



UTR 4337066562
NINO JR444413B
Employer reference

Date

HM Revenue and Customs office address

T I INGRAM

Issue address

23 FULLERS COURT
COMMERCIAL ROAD
EXETER
DEVON
EX2 4DZ

Telephone

For
Reference

Your tax return

This notice requires you, by law, to make a return of your taxable income and capital gains, and any documents requested, for the year from 6 April 2022 to 5 April 2023

Deadlines

We must receive your tax return by these dates:

- if you're using a paper return – by 31 October 2023 (or 3 months after the date of this notice if that's later)
- if you're filing a return online – by 31 January 2024 (or 3 months after the date of this notice if that's later)

If your return is late you'll be charged a £100 penalty.

If your return is more than 3 months late, you'll be charged daily penalties of £10 a day.

If you pay late you'll be charged interest and a late payment penalty.

Most people file online

It's quick and easy to file online. Get started by typing www.gov.uk/log-in-file-self-assessment-tax-return into your internet browser address bar to go directly to our official website.

Do not use a search website to find HMRC services online. If you have not sent a tax return online before, why not join the 92% of people who already do it online? It's easy, secure and available 24 hours a day and you can also sign up for email alerts and online messages to help you manage your tax affairs.

To file on paper, please fill in this form using the following rules:

- enter your figures in whole pounds – ignore the pence
- round down income and round up expenses and tax paid, it is to your benefit
- if a box does not apply, please leave it blank – do not strike through empty boxes or write anything else

Starting your tax return

Before you start to fill it in, look through your tax return to make sure there is a section for all your income and claims – you may need some separate supplementary pages (see page TR 2 and the Tax Return notes).

For help filling in this form, go to www.gov.uk/taxreturnforms and read the notes and helpsheets.

Your personal details

1 Your date of birth – it helps get your tax right

DD MM YYYY

16/05/1981

3 Your phone number

2 Your name and address – if it is different from what is on the front of this form, please write the correct details underneath the wrong ones and put the date you changed address below DD MM YYYY

4 Your National Insurance number – leave blank if the correct number is shown above

JR444413B

What makes up your tax return

To make a complete return of your taxable income and gains for the year to 5 April 2023 you may need to complete some separate supplementary pages. Answer the following questions by putting 'X' in the 'Yes' or 'No' box.

1 Employment

Were you an employee, director, office holder or agency worker in the year to 5 April 2023? Please read the notes before answering. Fill in a separate 'Employment' page for each employment, directorship and so on. On each 'Employment' page you complete, enter any other payments, expenses or benefits related to that employment. Say how many 'Employment' pages you are completing in the 'Number' box below.

Yes No Number 0

2 Self-employment

If you worked for yourself (on your 'own account' or in self-employment) in the year to 5 April 2023, read the notes to decide if you need to fill in the 'Self-employment' pages. You may not need to if this income is up to £1,000.

Do you need to fill in the 'Self-employment' pages?

Fill in a separate 'Self-employment' page for each business.

On each 'Self-employment' page you complete, enter any payments or expenses related to that business. Say how many businesses you had in the 'Number' box below. (Answer 'Yes' if you were a 'Name' at Lloyd's.)

Yes No Number 1

3 Partnership

Were you in a partnership? Fill in a separate 'Partnership' page for each partnership you were a partner in and say how many partnerships you had in the 'Number' box below.

Yes No Number 0

4 UK property

If you received income from UK property (including rents and other income from land you own or lease out), read the notes to decide if you need to fill in the 'UK property' pages. You may not need to if this income is up to £1,000.

Do you need to fill in the 'UK property' pages?

Yes No

5 Foreign

If you:

- were entitled to any foreign income
 - have, or could have, received (directly or indirectly) income, or a capital payment or benefit from a person abroad as a result of any transfer of assets
 - want to claim relief for foreign tax paid
- read the notes to decide if you need to fill in the 'Foreign' pages. You may not need to if your only foreign income was from land and property abroad up to £1,000.

