

Health policy

Does financial incentive for diabetes management in primary care setting reduce avoidable hospitalizations and mortality in high-income countries? A systematic review

--Manuscript Draft--

Manuscript Number:	HEAP-D-23-01052
Article Type:	Review article
Section/Category:	Primary and ambulatory care policies
Keywords:	Systematic Review; Pay for Performance; Financial Incentive; Diabetes Management; Primary Care; Hospitalization; Mortality; High-income Countries
Abstract:	<p>Effective diabetes management can prevent avoidable diabetes-related hospitalizations. This review paper examines the impact of financial incentives for diabetes management in primary care settings on diabetes-related hospitalizations, hospitalization costs, and premature mortality. To assess the evidence, we conducted a literature search of studies using five databases: Medline, Embase, Scopus, CINAHL and Web of Science. We examined results by health insurance systems, study quality or diabetes population (newly diagnosed diabetes). We identified 29 articles ranging from fair- to high-quality: 18 articles assessed the relationship between financial incentives for diabetes management and hospitalizations, 8 assessed hospitalization costs, and 13 assessed mortality. Many studies found that financial incentives for diabetes management reduced hospitalizations, while a few found no effects. Similar findings were evident for hospitalization costs and mortality. The results did not differ by the type of health insurance system, but the quality of the studies did matter; most high-quality studies reported reduced hospitalizations and/or mortality. We also found that financial incentives tend to have been beneficial patients with newly diagnosed diabetes We conclude that diabetes management incentives may reduce diabetes-related hospitalizations, especially in newly diagnosed diabetes patients.</p>

Does financial incentive for diabetes management in primary care setting reduce avoidable hospitalizations and mortality in high-income countries? A systematic review

Abstract

Effective diabetes management can prevent avoidable diabetes-related hospitalizations. This review paper examines the impact of financial incentives for diabetes management in primary care settings on diabetes-related hospitalizations, hospitalization costs, and premature mortality. To assess the evidence, we conducted a literature search of studies using five databases: Medline, Embase, Scopus, CINAHL and Web of Science. We examined results by health insurance systems, study quality or diabetes population (newly diagnosed diabetes). We identified 29 articles ranging from fair- to high-quality: 18 articles assessed the relationship between financial incentives for diabetes management and hospitalizations, 8 assessed hospitalization costs, and 13 assessed mortality. Many studies found that financial incentives for diabetes management reduced hospitalizations, while a few found no effects. Similar findings were evident for hospitalization costs and mortality. The results did not differ by the type of health insurance system, but the quality of the studies did matter; most high-quality studies reported reduced hospitalizations and/or mortality. We also found that financial incentives tend to have been beneficial patients with newly diagnosed diabetes. We conclude that diabetes management incentives may reduce diabetes-related hospitalizations, especially in newly diagnosed diabetes patients.

Key Words:

Systematic Review; Pay for Performance; Financial Incentive; Diabetes Management; Primary Care; Hospitalization; Mortality; High-income Countries

Introduction

In 2021, an estimated 537 million individuals between the ages 20 and 79 years lived with diabetes mellitus worldwide,¹ and diabetes is predicted to increase to 643 million by 2030.¹ Diabetes related complications (diabetic ketoacidosis, hypoglycemia and hyperosmolar hyperglycemic symptoms,^{2,3} retinopathy, foot ulcers, kidney failure and non-traumatic limb amputations)^{4,5} can lead to costly hospitalizations and premature death.^{5,6} It is no wonder that diabetes places a substantial economic burden on health care systems; in 2021, diabetes-related global health expenditure for adults was estimated to be \$966 billion US dollars.¹ According to the World Health Organization (WHO), approximately 1.5 million deaths were caused by diabetes in 2019,⁷ making it one of the top 10 causes of death globally.¹

Diabetes is an ambulatory care sensitive condition,^{8–10} meaning that most hospitalizations in patients under 75 years can be avoided through better access to diabetes care in a primary care setting.^{8,9,11,12} Primary care physicians (PCPs) can diagnose and manage diabetes by ordering necessary tests, prescribing appropriate medications, making timely referrals to specialists, and intervening on modifiable risk factors. Effective primary care can lead to prevention of complications,¹³ reduced risk of diabetes-related hospitalizations,^{8,12–14} shorter lengths of stay if hospitalized, and reduced hospitalization costs.¹⁵

