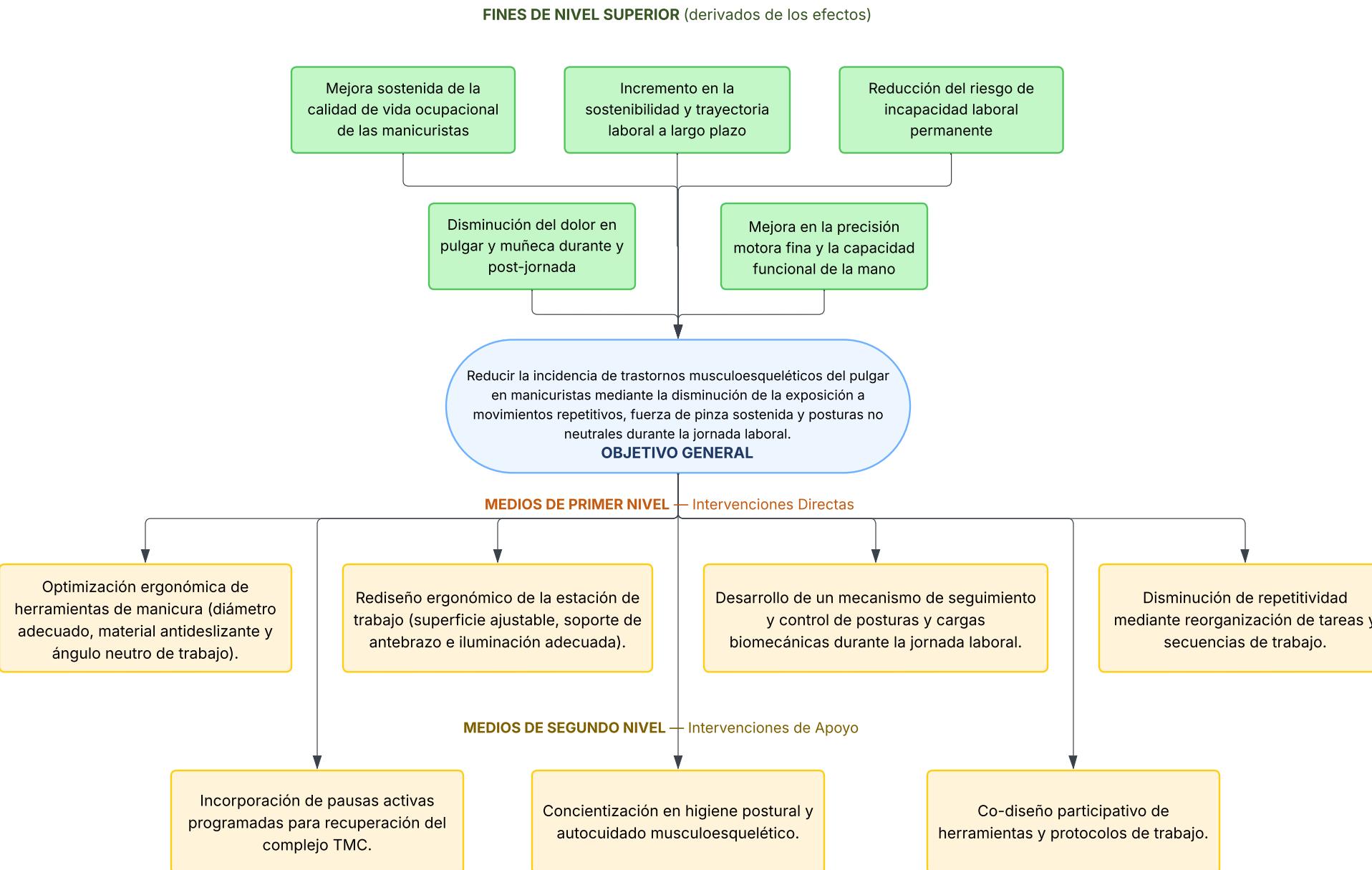


Enlace de referencia:
<https://www.ingenioempresa.com/arbol-de-objetivos/>



Acar, G. A., Karayannis, N. V., Landers, M. R., & Burant, C. J. (2023). Neck and upper extremity musculoskeletal problems in cosmetologists. *Work*, 74(2), 567–577. <https://journals.sagepub.com/doi/abs/10.3233/WOR-220056>

Greggi, C. (2024). Work-Related Musculoskeletal Disorders: A systematic review. *Journal of Clinical Medicine*, 13(13), 3964. <https://www.mdpi.com/2077-0383/13/13/3964>

Mahmood, W., Bashir, M. S., Ehsan, S., & Qureshi, M. A. (2021). Upper extremity musculoskeletal disorders and exposure to ergonomic risk factors among handicraft workers. *Pakistan Journal of Medical Sciences*, 37(1), 168–173. <https://www.ncbi.nlm.nih.gov/pmc/articles/3482029/>

Organización Mundial de la Salud (OMS) (2021). *Musculoskeletal conditions*. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/musculoskeletal-conditions>

Petersen, J. A. (2022). Repetitive and forceful movements as predictors of musculoskeletal disorders of the distal upper extremities. *Occupational and Environmental Medicine*, 79(1), 55–62. <https://oem.bmjjournals.org/content/79/1/55>