Do you need to fill in the 'Foreign' pages?

Yes No

6 Trusts etc

Did you receive, or are you treated as having received, income from a trust, settlement or the residue of a deceased person's estate? This does not include cash lump sums/transfer of assets, otherwise known as capital distributions, received under a will.

Yes No

7 Capital Gains Tax summary

If you sold or disposed of any assets (for example, stocks, shares, land and property, a business), or had any chargeable gains, read the notes to decide if you have to fill in the 'Capital Gains Tax summary' page. If you do, you must also provide separate computations.

Do you need to fill in the 'Capital Gains Tax summary' page and provide computations?

Yes No Computation(s) provided

8 Residence, remittance basis etc

Were you, for all or part of the year to 5 April 2023, one or more of the following:

- not resident
- not domiciled in the UK and claiming the remittance basis
- dual resident in the UK and another country?

Yes No

9 Additional information

Some less common kinds of income and tax reliefs, for example, Married Couple's Allowance, Life insurance gains, chargeable event gains, Seafarer's Earnings Deduction and details of disclosed tax avoidance schemes, should be returned on the 'Additional information' pages. Do you need to fill in the 'Additional information' pages?

Yes No

If you need more pages

If you answered 'Yes' to any of questions 1 to 9, please check to see if within this return, there's a page dealing with that kind of income or gain. If there's not, you'll need separate supplementary pages. Do you need to get and fill in separate supplementary pages?

Yes No

If 'Yes', go to www.gov.uk/taxreturnforms to download them.

Income

Interest and dividends from UK banks and building societies

1 Taxed UK interest – the net amount after tax has been taken off - read the notes [Redacted]	5 Other dividends – the amount received - read the notes [Redacted]
2 Untaxed UK interest – amounts which have not had tax taken off - read the notes [Redacted]	6 Foreign dividends (up to £2,000) – the amount in sterling after foreign tax was taken off. Do not include this amount in the 'Foreign' pages [Redacted]
3 Untaxed foreign interest (up to £2,000) – amounts which have not had tax taken off - read the notes [Redacted]	7 Tax taken off foreign dividends – the sterling equivalent [Redacted]
4 Dividends from UK companies – the amount received - read the notes [Redacted]	

UK pensions, annuities and other state benefits received

8 State Pension – amount you were entitled to receive in the year, not the weekly or 4-weekly amount - read the notes [Redacted]	12 Tax taken off box 11 [Redacted]
9 State Pension lump sum – the gross amount of any lump sum - read the notes [Redacted]	13 Taxable Incapacity Benefit and contribution-based Employment and Support Allowance - read the notes [Redacted]
10 Tax taken off box 9 [Redacted]	14 Tax taken off Incapacity Benefit in box 13 [Redacted]
11 Pensions (other than State Pension), retirement annuities and taxable lump sums treated as pensions – the gross amount. Tax taken off goes in box 12 [Redacted]	15 Jobseeker's Allowance [Redacted]
	16 Total of any other taxable State Pensions and benefits [Redacted]

Other UK income not included on supplementary pages

Do not use this section for income that should be returned on supplementary pages. Share schemes, gilts, stock dividends, life insurance gains and certain other kinds of income go on the 'Additional information' pages.

17 Other taxable income – before expenses and tax taken off [Redacted]	20 Benefit from pre-owned assets - read the notes [Redacted]
18 Total amount of allowable expenses – read the notes [Redacted]	21 Description of income in boxes 17 and 20 – if there's not enough space here please give details in the 'Any other information' box, box 19, on page TR 7 [Redacted]
19 Any tax taken off box 17 [Redacted]	

Tax reliefs

Paying into registered pension schemes and overseas pension schemes

Do not include payments you make to your employer's pension scheme which are deducted from your pay before tax or payments made by your employer. If your contributions and other pension inputs are more than the Annual Allowance, you should also fill in boxes 10 to 12 on page Ai 4 of the 'Additional information' pages.