To promote chronic disease management in primary care settings, many high-income countries introduced pay-for-performance (P4P) financial incentives.^{12,16–18} These incentives reward PCPs for the achievement of various processes of care such as periodic glycated hemoglobin testing, ordering recommended tests, prescribing necessary medications, and managing blood pressure and cholesterol.^{19,20} A number of studies found that P4P schemes are positively associated with the provision of diabetes-related services.^{20–25} However, some also found the effects to decline over time,^{21,24} or had no effects.^{26,27} Whether incentivizing PCPs can reduce avoidable hospitalizations and mortality remains an important area of research.

Previous systematic reviews examining the effect of P4P incentives on patient health and healthcare utilization, found mixed results,^{28–35} and to date, only one systematic review focused on the effects of P4P incentives for diabetes management on outcomes in single-payer health insurance systems.³⁵ The purpose of this systematic review is to undertake a comprehensive

1
2
3
4 evaluation of the effect of financial incentives for diabetes management on diabetes-related
5 avoidable hospitalizations, hospitalization costs, and mortality. We were able to review several
6 recent papers, examine for differences in effects between single-payer and multi-payer health
7 insurance systems; evaluate the quality of published studies, and differentiate effects between
8 newly diagnosed diabetes patients and those who had lived with the condition for longer.
9

10 11 12 13 **Methods**

14 15 *Search Strategy and Study Selection*

16
17 We conducted the literature search using five databases: MEDLINE, EMBASE, Scopus,
18 CINAHL, and Web of Science. The search was performed by combining specific keywords and
19 subject headings that addressed each of the following: diabetes, financial incentive,
20 hospitalizations, and/or mortality (Appendix Table A1). Keywords along with subject headings
21 specific to each database were combined using AND/OR to enter a final search statement.
22 Reference lists of studies eligible to be included in this review were subsequently searched to
23 identify any additional articles. The search was conducted in August 2023.
24
25

26
27 Two co-authors independently screened the articles identified from the database search to
28 identify studies eligible for inclusion. We included English studies that focused on the impact of
29 financial incentives targeted to PCPs (general practitioners or family physicians) for diabetes
30 management on diabetes-related avoidable hospitalizations, hospitalization costs, or mortality as
31 an outcome. Studies could include patients with type 1 or type 2 diabetes.
32

33
34 Studies were first screened by title and abstract and were excluded if the exposure was
35 not related to financial incentives targeting PCPs, and/or the outcome variable did not measure
36 hospitalizations, hospitalization costs or mortality. We also excluded duplicate articles, and those
37 that were not primary research articles (e.g., review articles, editorials, and letters). At full-text
38 screening, studies were reviewed and further excluded following the exclusion criteria indicated
39 above and if their hospitalization or hospitalization cost were not diabetes-related.
40
41

42 43 *Data Extraction and Quality Assessment*

44
45 Two reviewers independently extracted data from the included articles including the author, year
46 of publication, country or region of study, the exposure measure(s) or financial incentives
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

assessed, the outcome(s) measured, study design, time period, study population, intervention and comparison group (if any), covariates (if any), statistical techniques used, and the main findings. The two reviewers also independently assessed the methodological quality of each included using a modified version of the Downs and Black Checklist.³⁶ This checklist consists of 27 questions with a total score of 32, covering the quality of reporting, external validity, internal validity (includes bias and confounding) and the statistical power of the study.³⁶ Studies in our review were scored out of 27, by modifying the following: (i) we simplified question 5 (original score of 2 points), by assigning a single point if the distribution of principal confounders in each group of subjects to be compared is described, and (ii) we simplified question 27 (original score of 5 points), by instead assigning a single point if the study has sufficient power to detect a clinically important effect based on the sample size. The modifications were done to keep the assessment for these criteria simpler, and to align our work with previous reviews.^{37–39} Disagreements between the reviewers were resolved by consensus. The final score obtained from each article was divided by the maximum score of 27 and multiplied by 100 to obtain a quality percentage.⁴⁰ This percentage was used to classify the articles by quality: high (66.7% or higher), fair (between 50.0% and 66.6%), and low (< 50.0%).^{40,41}

