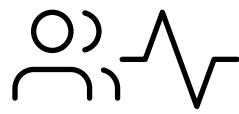


GymMates
Track • Train • Transform

Splash Screen (Displays for 2–3 seconds)



Welcome to GymMates

Email ID:

Password:

[Forgot Password?](#)

— or continue with —

Google

Apple

Social Login Buttons

Login Now

Primary Button

New here? [Create an account](#)



Daily Stats

Steps

X,XXX

Calories

XXX kcal

Streak

X Days

Active Mins

XX min

+ Add New Workout

Social Feed



Friend 1 completed 5km run
250 kcal • 32 min



Like



Comment



Friend 2 hit a 7-day streak
412 kcal • 48 min



Like



Comment



Friend 3 completed 5km cycling
450 kcal • 40 min



Like



Comment



Add New Workout

Workout Type List



Running



Cycling



Treadmill



Yoga



Custom Entry

Navigation Buttons

Cancel

Continue



Workout Logging Screen

Log Workout — Running

Distance (km)

Input Field Placeholder

Duration (mins)

Input Field Placeholder

Calories (kcal)

Input Field Placeholder

Notes

Multi line Placeholder

Primary Button

Save Workout

OR

Alternate Flow (Live Tracking)

Start Live Tracking

Secondary Button



My Goals & Progress

Track your fitness targets and achievements

+ Add Goal

Secondary Action Button

Active Goals

Goal Cards

Goal: Lose 5 kg in 2 months

Start Date: xx/xx Target Date: xx/xx

Progress Bar Placeholder

Goal: Run 50 km this month

Start Date: xx/xx Target Date: xx/xx

Progress Bar Placeholder

Goal: Workout 5 days/week

Start Date: xx/xx Target Date: xx/xx

Progress Bar Placeholder

Achievements

Achievements Panel



7 - Day Streak Badge

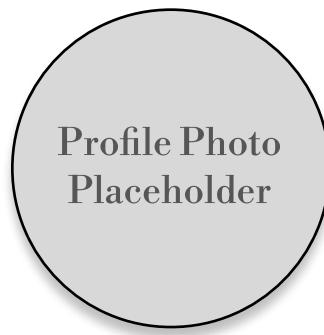


25 Workouts Completed



Certificate Available [Download]

Navigation Bar



User Name
@username ~ Location

Edit Profile

Settings

User Info Section

Fitness Overview

Stats Section

Total Workouts: XX

Total Calories Burned: XX kcal

Current Streak: XX days

Achievements: [View]

Social Connections

Social Section

Friends: 34

Followers: 120

Following: 89

[View Friends List]



Share Progress



Privacy & Settings



Logout

Account Options

Navigation Bar