<p>1 Payments to registered pension schemes where basic rate tax relief will be claimed by your pension provider (called 'relief at source'). Enter the payments and basic rate tax</p> <input type="text"/>	<p>3 Payments to your employer's scheme which were not deducted from your pay before tax – this will be unusual – read the notes</p> <input type="text"/>
<p>1.1 Total of any 'one-off' payments in box 1</p> <input type="text"/>	<p>4 Payments to an overseas pension scheme, which is not UK-registered, which are eligible for tax relief and were not deducted from your pay before tax</p> <input type="text"/>
<p>2 Payments to a retirement annuity contract where basic rate tax relief will not be claimed by your provider</p> <input type="text"/>	

Charitable giving

<p>5 Gift Aid payments made in the year to 5 April 2023</p> <input type="text"/>	<p>9 Value of qualifying shares or securities gifted to charity</p> <input type="text"/>
<p>6 Total of any 'one-off' payments in box 5</p> <input type="text"/>	<p>10 Value of qualifying land and buildings gifted to charity</p> <input type="text"/>
<p>7 Gift Aid payments made in the year to 5 April 2023 but treated as if made in the year to 5 April 2022</p> <input type="text"/>	<p>11 Value of qualifying investments gifted to non-UK charities in boxes 9 and 10</p> <input type="text"/>
<p>8 Gift Aid payments made after 5 April 2023 but to be treated as if made in the year to 5 April 2023</p> <input type="text"/>	<p>12 Gift Aid payments to non-UK charities in box 5</p> <input type="text"/>

Blind Person's Allowance

<p>13 If you're registered blind, or severely sight impaired, and your name is on a local authority or other register, put 'X' in the box</p> <input type="checkbox"/>	<p>15 If you want your spouse's, or civil partner's, surplus allowance, put 'X' in the box</p> <input type="checkbox"/>
<p>14 Enter the name of the local authority or other register</p> <input type="text"/>	<p>16 If you want your spouse, or civil partner, to have your surplus allowance, put 'X' in the box</p> <input type="checkbox"/>

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 Other less common reliefs are on the 'Additional information' pages.

Student Loan and Postgraduate Loan repayments

Please read the notes before filling in boxes 1 to 3.

- 1 If you've received notification from Student Loans Company that your repayment of an Income Contingent Loan was due before 6 April 2023, put 'X' in the box. We'll use your plan and or loan type to calculate amounts due

- 2 If your employer has deducted Student Loan repayments enter the amount deducted

- 3 If your employer has deducted Postgraduate Loan repayments enter the amount deducted

High Income Child Benefit Charge

Please read the notes before filling in this section. Only fill in this section if all of the following apply:

- your income was over £50,000
- you or your partner (if you have one) got Child Benefit (this also applies if someone else claims Child Benefit for a child who lives with you and pays you or your partner for the child's upkeep)
- couples only – your income was higher than your partner's

- 1 Enter the total amount of Child Benefit you and your partner got for the year to 5 April 2023

- 2 Enter the number of children you and your partner got Child Benefit for on 5 April 2023

- 3 Enter the date that you and your partner stopped getting all Child Benefit payments if this was before 6 April 2023

DD MM YYYY

Incorrectly claimed coronavirus support scheme payments

Please read the notes before filling in this section. Only fill in this section if you incorrectly claimed any payments from the Coronavirus Job Retention Scheme or from any other applicable HMRC coronavirus support scheme and you still need to tell HMRC.

- 1 Amount of HMRC coronavirus support scheme payments incorrectly claimed

Marriage Allowance

Please read the notes. If your income for the year ended 5 April 2023 was less than £12,570 you can transfer £1,260 of your Personal Allowance to your spouse or civil partner to reduce the amount of tax they pay if all of the following apply:

- you were married to, or in a civil partnership with, the same person for all or part of the tax year
- you were both born on or after 6 April 1935
- your spouse or civil partner's income was not taxed at the higher rate

Fill in this section if you want to make the transfer.

