 Rexall Stores.

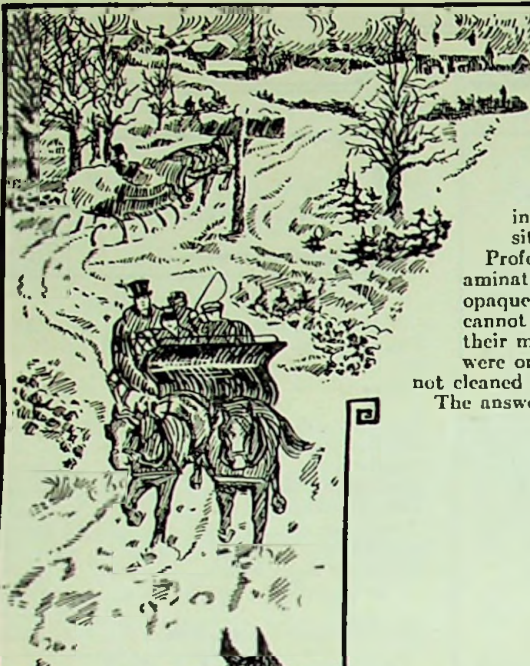
R. E. Bates & Co., Druggists

918 Main Street

Grinnell, Iowa

Phone No. 2

The Rexall Store



Fun and Frolic

A notably amusing answer was given by a student in the natural philosophy class at Edinburgh University.

Professor Tait had given as one of the questions in an examination paper, "Define transparent, translucent and opaque," which was dealt with by the student thus: "I cannot precisely define these terms, but I can indicate their meaning in this way: The windows of this classroom were once transparent; they are now translucent, and if not cleaned very soon will be opaque."

The answer gained full marks from the amused professor.



Little Willie was playing one day with the girl next door, when the latter exclaimed:

"Don't you hear your mother calling you? That's three times she's done it. Aren't you going in? Won't she whip you?"

"Naw!" exclaimed Willie in disgust. "She ain't goin' to whip nobody. She's got company. So when I go in she'll just say: 'The poor little man has been so deaf since he's had the measles.'"

She—Why do you want me to take the morning glory as my floral emblem?

He—Because the morning glory knows when to shut up.



"That fellow makes a living writing light fiction," said Smith. "Really?" replied his friend. "He doesn't look like a literary chap."

"He's not," answered Smith. "He makes out statements for the electric-light company."



Never had there been such a commotion in the little home, and the most wildly excited person was the sister of the young mother who had just presented twins to her husband. Off she rushed to the post-office for stamps to spread the great tidings abroad.

"Stamps, please," she said, as she flung down her money.

"How many, Miss?" asked the clerk.

"Two," she cried joyfully.

"What kind?"

"A boy and a girl."

Mrs. Shortley was discussing the latest fashions with a young lady caller.

"Did you say your husband was fond of those clinging gowns, Mac?"

"Yes; he likes one to cling to me for about three years."



Then ~



The Rex

Some Old Cor

How dear to our hearts were the old corn editor, after diligent search, dug up a few other days here reprints a few of the poems

A FAST CLERK

Can you find no better employment
For your time, you weak-minded fool,
Than wasting it and your earnings
On bowling, or billiards, or pool?
When health and money are gone,
And the days of youth are past,
You'll think there was not so much glory
In trying to be sporty and fast.

YOU'LL CHANGE YOUR TUNE

"Love me and the world is mine!"
Just now you think these words divine;
When you get her, you'll soon be so full of
woc,
Somewhere out of the world you'll want
to go.

THE DUDE

Society, Society,
Oh, what a blessing 'tis to be
A guest among the favored few
When the four hundred are on view!
Thus say you, but thus say not I,
For duds, though rich bouquets they buy
Cannot my heart's affection fan,—
My true love is a working man!



Violet
Toilet

Every Morn They D

— the true odor of the c
gathered in the early
still wet with dew. It
to make one ounce
which Violet Dulce
are perfumed. An
dainties listed b

A Delightfu

Extract, the ounce, 50c
\$1.25; Talcum, 25c; Fi
the cake, 25c; Sachet
Cream, 25c
Vanishing
50c; Dry
(Theatrics
10c and
Sold on



Made from Violets Crown.

