Mobile Application Development

Report for Meditation App Interface Design Using Figma.
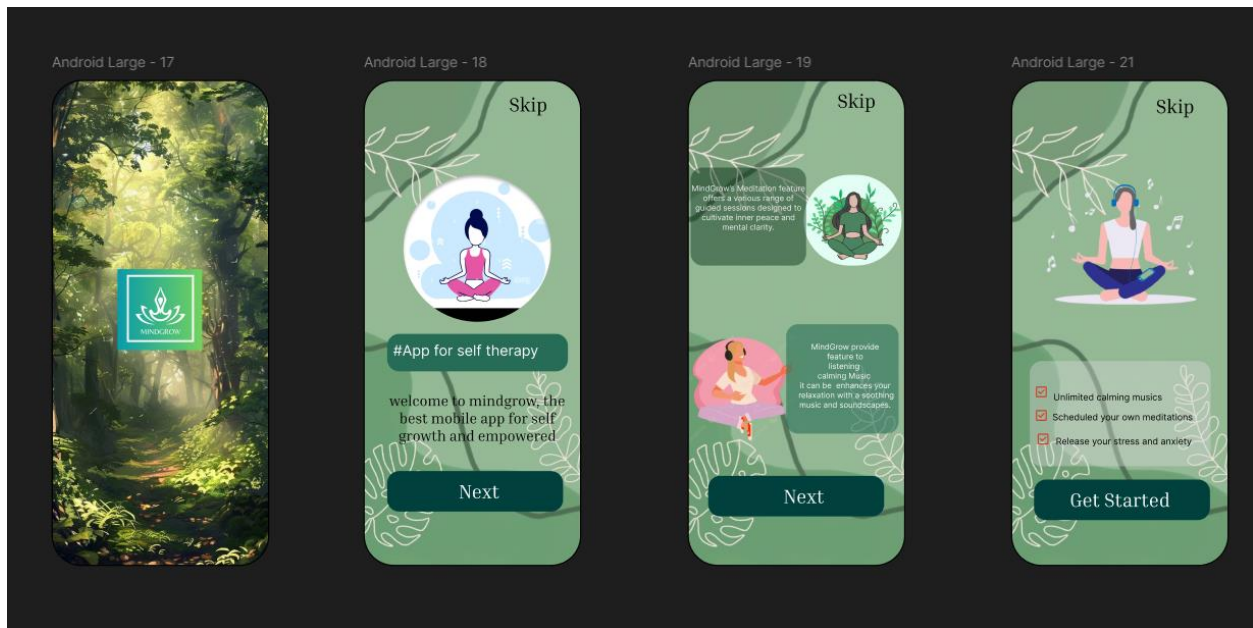
Description:

Ming Grow provides your ultimate companion for relaxation, meditation, and stress relief. Whether you're looking to unwind after a busy day, focus your mind, or drift into peaceful sleep, Mind Grow offers a curated collection of soothing music and guided meditations designed to help you find your inner calm.
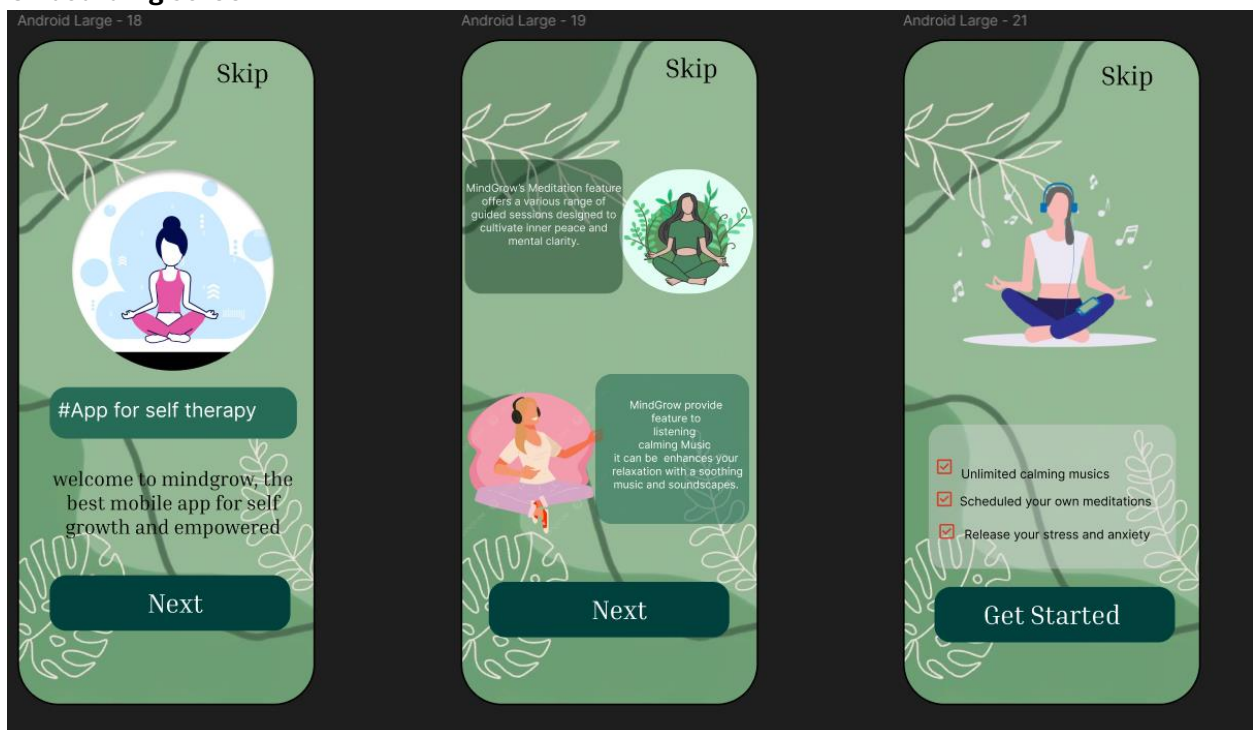
Features:

- **Personalized Playlists**: Enjoy handpicked calming tracks that adapt to your mood and preferences.

- **Guided Meditations**: Explore a variety of meditation sessions, from beginner to advanced, tailored to your specific needs like stress reduction, sleep enhancement, and mindfulness.

- **Sleep Sounds**: Drift into a deep sleep with gentle sounds like rain, ocean waves, and white noise.

- **Mindful Minutes**: Quick sessions to help you center yourself anytime, anywhere.

- **Customizable Experience**: Create your own soundscapes by mixing and matching different ambient sounds and music.

- **Daily Reminders**: Set gentle reminders to practice mindfulness and take a break during your busy day.

Screenshots:

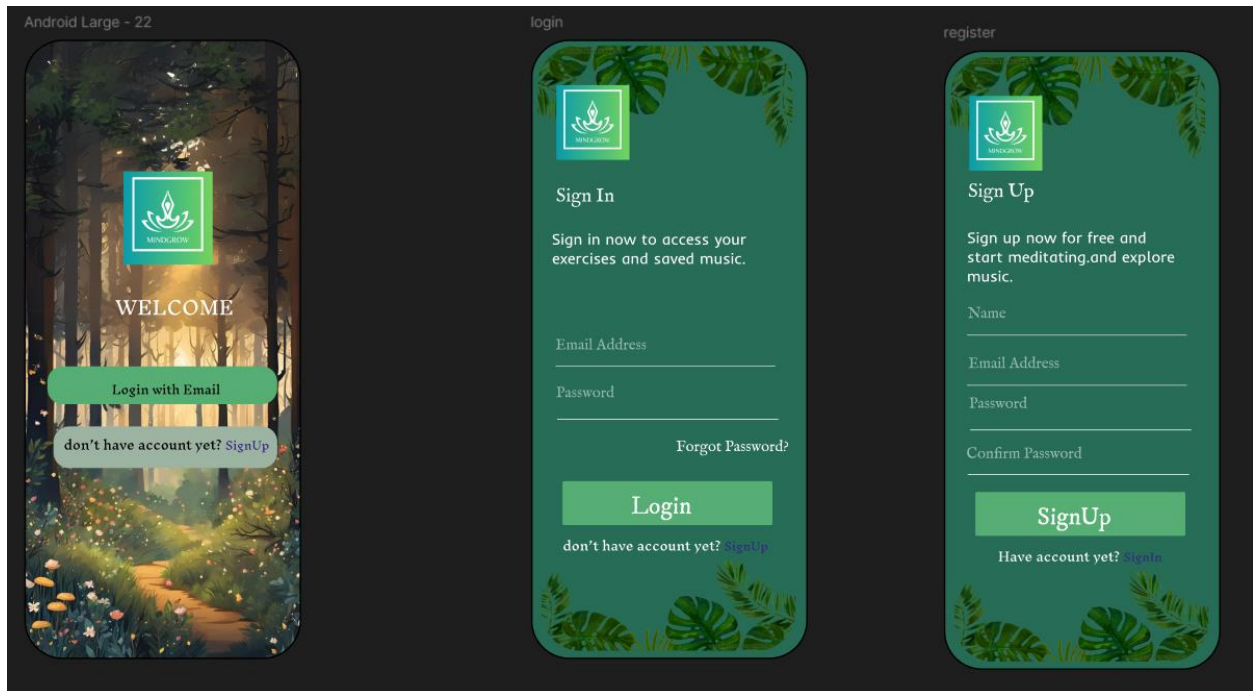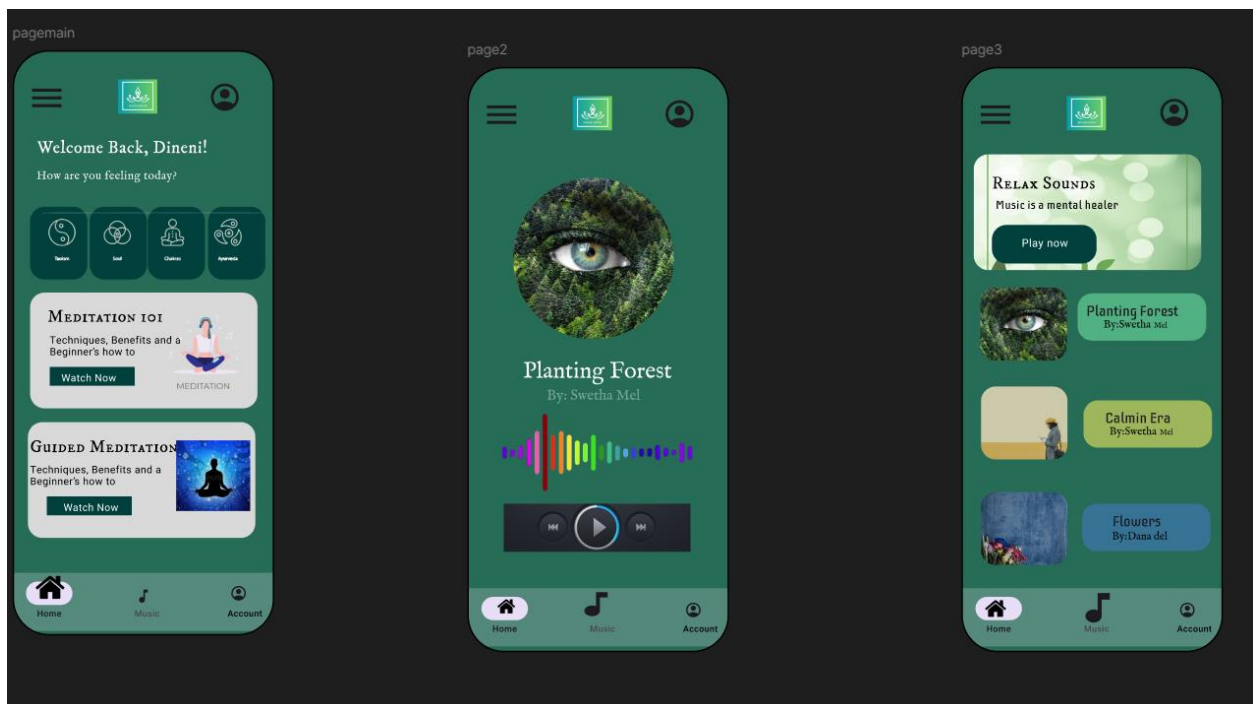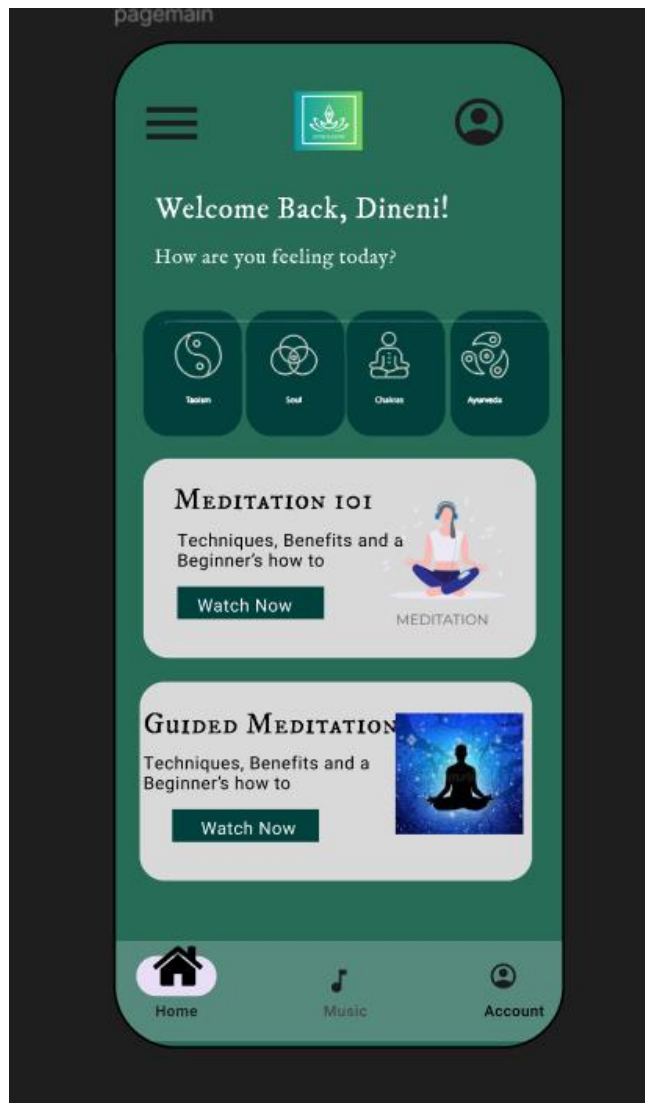**Launching screen with onboarding screens.**