- 1 Your spouse or civil partner's first name

- 4 Your spouse or civil partner's date of birth DD MM YYYY

- 2 Your spouse or civil partner's last name

- 5 Date of marriage or civil partnership DD MM YYYY

- 3 Your spouse or civil partner's National Insurance number

Finishing your tax return

i Calculating your tax – if we receive this paper tax return by 31 October 2023 or if you file online, we'll do the calculation for you and tell you how much you have to pay (or what your repayment will be) before 31 January 2024. We'll add the amount due to your Self Assessment Statement, together with any other amounts due.

Do not enter payments on account, or other payments you've made towards the amounts due, on your tax return. We'll deduct these on your Self Assessment Statement. If you want to calculate your tax, ask us for the 'Tax calculation summary' pages and notes. The notes will help you work out any tax due, or repayable, and if payments on account are necessary.

Tax refunded or set off

- 1 If you've had any 2022–23 Income Tax refunded or set off by us or Jobcentre Plus, enter the amount - read the notes

If you have not paid enough tax

We recommend you pay any tax due electronically. Read the notes.

- 2 If you owe less than £3,000 for the 2022–23 tax year (excluding Class 2 NICs) and you send us your paper tax return by 31 October, or 30 December 2023 if you file online, we'll try to collect the tax through your wages or pension by adjusting your 2024–25 tax code.
If you do not want us to do this, put 'X' in the box
- read the notes

- 3 If you owe tax on savings, casual earnings and/or the High Income Child Benefit Charge for the 2023–24 tax year, we'll try to collect it through your wages or pension by adjusting your 2023–24 tax code.
If you do not want us to do this, put 'X' in the box
- read the notes

If you have paid too much tax

To claim a repayment, fill in boxes 4 to 14 below. If you paid your tax by credit or debit card, we'll always try to repay back to your card first before making any repayment as requested by you below. Please allow up to 4 weeks for any repayment to reach you before contacting us.

- 4 Name of bank or building society

- 5 Name of account holder (or nominee)

- 6 Branch sort code

- 7 Account number

- 8 Building society reference number

- 9 If you do not have a bank or building society account, or if you want us to send a cheque to you or to your nominee, put 'X' in the box

- 10 If you've entered a nominee's name in box 5, put 'X' in the box

- 11 If your nominee is your tax adviser, put 'X' in the box

- 12 Nominee's address

- 13 and postcode

- 14 To authorise your nominee to receive any repayment, you must sign in the box. A photocopy of your signature will not do

Your tax adviser, if you have one

This section is optional. Please read the notes about authorising your tax adviser.

15 Your tax adviser's name

17 The first line of their address including the postcode

16 Their phone number

18 The reference your adviser uses for you

Any other information

19 Please give any other information in this space

Do not send to HMRC

Signing your form and sending it back

Please fill in this section and sign and date the declaration at box 22.

20 If this tax return contains provisional figures, put 'X' in the box

20.1 If any of your businesses received coronavirus support payments (such as CJRS) you must put 'X' in the box to declare that they have been included when calculating profits in the period of this return

21 If you're enclosing separate supplementary pages, put 'X' in the box

22 Declaration

I declare that the information I've given on this tax return and any supplementary pages is correct and complete to the best of my knowledge and belief.

I understand that I may have to pay financial penalties and face prosecution if I give false information.

Signature



Date DD MM YYYY



23 If you've signed on behalf of someone else, enter the capacity. For example, executor, receiver



24 Enter the name of the person you've signed for



25 If you filled in boxes 23 and 24 enter your name



26 and your address



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Do not copy or send to HMRC



Your name

T I INGRAM

Your Unique Taxpayer Reference (UTR)

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Complete these pages for less common types of income, deductions and tax reliefs, and for any other information.
For help filling in this form, go to www.gov.uk/taxreturnforms and read the notes and helpsheets.

