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# **EDUCATION & QUALIFICATIONS**

## 2021 - 2023: MSc in Advanced Clinical Practice, University of Wolverhampton

- -Develop portfolio of evidence underpinned by the four core capabilities of advanced practice: clinical practice, leadership and management, education
- -Completed health assessment module and OSCE (assessment topics: respiratory, cardiovascular, neurology, abdominal, mental health, musculoskeletal, ear, nose, and throat)

# 2020 – 2021: Postgraduate Certificate in Psychiatric Therapeutics, Aston

- -Accredited by College of Mental Health Pharmacy
- -Completed various modules including
  - Underlying principles
  - Pharmacokinetics Schizophrenia Affective disorders

  - Anxiety disorders
  - Dementia
- -Gained a comprehensive understanding of various psychiatric medication -Accessed and evaluated current evidence-based literature and guidelines behind recommendation of medication usage

# 2019-2020: Assessment and Management of Minor Injuries, Primary Care Training

- -Anatomy, physiology and altered physiology of common minor injuries
- -Principles and techniques of history taking and consultation skills
- -Decision making and clinical reasoning
- -Clinical management of common minor injuries including sprains, fractures and wounds
- -Recognising when to request X-rays and investigate further
- -Liaising with multi-disciplinary teams and referral pathways
- Professional accountability in practice
- -Examination criteria: clinical case study and OSCE
- -Equivalent of 20 credits and 200 CPD hours

# 2019-2019: Minor Illness Certificate, National Minor Illness Centre (accredited by **Royal College of Nursing)**

- -Seminars and lectures delivered by experienced general practitioners
- -History taking lecture and consultation models
- -Covered multiple clinical topics exploring differential diagnosis, red flags, management, sign-posting and secondary care admission -Pharmacology of medicines used for minor illnesses

# 2018-2018: Minor Illness Certificate, M&K Update

- -Seminars delivered by experienced advanced nurse practitioner
- -Covered a diverse range of clinical topics and variety of rarer conditions
- -Conducted examinations on peers
- -Working within professional boundaries

# 2018- 2018: Practice Certificate in Independent Prescribing, University of Wolverhampton (accredited by The General Pharmaceutical **Council**)

-Covered a comprehensive syllabus that included:

- Consultation, decision making assessment and review Influences on the psychology of prescribing Prescribing in a team context Applied therapeutics

  Evidence-based practice and clinical governance

- Legal policy, professional and ethical aspects
- Prescribing in the public health context
- -Over 130 hours of shadowing alongside GP's, advanced nurse practitioners and prescribing pharmacists
  -Specialised in asthma diagnosis, treatment and management
- -Completed an advanced portfolio in chosen speciality
- -Successfully completed OSCE's covering ear, nose, mouth, respiratory, abdominal, cardiovascular and cranial nerve examinations
  -Successfully completed written examinations in prescription writing and
- history taking
- -Dedicated time acquiring qualification by taking a 6-month career break

### 2007- 2011: Master of Pharmacy degree with honours, Liverpool John Moores **University**

- Completed modules in scientific basis of pharmaceutics, medicinal and biomolecular chemistry, physical pharmaceutics, drugs in sport, clinical pharmacy and therapeutics, pharmaceutical dosage form and design, principles of prescribing, pharmacy practice and pharmacy law - Grade achieved: Class II Division I

#### **Fenton Sixth Form College, Stoke-On-Trent** 2005- 2007:

A- Levels

- Chemistry (A) Maths (A) Biology (B)

#### 2000- 2005: Edensor Technology College, Stoke-On-Trent

- 11 GCSE's (6B + 1C) + (GNVQ ICT 4C)

#### **WORK EXPERIENCE**

# 2023 - present: Locum Independent Prescribing Pharmacist

- -Chronic disease management including asthma, COPD, hypertension, diabetes and lipid management
- -Comprehensive medication reviews
- -Achieve desired Quality of Outcomes Framework targets
- -Collaborating with wider NHS networks
- -Leveraging years of acquired knowledge and skills to provide effective and high-quality patient care

### 2022- 2023: Senior Clinical Pharmacist Manager/ Advance Practitioner, Readesmoor Medical Centre (8 months)

- -Assessing and treating patients during minor illness / injury clinics
  -Conducting HRT and oral contraceptive clinics
  -Overseeing and training pharmacy technicians

