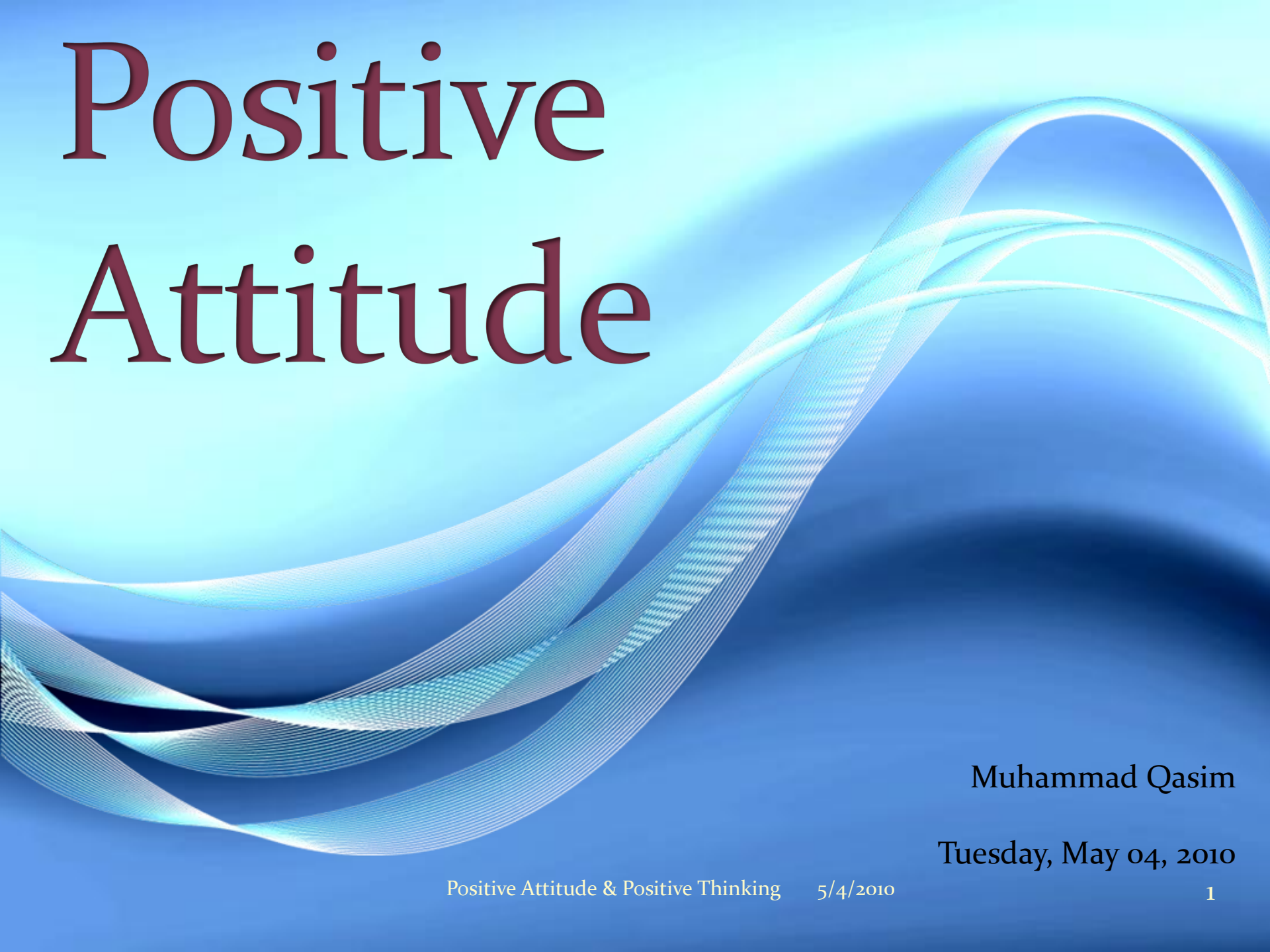


Positive Attitude



Muhammad Qasim

Tuesday, May 04, 2010

Attitude

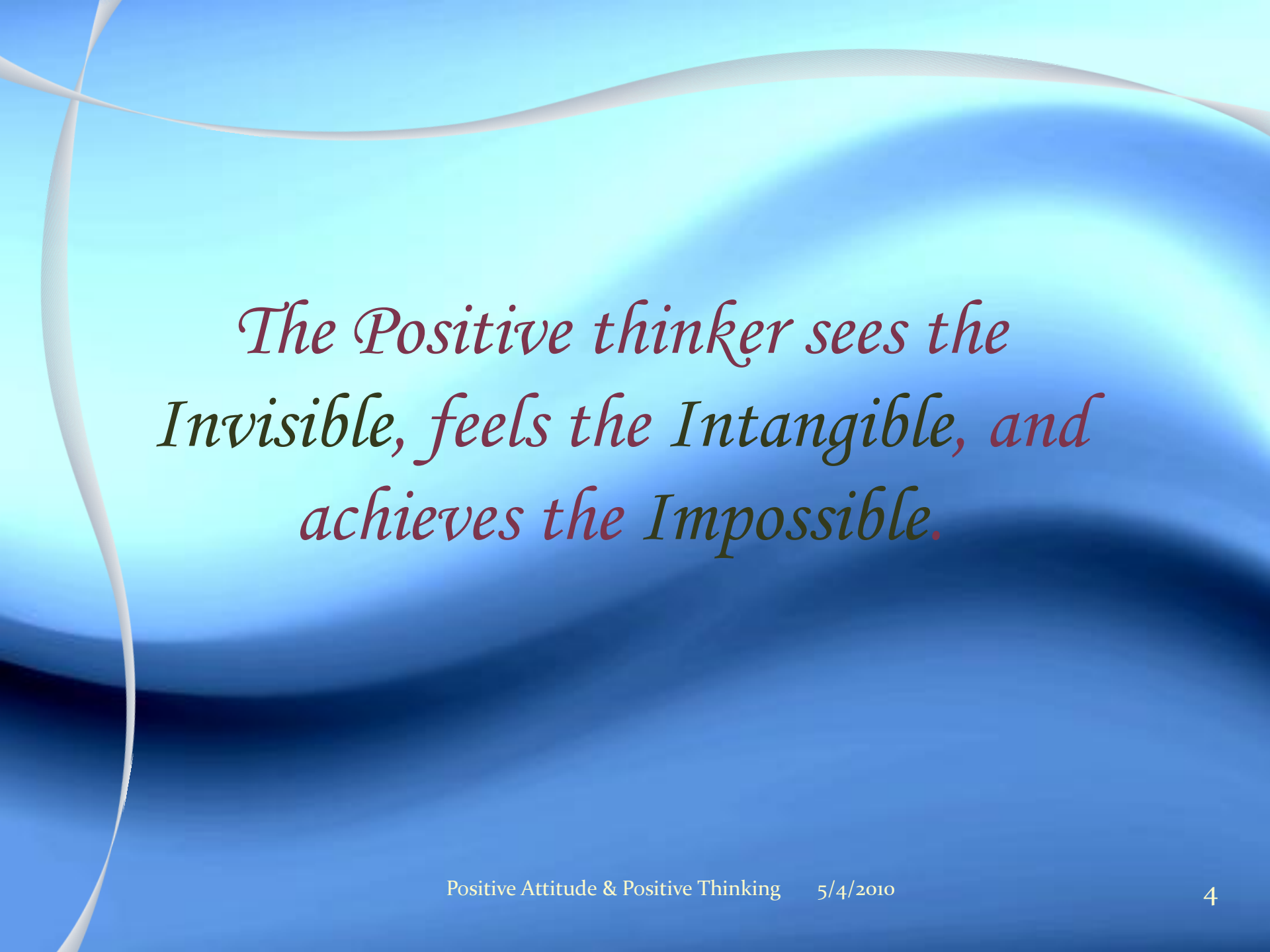
Attitude is a mental position relative to a way of thinking or being.



If you think **you can**,
you're right.

If you think **you can't**,
you're right again.

Yes,
It is all a matter of a t t i t u d e.



*The Positive thinker sees the
Invisible, feels the Intangible, and
achieves the Impossible.*

Choose your Attitude

Your choice of attitude can decide the outcome of your life.

Negative thoughts have no power unless you empower them.

Positive Attitude & Positive Thinking

Positive attitude helps to cope more easily with the daily affairs of life. It brings optimism into your life, and makes it easier to avoid worry and negative thinking.

