

POWER UP LUNGS

CLEANSE & RECLAIM YOUR
LUNGS IN 90 MINUTES!

LUNG DISEASES LEADING CAUSE OF **DEATH,
MOST PEOPLE DON'T KNOW!**

WHAT IS A **LUNG CLEANSE ?**

To keep your lungs healthy & safe, it is necessary to detoxify them and eliminate all the toxins and harmful viruses or bacteria. Try this lung detox.

You will Learn:

- 1. AMAZING YOGIC TECHNIQUE TO CLEAN YOUR SINUS – GATEWAY TO LUNGS**
- 2. BEST FOODS FOR HEALTHY LUNGS (DETOX AND CLEANSE WITH YOUR DIET)**
- 3. HOW TO GET RID OF MUCUS AND PHLEGM IN YOUR LUNGS**
- 4. CHEST INFECTION TREATMENTS FOR CLEAR LUNGS (NATURAL HOME REMEDIES)**
- 5. TOP 5 HERBS FOR LUNG HEALTH, COPD, AND CLEARING MUCUS**
- 6. WAYS TO DETOX AND CLEANSE YOUR LIVER NATURALLY**

6 SYMPTOMS THAT CAN SIGNAL LUNG DISEASE

- * TROUBLE BREATHING OR SHORTNESS OF BREATH**
- * FEELING LIKE YOU'RE NOT GETTING ENOUGH AIR**
- * CHRONIC COUGH: COUGHING FOR MORE THAN A MONTH, MAYBE A SIGNAL THAT SOMETHING IS WRONG WITH YOUR RESPIRATORY SYSTEM**
- * COUGHING UP BLOOD**
- * CHRONIC MUCUS PRODUCTION**
- * CHRONIC CHEST PAIN**



THE HEALTH BENEFITS OF A LUNG CLEANSE

- * SUPPORTS OVERALL RESPIRATORY SYSTEM**
- * BOOSTS IMMUNITY**
- * MAINTAINS OXYGEN LEVELS**
- * ANTI-ALLERGY IMPROVES**
- * BOOSTS ENERGY AND VITALITY**
- * HELPS YOU FEEL LIGHTER AND MORE HEALTHY**