Other UK income

Interest from gilt-edged and other UK securities, deeply discounted securities and accrued income profits

1 Gilt etc interest after tax taken off

3 Gross amount before tax

2 Tax taken off

Gains from life insurance policies, capital redemption policies and life annuity contracts

4 UK policy or contract gains on which tax was treated as paid – the amount of the gain

5 Number of years the policy has been held or since the last gain

6 UK policy or contract gains where no tax was treated as paid – the amount of the gain

7 Number of years the policy has been held or since the last gain

8 UK policy or contract gains from voided ISAs

9 Number of years the policy was held

10 Tax taken off gain shown in box 8

11 Deficiency relief

Stock dividends, bonus issues of securities and redeemable shares

12 Stock dividends – the amount received

13.1 Close company loans written off or released

13 Bonus issues of securities and redeemable shares

Business receipts taxed as income of an earlier year

14 The amount of post-cessation or other business receipts

15 Tax year income to be taxed, for example, 2021–22 YYYY YY

Share schemes and employment lump sums, compensation and deductions, certain post-employment income and patent royalty payments

<p>1 Share schemes – the taxable amount – excluding amounts included on your P60 or P45</p> <p><input type="text"/></p> <p>Box 2 is not in use</p> <p>3 Taxable lump sums and certain income after the end of your job – excluding redundancy and compensation for loss of your job</p> <p><input type="text"/></p> <p>4 Lump sums or benefits received from an Employer Financed Retirement Benefits Scheme excluding pensions</p> <p><input type="text"/></p> <p>5 Redundancy, other lump sums and compensation payments – the amount above the £30,000 exemption</p> <p><input type="text"/></p> <p>6 Tax taken off boxes 3 to 5</p> <p><input type="text"/></p> <p>7 If you've left box 6 blank because the tax is included in box 2 on the 'Employment' page, put 'X' in the box</p> <p><input type="checkbox"/></p>	<p>8 Exemptions for amounts entered in box 4</p> <p><input type="text"/></p> <p>9 Compensation and lump sums up to £30,000 exemption</p> <p><input type="text"/></p> <p>10 Disability and foreign service deduction</p> <p><input type="text"/></p> <p>11 Seafarers' Earnings Deduction – enter pay on your 'Employment' page – read Helpsheet 205</p> <p><input type="text"/></p> <p>12 Foreign earnings not taxable in the UK</p> <p><input type="text"/></p> <p>13 Foreign tax for which tax credit relief not claimed</p> <p><input type="text"/></p> <p>14 Exempt employers' contributions to an overseas pension scheme – read the notes</p> <p><input type="text"/></p> <p>15 UK patent royalty payments made</p> <p><input type="text"/></p>
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Other tax reliefs – read the notes

<p>1 Subscriptions for Venture Capital Trust shares – the amount on which relief is claimed</p> <p><input type="text"/></p> <p>2 Subscriptions for shares under the Enterprise Investment Scheme – the amount on which relief is claimed</p> <p><input type="text"/></p> <p>3 Community Investment Tax Relief – the amount on which relief is claimed</p> <p><input type="text"/></p> <p>4 Annual payments made</p> <p><input type="text"/></p> <p>5 Qualifying loan interest payable in the year</p> <p><input type="text"/></p> <p>6 Post-cessation trade relief and certain other losses</p> <p><input type="text"/></p>	<p>7 Maintenance payments (up to £3,640) – if you or your former spouse or civil partner were born before 6 April 1935</p> <p><input type="text"/></p> <p>8 Payments to a trade union for death benefits – half the amount paid (maximum £100)</p> <p><input type="text"/></p> <p>9 Relief claimed on a qualifying distribution on the redemption of bonus shares or securities</p> <p><input type="text"/></p> <p>10 Subscriptions for shares under the Seed Enterprise Investment Scheme</p> <p><input type="text"/></p> <p>11 Social Investment Tax Relief – the amount on which relief is claimed</p> <p><input type="text"/></p> <p>12 Non-deductible loan interest from investments into property letting partnerships</p> <p><input type="text"/></p>
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Married Couple's Allowance

If you, or your spouse or civil partner were born before 6 April 1935, please read the notes and then complete the relevant boxes. If you're the husband (marriages up to 5 December 2005), or the spouse or civil partner with the higher income (marriages and civil partnerships on or after 5 December 2005), you should complete box 1 and, where appropriate, boxes 2 to 5 and box 9.

