# **Nutrition Assistant Application**

#### **Feels**

- Feel like how important the nutrition for our body health
- Makes you feel better with physic after using it
- Feels so joyful over whole day

### Thinks

- Is there any alert message would you provide?
- Is that given details of nutrition about the food is true?
- In cause of we shouldn't maintain the diet plan what will happen?

# Pain

- Poor at physic look or looking tired
- being victimized by friends and family bullying
- More health issues

#### Does

- In spite of using this app it improves your knowledge about nutrition
- With the help of the app it makes you healthy one among the obesity people
- To do taken the exact nutrition value food to avoid obesity

# Says

- It should be an user friendly app
- It should receive alert message or notification on time
- It should has a graph or image or pie chart to display the detail about the nutrition

# Gain

- Being more active
- life free from illness
  - being more powerful