

Why Liver Kidney Lungs(LKL) Detox?



Do you want to Power Up Your Liver Kidney Lungs (LKL)?(Cleanse and Reclaim Your Liver Kidney Lungs)
Dr. Rakesh Dashpute - Toxin Loss Expert

Buying list for Liver Detox Program –

Item No.	Item Name	Quantity
1.	Triphala Powder (churna)	1 ½ Teaspoon
2.	Organic Turmeric powder	½ Teaspoon
3.	Organic Ginger Powder	¼ Teaspoon
4.	Organic Black Pepper	1 Pinch
5.	Organic Castor/coconut oil	2 TSP
6.	Organic cinnamon powder	1 TSP
7.	Red chili powder	Pinch of it
8.	Organic Rice For Khichadi	For Breakfast and Lunch
9.	Yellow Moong Dal For Khichadi	For Breakfast and Lunch
10.	Organic Carrot For Khichadi	For Breakfast and Lunch
11.	Organic Pink/rock salt	2 TSP For Breakfast and Lunch
12.	Pure Indian Cow Milk Ghee	2 TSP For Breakfast and Lunch

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