VALENTINE

The Rex

ic Valentines

Valentines, now almost unknown. Your and to make your memories bark back to) that were printed under the illustrations:

A BAGGAGE SMASHER

In you will unfortunate travelers find
A slasher and crusher and smasher combined;
Away go the boxes and trunks while you grin
With a fiendish delight as you grab the things in;
When you are packed up on your last earthly day,
May that trunk of yours be served the same way.

A CROOKED POLITICIAN

Of the vile political rascal, as rotten as can be,
A sample more disgusting than you we seldom see,
You and your likes, a scurvy set, a foul and putrid band,
Are quite the biggest curse that rests to-day upon the land.
Some patriot should take a club and knock you on the head;
We'll get no decent government till all such knaves are dead.

Dulce
Preparations
ing Three Violets

Finest fresh-cut violets.
Morning while they're
Takes a ton of violets
Of the essence with
Toilet preparations
y one of the toilet
elow will make

Valentine

Toilet Water, 75c and
Ice Powder, 50c; Soap,
the ounce, 50c; Cold
and 50c;
Cream,
Rouge
(No. 18),
20c.

by at
ll Stores

Sunny Southern France



Jokes and Jest

A Scotchman, wishing to know his fate at once, telegraphed a proposal of marriage to the lady of his choice. After spending the entire day at the telegraph office, he was finally rewarded late in the evening by an affirmative answer.

"If I were you," suggested the operator, when he delivered the message, "I'd think twice before I'd marry a girl that kept me waiting all day for my answer."

"Na, na," retorted the Scot. "The lass who waits for the night rates is the lass for me."



One mother who still considers Marcel waves as the most fashionable way of dressing the hair, was at work on the job.

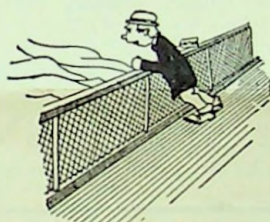
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"No waves for you, Father," remarked the little one. "You're all beach."

Two and two make four. This is a platitude.

Two and two make three. This is demagogism.

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"Did you ever contribute to 'The Atlantic Monthly?'" asked the sweet young girl of the famous author.

"Not monthly—daily," replied the author.

"Daily?" echoed the girl in surprise.

"Yes," said the author sadly, "last summer when I crossed to Europe."



"Why do you spend so much care on the crease of your pants, hey?"

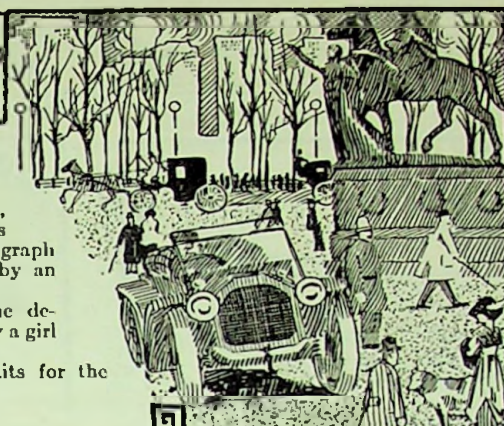
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"Me enemy, is it, Father?" said Pat with a twinkle; "and it was yer Riverence's self that told us only last Sunday that we should love our enemies."

"So I did, Pat," retorted the priest, "but I didn't say you should swallow them."



Now



Fun and Frolic

A notably amusing answer was given by a student in the natural philosophy class at Edinburgh University.

Professor Tait had given as one of the questions in an examination paper, "Define transparent, translucent and opaque," which was dealt with by the student thus: "I cannot precisely define these terms, but I can indicate their meaning in this way: The windows of this classroom were once transparent; they are now translucent, and if not cleaned very soon will be opaque."

The answer gained full marks from the amused professor.



Little Willie was playing one day with the girl next door, when the latter exclaimed:

"Don't you hear your mother calling you? That's three times she's done it. Aren't you going in? Won't she whip you?"

"Naw!" exclaimed Willie in disgust. "She ain't goin' to whip nobody. She's got company. So when I go in she'll just say: 'The poor little man has been so deaf since he's had the measles.'"

She—Why do you want me to take the morning glory as my floral emblem?

He—Because the morning glory knows when to shut up.



"That fellow makes a living writing light fiction," said Smith.

"Really?" replied his friend. "He doesn't look like a literary chap."

"He's not," answered Smith. "He makes out statements for the electric-light company."



