

Workout Report

Exercise Info

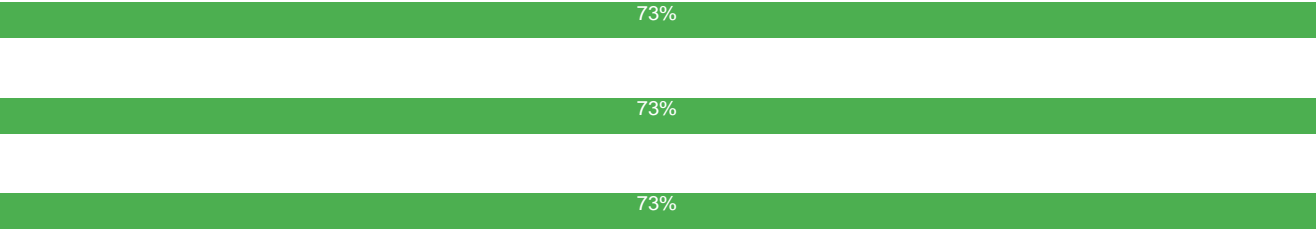
Exercise: Squat

Duration: 0 min 30 sec

Total Reps: 3

Average Accuracy: 73%

Repetition Accuracy



Rep Number	Posture Accuracy (%)
1	73
2	73
3	73

Feedback

- Go down slowly and controlled.
- Coming up... Almost there!
- Go down slowly and controlled. (Score: 73%)