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## "WAAARRRRMM" mnemonic for weaning from cardiopulmonary bypass

<b>W</b> arm (nasopharyngeal temperature of 37°C and core temperature of approximately 35.5°C)
<b>A</b> nesthesia (most patients remain intubated and sedated with controlled postoperative mechanical ventilation)
<b>A</b> djuvant drugs (adequate supply of muscle relaxants, antiarrhythmic agents, inotropic agents, etc should be ready)
<b>A</b> ir (removed by ventilation and by massaging the heart, assisted by transesophageal echocardiography [TEE] visualization)
<b>R</b> hythm (normal sinus rhythm is ideal, but temporary epicardial pacing is employed if sinus rhythm cannot be achieved)
<b>R</b> ate (heart rate between 80 to 90 beats/minute)
<b>R</b> esistance (hypotension with normal or elevated bypass flow rate or cardiac output indicates low systemic vascular resistance and a need for vasopressors)
<b>R</b> espiration (adequate ventilation and oxygenation)
<b>M</b> etabolism (calcium [1.09 to 1.3 mmol/L], potassium [4 to 5.5 mmol/L], hemoglobin [ $\geq 7$ mg/dL], acid–base status normalized)
<b>M</b> onitoring (all monitors functioning and volume on pulse oximeter audible)

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