

ADARSHA V



6382749618



Coimbatore, Tamillnadu



adarsha8905@gmail.com



www.linkedin.com/in/adarsha-venkataraman-99a5662b6

ABOUT ME

Psychology undergraduate student with a strong passion for creating an impact in mental health, education, and personal development. Skilled and experienced in mentoring, tutoring, and fostering supportive learning environments that encourage growth and resilience. Committed to making a positive difference through compassion, adaptability, and purposeful engagement.

EDUCATION

Pursuing (2023 - 2026)

BSc. Psychology
Kumaraguru College of Liberal Arts and Science

Secondary & Higher

Secondary Education (March 2023)

CS Academy
Kovaipudur, Coimbatore

Primary Education (May 2018)

Gems Modern Academy
Dubai, United Arab Emirates

PROFESSIONAL BACKGROUND

2025 – Present

- **Mentor and Program Coordinator** - Angilam, Tatva Vidya Foundations
Mentoring learners in English language skills, creating lesson plans, and coordinating smooth program operations.
- **Private Tutor** – Independent
Providing personalised English, Math, and Science lessons for a second-grade student, fostering academic improvement and confidence
- **Vice President of Department of Psychology** - Kumaraguru College of Liberal Arts & Science .
Fostering education and experience amongst the student community of the department.

2024

- **Intern** – Bodhi Mind Care Clinic
Supported client engagement, documentation, and administrative tasks in a mental health care setting.
- **Communication Head** – Mental Health Forum, Kumaraguru College of Liberal Arts & Science
Directed communication strategies to promote events and mental health awareness initiatives.
- **Co-Lead** – Ignite, Kumaraguru College of Liberal Arts & Science
Planned and coordinated event logistics, activities, and execution as part of a student lead bootcamp immersion program
- **Public Relations Executive Department of Psychology** – Kumaraguru College of Liberal Arts & Science
Managed public outreach, networking, and event promotion to boost participation.
- **Editorial Board Member** – KCLAS Chronicles, Kumaraguru College of Liberal Arts & Science
Contributed articles, edited submissions, and supported publication management.
- **Event Organiser** – Psych Nexus Conclave, Kumaraguru College of Liberal Arts & Science
Coordinated event planning, speaker engagement, and on-ground execution.
- **Published Poet** – Writers Pocket Publications, Paper Towns Publications
Published 3 poems in recognised anthologies
- **Student Committee Member Literature Vertical** - Kumaraguru College of Liberal Arts & Science
Conducted and organised events in the institution on the importance of literature and language.

CERTIFICATION COURSES

- Outbound Experiential Learning Program - LEAP Learning Academy
- Barefoot Counselling Training - Explore Counselling
- Foundations of Assessment Workshop
- Take Charge of Your Life Workshop - William Glasser International
- Applied Theatre in Healing and Education - Rangbhum
- Introduction to Psychology - College Level

SKILLS

- Leadership
- Teaching
- Mentoring
- Communication
- Ideation
- Project Management
- Event Coordination

LANGUAGES KNOWN


- HINDI
- ENGLISH
- TAMIL
- TELUGU

BHARATHIAR**UNIVERSITY**

**COIMBATORE
CHOICE BASED CREDIT SYSTEM
GRADE CARD**

Folio No.

C 458494

NAME OF THE EXAMINEE				REGISTER NUMBER	MONTH & YEAR OF EXAM			DATE OF PUBLICATION					
ADARSHA VENKATARAMAN				2326U0028	NOV 2023			15/02/2024					
DEGREE & BRANCH OF STUDY				COLLEGE OF STUDY									
B.SC. PSYCHOLOGY				KUMARAGURU COLLEGE OF LIBERAL ARTS & SCIENCE, COIMBATORE									
PART	SEM	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM			MARKS SECURED			GRADE POINTS	GRADE	RESULT
					ESE	CIA	TOTAL	ESE	CIA	TOTAL			
1	1	11H	HINDI I	4	75	25	100	036	24	060	6.00	A	PASS
2	1	12E	ENGLISH I	4	75	25	100	064	22	086	8.60	D+	PASS
3	1	13A	CORE: GENERAL PSYCHOLOGY - I	4	75	25	100	046	23	069	6.90	A	PASS
3	1	13B	CORE: DEVELOPMENTAL PSYCHOLOGY - I	4	75	25	100	036	23	059	5.90	B	PASS
3	1	1AB	ALLIED: BIOPSYCHOLOGY - I	4	75	25	100	043	21	064	6.40	A	PASS
4	1	1FA	ENVIRONMENTAL STUDIES	2	50	00	050	025	0	025	5.00	B	PASS
*** END OF STATEMENT ***													
													
In the Current Semester													
PART	CREDIT EARNED		GPA										
1	4		6.000										
2	4		8.600										
3	12		6.400										
4	2		5.000										

Passing minimum for U.G. course is 40% of Maximum (in ESE and Total separately)
Passing minimum for P.G. course is 50% of Maximum (in ESE and Total separately)
ESE: End semester Examination, CIA: Continuous Internal Assessment.
XXX: Not Secured Passing Minimum

Coimbatore - 641 046.


