

EMERGENCY NUMBERS JAMMU and KASHMIR

Police	100
FIRE	101 , 132
AMBULANCE	102 , 108
Police Headquarters Jammu	0191-2455113-15
Police Headquarters Srinagar	0194-2443022-23
Police Control Room Jammu	0191-2560402, 2566460-62 2566465-66 2547621-22, 24
Police Control Room Srinagar	0194-2452092,2455883 2481628-32, 2482624
WOMEN HELPLINE NOTE : JAMMU POLICE Offers free night ride for women in distress starting december 2019 , call 1091 or 100 for assistance	1091
CRPF MADADGAAR HELPLINE : 9469793260 OR 14111	
WEBSITE J&K POLICE : http://www.jkpolice.gov.in/contact/index.htm	
Hospitals and Blood Banks - KASHMIR	
DIRECTOR HEALTH SERVICES	0194-2452050/52
AMBULANCE	102
SMHS	0194-2504801/802
BONE & JOINT HOSPITAL	0194-2430149/115
SKIMS (BEMINA)	0194-2493104
SKIMS (SOURA)	0194-2401013/16

G B PANTH	0194-2469988/89
MODERN HOSPITAL	0194-2477827
RAMAZANA HOSPITAL	0194-231004/1809
KHYBER HOSPITAL	0194-2455130

JAMMU HOSPITALS

- S.M.G.S Hospital , Shalimar Road 2547637/38
- Govt. Hospital Gandhi Nagar 2530041
- Govt. Medical Hospital Bakshi Nagar 2549621/2549625
- Chest Diseases Hospital, Bakshi Nagar 2577604,2548012
- Children Hospital , Ambphalla Jammu 2547635
- Dental Hospital, Amphalla Jammu 2544670
- B.N. Hospital, Talab Tillo, Jammu 2552086, 2505310
- GMC Hospital Jammu 2584290 , 2584291
- S.M.G.S. Hospital 2547635
- C.D. Hospital 2577064
- Dental Hospital 2544670
- Gandhi Nagar Hospital 2430041
- Sarwal Hospital 2579402
- G.B. Pant Cantt. Hospital 2433500
- Ayurvedic College 2543661
- C.R.P. Hospital 2591105
- Acharya Shri Chander 2662536
- Mental Hospital 2577444
- Swami Vivekanand 2547418
- Blood Bank 2547637
- Ambulances 2584225, 2575364
- Ambulances (Red Cross) 2543739
- Maddan Hospital 2456727
- Medicare 2435070
- Triveni Nursing Home 2452664
- Suvidha Nursing Home 2555965
- Al. Firdous Nursing Home 2545050
- Astha Nursing Home 2576707
- Bee Enn Charitable Trust 2505310
- Chopra Nursing Home 2573580
- Harbans Singh Mem Hsp. 2541952
- Jeevan Jyoti 2576985
- Yudhvir Nursing Home 2547821
- Mediaid Nursing Home 2466744
- Sita Nursing Home 2435007
- Vibhuti Nursing Home 2547969
- Rameshwar Nursing Home 2580601
- Maharishi Dayanand 2545225

TOURISM

J & K TOURISM HELPLINE : 95607-88884

WEBSITE : <http://www.jktourism.org/help.html>

TOURIST RECEPTION CENTRE SRINAGAR	9596098882
TOURIST RECEPTION CENTRE PAHALGAM	01936-243224
TOURIST RECEPTION CENTRE GULMARG	01954-254439
TOURIST RECEPTION CENTRE TANGMARG	01954-254436
TOURIST RECEPTION CENTRE AIRPORT	0194-2303635
TOURIST RECEPTION CENTRE KARGIL	0198-5232721
TOURIST RECEPTION CENTRE ZANSKAR	01983-245017
TOURIST RECEPTION CENTRE DRASS	01985-274014
TOURIST RECEPTION CENTRE PADAM	01983-245017
TOURIST RECEPTION CENTRE DESKIT	01980-220183
TOURIST RECEPTION CENTRE RAJOURI	01962-263426

Tourist Reception Centers JAMMU - 2548172 /2520432

Divisional Commissioner Office

Kashmir: +911942472580

Jammu : +911912544665 / 2544045

Foreigners Registration Offices

Jammu: +911912542676

Kargil (Ladakh): +911985232545

AIRPORT

JAMMU AIRPORT : 0191-2431917

LAKDAKH (LEH) AIRPORT : 0198-2253076	
SRINAGAR AIRPORT :	0194-2303311
WEBSITE	
J & K STATE ROADWAYS	
JAMMU	0191-2473245
LADAKH / LEH	0198-225208
RAILWAY STATION - JAMMU TAWI	
RAILWAY STATION CONTACT 0191-2476078	
Railway Enquiry 139, 2476407	

JAMMU HELPLINE NUMBERS : STD : 0191

Jammu Municipality

- Jn. Lines 2578503
- Administration Officer 2542192
- Health Officer 2547440

Postal Services

- Head Post Office City 2543606
- Gandhi Nagar 2435863

Fire Services Control Room 101,132, 2476407

- City 2544263
- Gandhi Nagar 2457705
- Canal 2554064
- Gangyal 2480026

JAMMU Police Station : 100

- City : 0191-2543688
- Bagh-e-Bahu - 0191- 2459777

- Bakshi Nagar - 0191-2580102
- Bus Stand - 0191-2575151