50 Ways to Start a Conversation With Anyone



- 1. Be the first to say hello.
- 2. Introduce yourself to others.
- 3. Take risks and anticipate success.
- 4. Remember your sense of humor.
- 5. Practice different ways of starting a conversation.

- 6. Make an extra effort to remember people's names.
- 7. Ask a person's name if you've forgotten it.
 - 8. Show curiosity and sincere interest in finding out about others.
- 9. Tell others about the important events in your life. Don't wait for them to draw it out.
- 10. Demonstrate that you are listening by restating their comments in another way.

- 11. Communicate enthusiasm and excitement about your subjects and life in general.
 - 12. Go out of your way to try to meet new people wherever you are.
 - 13. Accept a person's right to be an individual with different ideas and beliefs.
- 14. Let the natural person in you come out when talking with others.
- 15. Be able to succinctly tell others-in a few short sentences-what you do.

- 16. Reintroduce yourself to someone who is likely to have forgotten your name.
- 17. Be ready to tell others something interesting or challenging about what you do.
 - 18. Be aware of open and closed body language.
- 19. Smile, make eye contact, offer a handshake, and go find the approachable person.
- 20. Greet people that you see regularly.

- 21. Seek common interests, goals, and experiences with the people you meet.
- 22. Make an effort to help people if you can.
- 23. Let others play the expert.
- 24. Be open to answering common ritualistic questions.
- 25. Be enthusiastic about other people's interests.

- 26. See that the time is balanced between giving and receiving information.
- 27. Be able to speak about a variety of topics and subjects.
- 28. Keep up to date on current events and issues that affect our lives.
 - 29. Be willing to express your feelings, opinions, and emotions to others.
 - 30. Use "I" when you speak about your own feelings and personal things, rather than "you.".

- 31. Visually show others that you are enjoying your conversation with them.
- 32. Be ready to issue invitations to others to join you for other events/activities to further the relationship.
- 33. Find ways to keep in touch with friends and acquaintances you meet.
- 34. Seek out others' opinions.
- 35. Look for the positive in those you meet.

- 36. Start and end your conversations with the person's name and a handshake or warm greeting.
- 37. Take the time to be friendly with your neighbors and coworkers.
- 38. Let others know that you would like to get to know them better.
- 39. Ask others about things that they have told you in previous conversations.
- 40. Listen carefully for free information.

- 41. Be ready to ask open-ended questions to learn more.
- 42. Change the topic of conversation when it has run its course.
- 43. Always search for the things that really get another excited.
 - 44. Compliment others about what they are wearing, doing, or saying.
 - 45. Encourage others to talk to you by sending out positive signals.

- 46. Make an effort to see and talk to people you enjoy.
- 47. When you tell a story, present the main point first and then add the supporting details.
- 48. Include everyone in the group in conversation whenever possible.
- 49. Look for signs of boredom or lack of interest from your listener.
- 50. Prepare ahead of time for each social or business function.



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