

Bethel Health Education Survey

Over the summer, Melissa and Laurie will be developing a school-wide health curriculum. We would appreciate your input to make sure we are addressing the health needs of all our students from preschool through high school. This will be short--we promise. Thanks for your help!

1. What age and content area do you teach?

2. Check all areas where you have concerns about Bethel students' health.

Check all that apply.

- ☐ Alcohol use
- ☐ Marijuana use
- ☐ Tobacco use
- ☐ Use of other drugs
- ☐ Hygiene
- ☐ Mental and emotional health
- ☐ Physical activity
- ☐ Protective factors
- ☐ Sexual behaviors
- ☐ Violence and unintentional injury
- ☐ Nutrition knowledge
- ☐ Dietary behaviors (such as eating disorders)
- ☐ Limited access to health resources
- ☐ Lack of parental health knowledge
- ☐ Other:

3. Please list your top 2-3 concerns about your students' health (no names, please).

4. Below is a list of skills required in the National Health Education Standards. Please check the top 2-3 skills you believe our students need to improve upon.

Check all that apply.

- ☐ Accessing valid information
- ☐ Analyzing influences
- ☐ Interpersonal communication
- ☐ Advocacy for self and others
- ☐ Decision making
- ☐ Goal setting
- ☐ Self-management (i.e, practicing healthy behaviors)

5. Feel free to share any extra comments or concerns. Thanks!

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