Never had there been such a commotion in the little home, and the most wildly excited person was the sister of the young mother who had just presented twins to her husband. Off she rushed to the post-office for stamps to spread the great tidings abroad.

"Stamps, please," she said, as she flung down her money.

"How many, Miss?" asked the clerk.

"Two," she cried joyfully.

"What kind?"

"A boy and a girl."

Mrs. Shortley was discussing the latest fashions with a young lady caller.

"Did you say your husband was fond of those clinging gowns, Mae?"

"Yes; he likes one to cling to me for about three years."

Some Old Comic Valentines

How dear to our hearts were the old comic valentines, now almost unknown. Your editor, after diligent search, dug up a few, and to make your memories hark back to other days here reprints a few of the poems (?) that were printed under the illustrations:

A FAST CLERK

Can you find no better employment
For your time, you weak-minded fool,
Than wasting it and your earnings
On bowling, or billiards, or pool?
When health and money are gone,
And the days of youth are past,
You'll think there was not so much glory
In trying to be sporty and fast.

YOU'LL CHANGE YOUR TUNE

"Love me and the world is mine!"
Just now you think these words divine;
When you get her, you'll soon be so full of
woe,
Somewhere out of the world you'll want
to go.

THE DUDE

Society, Society,
Oh, what a blessing 'tis to be
A guest among the favored few
When the four hundred are on view!
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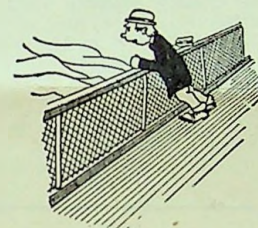
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Violet Dulce Toilet Preparations
"Every Morn They Bring Thee Violets"

— the true odor of the choicest fresh-cut violets, gathered in the early morning while they're still wet with dew. It takes a ton of violets to make one ounce of the essence with which Violet Dulce toilet preparations are perfumed. Any one of the toilet dainties listed below will make

A Delightful Valentine

Extract, the ounce, 50c; Toilet Water, 75c and \$1.25; Talcum, 25c; Face Powder, 50c; Soap, the cake, 25c; Sachet, the ounce, 50c; Cold Cream, 25c and 50c; Vanishing Cream, 50c; Dry Rouge (Theatrical No. 18), 10c and 20c.

Sold only at
The Rexall Stores

"Made from Violets Grown in Sunny Southern France"



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32. What deadly reptile is often killed for its oil, deemed a cure for pestilence?

33. What animal's skin, when dressed, is preferred by jewelers to anything else for polishing gold, silver and glass?

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Stop Coughing



There's nothing else that will stop that cough so quickly, safely and pleasantly, we firmly believe, as

Rexall

Cherry Bark Cough Syrup

Contains things you know are good for colds and coughs, among them:

Wild Cherry Bark Boneset
Horehound Vinegar Squill
Codeine Sulphate

Does not contain any alcohol or habit-forming drugs. Good for all ages. We personally guarantee it to satisfy you in every way, or your money back.

25c, 50c, \$1.00

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Rub Yourself

tonight with it, and tomorrow morning you'll say that

Rexall Rubbing Oil

is the best liniment you ever used. For lameness, stiffness, sprains and swelling, we guarantee it to relieve or money back. Especially good as an external application in affections of the throat and chest.

25c, 50c, and \$1.00 a bottle

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Rexall Rheumatic Remedy. To relieve pain and stiffness, allay the chills and fever, and reduce swellings and inflammation. Guaranteed to relieve, or money back. 50c and \$1.00.

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The old, reliable tonic—Rexall Beef Iron and Wine, puts new energy into the tired-out, run-down system, \$1.00.

BIRTHDAYS

Monday's child is fair of face;
Tuesday's child is full of grace;
Wednesday's child is loving and giving;
Thursday's child works hard for its living;
Friday's child is full of woe;
Saturday's child has far to go;
But the child that's born on the Sabbath day
Is blithe and bonny and good and gay.

To relieve head colds, running at the eyes and nose, nasal catarrh, etc.—Rexall Catarrh Jelly. Put up in convenient, collapsible tubes with nozzle attachment for quick and easy application. 25c. If your head is stuffed up, use Rexall Catarrh Jelly, guaranteed to relieve, or money back.



