

SAVITHA R

Student at Kumaraguru College Of Liberal Arts and Science

CONTACT



9489108811



avitha.23bpy@kclas.ac.in



Coimbatore, Tamil Nadu, India

SUMMARY

Undergraduate in Psychology with a science foundation and hands-on internship experience, skilled in applying psychological principles to real-world contexts. Experienced in various group coordination, egaging in event management, and volunteering, with a strong commitment to fostering well-being and positive group dynamics.

SKILLS

Leadership

Effective communication Active listening

Crisis management

Empathy

Interpersonal skills

Technical capabilities

LANGUAGE

English

Tamil

EXPERIENCE

Student Intern

Wings Within

Q Bangalore, India

- Engaged in individual and shadow counselling sessions with children and adults.
- · Gained insights in psychometric assessments, including ISAA, childhood disorder evaluations, and intervention-based therapies.

KMCH

Coimbatore, India

- · Observed psychiatric case studies under professional supervision.
- · Acquired practical techniques for taking case histories.

EDUCATION

B.Sc. Psychology (Pursuing)

Kumaraguru College of Liberal Arts and Science

Higher Secondary (Grade 12)

CS Academy, Erode

81%

Secondary School (Grade 10)

Yuva Bharathi Public School, Coimbatore 89%

EXTRACURRICULAR ACTIVITIES

Hockey Captain (2017–2019)

Led the school team, fostering teamwork and sportsmanship.

Represented school Kabaddi team

Took part in Sahodaya, contributing to the school.

Swimmer

Active member of school swimming team

REFERENCE

Ms. Poovarasi

Clinical Psychologist
Assistant Professor, Department
of Psychology
Kumaraguru College Of Liberal
Arts and Science

Poovarasi.v.psy.kclas.ac.in

CIRTIFICATIONS

- Psychological First aid
 John Hopkins University (COURSERA)
- Economic and Policies of Climate Change
 EDHEC Business School (COURSERA)
- Barefoot Counsellor Training
 Explore Counselling Today
- CalArts
 A Poetry Workshop
- Applied Theatre Course Rangbhumi
 Intersectionality of Healing and Education
- Suicide Prevention Awareness Week
 Letter of appreciation
- Outbound Experiential Learning Program
 LEAP Learning Academy
- Online Internship
 Corizo

E.Ho.: S S E / 2020 /

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रजि. नं. Regn.No. M120/07144/0120

केन्द्रीय माध्यमिक शिक्षा बोर्ड CENTRAL BOARD OF SECONDARY EDUCATION

अंक विवरणिका सह प्रमाण पत्र MARKS STATEMENT CUM CERTIFICATE माध्यमिक विद्यालय परीक्षा, 2020 SECONDARY SCHOOL EXAMINATION, 2020



यह प्रमाणित किया जाता है कि This is to certify that SAVITHA R

अनुक्रमांक

Roll No. 20135220

माता का नाम

Mother's Name USHAR

पिता/संरक्षक का नाम

Father's / Guardian's Name RAJA M

जन्म तिथि

Date of Birth 23/01/2005 23RD JANUARY TWO THOUSAND FIVE

विद्यालय

55167-YUVABHARATHI PUB SCH SOMAYAPALAYAM COIMBATORE TN

की जैक्षणिक उपलब्धियां निम्नानुसार हैं has achieved Scholastic Achievements as under:

विषय कोड SUB. CODE			000			
	विषय SUBJECT	लिखित THEORY	आं. मृ. I A/ प्रा. PR.	योग TOTAL	योग (शब्दों में) TOTAL (IN WORDS)	स्थितीय ग्रेड POSITIONAL GRADE
184	ENGLISH LNG & LIT.	073	019	092	NINETY TWO	A1
006	TAMIL	070	019	089	EIGHTY NINE	B1
041	MATHEMATICS STANDARD	062	019	081	EIGHTY ONE	A2
086	SCIENCE - THEORY	070	019	089	EIGHTY NINE	A1
087	SOCIAL SCIENCE	075	019	094	NINETY FOUR	A2
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7. 1						A COUNTY OF STREET

संक्षिप्तयों का अर्थ : Abbreviations

AB : अनुपस्थित Absent

I A : आंतरिक मूल्यांकन Internal Assessment

प्रा./PR.: प्रायोगिक/Practical

ER: अनिवार्य पुनरावृत्ति सभी विषयो में Essential Repeat in all subjects

विल्ली Delhi

विनांक Dated: 15-07-2020

परिणाम Result PASS

परीक्षा नियंत्रक Controller of Examinations

सह-शैक्षणिक उपलब्धियां : सह-शैक्षणिक एवम् अनुशासन क्षेत्र में ग्रेडिंग विद्यालय द्वारा अपने स्तर पर बोर्ड द्वारा जारी प्रारूपनुसार प्रदान की जाती है। Co-Scholastic achievements : Grading for Co-Scholastic and Discipline area is being issued by the school as per format prescribed by the Board. EN 55CE/2022

