It's tick season. Here's what you need to know to keep your family safe!

## **TICK TIPS**



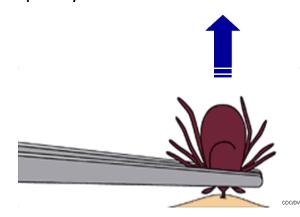
Ticks are small, eight-legged bugs that can carry Lyme disease.

We may not feel ticks biting but they can stay attached to humans for days.

Lyme disease can make kids, adults, and even pets very sick, so it is important to remove ticks quickly.

Adults should remove ticks from children by using tweezers and firmly pulling upward from the tick's head.

Never squeeze a tick or use matches or vaseline to remove it. If you cannot get a tick off your child, see a doctor.





Ticks live in woods, tall grasses, and even in piles of leaves.

You can make your yard tick-safe by keeping grass short and removing leaves.

To prevent Lyme disease in your family
WEAR BUG SPRAY AND
CHECK CHILDREN FOR TICKS EVERY DAY!