

# School Social Networks and Wellbeing Survey

## Your details

### 1. What language(s) do you speak at home?\*

- ☐ English only
- ☐ Some English and another language
- ☐ Only a language other than English

## About the school

Please answer the following questions with regard to The School using the scale provided below:

- 1. Strongly disagree
- 2. Disagree
- 3. Slightly disagree
- 4. Neither agree nor disagree
- 5. Slightly agree
- 6. Agree
- 7. Strongly agree

### 2. I feel comfortable at The School.\*

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**3. At school, I feel isolated because of my opinions.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**4. When someone criticises The School, it feels like a personal insult.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**5. At school, my opinion doesn't count for much.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**6. At this school, bullying is not tolerated at all.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**7. I believe that what I learn at school will help me in my future.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**8. How happy are you with your life as a whole?\***

- ☐ Very Sad 0
- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7
- ☐ 8
- ☐ 9
- ☐ 10 Very Happy

**9. During the past 30 days, about how often did you feel ...**

nervous?

- ☐ 1. None of the time
- ☐ 2. A little of the time
- ☐ 3. Some of the time
- ☐ 4. Most of the time
- ☐ 5. All of the time

hopeless?

- ☐ 1. None of the time
- ☐ 2. A little of the time
- ☐ 3. Some of the time
- ☐ 4. Most of the time
- ☐ 5. All of the time

restless or fidgety?

- ☐ 1. None of the time
- ☐ 2. A little of the time
- ☐ 3. Some of the time
- ☐ 4. Most of the time
- ☐ 5. All of the time

so depressed that nothing could cheer you up?

- ☐ 1. None of the time
- ☐ 2. A little of the time
- ☐ 3. Some of the time
- ☐ 4. Most of the time
- ☐ 5. All of the time

that everything was an effort?

- ☐ 1. None of the time
- ☐ 2. A little of the time
- ☐ 3. Some of the time
- ☐ 4. Most of the time
- ☐ 5. All of the time

worthless?

- ☐ 1. None of the time
- ☐ 2. A little of the time
- ☐ 3. Some of the time
- ☐ 4. Most of the time
- ☐

5. All of the time

**10. I have a certain amount of intelligence, and I can't really do much to change it.**

\*

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**11. I feel worried that COVID-19 has had a big impact on my education.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**12. I can learn new things, but I can't really change my basic intelligence.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

## What do you think?

### 13. In my opinion.....\*

A man shouldn't have to do household chores

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Slightly disagree
- ☐ Neither agree nor disagree
- ☐ Slightly agree
- ☐ Agree
- ☐ Strongly agree

Men should use violence to get respect if necessary

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Slightly disagree
- ☐ Neither agree nor disagree
- ☐ Slightly agree
- ☐ Agree
- ☐ Strongly agree

A real man should have as many sexual partners as he can

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Slightly disagree
- ☐ Neither agree nor disagree
- ☐ Slightly agree
- ☐ Agree
- ☐ Strongly agree

A man who talks a lot about his worries, fears, and problems shouldn't really get respect

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Slightly disagree
- ☐ Neither agree nor disagree
- ☐ Slightly agree
- ☐ Agree
- ☐ Strongly agree

A gay guy is not a "real man"

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Slightly disagree
- ☐ Neither agree nor disagree
- ☐ Slightly agree
- ☐ Agree
- ☐ Strongly agree

**14. Boys who don't play sport are 'soft'.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**15. Women and men are just naturally different in the way they think and behave.**

\*

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**16. Boys who get good marks at school are 'nerds'. \***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**17. Men are better than women at things like science, engineering, medicine and technology.\***

- ☐ Strongly disagree 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5
- ☐ 6
- ☐ 7 Strongly agree

**Your network:**

1. Who are your closest friends?
2. Which other students do you go to for advice about schoolwork?
3. Which students are disrespectful towards you?
4. Who are the most popular and influential students?
5. Who would you like to spend MORE time with?
6. Which students provide you with meaningful feedback about your learning?
7. What School activities are you a part of?



The survey aims to provide insights into students' well-being, perceptions of school, educational relevance, emotional experiences, and social dynamics. By analysing the data within these specific areas, the school can gain a better understanding of the students' needs, concerns, and the overall school climate. This can help inform interventions, policies, and initiatives that address specific challenges and create a more supportive and inclusive educational environment.