Good Eats

Beef Loaf with Tomato-Celery Sauce.—Three pounds of beef from lower round and a piece of suet, the size of a lemon, ground twice, two small onions chopped fine, two tablespoonfuls of parsley chopped fine, three fourths cupful of milk, three eggs, eight soda crackers, rolled into fine crumbs, one tablespoonful of salt, cayenne to taste.

Mix all ingredients well together and pack firmly into a greased, square bread-tin. Turn upside down into a greased baking or roasting pan and bake in a moderately quick oven one hour. By leaving it in the square tin, the meat retains all its moisture and the loaf avoids having a thick crust. When done, stand away until perfectly cold. Cut in thin slices and serve with tomato-celery sauce.

For the sauce take twelve large ripe tomatoes, four ripe or three green peppers, two onions, three large heads of celery, two tablespoonfuls of salt, two tablespoonfuls of sugar and three cupfuls of vinegar. Peel the tomatoes and onions and chop separately very fine. Add other ingredients and boil one and one-half hours. If you like it hotter, add cayenne or one or two hot peppers, according to taste. Put away in relish bottles or jars well sealed.

Rexall Quick Relief. A splendid household remedy for pain in all forms. May be used internally for bowel pains, cramps and colic, and externally for bruises, rheumatism and muscular soreness. 25c.

Nut Jumbles are Good.—Three-quarter cupful of coarsely chopped nut meats, one-half cupful of butter, one cupful of sugar, one egg, pinch of salt, one teaspoonful of baking powder, two cupfuls of flour, one-third cupful of milk.

Cream the butter and sugar together, add the egg, well beaten, the milk, salt, flour, baking powder and nut meats. Mix well and drop in spoonfuls on a buttered tin. Bake quickly. Either pecans or hickory-nuts are best.

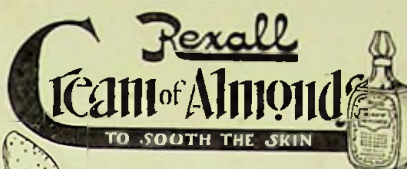
Rexall Worm Candy is a safe and pleasant treatment for worms. Guaranteed to relieve, or money back. 25c.

Almond Cookies.—One pound of ground almonds, one pound of sugar, one table spoonful of powdered cinnamon, one table spoonful of powdered cloves, one table spoonful of allspice, five cents' worth of anise seed, four eggs, two teaspoonfuls of baking powder, flour.

Mix the sugar with the almonds, add the spices, yolks of eggs, baking powder, the whites of eggs, beaten stiffly, and flour to make a stiff dough. Roll out, cut into diamonds, and bake in a moderate oven.

For torpid liver, biliousness, kidney and bladder troubles—Rexall Liver and Kidney Tea. 25c.

Hickorynut Cake.—One cupful of broken hickorynut meats, one and one-half cupfuls of sugar, one-half cupful of butter, two cupfuls of flour, three-quarters cupful of milk, two teaspoonfuls of baking powder, whites of four eggs, well beaten, one teaspoonful of vanilla extract.



Dainty Women Use

Rexall Cream of Almonds because it is soothing, cooling, cleansing.

—Clearing the skin and helping to make it smooth, satiny, healthily-beautiful.

—Delightfully fragrant, and quickly absorbed.

—Just the thing to keep the skin pretty and comfortable these windy, stormy days.

50c

The butter and sugar are creamed together, then add the milk, flour, baking powder, whites of eggs, the vanilla extract and the nut meats. Mix carefully and turn into a buttered and floured cake-tin. Bake in a moderate oven till ready.

Rexall Kidney Pills will relieve your kidney ills, and restore you to health, or your money back. 50c.



That Awful Cavity

—feeling ten times as big as it really is, and chock full of pain and misery—fill it with

Rexall Toothache Stopper

Gets right at the growling nerves, soothing and quieting them and restoring comfort.

If it doesn't do that for you, tell us so, and we'll give back your money. Easy to apply.

25c

Cranberry Sauce with Apples.—Put enough water into a saucepan to float the cranberries. When boiling, add berries and for each quart from one to five good-sized apples, quartered. The number of apples used depends upon their size and kind. When thoroughly cooked, strain through an enameled colander, set back on stove, add sugar to taste. Let simmer until dissolved and set away to cool. When you have tried this several times and proportioned the apples and cranberries to suit your individual taste, it will be found a great improvement over the cranberry-sauce as it is usually made.

Rexall Mentholine Balm helps to cool, comfort and relieve the pain of neuralgia, cuts, bruises, burns and skin troubles. 25c.

