

Grade: 5/6	Lesson: Intro to Accessing Valid Information	Sept 18, 2017
Standards		
1	Students will comprehend concepts related to health promotion and disease prevention to enhance health.	
3	Students will demonstrate the ability to access valid information, products, and services to enhance health.	
Performance Indicators		
1.5.1	Describe the relationship between healthy behaviors and personal health.	
3.5.1	Identify characteristics of valid health information, products, and services.	
3.5.2	Locate resources from home, school, and community that provide valid health information.	
Objectives: At the end of this lesson students will be able to . . .		
<ul style="list-style-type: none">● Explain what is meant by “Accessing Valid Information”● Explain why it is important to seek the best source of information whenever possible● Describe what each letter of the R.A.C.E. skill steps stands for● Work as a group to use the R.A.C.E. steps in online research● Name at least two characteristics of valid health information		
Activity: Intro & Warm Up		
Intro terms	Begin with “Accessing Valid Health Information” written on board. Have class define each term. Clarify misconceptions.	
Expertise Activity	Half of the students get a name tag with the name of an adult in the school and half of the students get a paper with a problem written on it. They must move around and find the “expert” who can best help them solve their problem. Share as a group when done	
Activity: Skill Cues		
Intro RACE	Distribute skill cue sheets and have students read. Go through watch one and answer questions.	
Modeling	On smartboard, pull up kids health website and look at info about poison ivy. As a class, go through RACE cues. Time permitting, look up sites that may be more questionable (like, https://www.medicalnewstoday.com/articles/318059.php). Can try other searches if time allows.	

Materials:

- 10 Name tags with names of school adults
- 10 issues cut individually
- RACE skill cue sheets
- Laptop linked to smartboard