Samplers: SMTP Sampler

The request will fail. It is because Gmail SMTP server is not allowing third party tools to use it and send emails.

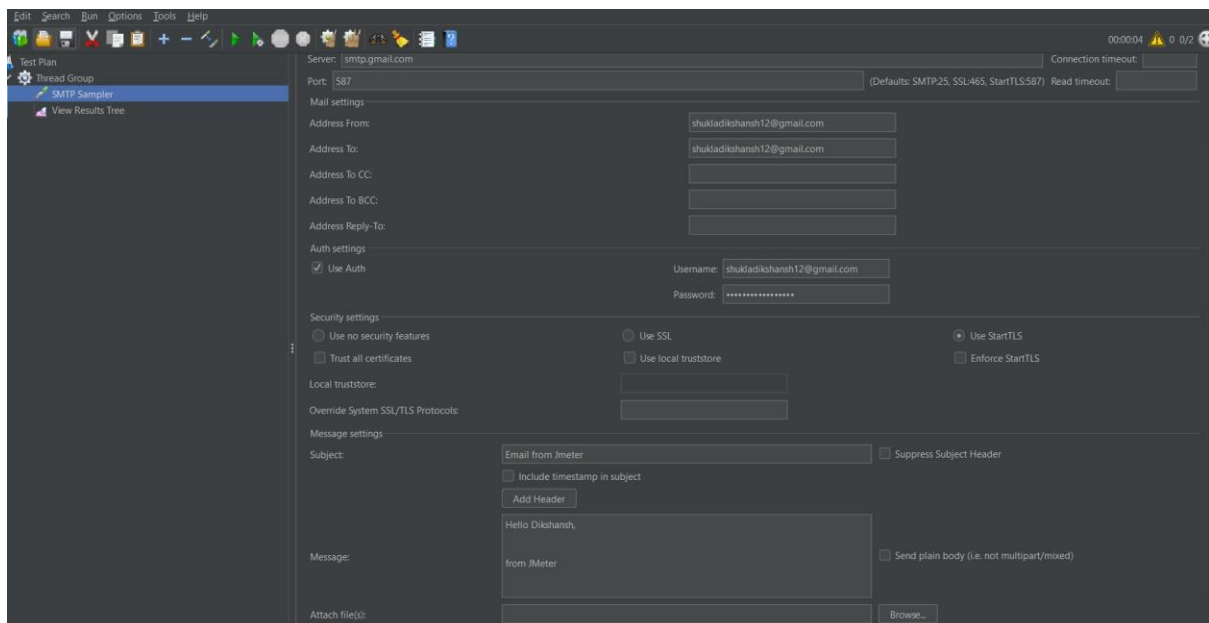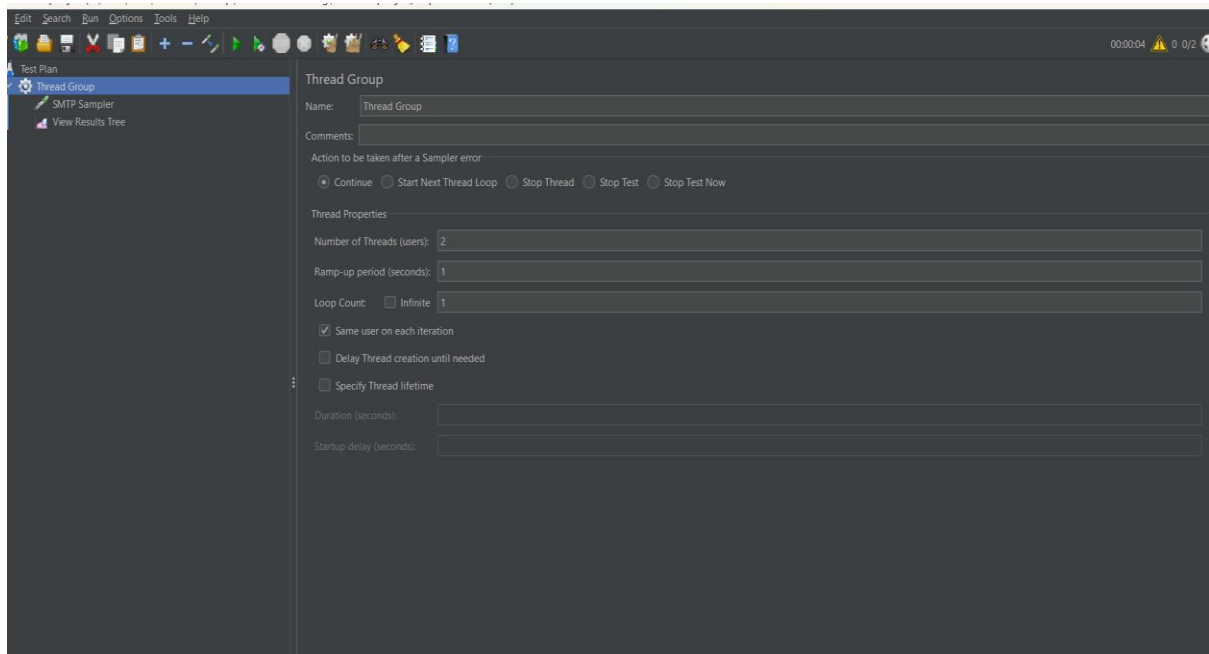However, you can activate 2 step verification on your Gmail account -> and generate app password on Gmail account.

Then give that app password in the SMTP sampler, then your request will be successful.