



October Newsletter 2025

Pyramid Lodge #238

District Nineteen, Louisiana Jurisdiction

From the Worshipful Master's Corner

Brethren, in October we embraced the spirit of service through our continued commitment to uplifting our communities with purposeful action. We proudly recognized Breast Cancer Awareness Month, honoring those affected by cancer and supporting vital efforts in education, prevention, and research.

As we enter November, I encourage each of you to take a moment to thank our Veterans for their selfless service to our Nation. Their sacrifice reminds us of the freedoms we enjoy and the responsibility we share to serve others. In the spirit of gratitude, Pyramid Lodge will be donating funds this Thanksgiving to support local families in need — a reflection of our enduring dedication to community care.

In keeping with our focus on wellness, remember that regular physical activity, such as a brisk 30-minute walk each day, can significantly reduce the risk of chronic illness and enhance overall well-being. Let us continue to be beacons of hope, health, and compassion, living out the values of our Craft with purpose and unity.

Fraternally,

WM Eric Martin

From the Senior Warden's Corner

No report

From the Junior Warden's Corner

Greetings brothers,

I want to express my gratitude to the craft for an amazing 2025 thus far. We participated in community service efforts, successfully raised two new brothers to the 3rd degree, gave \$1,500 in scholarships, and bonded as brothers in relief and truth. Let's finish the year strong, I encourage all of us to consider the brothers and families that are going through financial difficulties and find ways to support one another to the length of our cable tow. The work of masonry is not in the rituals alone; it is also in the relationships we nurture while the craft is in refreshment. May our light continue to shine so that GAOTU may receive glory through our good works.

Fraternally,

JW Lawrence Souffrant
Pyramid Lodge #238



Welcome New Members!

N/A

Upcoming Events & Important Dates

Date	Event	Location / Time
November 10	Pyramid Lodge Business Meeting	Zoom
November 22	MWPHGL of Louisiana Monthly Training	Zoom
December 6	District Elections/St. John's Day	In-person/Zoom
December 8	Pyramid Lodge Business Meeting	Zoom

Member Spotlight:

Interview with PM Anthony M. Bryant:

1. What first drew you to Freemasonry, and how has your experience shaped your perspective on Brotherhood?

I was initially drawn to Freemasonry by its rich history, values of integrity, and the opportunity of personal growth through service. The symbolism and structure intrigued me, but it was the sense of purpose and community that truly captured my attention. Over time, I've come to see Brotherhood not just as camaraderie, but as a deep commitment to uplifting one another. It's shown me that true connection is built on trust, shared values, and consistent support.

2. Which aspect of Masonic teachings or rituals resonates most with you, and why?

Brotherly Love, a call to treat all people with respect, compassion, and tolerance. It's more than friendship — it's a commitment to uplift one another, to listen without judgment, and to build unity across differences.

Relief, the principle of charity and service, reminding us that our strength is measured not by what we possess, but by what we give. Whether through anonymous acts of kindness or organized efforts.

Truth is the foundation of our moral compass — a pursuit of honesty, integrity, and self-understanding in both public and private life. It challenges us to be authentic, to speak with clarity, and to live with honor.

The Cardinal Virtues — Temperance, Fortitude, Prudence, and Justice — guide our conduct. Together, they shape a life of balance and purpose.

Finally, our belief in a Supreme Being, the Great Architect of the Universe, unites us in spiritual humility.

In honoring these principles, we not only become better Masons — we become better men.

3. How do you stay engaged with the fraternity outside of lodge meetings?

I stay connected by participating in charitable initiatives and community outreach organized by the lodge. I also make time for informal gatherings and check-ins with Brothers, which strengthens our bonds beyond formal settings.

4. Can you share a memorable moment or lesson from your time in the Craft that had a lasting impact on you?

One moment that stands out was witnessing a Brother receive unexpected support during a personal crisis — the lodge rallied around him without hesitation. It reminded me that Freemasonry is about actions (deeds, not words); it's a living network of care and solidarity.

