

Group members E/19/057 - C.O. Colombage

E/19/409 - D.P. Udugamasooriya

E/19/455 - W.V. Yashan

Group number: 9



They gym will provide service to trainers and trainees

WORKOUT SESSION

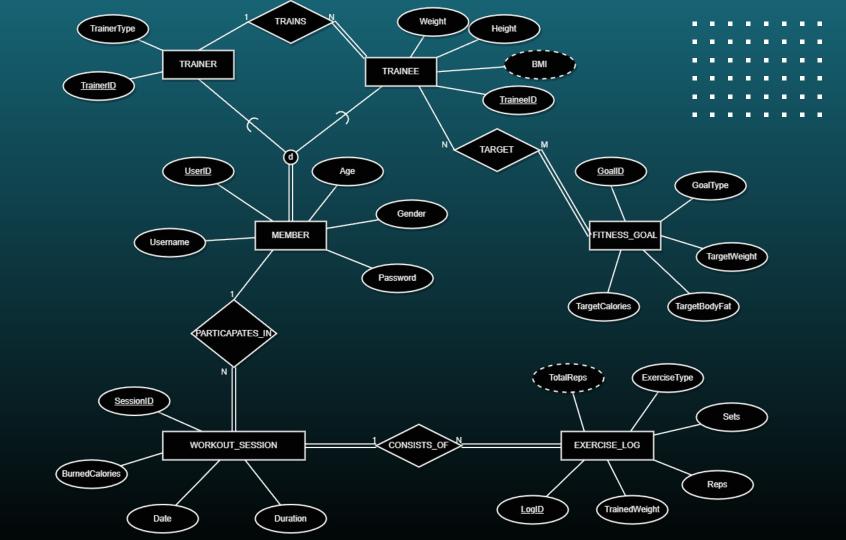
The gym members can carry out workout sessions

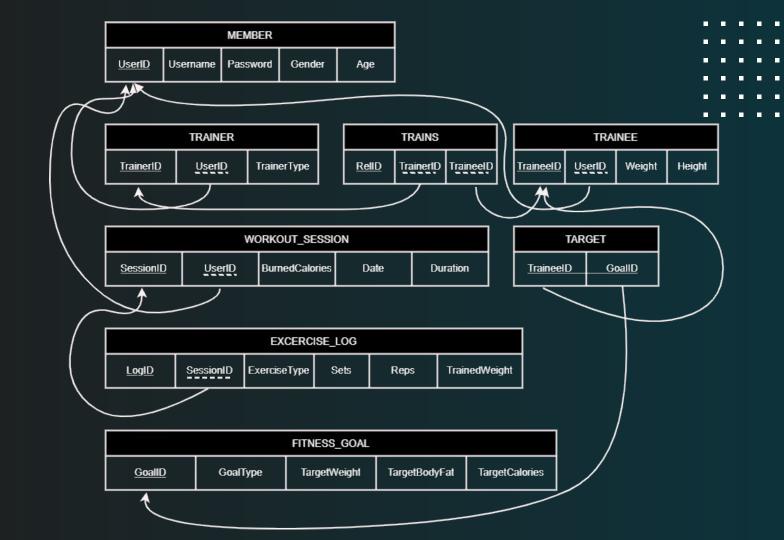
FITNESS GOAL

A trainee can work towards a specific fitness goal to suit his/her needs

EXERCISE LOG

A workout session will keep track of the specific exercise the member carries out





THANK YOU