```
<!DOCTYPE html>
<html>
<head>
       <title>Welcome to My Website</title>
       <style>
              nav {
                     background-color: teal;
                     overflow: hidden;
              }
              nav a {
                     float: left;
                     color: white;
                     text-align: center;
                     padding: 14px 16px;
                     text-decoration: none;
                     font-size: 17px;
                     background-color: teal;
              }
              nav a:hover {
                     background-color: grey;
                     background: yellowgreen;
                     color: black;
              }
              #welcome {
                     text-align: center;
                     font-size: 36px;
                     margin-top: 50px;
              }
       </style>
</head>
<body>
       <nav>
              <a href="#">Home</a>
              <a href="#">About</a>
              <a href="#">Contact</a>
       </nav>
       <div id="welcome">
              <h1>Welcome to My Website</h1>
              This is a sample welcome message.
       </div>
</body>
</html>
```