5. What advice or encouragement would you offer to a Brother looking to deepen his involvement in the fraternity?

Start by being present — attend meetings regularly and volunteer when opportunities arise. Ask questions, seek mentorship, and don't be afraid to explore the deeper meanings behind our teachings. The more you engage, the more the Craft reveals itself to you. Your journey will be as rich as the effort, time and heart you invest in it.

 **Education Corner / Feature Article:** In our last edition, you were asked to read the Book of Ruth. There were several lessons about character, loyalty, faith, obedience, kindness, integrity, and humility. This month let's focus on the working tools of an entered apprentice, the twenty-four-inch gauge and the common gavel.

The twenty-four-inch gauge is an instrument made use of by Operative Masons to measure and lay out their work; but we, as Free and Accepted Masons, are taught to use it for the more noble and glorious purpose of dividing our time. It being divided into twenty-four equal parts is emblematical of the twenty-four hours of the day which we are taught to divide into three equal

parts, whereby are found eight hours for the service of God and a distressed worthy brother, eight for our usual vocations, and eight for refreshment and sleep.

The common gavel is an instrument made use by Operative Mason to break off corners of rough stones the better to fit them for the builder's use; but we, as Free and Accepted Masons, are taught to make use of it for the more noble and glorious purpose of divesting our hearts and consciences of all the vices and superfluities of life, thereby fitting our minds as living stones, for that spiritual building, that house not made with hands, eternal in the heavens

 Work-life balance isn't a luxury — it's a necessity. In the rush to meet deadlines and chase goals, it's easy to forget that your body and mind are your most valuable assets. Prioritizing rest, movement, and mental clarity isn't selfish — it's strategic. When you care for yourself, you show up stronger, sharper, and more present in every part of life. Protect your peace, schedule your joy, and make space to recharge. You deserve it.

Sick and Distressed:

Heavenly Father, we lift all those affected by the government shutdown — our Brothers, their families, and every individual facing uncertainty and hardship. Grant them strength, peace, and provision during these challenging times. May we, as a community, remain united in compassion and ready to support one another in every way we can. Please don't hesitate to reach out if you need assistance — we're here for you.

Member Birthdays & Anniversaries

Name	Birthday	Anniversary
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N/A

Congratulations:

JW Souffrant performed duties as the master of ceremonies at the Mystrata event in Huntsville, AL—where intellect meets creativity under the theme of Afrofuturism—he delivered a presentation that bridged art, science, and philosophy. Combining spoken insight with live piano performance, he explored how our mindset shapes our experienced reality. By performing “Twinkle, Twinkle, Little Star” in multiple styles, he illustrated how introducing new ideas can transform something familiar into something entirely new—just as fresh perspectives reshape our lived experiences. This synthesis of reflection and artistic expression embodies the essence of the liberal arts and sciences: integrating music, logic, and rhetoric to imagine and construct new futures.

Community Service: Bro Davis supported the Annual Liz Hurley Breast Cancer Walk in Huntsville, Alabama.



October Awareness:

October 2025 is designated for several awareness observances, including Breast Cancer Awareness Month, Domestic Violence Awareness Month, National Disability Employment Awareness Month, and ADHD Awareness Month. It also includes specific health awareness days such as World Mental Health Day on October 10th.

November Awareness:

For planning purposes, November 2025 is National American Diabetes Month and COPD Awareness Month, with other major observances including World Vegan Day on November 1st, World Kindness Day on November 13th, World Diabetes Day on November 14th, and the Great American Smokeout on the third Thursday of the month

🗣 Quote of the Month:

"Autumn shows us how beautiful it is to let things go." — Unknown

💭 Closing Words: N/A

PM Anthony M. Bryant

Editor

💡 Stay Connected

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District Nineteen Website:

<https://district-19.github.io/Lodge-Website/>

Grand Lodge website:

<https://mwphglla.org/>