Date : 06/05/2024

Controller of Examinations 1/c

BHARATHIAR**UNIVERSITY****COIMBATORE
CHOICE BASED CREDIT SYSTEM
GRADE CARD**

Folio No.

C375322

NAME OF THE EXAMINEE				REGISTER NUMBER	MONTH & YEAR OF EXAM			DATE OF PUBLICATION					
ADARSHA VENKATARAMAN				2326U0028	MAY 2024			15/07/2024					
DEGREE & BRANCH OF STUDY				COLLEGE OF STUDY									
B.SC. PSYCHOLOGY				KUMARAGURU COLLEGE OF LIBERAL ARTS & SCIENCE, COIMBATORE									
PART	SEM	COURSE CODE	COURSE TITLE	CREDITS	MAXIMUM			MARKS SECURED			GRADE POINTS	GRADE	RESULT
					ESE	CIA	TOTAL	ESE	CIA	TOTAL			
1	2	21H	HINDI II	4	75	25	100	053	24	077	7.70	D	PASS
2	2	22E	ENGLISH II	2	25	25	050	018	19	037	7.40	A+	PASS
3	2	23A	CORE: GENERAL PSYCHOLOGY - II	4	75	25	100	044	24	068	6.80	A	PASS
3	2	23B	CORE: DEVELOPMENTAL PSYCHOLOGY II	4	75	25	100	052	22	074	7.40	A+	PASS
3	2	24B	ALLIED: BIOPSYCHOLOGY - II	4	75	25	100	036	17	053	5.30	B	PASS
4	2	2FB	VALUE EDUCATION - HUMAN RIGHTS	2	50	00	050	027	0	027	5.40	B	PASS
2	2	2NM	NAAM MUDHALVAN COURSE: LANGUAGE PROFICIENCY FOR EMPLOYABILITY	2	25	25	050	025	25	050	10.00	D	PASS
** END OF STATEMENT **													
													
In the Current Semester													
PART	CREDIT EARNED		GPA										
1	4		7.700										
2	4		8.700										
3	12		6.500										
4	2		5.400										

Passing minimum for U.G. course is 40% of Maximum (in ESE and Total separately)

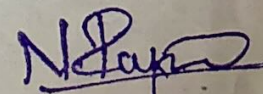
Passing minimum for P.G. course is 50% of Maximum (in ESE and Total separately)

ESE: End semester Examination, CIA: Continuous Internal Assessment.

XXX: Not Secured Passing Minimum

Coimbatore - 641 046.

Date :05/09/2024



Controller of Examinations i/c

CERTIFICATE OF PUBLICATION

IS PRESENTED TO

Adarsha V

This certificate is given for publishing poem or (s) in the book
Anthology- Echoes of the Night by Paper Towns Publishers in
association with Thebookoholics.

Narendra Singh

Narendra Singh

Manik Jaiswal

Manik Jaiswal





Certificate no: UC-80f1e65f-2aa0-43d8-a3e4-0ed7ad280269

Certificate url: ude.my/UC-80f1e65f-2aa0-43d8-a3e4-0ed7ad280269

Reference Number: 0004

CERTIFICATE OF COMPLETION

Introduction to Psychology - College Level (Certificate)

Instructors **Dr. Bev Knox**

Adarsha venkataraman

Date **June 30, 2023**

Length **27 total hours**

Writer's
Pocket

CERTIFICATE OF PUBLICATION

THIS IS GRANTED TO

Adarsha

for getting their work published in our anthology.
Dew Drops on 03/01/2024



Mohit Wadhwa
FOUNDER & CEO



**WILLIAM GLASSER
INTERNATIONAL**

This is to certify that

Adarsha

has successfully completed the course

Take Charge of Your Life Workshop

Course Duration:

6 hours

Place

Chennai

Date

28 February 2024

Dr. Farida D'Silva Dias.

Sr. Faculty
Facilitator

Denzyl Witbooi
Executive Director



EXPLORE COUNSELLING

CERTIFICATE OF TRAINING

This is to certify that Mr/Ms ADARSHA VENKATARAMAN
has successfully completed **30 hrs of Barefoot Counsellor Training** conducted
from **24th Jan to 1st Feb 2024**

Dr. Vasuki Mathivanan

*Founder - Explore Counselling
Registered ACA Supervisor*

Dr. Veenavani

Facilitator

Writer's
Pocke

CERTIFICATE OF PUBLICATION

THIS IS GRANTED TO

Adarsha V

for getting their work published in our anthology,
Cotton Candy on 16/02/2024



Mohit Wadhwa
FOUNDER & CEO

CALARTS

5 Jul, 2024

Adarsha Venkataraman

has successfully completed

Sharpened Visions: A Poetry Workshop

an online non-credit course authorized by California Institute of the Arts and offered through Coursera



Douglas Kearney
Instructor

COURSE
CERTIFICATE



Verify at:

<https://coursera.org/verify/9NWU9U7PKL8T>

Coursera has confirmed the identity of this individual and their participation in the course.