It is a mental attitude that expects positive results.

Why Positive Attitude & Thinking

If you are mainly positive, you will be focused on good things, happy thoughts, and successful outcomes.

Otherwise –

if you are mainly negative, you will be focusing on bad things, sad thoughts, unsuccessful outcomes and act and behave negatively too.

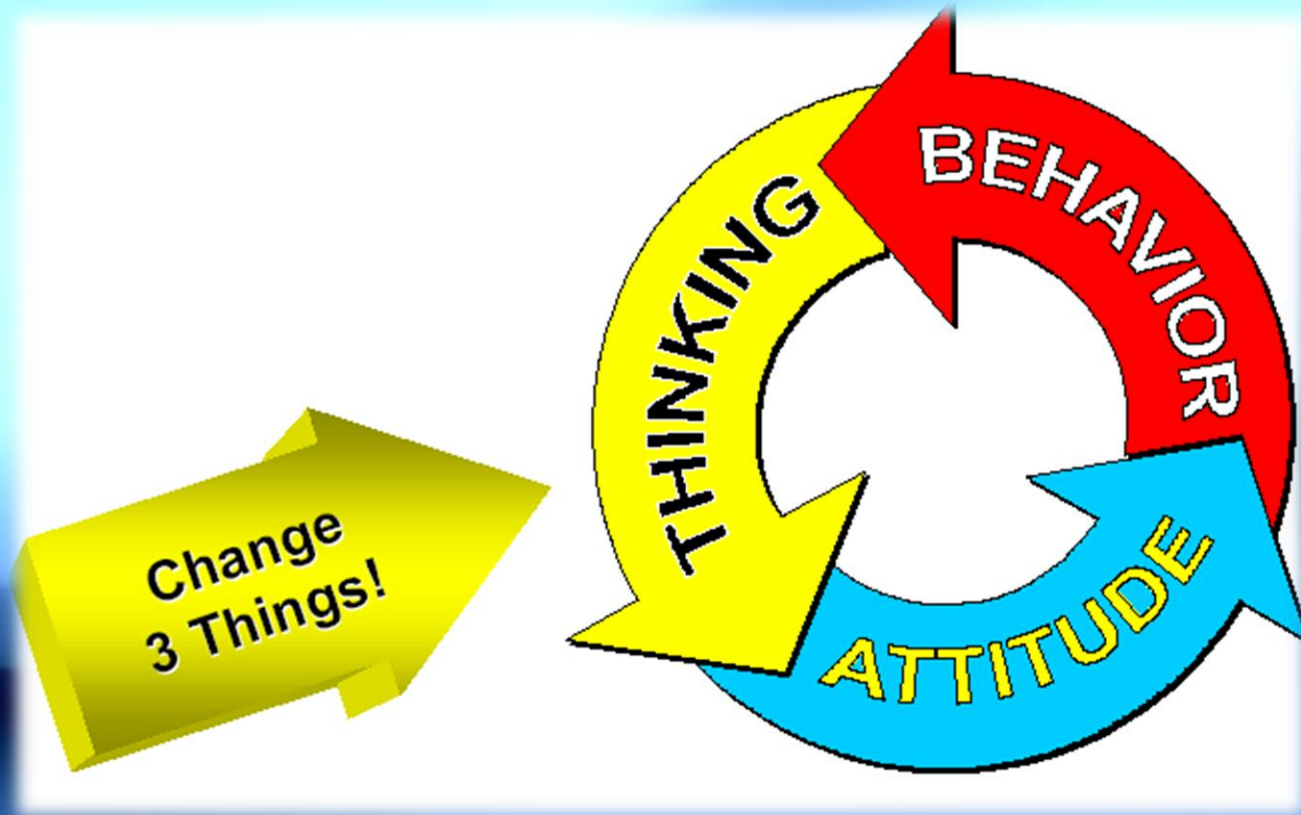
THAT IS THE WAY TO DEVELOP POSITIVE ATTITUDE

