

First Terminal Examination-2081 (Health Class-4)													
unit	Chapter	Knowledge			Understanding			Use			Higher Ability		
		VSQ	SQ	LQ	VSQ	SQ	LQ	VSQ	SQ	LQ	VSQ	SQ	LQ
1	Personal Hygiene	4	1	-	2	1	1	-	1	1	-	1	1
2	Envioronmental Sanitation												
6	Drills and Physical exercise	2	-	-	-	1	1	-	1	-	-	1	-
10	Drawing and colour	2	-	-	-	1	-	-	1	1	-	1	-
	TOTAL	8	1	-	2	3	2	-	3	2	-	3	1
	Types of Question		Marks Weight		Total Marks								
	Very Short	10	1		10								
	Short	10	2		20								
	Long	5	4		20								

F.M- 50

P.M-20

Health

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Group A

very short questions 10*1-10

1. What is personal Hygiene ?
2. How many second should we wash our hands ?
3. When does menstruation start in Girls ?
4. Define Environmental sanitation.
5. Where does the defecation should be done ?
6. Which time is the best time for brushing the teeth ?
7. Write the name of primary colour ?
8. Write the name of any one substance having circular shape.
9. Which leg should we move while doing stand at ease ?
10. Which side should we face while doing right turn ?

Group -B

Short Questions 10*2-20

11. How do you take care of your body ?
12. When do you wash your hands ?
13. Write any two importance of personal Hygiene ?
14. What are the commands of Drill ? Mention any two .
15. What is Drill ?
16. Which aspects of our body are developed by practicing drill ?

17. What should we do in attention position ?
18. Why should we clean our surrounding ?
19. What is portrait ?
20. What is Drawing ?

Group C

Long Questions 5*4=20

21. Mention the things for be considered during menstruation ?
22. Write any two importance of environmental sanitation ?
23. Write the advantage of physical exercise ?
24. Draw any four geometric shape.

THE END