5th & 6th Grade Accessing Info Lesson Sequence

WEEK of:	LESSONS
9/11	ACCESSING INFO INTRO Formative Assessment: how do we know health information is true? Where do you get your health information? Do you need pickle juice and chocolate milk after soccer practice?Read 2 articles about each topic and discuss
9/18	VKAT Lesson (not in unit sequencethis lesson is to invite students to VKAT and introduce the club) • Powerpoint • Game?
9/25	SKILL CUES
10/2	 INTERNET RESEARCH Using R.A.C.E., find 1 valid health claim and 1 sketchy claim (about solving a physical health problem) Share and try to guess truth from fiction
10/9	 TARGETED INTERNET RESEARCH This will be assessment project What are the benefits of eating breakfast? Why should you eat it every day? (must complete RACE sheet and reflection) Create poster on construction paper to support view, try to get people to eat bkfst
10/16	CATCH UP CLASS • Complete anything if we've fallen behind
10/23	FOOD MARKETING • Distribute foods and analyze marketing strategies
10/30	LABEL READING, 1 Formative assessment Intro label elements (powerpoint?) Marketing tricks
11/6	LABEL READING, 2 • Reading and analyzing label of own assigned food

11/13	 BAR WARS Assign granola bars to groups and have each complete questions. Class debates which bar is healthiest
11/20	ASSESSMENT • Label reading quiz • Reflection on when/how students will use these skills