START	THE DAY WITH	LOVE
SPEND	THE DAY WITH	LOVE
FILL	THE DAY WITH	LOVE
END	THE DAY WITH	LOVE

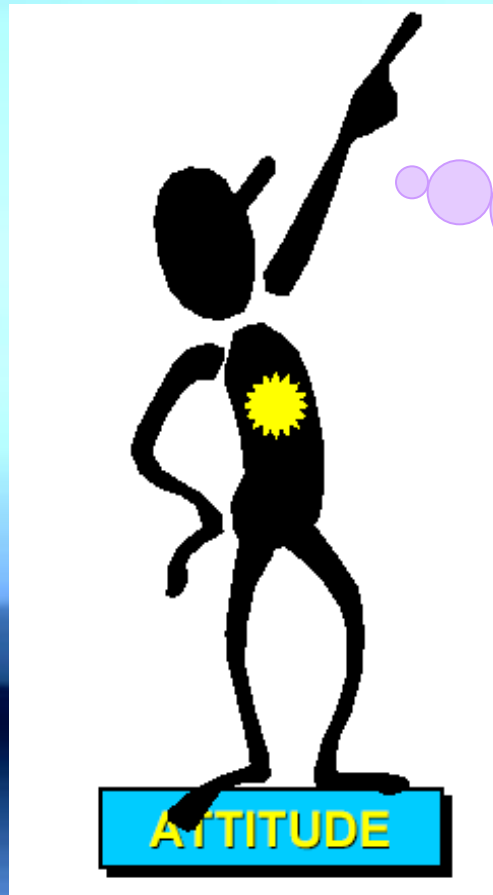
The Benefits of a Positive Attitude:

- *Helps achieving goals and attaining success.*
- *Success achieved faster and more easily.*
- *More happiness.*
- *More energy.*
- *Greater inner power and strength.*
- *The ability to inspire and motivate yourself and others.*
- *Fewer difficulties encountered along the way.*
- *The ability to surmount any difficulty.*
- *Life smiles at you.*
- *People respect you.*

SELF CHANGE



How To Change Your Attitude



ATTITUDE

Changes happen
personally from
the *inside out*!

