

Curriculum Development Notes

1. Knowing our students

Teacher Survey Responses

Topics of concern for teachers:

- Mental and Emotional Health
- Hygiene
- Physical Activity
- Nutrition Knowledge
- Alcohol, marijuana, and other drugs
- Over-use of cell phones
- Lack of parental health knowledge

Skill areas of concern:

- Self-management
- Communication

DAP areas of concern

- Use of time
- Personal identity/self-esteem
- Service, community, connection

2. Goals

- Students will develop a strong foundation of functional health information.
- Student will value their personal health and health as a discipline.
- Students will develop authentic skills such as communication, decision making, and goal setting that they can use to enhance their personal health.

Elementary Content Focus:

- Nutrition
- Personal Health (hygiene, dental health, stress management, time management)
- Safety & Injury Prevention
- Illness & Disease Prevention

MS & HS Content Focus:

- ATOD
- Nutrition & physical Activity
- Injury & violence Prevention
- Personal Health-hygiene, time management, Technology management
- Mental & Emotional Health--stress management

- Social Health
- Sexual Health
- Consumer/Envir. Hlth

Our Questions:

- How do we connect this with p.e.?
- Could we do DAP with older grades?
- How can we Build a Personal Health Portfolio (summer 2018)?