If you're the wife (marriages up to 5 December 2005), or the spouse or civil partner with the lower income (marriages and civil partnerships on or after 5 December 2005), please read the notes to help you fill in boxes 6 to 11.

If you cannot use all of your Married Couple's Allowance or you want your spouse or civil partner to have your surplus allowance, please read the notes and then put 'X' in box 10 or box 11.

1 Your spouse's or civil partner's full name <input type="text"/>	6 If you've already agreed that half of the minimum allowance is to be given to you, put 'X' in the box <input type="checkbox"/>
2 Their date of birth if older than you (and at least one of you was born before 6 April 1935) DD MM YYYY <input type="text"/>	7 If you've already agreed that all of the minimum allowance is to be given to you, put 'X' in the box <input type="checkbox"/>
3 If you've already agreed that half the minimum allowance is to go to your spouse or civil partner, put 'X' in the box <input type="checkbox"/>	8 Your spouse's or civil partner's full name <input type="text"/>
4 If you've already agreed that all of the minimum allowance is to go to your spouse or civil partner, put 'X' in the box <input type="checkbox"/>	9 If you were married or formed a civil partnership after 5 April 2022, enter the date of marriage or civil partnership DD MM YYYY <input type="text"/>
5 If, in the year to 5 April 2023, you lived with any previous spouse or civil partner, enter their date of birth DD MM YYYY <input type="text"/>	10 If you want to have your spouse's or civil partner's surplus allowance, put 'X' in the box <input type="checkbox"/>
	11 If you want your spouse or civil partner to have your surplus allowance, put 'X' in the box <input type="checkbox"/>

Other information

Income Tax losses and limit on Income Tax relief

Other income losses	4 Enter the amount of relief shown in box 3 which is not subject to the limit on Income Tax reliefs <input type="text"/>
1 Earlier years' losses – which can be set against certain other income in 2022–23 <input type="text"/>	5 Tax year for which you're claiming relief in box 3, for example, 2021–22 YYYY YY <input type="text"/>
2 Total unused losses carried forward <input type="text"/>	Limit on Income Tax relief
Trade losses from a later year	6 Amount of payroll giving <input type="text"/>
3 Relief now for 2023–24 trade losses or certain capital losses – read the notes <input type="text"/>	

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Pension Savings Tax Charges

7 Value of pension benefits in excess of your Available Lifetime Allowance, taken by you as a lump sum	12 Pension scheme tax reference number
<input type="text"/>	<input type="text"/>
8 Value of pension benefits in excess of your Available Lifetime Allowance, not taken as a lump sum	13 Amount of unauthorised payment from a pension scheme, not subject to surcharge
<input type="text"/>	<input type="text"/>
9 Lifetime Allowance tax paid by your pension scheme	14 Amount of unauthorised payment from a pension scheme, subject to surcharge
<input type="text"/>	<input type="text"/>
10 Amount saved towards your pension, in the period covered by this tax return, in excess of the Annual Allowance	15 Foreign tax paid on an unauthorised payment (in £ sterling)
<input type="text"/>	<input type="text"/>
11 Annual Allowance tax paid or payable by your pension scheme	16 Taxable short service refund of contributions (overseas pension schemes only)
<input type="text"/>	<input type="text"/>
11.1 Value of pension benefits transferred subject to the overseas transfer charge	17 Box 17 is not in use
<input type="text"/>	<input type="text"/>
11.2 Tax paid by your pension scheme on your overseas transfer charge	18 Foreign tax paid (in £ sterling) on box 16
<input type="text"/>	<input type="text"/>

Tax avoidance schemes

19 The scheme reference number or promoter reference number	20 The tax year in which the expected advantage arises, for example, 2021–22 YYYY YY
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

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Please read the 'Self-employment (short) notes' to check if you should use this page or the 'Self-employment (full)' page.

