

MESS MENU NORTH CAMPUS										
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
	Breakfast	Plain Paratha	Puri	Uttapam	Gobi Paratha	Idli	Mix Paratha	Masala Onion Dosa		
		Aalo Tamator Sabji	Chana Masala	Sambar / Chutney	Dhaniya Chutney	Sambar	Dhaniya Chutney	Sambar		
			Halwa			Curd		Coconut Chutney		
			Fruits/ Omlette	Fruits/ 2 Eggs	Fruits/ 2 Eggs		Fruits / 2 Eggs			
		Daliya	Cornflakes	Daliya	Daliya	Daliya	Daliya	Daliya		
		Milk(200 ml)	Milk(200 ml)	Milk (200 ml)	Milk (200 ml)	Milk(200 ml)	Milk (200 ml)	Milk (200 ml)		
		Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)		
		Butter	Butter	Butter	Butter	Butter	Butter	Butter		
		Jam	Jam	Jam	Jam	Jam	Jam	Jam		
		Bournvita	Bournvita	Bournvita	Bournvita	Bournvita	Bournvita	Bournvita		
	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags	Coffee Powder/ Tea bags		
	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)	Sprouts(Black Chana+ Moong)		
	Lunch	Paneer Bhurji/Egg Bhurji	Arher Dal	Kadhi Pakora	Moong Dal	White Chole	Rajma	Bhature		
		Chana Dal	Veg Kofta	Kaddu	Black Chana	Aloo Began Bhartha	Aalu Tamater Ful-Gobhi	Chole		
				Masala Papad/Fryums	Rice	Poori	Jeera Rice	Green Chutney		
		Roti	Roti	Roti	Roti	Bundi Raita	Roti	Fried Masala Chilli		
		Rice	Rice	Jeera Rice		Rice		Rice		
					Mix Raita		Curd	Curd		
		Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad		
	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle	Lemon + Pickle		
	Snacks	Samosa+Imli Chatney	Pav Bhaji	Dal Kachori	Chana peanut Chat	Bread Pakoda	Veg Sandwich	Mathadi		
		Tea	Tea	Tea	Coffee	Tea	Coffee	Tea		
	Dinner	Mix Veg (gajar+paneer or Mushroom+bean+gobi+matar)	Chilli Soya	Kadahi Paneer / Chicken Curry	Gatta Besan	Paneer Butter Masala/Egg Curry	Aalo matar	Paneer & Chicken Biryani		
		Dal Makhni	Yellow moong	Red Massor Dal	Dal Fry	Mix Dal	Black Urad Dal	Aloo Soyabean		
		Gulab Jamun	Kheer	Besan Ladoo	Rasgulla	Pastry	Jalebi	Raita		
		Roti	Roti	Roti	Roti	Roti	Roti	Ice Cream		
		Rice	Rice	Rice	Rice	Rice	Rice	Roti		
		Pickle	Pickle	Pickle	Pickle	Pickle	Pickle	Rice		
		Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad		
	Lemon	Lemon	Lemon	Lemon	Lemon	Lemon	Lemon	Lemon + Pickle		
	Green Salad:- Beet-root, Onion(Compulsory), Carrot, Tomato, Cucumber (At Least 2)									