

## *Relatable Workforce Masterclass*

@RACHELDEALTO

Go to [www.menti.com](https://www.menti.com) and use the code 11 24 16 9



# What are the biggest challenges in workplace communication?

Voting is closed





*CONNECT*



*COMMUNICATE*



*INSPIRE*

*@RACHELDEALTO*



*ME*



*THEM*



*WE*



- Confident
- Rarely uncomfortable
- Can approach anyone
- May hide weakness
- Accepting feedback can be challenging
- Can steamroll conversations

*@RACHELDEALTO*



- Confident
- Warms up quickly
- Tends not to overthink things
  
- May hide weaknesses
- Not always the greatest listener
- Acts and speaks often before thinking

*@RACHELDEALTO*



- Good listener
- Thinks before speaking
- Open to feedback
- Takes a bit to warm up
- May care too much about what people think
- Can be awkward around new people

*@RACHELDEALTO*



- Good listener
- Great with feedback
- Thinks (and researches) before thinking and acting
- Takes a while to warm up
- Overthinks often
- May not be as confident in social situations

*@RACHELDEALTO*





*CONNECT*

*@RACHELDEALTO*



CONNECT

*ME:*

- How do I show up?

*THEM*

- How do they show up?

*WE*

- How does this combo work?



**93% believe being authentic at work is important**

**52% feel that it is *extremely* important**



**What are authentic qualities?**

**What makes you think, “they are real?”**



**58% hide weaknesses to avoid judgement**

**73% care quite a bit about what people think**

**84% often find themselves over-thinking**



***ACTION:***

*How can I encourage more authenticity?*

*@RACHELDEALTO*



*COMMUNICATE*

*@RACHELDEALTO*



# COMMUNICATE

*ME:*

- How do I communicate?

*THEM*

- How do they communicate?

*WE*

- What will be our biggest challenges?





**63% can feel awkward around new people**

**26% can become easily bored**

**51% are often thinking of a witty reply when listening to someone**

GREAT LISTENER



OVER THINKER

UNDER THINKER



GREAT TALKER



# DCs

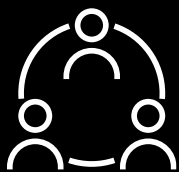
**45% are not comfortable with  
difficult conversations**

Go to [www.menti.com](https://www.menti.com) and use the code 11 24 16 9

# What are the most difficult conversations colleagues?



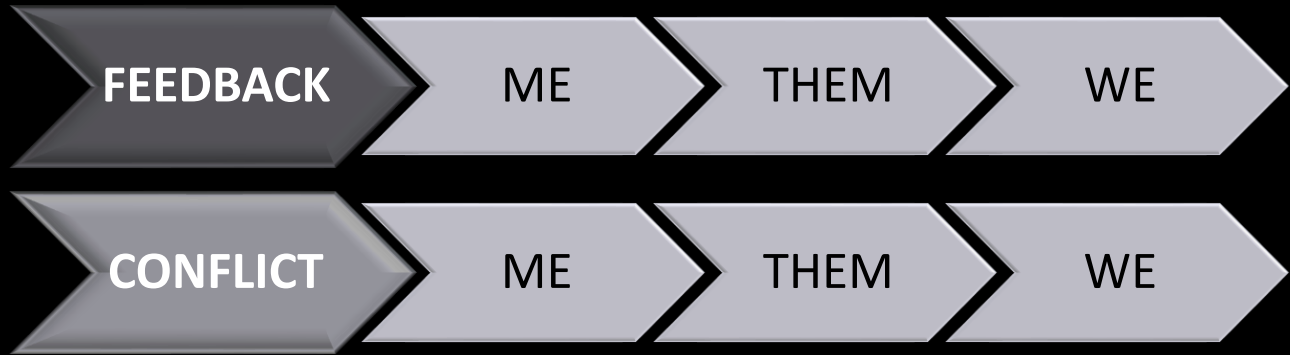
- Giving Feedback/Crit
- Attempting to End Co
- Turning Down Ideas
- Taking Accountability



@RACHELDEALTO



COMMUNICATE



@RACHELDEALTO



***ACTION:***  
*Communication map with*  
*ME/THEM/WE*

*@RACHELDEALTO*



*INSPIRE*

*@RACHELDEALTO*





- Correlates with a significantly longer life
- Insulates from social media
- Increases creativity, innovation, and retention
- 70% say their sense of purpose is defined by their work



INSPIRE

*ME:*

- How do I live my *then what*?

*THEM*

- How do I appreciate their *then what*?

*WE*

- How can we collectively live SCA's  
*then what*?

@RACHELDEALTO



*@RACHELDEALTO*



*CONNECT*



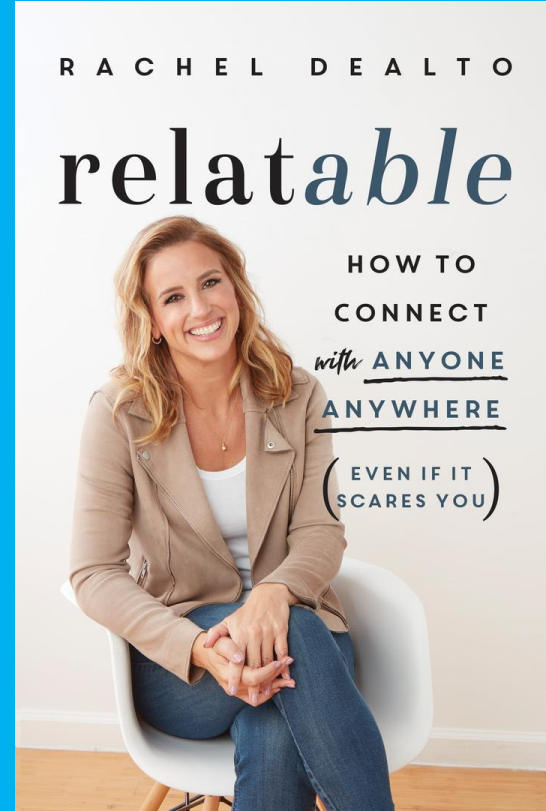
*COMMUNICATE*



*INSPIRE*

*@RACHELDEALTO*

*THANK  
YOU!  
(again!)*



*@RACHELDEALTO*