For help filling in this form, go to www.gov.uk/taxreturnforms and read the notes and helpsheets.

Your name

T I INGRAM

Your Unique Taxpayer Reference (UTR)

4337066562

Business details

1 Description of business

Courier

2 Postcode of your business address

3 If your business name, description, address or postcode have changed in the last 12 months, put 'X' in the box and give details in the 'Any other information' box of your tax return

4 If you are a foster carer or shared lives carer, put 'X' in the box

5 If your business started after 5 April 2022, enter the start date DD MM YYYY

6 If your business ceased before 6 April 2023, enter the final date of trading DD MM YYYY

7 Date your books or accounts are made up to

05/04/2023

8 If you used cash basis, money actually received and paid out, to calculate your income and expenses put 'X' in the box

Business income – if your annual business turnover was below £85,000

9 Your turnover – the takings, fees, sales or money earned by your business

19296.00

10 Any other business income not included in box 9

– also include any COVID support payments such as CJRS

10.1 Trading income allowance – read the notes

Allowable business expenses

If your annual turnover was below £85,000 you may just put your total expenses in box 20, rather than filling in the whole section.

11 Costs of goods bought for resale or goods used

12 Car, van and travel expenses

– after private use proportion

13 Wages, salaries and other staff costs

14 Rent, rates, power and insurance costs

15 Repairs and maintenance of property and equipment

16 Accountancy, legal and other professional fees

17 Interest and bank and credit card financial charges

18 Phone, fax, stationery and other office costs

19 Other allowable business expenses – client entertaining costs are not an allowable expense

20 Total allowable expenses – total of boxes 11 to 19

7440.00

Net profit or loss

21 Net profit – if your business income is more than your expenses (if box 9 + box 10 minus box 20 is positive)

11856.00

22 Or, net loss – if your expenses exceed your business income (if box 20 minus (box 9 + box 10) is positive)

Tax allowances for certain buildings, vehicles and equipment (capital allowances)

Do not include the cost of these in your business expenses.

23 Annual Investment Allowance

24 Allowance for small balance of unrelieved expenditure

24.1 Zero-emission car allowance

25 Other capital allowances

25.1 The Structures and Buildings Allowance

25.2 Freeport Structures and Buildings Allowance

26 Total balancing charges – for example, where you have disposed of items for more than their tax value

Calculating your taxable profits

Your taxable profit may not be the same as your net profit. Please read the 'Self-employment (short) notes' to see if you need to make any adjustments and fill in the boxes which apply to arrive at your taxable profit for the year.

27 Goods and/or services for your own use

28 Net business profit for tax purposes (if box 21 + box 26 + box 27 minus (boxes 22 to 25.2) is positive).

Or if you've completed box 10.1
(box 21 + box 26 + box 27 minus box 10.1)

11856.00

29 Loss brought forward from earlier years set off against this year's profits

– up to the amount in box 28

30 Any other business income not included in box 9 or box 10

Total taxable profits or net business loss

If your total profits from all Self-employments and Partnerships for 2022–23 are less than £6,725, you do not have to pay Class 2 National Insurance contributions, but you may want to pay voluntarily (box 36) to protect your rights to certain benefits.

31 Total taxable profits from this business (if box 28 + box 30 minus box 29 is positive)

11856.00

32 Net business loss for tax purposes (if boxes 22 to 25.2 minus (box 21 + box 26 + box 27) is positive)

0.00

Losses, Class 2 and Class 4 National Insurance contributions (NICs) and CIS deductions

If you've made a loss for tax purposes (box 32), read the 'Self-employment (short) notes' and fill in boxes 33 to 35 as appropriate.