- -Creating robust practice protocols to enhance prescribing
- -Review practice prescribing patterns to improve quality, safety and cost effectiveness

#### 2020- 2022: Clinical Pharmacist, Harley Street Medical Practice (18 months)

- -Managing affective and anxiety disorders
- -Reconcile medicines following hospital discharge
- -Conducting polypharmacy reviews of care home residents and encouraging deprescribing where appropriate
- -Opioid and benzodiazepine tapering

# 2018- 2020: Clinical Pharmacist, Hawarden Medical Practice (15 months)

- -Collaborate with multidisciplinary teams to improve patient outcomes
- -Perform level 3 medication reviews reducing inappropriate polypharmacy and wasteful prescribing
- -Solve patient and peer medication-based queries -Review repeat prescription requests adhering to reauthorisation protocols

# 2015-2018: Pharmacy Manager, Crewe (30 months)

- -Utilised skills gained in previous roles to build a professional pharmacy team and grow the business
- -Calculated weekly salary forecasts to match revenue forecasts
- -Participated in promoting health campaigns
- -Provided enhanced services including emergency contraception, malaria, erectile dysfunction, period delay, meningitis vaccinations and influenza jabs -Provided enhanced minor ailment service with Patient Group Directions (PGD's) covering urinary tract infections, bacterial conjunctivitis, impetigo and vaginal thrush

## 2013-2015: Duty Pharmacy Manager, Stoke-On-Trent (20 months)

- -Truly learned how to manage a demanding fast-paced pharmacy team, taking responsibility for profit/loss, staff training, upholding safe and legal procedures, performing internal and external audits, innovating and building business growth
- -Responsible for leading 14 colleagues, training, motivating and building family-like relationships
- -Providing several advanced & enhanced services including medicine use reviews, new medicine service, influenza jabs and travel health service
- -Integrated with other departments to understand retail culture by attending joint team planning meetings and completing online learning exercises via inhouse academy software

#### 2012-2013: **Locum Pharmacist**

- Implemented a confident pragmatic approach working as a locum
- Regularly travelled long distances during early locum career

# 2011- 2012: Boots Pre-registration, Newcastle-Under-Lyme (12 months)

- Worked with an ambitious team and gained valuable pharmacy 'good practice' skills as well as clinical skills
- Attended several training days with peers organised by Boots throughout the year, providing a comprehensive training package

#### **SKILLS & ACHIEVEMENTS**

I volunteered with the National Hindu Society working to provide the three Leadership:

core aims Protecting, Preserving and Promoting Hinduism. I find the culture interesting and developed fundamental leadership skills through various tasks. These included weekly debates, fundraising events, festival promotions, cultural lectures and support programs.

As a locum pharmacist I've worked alongside many different teams which **Teamwork:** 

> required me to adapt to their needs. I thoroughly enjoy meeting and interacting with different people and have become accustomed to this over the years. I show great versatility and certainly believe that working

alongside different pharmacy teams has aided my professional development.

**Communication:** I excel in verbal and written communication skills developed throughout

my employment and education. Throughout my academic career I have delivered multiple presentations required to pass assessments and modules. Working with the National Hindu Society I have presented to audiences of

over 2000 people

Languages: I am fluent in English and Gujarati allowing me to communicate with a

diverse group of people in this multicultural society

Additional: Proficient with EMIS and SystemOne, St. Johns First Aid Certificate, clean

driving license

#### **INTERESTS & HOBBIES**

-I have a deep passion for understanding human psychology. The work of **Psychology:** 

renowned psychologists Carl Jung and Sigmund Freud has greatly inspired me. As a member of The College of Mental Health Pharmacy, I am committed

to specialising in this field.

Technology: - Since childhood, I've been fascinated by computer science. Access to

modern technology has enabled me to excel in computing.

-I am well versed in web development and create websites for small businesses. I am proficient in languages such as HTML, CSS, Javascript,

Nextjs and Node.js

**Economics:** -I have interests in business economics and in investment banking

I enjoy playing and following international cricket particularly watching **Cricket:** 

Sachin Tendulkar who has been an idle since childhood