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M222/55278/0172

केन्द्रीय माध्यमिक शिक्षा बोर्ड CENTRAL BOARD OF SECONDARY EDUCATION

अंक विवरणिका सह प्रमाण पत्र MARKS STATEMENT CUM CERTIFICATE सीनियर स्कूल सर्टिफिकेट परीक्षा, 2022 SENIOR SCHOOL CERTIFICATE EXAMINATION, 2022



यह प्रमाणित किया जाता है कि

This is to certify that SAVITHAR

अनुक्रमांक

Roll No. 20658350

माता का नाम

Mother's Name USHA R

पिता/संरक्षक का नाम

Father's / Guardian's Name RAJA M

विद्यालय

School 55278 CS ACADEMY VALLIPURATHANPALAYAM ERODE TAMILNADU

की शैक्षणिक उपलब्धियां निम्नानुसार है has achieved Scholastic Achievements as under:

विषय कोड SUB. CODE	प्राप्तांक MARKS OBTAINE					स्थितीय ग्रेड			
	विषय SUBJECT	लिखित THEORY	प्रा./PR. आं.मू./IA		योग (शब्दों में) TOTAL (IN WORDS)	POSITIONAL GRADE			
301	ENGLISH CORE	067	020	087	EIGHTY SEVEN	A2			
041	MATHEMATICS	049	020	069	SIXTY NINE	B2			
042	PHYSICS	058	030	088	EIGHTY EIGHT	A2			
043	CHEMISTRY	059	030	089	EIGHTY NINE	A2			
044	BIOLOGY	052	030	082	EIGHTY TWO	B1			
500	WORK EXPERIENCE		1000		Prediction of	A1			
502	HEALTH & PHYSICAL EDUCATION		100		设施 和金额	A1			
503	GENERAL STUDIES		0.30		SOLET STEEL	A1			

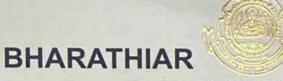
परिणाम Result PASS

दिल्ली Delhi

विनांक Dated : 22-07-2022

परीक्षा नियंत्रक Controller of Examinations

सह-शैक्षिक उपलब्धियां : सह-शैक्षिक एवम् अनुशासन क्षेत्र में ग्रेडिंग विद्यालय द्वारा अपने स्तर पर बोर्ड द्वारा जारी प्राक्षपनुसार प्रदान की जाती है। Co-Scholastic achievements : Grading for Co-Scholastic and Discipline area is being issued by the school as per format prescribed by the Board. परिवर्तित विषय कोड में, परीक्षा परिणाम 100 अंकों के अंतर्गत दिया गया है। In the changed subject code, the test result is given under 100 marks.



UNIVERSITY

COIMBATORE CHOICE BASED CREDIT SYSTEM **GRADE CARD**

Folio No. c 458551

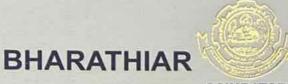
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Passing minimum for U.G. course is 40% of Maximum (in ESE and Total separately)
Passing minimum for P.G. course is 50% of Maximum (in ESE and Total separately)
ESE: End semester Examination, CIA: Continuous Internal Assessment. XXX: Not Secured Passing Minimum

Coimbatore - 641 046.

Date: 06/05/2024

Controller of Examinations 1/c



UNIVERSITY

COIMBATORE CHOICE BASED CREDIT SYSTEM GRADE CARD

Folio No. c 375379

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3	2	23B	CORE: DEVELOPMENTAL PSYCHOLOGY II		4	75	25	100	044	21	065	6.50	A	PASS		
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Passing minimum for U.G. course is 40% of Maximum (in ESE and Total separately)
Passing minimum for P.G. course is 50% of Maximum (in ESE and Total separately)
ESE: End semester Examination, CIA: Continuous Internal Assessment.
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Coimbatore - 641 046. Date: 05/09/2024

Controller of Examinations 1/c



KUMARAGURU COLLEGE OF LIBERAL ARTS AND SCIENCE

Affiliated to Bharathiar University Coimbatore – 641049

Date: 08.08.2025

To Whom It May Concern,

I am pleased to write this letter of recommendation for Ms. SAVITHA R, a third-year undergraduate Psychology student currently in her fifth semester at Kumaraguru College of Liberal Arts and Science. I have had the opportunity to interact with her over the past three months as her course instructor for Health Psychology.

Despite having known her for a relatively short duration, she has distinguished herself through her initiative, articulate communication, and commendable leadership qualities. Her approach to both academic and extracurricular responsibilities is marked by diligence, clarity of purpose, and a strong sense of accountability. She contributes meaningfully to class discussions, consistently offering insightful connections between theoretical frameworks and practical applications within health and psychological contexts.

What sets her apart is her proactive involvement in key institutional and community-oriented initiatives. She played an instrumental role in coordinating a faculty-led masterclass, demonstrating excellent organizational and communication skills. Her commitment to social impact was further reflected in her independent volunteering efforts during Suicide Prevention Day.

Additionally, her participation in the DAADS School initiative provided her with valuable exposure to working with children, allowing her to better understand the concepts. Her ability to manage diverse responsibilities with professionalism and empathy highlights her maturity, initiative, and strong interpersonal competence, qualities that make her a promising candidate in both academic and applied psychological settings.

I am confident that her sincere academic interest, sense of responsibility, and hands-on experience through various roles have prepared her well for environments that value critical thinking, collaboration, and initiative. I believe she will carry these strengths into future opportunities and engage meaningfully with both learning and professional settings.

Sincerely,

Ms. Poovarasi Clinical Psychologist

Assistant Professor, Department of Psychology Kumaraguru College of Liberal Arts and Science [Poovarasi.v.psy@kclas.ac.in]

V. POOVARASI, M.Phil.,(NIEPMD)
Clinical Psychologist
CRR No: A107511



CERTIFICATE OF INTERNSHIP



Proudly Certify to

Savitha R

This is to certify that the above-mentioned candidate has successfully completed his/her internship in Psychology From 07 August 2024 to 07 September 2024. During this course, he/she showed diligence, consistency, determination, active participation, and innovation throughout their internship period.

Hemant Ingle

VP-HR

Wipro Dice ID - CRZ65658









EXPLORE COUNSELLING

CERTIFICATE OF TRAINING

has successfully completed 30 hrs of Barefoot Counsellor Training conducted

from 24th Jan to 1st Feb 2024

Dr. Vasuki Mathiyanan

Founder - Explore Counselling Registered ACA Supervisor Dr. Veenavani



Certificate Of Participation

This is to Certify that

SAUITHA

has attended the Outbound Experiential Learning Program

conducted by LEAP Learning Academy

on 29th day of SEPTEMBER

in the year - 2023

and showed an exceptionally good performance.

Authorised Signatory

Premnath. R Director,

LEAP Learning Academy



LETTER OF APPRECIATION

Dear SAVITHA. R

Thank you so much for your enthusiastic efforts as a volunteer at the event "Idhuvum Kadandhu Pogum" (Suicide Prevention Awareness Week) on 12 September 2023. We are extremely delighted to express our heartfelt appreciation and recognition of your significant contribution. Your support played an instrumental role in the success of this event.

You are a valued member, and we were glad to have you with us as a part of it. Looking forward to your active participation in the upcoming events.

Best regards

Dr. C Gnanaprakash, M.Sc., Ph.D.,

Head, Department of Psychology, Kumaraguru College of Liberal Arts and Science, Saravanampatti, Coimbatore – 641049, Tamil Nadu, India.

Certificate of Completion of Internship



To whomsoever, it may concern

This certifies that Savitha. R student in Ilyear,
This certifies that Savitha. R student in Ilyear, B.sc [Psychology] from kumaraguru Lallege, Coimbatore.
has completed internship with Wings Within from
02-12-2024 to 20-12-2024
Wings Within is an organization catering to end-to-end solutions in the area of
Emotional Wellness, Special Education, Life Skills Coaching, Psychological
Assessments, Research and training.
During this period, the student has been involved in individual counseling
sessions and shadow counseling for both children and adult clients. Student has
received multiple exposures to a large client base. Student has observed,
assisted in many therapeutic interventions. Student has also learned
psychometric assessments like ISAA, Childhood disorder & Intervention therapies
is committed, hardworking, energetic and is ready
to learn new things and is highly responsible for the assigned work. Student
has worked under the guidance of the Lead Psychologist of the Organisation.
(A)

Dr.Padam Kanwar Bhati (Ph.D) Psychologist (A90999)

Managing Director



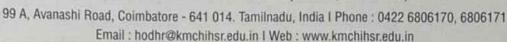


External Supervisor



KMCH INSTITUTE OF HEALTH SCIENCES AND RESEARCH

(A unit of Kovai Medical Center & Hospital Ltd., Coimbatore.)





REF.NO: KMCHIHSR/HR/INT/2025/13

04-06-2025

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. Savitha R (Register No: 2326U0085) who is studying in Kumaraguru College of Liberal Arts and Science Underwent Internship training in Psychiatry Department at our hospital from 13.05.2025 to 29.05.2025.

During this period, we found her to be sincere in her work and regular in her attendance. During this period her conduct and character have been found to be good.

We wish her all the best in her future endeavors.

Mr. Adalarasu B Manager - HR