CERTIFICATE COURSE ON APPLIED THEATRE IN INTERSECTIONALITY OF HEALING AND EDUCATION

Certificate of Completion

This is to certify that ADARSHA VENKATARAMAN of II BSc Psychology
studying at the Kumaraguru College of Liberal Arts and Science,
Coimbatore has joyously participated and completed 40 hours of training in
Applied Theatre in Intersectionality of Healing and Education from 22 July -
26 July 2024.

We wish ADARSHA a wonderful future ahead



CHETNA MEHROTRA
FOUNDER - RANGBHUMI

Aangilam

From First Words to Fearless Futures

Certificate of Volunteering

This is proudly presented to

ADARSHA V

for their outstanding contribution as a Mentor
in the Aangilam Language Exchange Program.

Through consistent guidance over a month, she
supported a young girl in speaking with greater
confidence and clarity in English.



NIVEDITHA PURUSHOTHAMAN
DIRECTOR, TATTVA VIDYA FOUNDATION

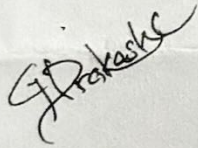
LETTER OF APPRECIATION

Dear **ADARSHA . VG**

Thank you so much for your enthusiastic efforts as a volunteer at the event "Idhuvum Kadandhu Pogum" (Suicide Prevention Awareness Week) on 12 September 2023. We are extremely delighted to express our heartfelt appreciation and recognition of your significant contribution. Your support played an instrumental role in the success of this event.

You are a valued member, and we were glad to have you with us as a part of it. Looking forward to your active participation in the upcoming events.

Best regards



Dr. C Gnanaprakash, M.Sc., Ph.D.,

Head, Department of Psychology,
Kumaraguru College of Liberal Arts and Science,
Saravanampatti, Coimbatore – 641049,
Tamil Nadu, India.



BODHI MIND CARE HOSPITAL

போதி மனநல மருத்துவமனை

Healthy Mind, Happy Life

Unit of Deviraj Hospitals

மன நலம், வாழ்க்கை வளம்

அனந்த போதி மனநல மையத்தின் பிரிவு

Date: August 10, 2025

To Whom It May Concern,

We Care For Your Mind

I am writing to highly recommend **Ms. Adarsha V** for the '**Course Developer / Instructional Designer**' position. I had the pleasure of supervising her during their internship at Bodhi Mind Care, a mental health clinic, in December of last year.

During their time with us, Ms. Adarsha V consistently demonstrated a strong understanding of psychological theories and a keen aptitude for critical thinking. They actively participated in clinic activities and were thoughtful and empathetic in their approach to patient care. I was particularly impressed by their ability to apply theoretical knowledge to real-world situations, showing a genuine passion for the field of psychology.

Adarsha's internship provided them with valuable insights into the practical application of psychological concepts. Their work was consistently well-researched and insightful, reflecting a strong determination to provide holistic and effective care. They possess the key personal qualities essential for a successful professional, including excellent listening and communication skills, and an ability to approach every case with sensitivity.

I am confident that she has the intellectual capacity and dedication to succeed in a role focused on curriculum development for psychology. Their experience in a clinical setting, combined with their strong academic foundation, provides a unique and valuable perspective on how to structure learning materials that are both theoretically sound and practically relevant.

I give Ms. Adarsha V my highest recommendation.

Sincerely,

Ms. Hari Priya S V

Counselling Psychologist

Bodhi Mind Care Hospital

For Bodhi Mind Care and Wellness Center
Authorized Signatory



Thoppampatti, Therukupalayam,
Hopes, GV Residency,



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+91 89255 99247



bodhimindcarehospital.com
contact@bodhimindcarehospital.com

TATTVA VIDYA FOUNDATION

9 August 2025

To Whom It May Concern,

I am very pleased to recommend Ms. Adarsha V for the position of Course Developer / Instructional Designer at your institution. As the founder of Aangilam, a program run by the Tattva Vidya Foundation that provides spoken English learning opportunities to students from underserved communities, I have had the privilege of working closely with Adarsha in her role as Program Coordinator and Mentor.

Adarsha has been a key member of our team, taking ownership of both the development and delivery of our program. She has coordinated tutoring schedules with care, supported and guided a diverse group of volunteer mentors, and built an engaging, supportive environment for her mentees. Her learning design reflects a rare combination of structure, cultural sensitivity, and accessibility, ensuring it works equally well for learners from different backgrounds.

She is proficient at adapting teaching methods to meet the specific needs of our learners. Beyond her technical skills, Adarsha possesses exceptional interpersonal qualities, she connects effortlessly with people and offers thoughtful mentorship. Her empathy, patience, and excellent communication skills have been vital to the success of our program.

Her contributions have had a direct and positive impact on our mentees' progress, and her commitment to improving educational outcomes is both evident and inspiring. I am confident that her experience in program coordination and learning design combined with her passion for education, make her an ideal candidate for the role.



Niveditha Purushothaman
Director
Tattva Vidya Foundation