Mock Angel Cake.—Mix and sift one cupful of fine granulated sugar, one and one-third cupfuls of flour, three teaspoonfuls of baking powder and one-third teaspoonful of salt. Pour on gradually, while stirring constantly, two-thirds cupful of scalded milk. Fold in the whites of two eggs, beaten stiff, and add one teaspoonful of vanilla. Turn into an unbuttered angel pan, and bake in a moderate oven forty-five minutes. Remove from pan and spread bottom and sides with confectioner's frosting.

Get your money back, if you find after using Rexall Rheumatic Treatment that it has not relieved you from your pain and discomfort. 50c and \$1.

The best way to cook asparagus is to stand it vertically in a saucepan and boil it in just enough water to cover the tough part of the stalks and leave the tender tips above water, as the steam will be sufficient to cook them. Instead of the fifteen or twenty minutes usually given to asparagus when cooked horizontally, which half cooks the stalks and overcooks the tips, give them a period of thirty-five or forty minutes. This will render fully one-third more of the stalk delicious, while the head will be properly cooked by steam alone.

Rexall Earache Remedy. A harmless, soothing oil for the relief of earache caused by abscesses, colds or teething. In a bottle with camel's-hair pencil for application. 25c.

Gingerbread Apple Pudding.—6 apples, $\frac{1}{2}$ cupful of sugar, $\frac{1}{2}$ teaspoonful of powdered cinnamon, 1 cupful of molasses, $\frac{1}{2}$ cupful of butter, $\frac{1}{2}$ cupful of boiling water, 1 teaspoonful of baking soda, $\frac{1}{2}$ teaspoonful of powdered ginger, a pinch of salt, a sweet pudding sauce or some whipped cream, flour.

First peel and slice the apples, then add the sugar, salt and cinnamon to them and place in a buttered pudding dish. Melt the butter and add it to the molasses with the ginger, the soda dissolved in a very little boiling water, and enough flour to make a thin batter. Pour this mixture over the apples and bake in a moderate oven for half an hour. Serve with whipped cream or a sweet pudding sauce.

Raisin Sticks.— $\frac{1}{2}$ pound of seeded raisins, 1 teaspoonful of vanilla extract, $\frac{1}{2}$ teaspoonful of grated nutmeg, 1 cupful of butter, 2 cupfuls of sugar, some puff pastry.

Roll out the pastry and have it rather thin. Beat the butter and sugar to a cream, then add the raisins, vanilla extract and the nutmeg. Cut the pastry into three or four inch squares and drop upon each square a spoonful of the mixture. Fold together the corners of the pastry and bake in a moderate oven until brown.



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Wild Cherry Bark Boneset
Horehound Vinegar Squill
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A sheet is stretched in the doorway between two rooms; the little folks are divided into two parties, one-half to remain in one room, the remainder to pass into the adjoining one. An opening is cut near the center of the sheet, just large enough to admit the entrance of a little nose. A stool should be provided for the smaller children.

The game begins. A little person mounts the stool and presses her tiny nose through the opening: the party in the adjoining room are allowed two guesses; if they are successful in their guess, this little one must pass over to swell their ranks. On the other hand, if they fail in guessing, the opposite party are entitled to choose one of their number; the object of the game being to "break up" the opposing party.

The old, reliable tonic—Rexall Beef Iron and Wine, puts new energy into the tired-out, run-down system, \$1.00.

BIRTHDAYS

Monday's child is fair of face;
Tuesday's child is full of grace;
Wednesday's child is loving and giving;
Thursday's child works hard for its living;
Friday's child is full of woe;
Saturday's child has far to go;
But the child that's born on the Sabbath day
Is blithe and bonny and good and gay.

To relieve head colds, running at the eyes and nose, nasal catarrh, etc.—Rexall Catarrh Jelly. Put up in convenient, collapsible tubes with nozzle attachment for quick and easy application. 25c. If your head is stuffed up, use Rexall Catarrh Jelly, guaranteed to relieve, or money back.



Good Eats

Beef Loaf with Tomato-Celery Sauce.—Three pounds of beef from lower round and a piece of suet, the size of a lemon, ground twice, two small onions chopped fine, two tablespoonfuls of parsley chopped fine, three fourths cupful of milk, three eggs, eight soda crackers, rolled into fine crumbs, one tablespoonful of salt, cayenne to taste.