It aims to gather insights into the following possible areas:

1. School Environment and Comfort:

- Comfort level at the school
- Feelings of isolation due to opinions
- Perception of criticism as a personal insult
- Perception of the importance of one's opinion

2. Bullying and Tolerance:

- Perception of bullying tolerance at the school

3. Relevance of Education and Happiness:

- Belief in the relevance of school learning to the future
- Overall life happiness
- Frequency of experiencing negative emotions (nervousness, hopelessness, restlessness, depression, feeling of effort, worthlessness)

4. Social and Gender Perceptions:

- Opinions on traditional gender roles and stereotypes
- Perception of masculinity
- Perception of intelligence and its changeability

5. Social Networks and Relationships:

- Closest friends
- Sources of advice for schoolwork
- Perceived disrespectful peers
- Influential and popular students
- Desired companionship and feedback providers

Variable Name	Question Text
language	What language(s) do you speak at home?
About the School (ratings between Strongly disagree 1 and Strongly agree 7)	
comfortable	I feel comfortable at the school.
isolated	At school, I feel isolated because of my opinions.
criticises	When someone criticises the school, it feels like a personal insult.
opinion	At school, my opinion doesn't count for much.
bullying	At this school, bullying is not tolerated at all.
future	I believe that what I learn at school will help me in my future.
School Networks	
Friends	In Year 7, who are your closest friends?
Advice	In Year 7, which other students do you go to for <u>advice about schoolwork</u>?
Disrespect	In Year 7, which students are <u>disrespectful</u> towards you?
Influential	In Year 7, who are the most popular and influential students?
MoreTime	In Year 7, who would you like to spend MORE time with?
Feedback	Which students provide you with <u>meaningful feedback</u> about your learning?
SchoolActivityNet	What School activities are you a part of? (Select all that apply)
Personal Wellbeing Indices	
pwi_wellbeing	How happy are you with your life as a whole? (rating from Very Sad 0 to 10 Very Happy)
K6 measures (Mewton et al.(2016))	During the past 30 days, about how often did you feel ... (rating between None of the time 1 and All of the time 5)
nervous	
hopeless	
restless or fidgety	
so depressed that nothing could cheer you up	
that everything was an effort	
worthless	

Intelligence1	I have a certain amount of intelligence, and I can't really do much to change it. (rating bewteen 1 Strongly disagree and 7 Strongly agree)
Intelligence2	I can learn new things, but I can't really change my basic intelligence. (rating bewteen 1 Strongly disagree and 7 Strongly agree)
COVID	I feel worried that COVID-19 has had a big impact on my education. (rating bewteen 1 Strongly disagree and 7 Strongly agree)
Manbox5 (Irvine & Flood (2018).)	In my opinion.....(rating bewteen 1 Strongly disagree and 7 Strongly agree)
Manbox5_1	A man shouldn't have to do household chores
Manbox5_2	Men should use violence to get respect if necessary
Manbox5_3	A real man should have as many sexual partners as he can
Manbox5_4	A man who talks a lot about his worries, fears, and problems shouldn't really get respect
Manbox5_5	A gay guy is not a "real man"
Opinions (Bowley, B. (2013))	(rating bewteen 1 Strongly disagree and 7 Strongly agree)
Soft	Boys who don't play sport are 'soft'.
WomenDifferent	Women and men are just naturally different in the way they think and behave.
Nerds	Boys who get good marks at school are 'nerds'.
MenBetterSTEM	Men are better than women at things like science, engineering, medicine and technology.
Your comments	Please feel free to make any comments about this questionnaire or share your thoughts on issues raised.

## References

- Mewton, L., Kessler, R. C., Slade, T., Hobbs, M. J., Brownhill, L., Birrell, L., ... & Andrews, G. (2016). The psychometric properties of the Kessler Psychological Distress Scale (K6) in a general population sample of adolescents. *Psychological assessment*, 28(10), 1232.
- Bowley, B. (2013). Soft boys, tough boys and the making of young sporty masculinities at a private boys' school. *Agenda*, 27(3), 87-93.
- Irvine, H., & Flood, M. (2018). The man box: A study on being a young man in Australia.