



Workout Performance Report

Exercise Details

Exercise: Squat

Duration: 0 min 30 sec

Total Repetitions: 4

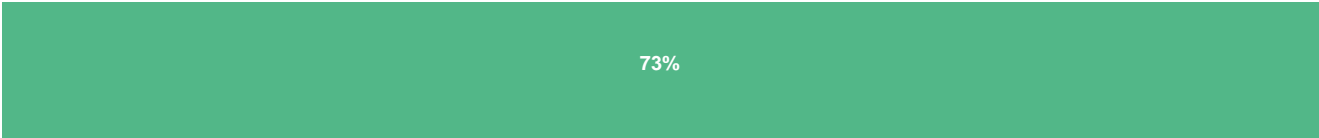
Average Accuracy: 77%

Repetition Accuracy Overview

80%

80%

73%



Rep Number	Posture Accuracy (%)
1	80
2	80
3	73
4	73

Feedback Summary

■■ Coming up... Almost there! ■■ Coming up... Almost there! ■■ Go down slowly and controlled.
■ Keep your back straighter!

Score: 77%