

Weekly menu 3– Bell Equipment Canteen

the
MAINdish

URBAN
Flavour

Vegi-
CURIOUS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
R37.00	Beef Curry Served with Yellow Lentil Rice/ Phutu & Salad	Butter Chicken Served with Rice & salad	BBQ Grilled Beef T Bone Served with Rosemary Infused Potato & Sweet Potato Wedges Salad Or Veg of The Day	Chicken Breyani Served with Dhal & Sambals	Peri-Peri or BBQ Chicken Wings Served with Saute Potato & Salad
R28.00	Chicken Casserole Rice or Phutu Salad Or Veg	Beef Chuck Stew Served with Rice/Phutu Salad Or Veg	Grilled Quarter Chicken Served with Tomato Relish, Samp or Rice	Grilled Ox Liver With Chakalaka Rice or Phutu & Salad	Mince Curry Served with Rice or Phutu
R28.00	Creamy Spinach & Feta Pasta Bake	Yellow Potato & Green Bean Curry Served with Rice & Salad	Veg Burger served with Asian Slaw & Cajun Potato Wedges	Soy Sausage Chutney Served with Mash & Salad Of The day	Veg Schnitzel Served with Mushroom Sauce & Saute Potato
R60.00					