Stratified Analysis

In addition to synthesizing the overall results, we conducted three stratified analyses. First, we examined the impact of financial incentives for diabetes management in single-payer versus multi-payer health insurance systems. In a single-payer national health insurance system, the vast majority of health services is paid for by a single government entity.⁴² A multi-payer system is financed by more than one entity (e.g., public and private (for-profit and not-for-profit) insurance systems).⁴² P4P incentives may sometimes lead to physicians avoiding high-risk or non-compliance patients that could negatively affect clinical performance metrics tied to receiving the incentive.^{43,44} Given the ongoing policy debates around single versus multi-payer systems, it is useful to see if P4P incentives differ in their effectiveness across the two regimes. Second, we stratified the analyses by study quality as high-quality studies form the backbone of evidence-based health policy formulation. Finally, we examined the effect of incentives in patients who were identified and recruited to be newly diagnosed with diabetes (diagnosis of diabetes within 1-6 years) in the included studies. This is because patients with long versus short diabetes duration had poorer glycaemic control,⁴⁵ had an increased risk of microvascular- and

macrovascular complications and all-cause death,⁴⁶ and had a higher prevalence of diagnosed cancer which could impact associations.⁴⁷ We did not perform a meta-analysis due to the heterogeneity of both exposures and outcomes across studies.

Results

Search Results

Our literature search identified 1,314 articles from five databases, 1,006 remained after duplicates were removed. After additional exclusions (Figure 1), there were 46 articles for full-text screening and a final 29 articles included (Figure 1).

Study Characteristics

Studies were conducted across several high-income countries: Taiwan ($n = 17$), Canada ($n = 5$), Italy ($n = 3$), the US ($n = 2$), England ($n = 1$), and Portugal ($n = 1$). Eighteen studies examined the relationship between financial incentives for diabetes management and diabetes-related hospitalizations, eight focused on hospitalization costs, and thirteen articles focused on mortality. Details of the included studies are summarized in Table 1.

We found wide variation in financial incentives for diabetes management. There were two dominant types of P4P incentives:^{48,49} (1) *high-powered incentives* (incentive payments to physicians aligned with the achievement of verifiable targets for patients like Taiwan's P4P program), and (2) *low-powered incentives* (physicians rewarded for participating in care improvement activities with no required targets). There was also variation in the hospitalization outcome measures used in the studies including: all-cause hospitalizations, avoidable hospitalizations, diabetes-related avoidable hospitalizations, and hospitalizations for diabetes-related complications. The mortality outcome measure was captured in two ways: all-cause, and diabetes-related mortality.

Quality of Included Studies

Based on the modified version of the Downs and Black Checklist, the included studies scored between 16 and 22 points out of a maximum of 27 (Table 1). A detailed breakdown of the score for each included study is given in the Appendix (Table A2). Based on the scores, the studies were of fair to high quality. All studies clearly described the objectives, main outcomes, patient characteristics, intervention of interest, and main findings of the study. The studies used

appropriate statistical tests for the analysis, had valid outcome measures, and included patients in different intervention groups from the same population. However, not all studies provided estimates of random variability in the data for the main outcome, reported the actual probability values for the main outcomes, adjusted for different lengths of follow-up in the analyses, or had adequate adjustments for confounding. Blinding and randomization were not possible due to the way financial incentive programs were rolled out in various jurisdictions.

Effects of Financial Incentives for Diabetes Management

Diabetes-related hospitalizations. Eighteen articles evaluated the relationship between financial incentives for diabetes management and diabetes-related hospitalizations. The effect of financial incentives was evaluated using various approaches, including comparing patients enrolled in a P4P program to a control group, and comparing patient outcomes before and after P4P implementation.

