

Curriculum Vitae



Anício Vladimiro Freire Constantino

Nationality: Portuguese

Date of birth: 10/01/1987

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Able Bodied Seamen

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Professional Summary

I completed high school at a technical school focused on maritime studies in Portugal. Currently, I hold a Portuguese A.B certificate, along with STCW and Opito certifications. With over 14 years of experience as a seamen, I have worked in the Offshore Oil & Gas sector, Windfarms, tug boats, passenger ships, anchor handler workboat, and dredgers.

Skills and Abilities

- Experience in operating a mechanical winch.
- Experience in operating cranes.
- Strong experience working on-board Passenger ships.
- Strong Experience working on Platform Supply Vessels and Offshore Support Vessels.
- Securing of the ship's cargo.
- Turning the wheel on the bridge.
- Strong experience as a Fire- men, doing checks, maintenance, operating and set-ups of all kind of safety equipment's in large passenger ships, including fire-fighting.
- Strong Experience splicing the wires and mooring lines.
- Strong experience launching recovery of boats.
- Very good skills on tender and rescue boats driving
- Watching the bow and the wing of the bridge for any kind of obstruction.
- Scaling, buffing and painting the ships structure.
- Experience working on Tug boats and barges
- Strong experience as a lifeguard, with very good acknowledge of the search and rescue of lifes at sea.
- First aid deep aknowledge and fire fighting
- Calm in the face of difficult situations.
- Thorough
- Adaptable
- Confident

Maritime Qualifications

2005-2008: FORMAR (Center of education for Merchant Navy and Fishing), Nazare, Portugal.

Short courses (STCW's)

| Qualification for Ratings Forming Part of a Navigational Watch | Proficiency in Survival Craft and Rescue Boats | Qualification for Ratings as Able Seafarer Deck | Proficiency in Designated Security Duties |
|---|--|---|---|
| Basic Safety Training – Basic Fire Fighting; Personal Survival Techniques; Personal Safety and Social Responsibility; Basic First Aid | | | |

Opito Certificates

| | | |
|--|-------------------------------------|---|
| OPITO approved Minimum Industry Safety Training (MIST) | Norwegian Escape Chute | Shoulder Width Measurement |
| Initial Training Ship-board Operations (ITSO) | Advanced Medical Aid (AMA) | ERRV Crew Fast Rescue Craft (FRC) Boatman |
| OPITO Approved Basic Offshore Safety Induction and Emergency Training (BOSIET) with Helicopter underwater Escape Training (HUET) and Compressed Air Emergency Breathing System (CA-EBS) | | |

Other Courses

G-11 Lifting equipment Module 1.1 & 2.3 Banksman and Slinger

Yachtsman's license with the rank of Basic Skipper

Lifeguard certificate issued by the Portuguese Navy

Rescue of life's at sea by jet-ski

English Radio-Communications

Marlins test with the score of 91%

Sea Service by type of ship

| Sea service | |
|-------------------------|------|
| Type of Ship | Days |
| Cruise | 810 |
| Tugs | 95 |
| P.S.V. | 1398 |
| Dredger | 213 |
| R.O.V. Vessel | 30 |
| W2W Vessel | 228 |
| Workboat Anchor Handler | 37 |
| C.T.V. | 42 |
| E.R.R.V. | 168 |

Sea Service by position performed

| Sea Service | |
|-------------------------------|------|
| Position | Days |
| A.B. | 2611 |
| O.S. | 365 |
| A.B. Gangway Operator Trainee | 200 |
| A.B. - Advanced Medical Aider | 168 |

Employment history

- Ordinary Seaman, 2009
Cptp, Figueira-da-Foz, Portugal.
Vessel category: Dredger
- Technical work squad during 2 dry docks, 2009
Princess Cruises lines, Fort Lauderdale, U.S.A.
Vessel categories: Cruise Ships
- Ordinary and Able Seamen, 2010-2011
Classic International Cruises, Lisbon, Portugal.
Vessel categories: Cruise Ships
- Able Seamen, 2011-2011 Princess Cruises lines.
Princess Cruises lines, Fort Lauderdale, U.S.A.
Vessel category: Cruise Ship
- Deck AB (Fire men), 2012-2013
Princess Cruises lines, Fort Lauderdale, U.S.A.
Vessel categories: Cruise Ships
- Able Seamen, 2013
Rebonave, Setubal, Portugal
Vessel categories: Tug boats
- Able Seamen, 2013-2014
Viking Supply Ships, Sweden
Vessel category: PSV
- Able Seamen, 2014 – 2016
Fletcher Shipping, Scotland
Vessel category(ies): PSV
- Able Seamen, 2016 – 2017
Kendall Bros, Porthsmouth, UK
Vessel category: Dredger
- Able Seamen and Gangway Operator Trainee, 2017 - 2022
Island Offshore, Ulsteinvick, Norway
Vessel categories: PSV; Dive Support / R.O.V Vessel; Walk to Work / Accomodation
- Able Seamen Cook, 2023 –2023
Gebr Van der Lee / Delta Marine Crewing, Netherlands
Vessel category: Workboat / Buoy Layer / Anchor handler
- Able Seamen, 2023 – 2023
- Coastwise / Delta Marine Crewing, Netherlands
Vessel category: CTV – Crew Transfer Vessel
- Able Seamen / Advanced Medical Aider , 2023 – 2024 Present
Vroon Offshore Services, Den Helder, Netherlands
Vessel categories: E.E.R.V / Guard Vessels

Industry related achievements

Rescue of lives on Portuguese coast.

Serving as Advanced Medical Aider on board Emergency Response Rescue Vessels

Member of Local Fire Brigade (ashore) as Fire Fighter, actively contributing to fire prevention, response, and safety protocols in shore-based operations.