1. Integer Programming:

Method 1:

min
$$\sum_{i,j} D_{ij} x_{ij} + \sum_{j,k} C_{jk} y_{jk}$$
s.t.
$$\sum_{i=1}^{n} \sum_{j=1}^{n} x_{ij} \le m$$
(1)

$$\sum_{i=1}^{j} x_{ij} = \sum_{k=1, k \neq j}^{n} y_{jk}, \quad \forall j,$$

$$(2)$$

$$\sum_{j=i}^{n} x_{ij} = \sum_{k=1, k \neq i}^{n} y_{ki}, \quad \forall i,$$
(3)

$$u_i + y_{ik} \le u_k + (1 - y_{ik})M, 2 \le k \ne j \le n$$
 (4)

$$u_i \le u_j + (1 - x_{ij})M, 1 \le i \le j \le n$$
 (5)

$$\sum_{i=1}^{j} x_{ij} = \sum_{k=j+1}^{n} x_{j+1,k}, j = 1, \dots, n-1$$
 (6)

$$\sum_{j=1}^{n} x_{1j} = 1,\tag{7}$$

$$\sum_{j=2}^{n} y_{j1} = 1, \tag{8}$$

$$x_{ij} = \{0, 1\}, \quad 1 \le i \le j \le n,$$
 (9)

$$y_{jk} = \{0, 1\}, \quad 1 \le j \ne k \le n.$$
 (10)

 u_i indicates the order of node i. $D_{ij} = C_{i,i+1} + \dots, C_{j-1,j}$. $x_{ij} = 1$ indicates one segment starts from node i, ends at node j. $y_{jk} = 1$ indicates ending node j of one segment connects starting node k of another segment.

Constraint 1 represents the number of segment should be no larger than m.

Constraint 2 represents the last node of each segment should connect other nodes.

Constraint 3 represents the first node of each segment should connect other nodes.

Constraints 4 and 5 are sub-tour elimination constraints.

Constraint 6 represents the last node of one segment should connect the first node of another segment.

Constraints 7 and 8 represent node 1 is the first node of some segment.

Method 2:

The classical TSP-MTZ formulation:

$$\min \sum_{i=1}^{n} \sum_{j\neq i,j=1}^{n} c_{ij} x_{ij}$$
s.t.
$$\sum_{i=1,i\neq j}^{n} x_{ij} = 1, j = 1, \dots, n;$$

$$\sum_{j=1,j\neq i}^{n} x_{ij} = 1, i = 1, \dots, n;$$

$$u_i - u_j + (n-1)x_{ij} \le n - 2, \quad 2 \le i \ne j \le n;$$

$$1 \le u_i \le n - 1, \quad 2 \le i \le n;$$

$$x_{ij} \in \{0,1\}, i, j = 1, \dots, n$$

 u_i indicates the order of node i. The meanings of all constraints are the same as those of TSP-MTZ formulation.

Notice that the nodes in each segment will be in order, i.e., $x_{i,i+1} = 1$, where node i and node i + 1 are in the same segment.

For the break points of different segments, we have $x_{i,i+1} = 0$, where node i and node i + 1 belong to two different segments.

Then we need to describe how to confine the number of segments.

Let $w_i = 1$ indicate node i is a break point(last node of one segment), $w_{20} = 1$.

Then we have $w_i \ge 1 - x_{i,i+1}$ and the number of segments constraint $\sum_i w_i \le m$.

The whole programming will be:

$$\min \sum_{i=1}^{n} \sum_{j\neq i,j=1}^{n} c_{ij} x_{ij}
\text{s.t.} \sum_{i=1,i\neq j}^{n} x_{ij} = 1, j = 1, \dots, n;
\sum_{j=1,j\neq i}^{n} x_{ij} = 1, i = 1, \dots, n;
u_i - u_j + (n-1)x_{ij} \le n-2, \quad 2 \le i \ne j \le n;
w_i \ge 1 - x_{i,i+1}; i = 1, \dots, n-1; w_n = 1;
\sum_{i=1}^{n} w_i \le m;
w_i \in \{0,1\}, i = 1, \dots, n
1 \le u_i \le n-1, \quad 2 \le i \le n;
x_{ij} \in \{0,1\}, i, j = 1, \dots, n$$

The solution is $[1, 2, 3, 4, \|7, 8, 9, \|19, 20, \|5, 6, \|14, 15, 16, 17, 18, \|10, 11, 12, 13]$. The corresponding cost is 155.

2. Dynamic Programming:

$$F(j) = \min_{t} (f(j,t) + F(t+1)), 0 \le t - j \le k - 1, t \le n.$$

F(j) is the minimal cost of the segment TSP with (n-j+1) nodes from node j to node n. Thus, the optimal value for this problem is F(1).

The boundary conditions are: $F(n) = C_{1,n}, F(n+1) = 0.$

f(j,t) represents the minimal cost from node j to node t+1.

Specifically, $f(j,t) = C_{j,t+1}$ when t = j, and $f(n,n) = C_{1,n}$.

Then suppose $t \geq j+1$, let $\pi(j,t)$ be a permutation from node j to node t with first node j and last node t. $\Pi(j,t)$ be the set of all possible permutations from node j to node t. Denote by $C_{\pi(j,t)}$ the total cost of all adjacent nodes in the permutation $\pi(j,t)$.

Thus, $f(j,t) = \min_{\pi(j,t+1) \in \Pi(j,t+1)} \{C_{\pi(j,t+1)}\}.$

Add one dummy node n+1 satisfying $C_{i,n+1}=C_{1,i}, i=2,\ldots,n$.

Best solution: (1|2|3|4, 7, 5, 6|8|9|10|11|12|13, 15, 14|16|17|18|19|20).

Optimal value: F(1) = 203. Original cost: $\sum_{i=1}^{n} C_{i,i+1} + C_{1,n} = 217$.