 sanity  
  
post.ts defines our Sanity schema:

 Defines the structure of our blog posts

 Includes fields like title, slug, excerpt, reading time, etc.

 Handles validation and field types

 Supports rich content with images and block content

 sanity.ts provides our data fetching functions:

 getLatestPosts(): Fetches recent blog posts

 getFeaturedPost(): Gets the currently featured post

 getPostsByCategory(): Filters posts by category

 getPost(): Gets a single post by its slug

 The insights pages use these functions:

 insights/page.tsx: Shows featured post and post grid

 insights/[slug]/page.tsx: Shows individual post content

 All data is typed with TypeScript interfaces

 Images and content are properly handledTo use this in production, you would need to:

 Set up a Sanity project and get your project ID

 Add your Sanity project ID to .env.local

 Use the Sanity Studio to create and manage your content

 Deploy your Next.js app with the environment variables set