33 Loss from this tax year set off against other income for 2022–23

34 Loss to be carried back to previous years and set off against income (or capital gains)

35 Total loss to carry forward after all other set-offs – including unused losses brought forward

36 If your total profits for 2022–23 are less than £6,725 and you choose to pay Class 2 NICs voluntarily, put 'X' in the box

37 If you're exempt from paying Class 4 NICs, put 'X' in the box

38 Total Construction Industry Scheme (CIS) deductions taken from your payments by contractors – CIS subcontractors only



Your name

T I INGRAM

Your Unique Taxpayer Reference (UTR)

4337066562

Self Assessment

You can use the working sheet in the 'Tax calculation summary notes' to work out the total tax, Student Loan repayment, Postgraduate Loan repayment, Class 2 NICs and Class 4 NICs due or overpaid for 2022-23. If the result is a positive amount, enter it in box 1, if it's negative, enter it in box 2. For help filling in this form, go to www.gov.uk/taxreturnforms and read the notes and helpsheets.

1 Total tax (this may include Student Loan or Postgraduate Loan repayments), Class 2 NICs and Class 4 NICs due before any payments on account	4 Class 4 NICs due
0.00	0.00
2 Total tax (this may include Student Loan or Postgraduate Loan repayments), Class 2 NICs and Class 4 NICs overpaid	4.1 Class 2 NICs due
0.00	0.00
3 Student Loan repayment due	5 Capital Gains Tax due
0.00	0.00
3.1 Postgraduate Loan repayment due	6 Pension charges due
0.00	0.00

Underpaid tax and other debts

If you pay tax under PAYE, look at your P2, 'PAYE Coding Notice' and the notes in sections 10 and 11 of the 'Tax calculation summary notes', then fill in boxes 7, 8 and 9 as appropriate.

7 Underpaid tax for earlier years included in your tax code for 2022-23 - enter the amount shown as 'amount of underpaid tax for earlier years' from your P2, 'PAYE Coding Notice'	8 Underpaid tax for 2022-23 included in your tax code for 2023-24 - enter the amount shown as 'estimated underpayment for 2022-23' from your P2, 'PAYE Coding Notice'
0.00	0.00
9 Outstanding debt included in your tax code for 2022-23 - enter the amount from your P2, 'PAYE Coding Notice'	
	0.00

Payments on account

Please read the notes in section 12 of the 'Tax calculation summary notes' to see if you need to make any payments on account for 2023-24.

10 If you're claiming to reduce your 2023-24 payments on account, put 'X' in the box - enter the reduced amount of your first payment in box 11 and say why you're making the claim in box 17 on page TC 2 of this form	11 Your first payment on account for 2023-24 - enter the amount (including pence)
<input type="checkbox"/>	

Blind person's surplus allowance and married couple's surplus allowance

Enter the amount of any surplus allowance transferred from your spouse or civil partner.

12 Blind person's surplus allowance you can have

13 If you or your spouse or civil partner were born before 6 April 1935, the amount of married couple's surplus allowance you can have

Adjustments to tax due

You may need to make an adjustment to increase or decrease your tax for 2022-23, calculated by reference to an earlier year, because you're claiming averaging for farmers and creators of literary or artistic work or making certain adjustments to earlier years.

If you're carrying back certain losses from 2023-24 to 2022-23, any repayment will be in the form of a credit on your self-assessment statement of account and set against other amounts to be paid and will not affect the figures in boxes 1 to 6 on page TC 1. If you need help in filling in these boxes, ask us or your tax adviser.

14 Increase in tax due because of adjustments to an earlier year

15 Decrease in tax due because of adjustments to an earlier year

16 Any 2023-24 repayment you're claiming now

Any other information

17 Please give any other information in this space

Do not send to HMRC