Mix all ingredients well together and pack firmly into a greased, square bread-tin. Turn upside down into a greased baking or roasting pan and bake in a moderately quick oven one hour. By leaving it in the square tin, the meat retains all its moisture and the loaf avoids having a thick crust. When done, stand away until perfectly cold. Cut in thin slices and serve with tomato-celery sauce.

For the sauce take twelve large ripe tomatoes, four ripe or three green peppers, two onions, three large heads of celery, two tablespoonfuls of salt, two tablespoonfuls of sugar and three cupfuls of vinegar. Peel the tomatoes and onions and chop separately very fine. Add other ingredients and boil one and one-half hours. If you like it hotter, add cayenne or one or two hot peppers, according to taste. Put away in relish bottles or jars well sealed.

Rexall Quick Relief. A splendid household remedy for pain in all forms. May be used internally for bowel pains, cramps and colic, and externally for bruises, rheumatism and muscular soreness. 25c.

Nut Jumbles are Good.—Three-quarter cupful of coarsely chopped nut meats, one-half cupful of butter, one cupful of sugar, one egg, pinch of salt, one teaspoonful of baking powder, two cupfuls of flour, one-third cupful of milk.

Cream the butter and sugar together, add the egg, well beaten, the milk, salt, flour, baking powder and nut meats. Mix well and drop in spoonfuls on a buttered tin. Bake quickly. Either pecans or hickory-nuts are best.

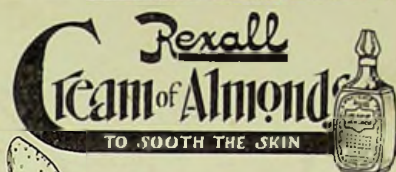
Rexall Worm Candy is a safe and pleasant treatment for worms. Guaranteed to relieve, or money back. 25c.

Almond Cookies.—One pound of ground almonds, one pound of sugar, one table-spoonful of powdered cinnamon, one table-spoonful of powdered cloves, one table-spoonful of allspice, five cents' worth of anise seed, four eggs, two teaspoonfuls of baking powder, flour.

Mix the sugar with the almonds, add the spices, yolks of eggs, baking powder, the whites of eggs, beaten stiffly, and flour to make a stiff dough. Roll out, cut into diamonds, and bake in a moderate oven.

For torpid liver, biliousness, kidney and bladder troubles—Rexall Liver and Kidney Tea. 25c.

Hickorynut Cake.—One cupful of broken hickorynut meats, one and one-half cupfuls of sugar, one-half cupful of butter, two cupfuls of flour, three-quarters cupful of milk, two teaspoonfuls of baking powder, whites of four eggs, well beaten, one teaspoonful of vanilla extract.



Dainty Women Use

Rexall Cream of Almonds because it is soothing, cooling, cleansing.

—Clearing the skin and helping to make it smooth, satiny, healthily-beautiful.

—Delightfully fragrant, and quickly absorbed.

—Just the thing to keep the skin pretty and comfortable these windy, stormy days.

50c

The butter and sugar are creamed together, then add the milk, flour, baking powder, whites of eggs, the vanilla extract and the nut meats. Mix carefully and turn into a buttered and floured cake-tin. Bake in a moderate oven till ready.

Rexall Kidney Pills will relieve your kidney ills, and restore you to health, or your money back. 50c.



That Awful Cavity

—feeling ten times as big as it really is, and chock full of pain and misery—fill it with

Rexall

Toothache Stopper

Gets right at the growling nerves, soothing and quieting them and restoring comfort.

If it doesn't do that for you, tell us so, and we'll give back your money. Easy to apply.

25c

Cranberry Sauce with Apples.—Put enough water into a saucepan to float the cranberries. When boiling, add berries and for each quart from one to five good-sized apples, quartered. The number of apples used depends upon their size and kind. When thoroughly cooked, strain through an enameled colander, set back on stove, add sugar to taste. Let simmer until dissolved and set away to cool. When you have tried this several times and proportioned the apples and cranberries to suit your individual taste, it will be found a great improvement over the cranberry-sauce as it is usually made.

Rexall Mentholine Balm helps to cool, comfort and relieve the pain of neuralgia, cuts, bruises, burns and skin troubles. 25c.

