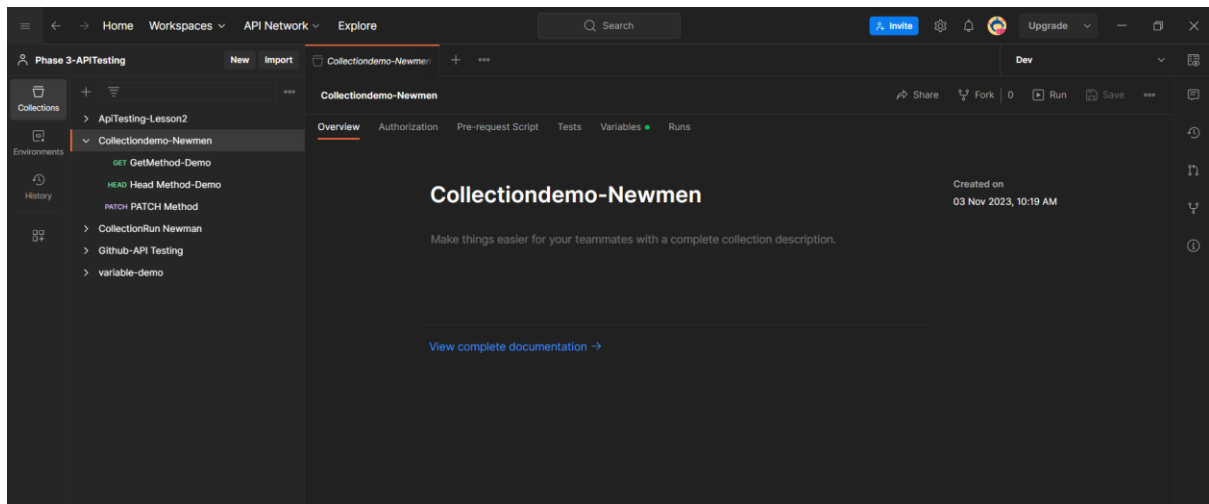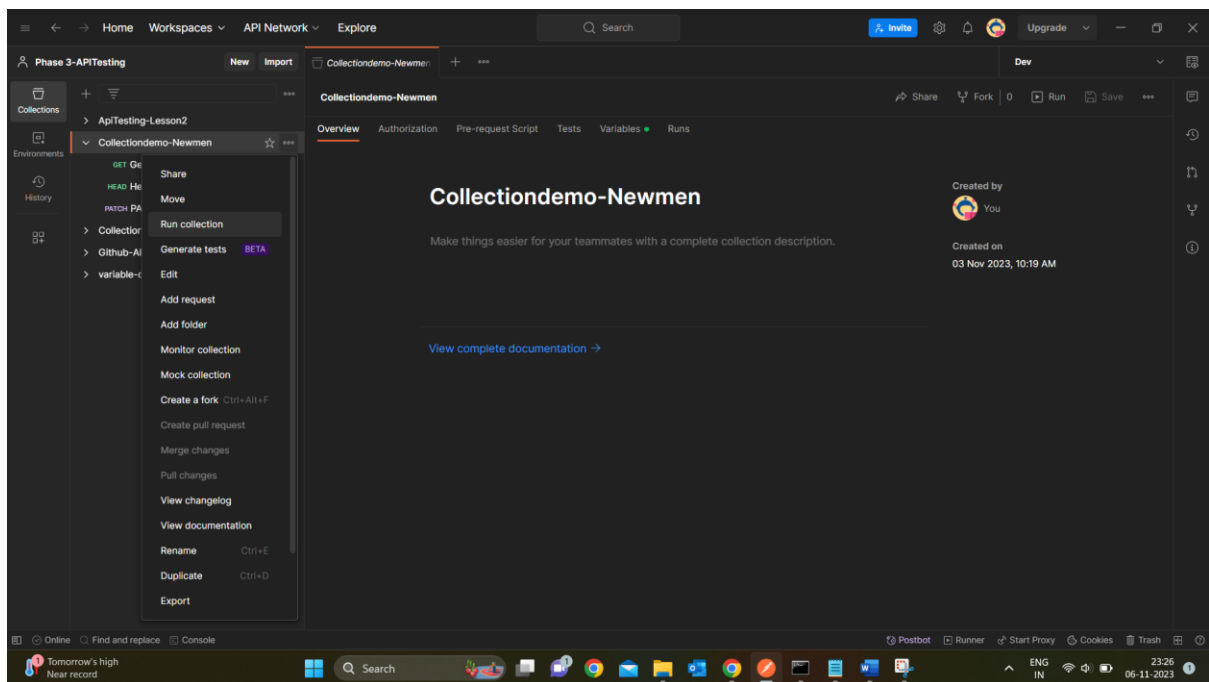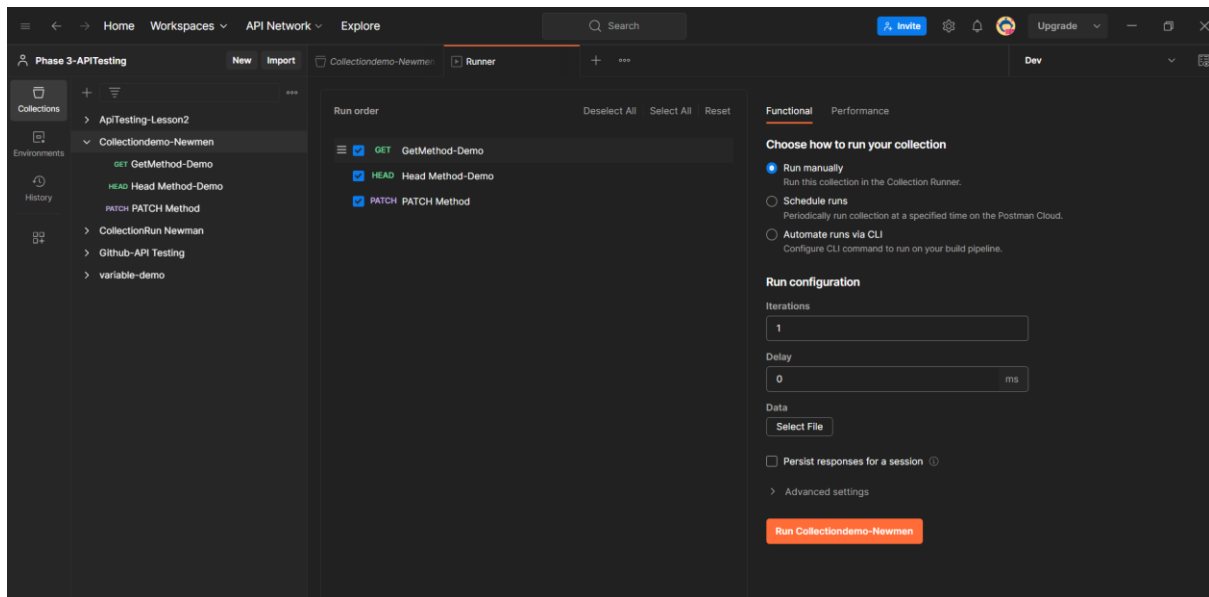Select **Collections** in the sidebar and select the collection which we want to run.

Right click on Collectiondemo-Newmen as shown in below

Click on Run collection

- **Iterations** - The number of iterations for your collection run. You can also run collections multiple times with different data sets.

- **Delay** - An interval delay in milliseconds between each request.

- **Data** – A data file for the collection run.

- **Persist responses for a session** - Log the response headers and bodies so you can review them after running the collection. For large collections, persisting responses may affect performance.

Now click on Run Collectiondemo-Newmen