

MESS MENU NORTH CAMPUS								
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast		Plain Paratha	Puri	Uttapam	Gobi Paratha	Idli	Mix Paratha	Masala Onion Dosa
		Aalo Tamator Sabji	Chana Masala	Sambar / Chutney	Dhaniya Chutney	Sambar	Dhaniya Chutney	Sambar
		Curd	Halwa		Curd		Curd	Coconut Chutney
		Fruits/ 2 Eggs		Fruits/ 2 Eggs		Fruits/ Omlette	Fruits / 2 Eggs	
		Daliya	Cornflakes	Daliya	Daliya	Daliya	Daliya	Daliya
		Milk(200 ml)	Milk(200 ml)	Milk (200 ml)	Milk (200 ml)	Milk(200 ml)	Milk (200 ml)	Milk (200 ml)
		Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)
		Butter	Butter	Butter	Butter	Butter	Butter	Butter
		Jam	Jam	Jam	Jam	Jam	Jam	Jam
		Bournvita	Bournvita	Bournvita	Bournvita	Bournvita	Bournvita	Bournvita
	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	
	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	
Lunch		Paneer Bhurji/Egg Bhurji	Arher Dal	Kadhi Pakora	Moong Dal	White Chole	Rajma	Bhature
		Chana Dal	Veg Kofta	Kaddu	Black Chana	Aloo Began Bhartha	Aalu Tamater Ful-Gobhi	Chole
				Masala Papad/Fryums	Rice	Poori	Jeera Rice	Green Chutney
		Roti	Roti	Roti	Roti	Bundi Raita	Roti	Fried Masala Chilli
		Rice	Rice	Jeera Rice		Rice		Rice
					Mix Raita		Curd	Curd
		Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	
Snacks		Samosa+Imli Chatney	Pav Bhaji	Dal Kachori	Chana peanut Chat	Bread Pakoda	Veg Sandwich	Mathadi
		Tea	Tea	Tea	Coffee	Tea	Coffee	Tea
Dinner		Mix Veg (gajar+paneer or Mushroom+bean+gobi+matar)	Chilli Soya	Kadahi Paneer / Chicken Curry	Gatta Besan	Paneer Butter Masala/Egg Curry	Aalo matar	Paneer & Chicken Biryani
		Dal Makhni	Yellow moong	Red Massor Dal	Dal Fry	Mix Dal	Black Urad Dal	Aloo Soyabean
		Gulab Jamun	Kheer	Besan Ladoo	Rasgulla	Pastry	Jalebi	Raita
		Roti	Roti	Roti	Roti	Roti	Roti	Ice Cream
		Rice	Rice	Rice	Rice	Rice	Rice	Roti
		Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	Rice
		Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
	Lemon	Lemon	Lemon	Lemon	Lemon	Lemon	Lemon + Pickle	
Green Salad:- Beet-root, Onion(Compulsory), Carrot, Tomato, Cucumber (At Least 2)								