So..... Accept Responsibility



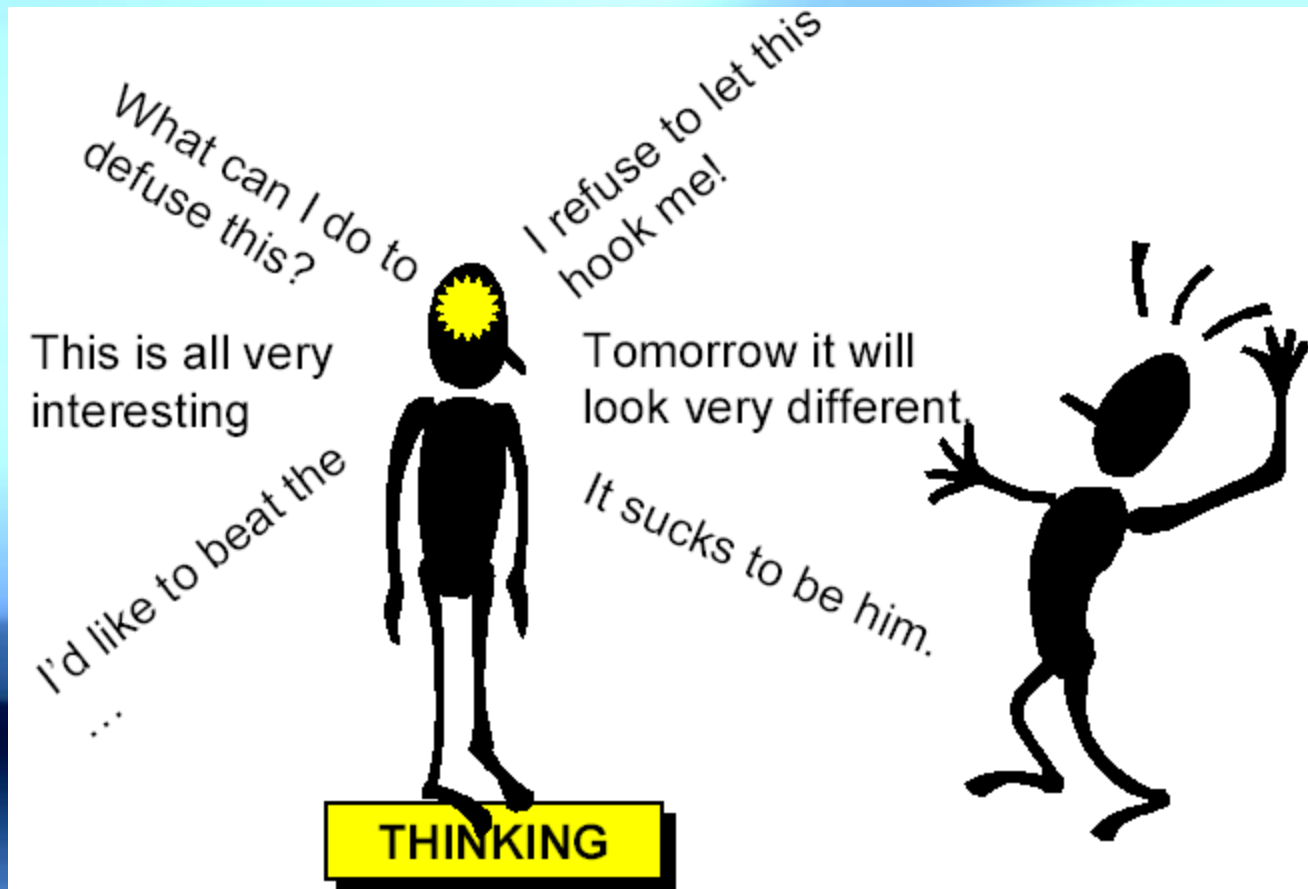
How To Change Your Thinking



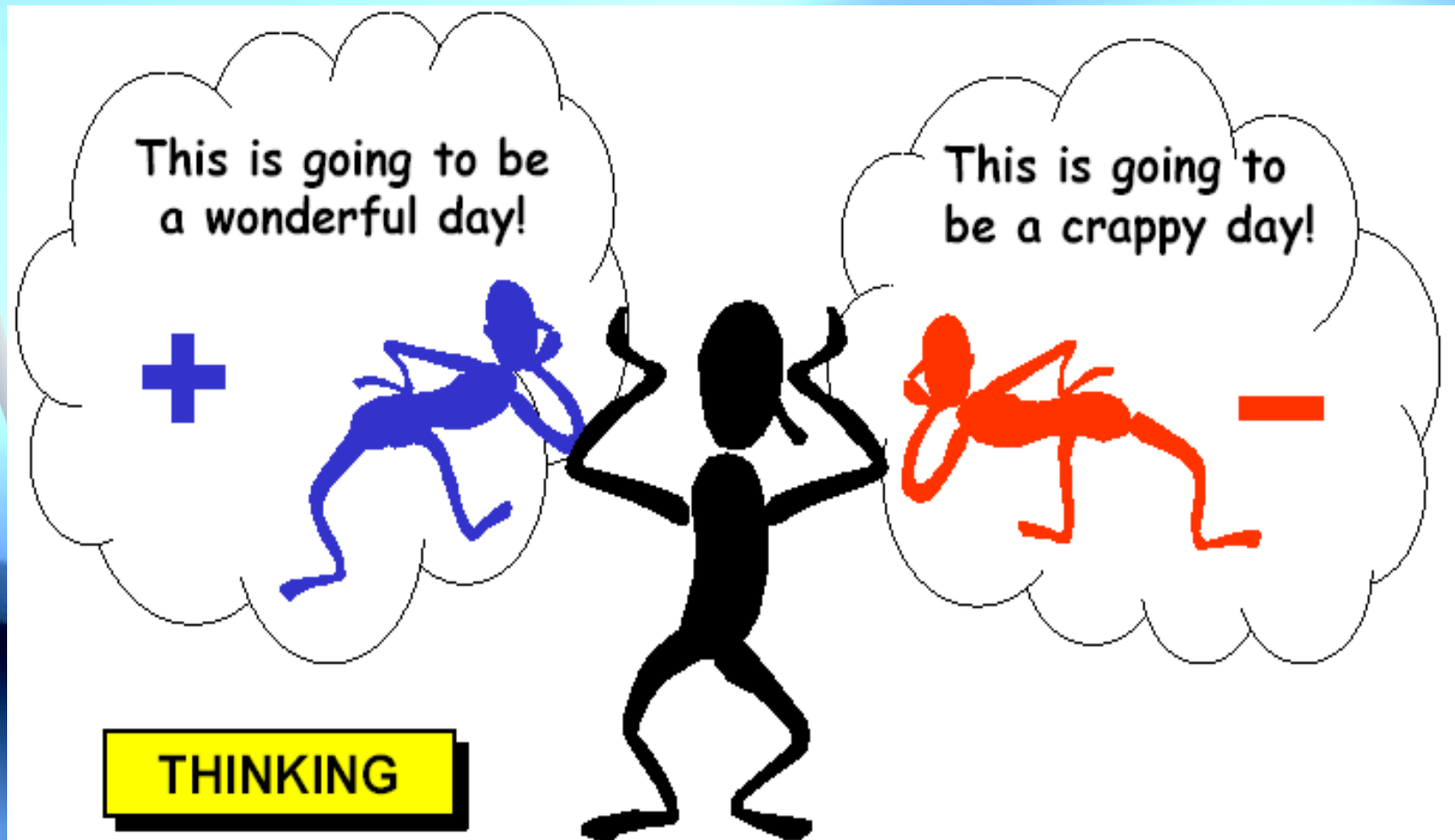
Thinking

Changes come
from thinking
logically in every
situation!

Observe Your Thinking



Manage Your Talk



How To Change Your Behavior



BEHAVIOR

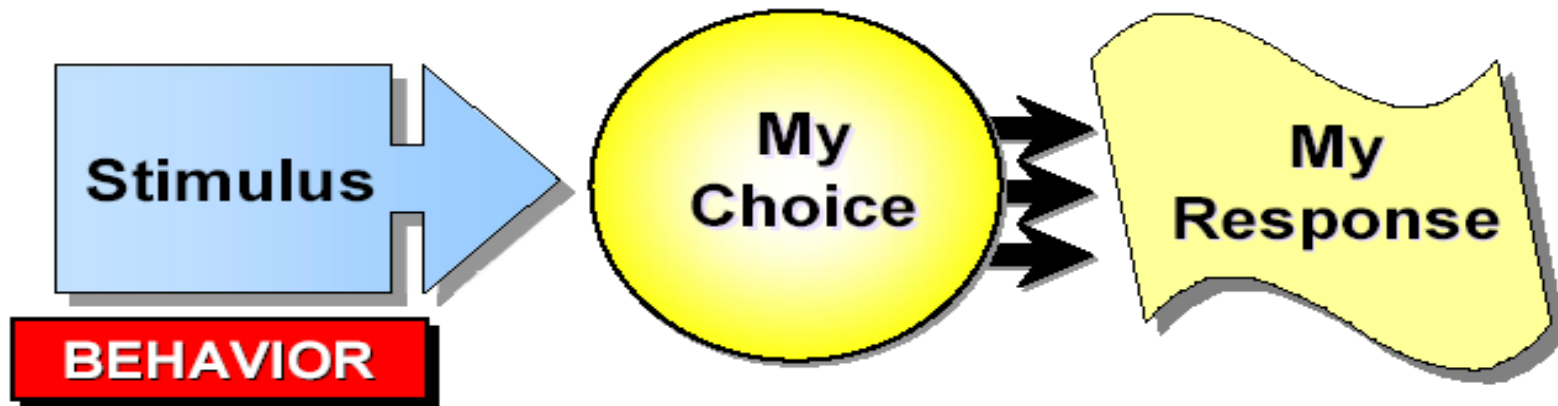
Changes take true
assessment,
determination and
discipline

Choose Your Behavior

REACTIVE



RESPONSIBLE



INFLUENCE YOUR ENVIRONMENT

ADD POSITIVE BEHAVIOR

- Spread a smile around
- Sprinkle some positive on the negatives
- Focus on the good of each day
- Say please and Thank you
- Practice empathy
- Evaluate your behavior
- Never miss an opportunity to complement
- See criticism as opportunity to improve
- Keep promises
- Cultivate your sense of humor
- Keep open mind to changes
- Have a forgiving view of people

THE CHOICE IS YOURS..

*With a **Bad Attitude** you can never have a
Positive Day*

*With a **Positive Attitude** you can never had
Bad Day.*

*A positive attitude is like a magnet for
positive results*

Choose POSITIVE Living



Positive Attitude Tips Inspirational Success





THANKS