

P.E./Guidance/Health Teacher Meeting 9/7/2017

Update on our Current Work

Guidance -- monthly lessons on character trait, probably won't get to 2nd Step until later in the year (5/6-leadership, younger kids-friendship)

Health -- planning for 6 skill units this year but may not get to all of them

Laurie will be starting VKAT group for 5th and 6th graders as part of tobacco grant

Laurie will share all curricular charts (there are lots) as a template/to help everyone

Understand what's happening in health classes

P.E. -- challenge to fit in aerobic piece--feels she needs to let go of that to work on other things, Is going to focus on balance and strength activities.

Collaboration and Ideas

Do a Student of the Month for combo of guidance/p.e./health (maybe 2 per teacher)

- Wellness Warriors (award for total of 6 students and 1 class)
- Class of the Month
- We can provide a special prize for class recess time (like hula hoops)--Felicia to coordinate

Corrine and Laurie starting every class with movement for younger students.

- Felicia encouraged us to have students to cross midline. Will get us brain gym info so that movement breaks help further p.e. goals and standards.

Future Work:

Monthly check in for Wellness Warriors

Corinne and Laurie to review each other's curricula--look for areas to collaborate and take out unnecessary redundancies

Felicia and Laurie to collaborate on goal setting unit (probably not until the New Year) for 3-6th graders to set goals specific to physical activity