

- Agile is a way of thinking about the project delivery process through the values and principles of the Manifesto.
- Agile values and principles can be achieved through certain project delivery frameworks and methods.
- The real power of Agile comes from not only adopting certain processes, but also from adopting a certain mindset that is different from traditional Waterfall models.

Waterfall project management phases

- Initiation
- Planning
- Executing and completing tasks
- Closing out the project

Reasons to blend Waterfall and Agile styles

- Your stakeholders, customers, or sponsors are more comfortable with traditional approaches and workflows, but your project team is already established in Scrum.
- Regulatory requirements insist on certain traditional work processes.
- A vendor is already following a traditional approach and the integration between the teams requires some blending of methods.

Key points

- Agile is a mindset.
- Agile values and principles can be achieved through certain frameworks and delivery methods.
- Agile and Waterfall are both effective ways of approaching project management.