Mock Angel Cake.—Mix and sift one cupful of fine granulated sugar, one and one-third cupfuls of flour, three teaspoonfuls of baking powder and one-third teaspoonful of salt. Pour on gradually, while stirring constantly, two-thirds cupful of scalded milk. Fold in the whites of two eggs, beaten stiff, and add one teaspoonful of vanilla. Turn into an unbuttered angel pan, and bake in a moderate oven forty-five minutes. Remove from pan and spread bottom and sides with confectioner's frosting.

Get your money back, if you find after using Rexall Rheumatic Treatment that it has not relieved you from your pain and discomfort. 50c and \$1.

The best way to cook asparagus is to stand it vertically in a saucepan and boil it in just enough water to cover the tough part of the stalks and leave the tender tips above water, as the steam will be sufficient to cook them. Instead of the fifteen or twenty minutes usually given to asparagus when cooked horizontally, which half cooks the stalks and overcooks the tips, give them a period of thirty-five or forty minutes. This will render fully one-third more of the stalk delicious, while the head will be properly cooked by steam alone.

Rexall Earache Remedy. A harmless, soothing oil for the relief of earache caused by abscesses, colds or teething. In a bottle with camel's-hair pencil for application. 25c.

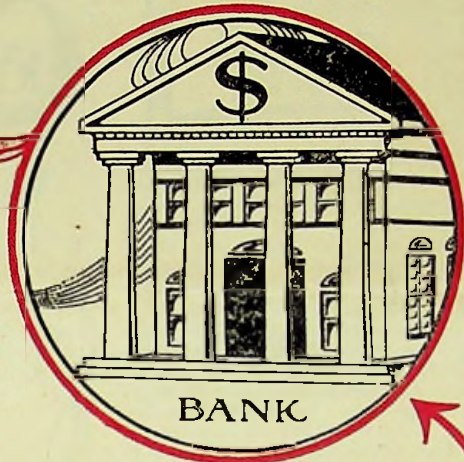
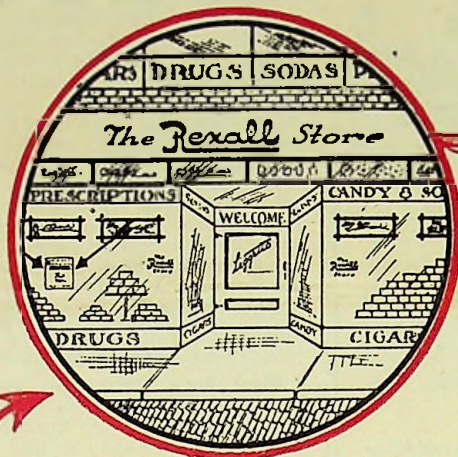
Gingerbread Apple Pudding.—6 apples, 1/2 cupful of sugar, 1/2 teaspoonful of powdered cinnamon, 1 cupful of molasses, 1/2 cupful of butter, 1/2 cupful of boiling water, 1 teaspoonful of baking soda, 1/2 teaspoonful of powdered ginger, a pinch of salt, a sweet pudding sauce or some whipped cream, flour.

First peel and slice the apples, then add the sugar, salt and cinnamon to them and place in a buttered pudding dish. Melt the butter and add it to the molasses with the ginger, the soda dissolved in a very little boiling water, and enough flour to make a thin batter. Pour this mixture over the apples and bake in a moderate oven for half an hour. Serve with whipped cream or a sweet pudding sauce.

Raisin Sticks.—1/2 pound of seeded raisins, 1 teaspoonful of vanilla extract, 1/2 teaspoonful of grated nutmeg, 1 cupful of butter, 2 cupfuls of sugar, some puff pastry.

Roll out the pastry and have it rather thin. Beat the butter and sugar to a cream, then add the raisins, vanilla extract and the nutmeg. Cut the pastry into three or four inch squares and drop upon each square a spoonful of the mixture. Fold together the corners of the pastry and bake in a moderate oven until brown.

The Rexall News



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To Put In Here*

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In the course of a year we will save you a lot of money.

In the first place, we are never knowingly undersold, and on most of the goods you buy of us you will find that we usually give you equal quantity and equal quality at less cost to you and that we very frequently give you

—Bigger quantity and higher quality at the same or less cost.

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When you buy at the Rexall Stores you are taking advantage of the value-insuring, cost-reducing services of expert buyers, who buy in all the markets of the world for more than 7,000 Rexall Stores.

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