Onboarding screen

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Sign in Sign up pages

MINDGROW

WELCOME

Login with Email

don't have account yet? SignUp

MINDGROW

Sign In

Sign in now to access your exercises and saved music.

Email Address

Password

Forgot Password?

Login

don't have account yet? SignUp

MINDGROW

Sign Up

Sign up now for free and start meditating.and explore music.

Name

Email Address

Password

Confirm Password

SignUp

Have account yet? SignIn

Home page and some of other pages

Welcome Back, Dineni!

How are you feeling today?

Taoism Soul Chakra Ayurveda

MEDITATION 101

Techniques, Benefits and a Beginner's how to

Watch Now

MEDITATION

GUIDED MEDITATION

Techniques, Benefits and a Beginner's how to

Watch Now

Home Music Account

Planting Forest

By: Swetha Mel

Home Music Account

RELAX SOUNDS

Music is a mental healer

Play now

Planting Forest
By:Swetha Mel

Calmin Era
By:Swetha Mel

Flowers
By:Dana del

Home Music Account

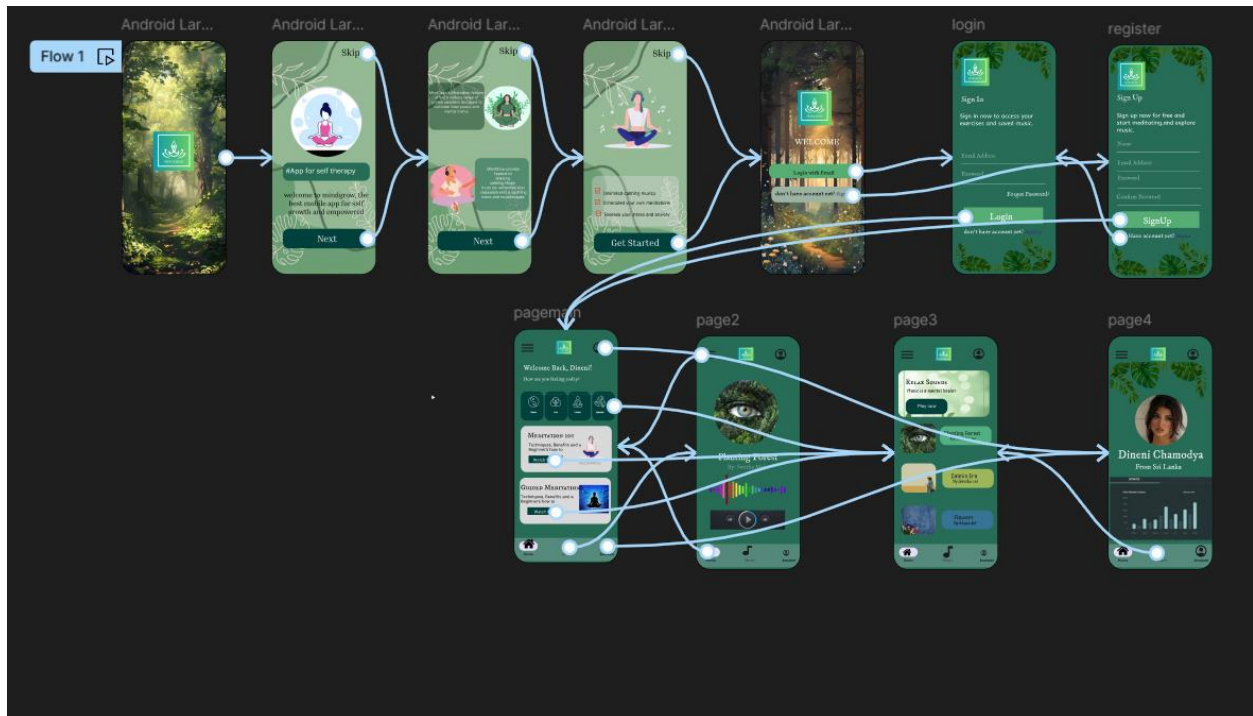Home page   profile page

This is the home page of the app, you can select music's, mediation methods and use it to your daily life .Profile section display personal information summary of their usage .

Page linking

Link of the figma prototype: