# Table of Contents

I. SHIFTING PARADIGMS

1. **Introduction** - by Thomas de Groot and Sophie Bloemen

2. **The Potential of the Commons** - with Kate Raworth and George Monbiot

II. ENERGY

3. **Commons-Based Renewable Energy in the Age of Climate Collapse** - by David Hammerstein

4. **Energy Commons: The Missing Link Between Energy Transition and Climate Justice** - by Cecile Blanchet

III. FOOD

5. **Territories of Commons in Europe: Niches of a Much Needed Transition** - by Jose Luis Vivero Pol

6. **Social Circularity: Food-sharing Platforms Are Re-inventing Urban Solidarity**, by Thomas de Groot

IV. CITIES

7. **Ostrom in the City: Design Principles and Practices for the Urban Commons** - by Christian Iaione and Sheila Foster

8. **Designing, Sustaining and Defending Resilient Urban Commons** - by Doina Petrescu and Constantin Petcou

9. **Could This Local Experiment Be the Start of a National Transformation?** - by George Monbiot

V. DIGITAL COMMONS

10. **A New Vision for a Shared Digital Europe** - by Alek Tarkowski, Paul Keller and Sophie Bloemen

11. **Own This! A Portfolio of Platform Cooperativism in Progress** - by Trebor Scholz

12. **Digital Commoning and the Fight for a Human-Centered Internet** - by Mai Ishikawa Sutton

VI. ACCESS TO MEDICINES

13. **From Lab to Commons: Putting People’s Health First** - by Sophie Bloemen and David Hammerstein

14. **The Medicines Patent Pool: A Remedy for the Anti-Commons** - by Ellen ‘t Hoen

15. **Developing Drugs through the Commons** - by Jean Francois Allesandrini, Benjamin Coriat & Spring Gombe

VII WHAT’S NEXT?

16. **On the Commons and the Future of Europe** - with Michel Bauwens, Silke Helfrich and David Bollier

17. **References and Resources**

18. **List of Contributors**