

Dr. Nishit Palo

Consultant

Department of Orthopaedics, ShardaCare – Healthcity



Dr. Nishit Palo is a Orthopaedic Sports Medicine, Joint Replacement surgeon. He has 12 years of experience as an orthopaedist. He completed MS-Orthopaedics-Utkal University, Odisha, India, 2015. MBBS, JJMMC Davangere, RGUHS Bengaluru, 2010. Awarded Dr SP Mandal Gold Medal by IOA in 2015. 36 Orthopaedic Research Publications. Won the SICOT CCJR Award in Muscat 2019. He is section editor of Indian Journal of Orthopaedics (IJO) infection, official publication of Indian Orthopaedics Association, AO Trauma faculty National Orthopaedics Conferences (IOACON) faculty. He specialises in Joint Replacement, Pelvis- Acetabulum & Bone Infection Surgeries.

PELVIS & ACETABULUM SURGERIES

JOINT REPLACEMENT-HIP, KNEE & SHOULDER

REVISION-HIP & KNEE REPLACEMENT

OSTEOPOROSIS & ARTHROSCOPY SURGERY

BONE INFECTION SURGERY (OSTEOMYELITIS, INFECTED TRAUMA)

ADJUVANT THERAPY FOR BONE NECROSIS (AVN)

SPINE SURGERIES (PIVD, VERTEBROPLASTY, TRAUMA)

COMPLEX TRAUMA & DEFORMITY CORRECTION

DEGENERATIVE SPINE DISORDERS

BONE INFECTIONS, TRAUMA & DEFORMITY

PLATELET RICH PLASMA (PRP) THERAPY

BONE TUMOR, & BONE MALIGNANT CANCER & CYST

Work Experience:

- Consultant, Care Hospital
- Consultant, Santosh Medical College, Delhi NCR
- NC Medical College
- Global Medical College
- Sunrise Hospital, New Delhi
- Vinayak Hospital, Noida
- Surbhi Hospital, Noida
- Tirupati Hospital, Noida
- Senior Resident, AMRI Hospital

Education:

- MBBS, MS Orthopaedics (Ph.D)
- Dip. Sports Medicine (USA)
- Dip. Football Medicine (FIFA)

Memberships:

- Indian Orthopaedic Association (LM 9117)
- Odisha Orthopaedic Association (LM 227)
- Uttar Pradesh Orthopaedic Association (LM 1863)
- ISKSAA (LM 1084)
- SICOT (19396)
- AO TRAUMA (786988)
- APOA (AM 1428)

Awards & Achievements:

- Dr. SP Mandal Gold Medal (10A)-2015
- IOA J&J Fellow-2016
- IOA PG Quiz-3rd Prize-2014
- CCJR Award-SICOT-2019
- AO Scholarship (Taiwan)-2019
- APOA Trauma Fellow-2019
- BIOS Fellow (UK)-2019
- Shoulder Fellowship (UK)-2017