Twelve of these studies found financial incentives for diabetes care to be associated with reduced diabetes-related hospitalizations.^{20,21,23,24,49–56} Studies using longitudinal data revealed that patients who saw a physician who was receiving financial incentives for diabetes care were less likely be hospitalized for diabetes-related complications in Italy⁴⁹ and from all causes in the US state of Hawaii.²⁰ In British Columbia, Canada, a cross-sectional study observed fewer hospital admissions in those whose providers received incentive-based care compared to those who did not.⁵⁴

In Taiwan, nine studies found that a “high-powered” P4P was associated with reduced diabetes-related hospitalizations.^{21,23,24,50–53,55,56} Two were cross-sectional, seven were longitudinal. One cross-sectional study found that the net effect of the P4P program was a decrease of 2.70 diabetes-related hospitalizations per 100 enrolled patients per year.²³ Similarly, a recent longitudinal cohort study from Taiwan found that P4P reduced the risk of hospitalization for cardiovascular events in patients with type 2 diabetes diagnosed at a young age (20 - 40 years of age) (adjusted Hazard Ratio [aHR]: 0.63; 95% confidence interval [CI]: 0.5, 0.79).⁵⁰ The magnitude of effect of the Taiwanese diabetes P4P program in reducing hospitalizations appeared greater in patients who were continuously enrolled in the program over a longer period of time.^{21,55} For example, one study found that the magnitude of effect of P4P in reducing

hospitalizations was larger when comparing patients who were continuously enrolled in the program throughout the study period to their respective comparison group (Difference-in-differences [DID] Coefficient: -0.06; Standard error [SE]: 0.01) versus when examined in patients who at least stayed in the P4P program during the first year, regardless of the subsequent years, compared to their comparison group (DID Coefficient: -0.01; SE: 0.01).²¹ The P4P program implemented across Taiwan entails high-powered incentives designed to align PCP's behaviour directly to policymakers' expectations of improvements in process measures and intermediate outcomes for diabetes patients.^{48,49}

Four studies found that financial incentives had no effect on diabetes-related hospitalizations.^{12,26,57,58} Two studies used longitudinal administrative data from Canada; one took an ecological perspective (where the unit of observation is at the population-level, instead of at the individual-level)¹² and the other took an interrupted time series approach. Both found that the introduction of financial incentives for diabetes management in British Columbia (a low-powered incentive) did not have a significant effect on hospitalizations.^{12,58} The financial incentive implemented in British Columbia is a low-powered incentive. Similar results were found in the US state of New York, for their high-powered diabetes P4P program,²⁶ and in Portugal for the implementation of Family Health Units, which were partially financed through P4P for conditions such as diabetes.⁵⁷

Lastly, two studies in Italy found mixed results when different forms of low powered financial incentives were examined to improve care for patients with chronic diseases:^{10,11} P4P, paid based on the achievement of specific targets; Pay-for-Participation (P4Pa), paid based on the number of patients with specific chronic conditions under their care; and Pay-for-Compliance (P4C), where PCPs are paid based on the number of collaborative activities in which they participated.^{10,11,49} Fiorentini *et al.*¹⁰ found that P4P and P4C programs reduced the probability of avoidable hospitalizations for 27 medical diagnostic-related groups in the general patient population; however, the P4Pa program was only significant when examined only in people with type 2 diabetes.¹⁰ Another study reported that of the two forms of incentives, P4Pa and P4C, only the P4Pa incentive for diabetes care significantly reduced the probability of being hospitalized for a hyperglycemic emergency.¹¹

Diabetes-related hospitalization costs. Eight studies evaluated the relationship between financial incentives for diabetes management and diabetes-related hospitalization costs. Four studies were conducted in Taiwan,^{21,23,52,53} of which two were longitudinal^{21,53} and two were cross-sectional.^{23,52} All four Taiwanese studies found that the P4P program was associated with lower hospitalization costs for diabetes patients. One longitudinal study found lower hospitalization costs only when comparing patients continuously enrolled in the P4P program vs never enrolled.²¹ Hospital expenses decreased by 1993 New Taiwan (NT) dollars (59 US dollars) per patient over time in 2006.²¹ In British Columbia, Canada, two studies found the incentive for diabetes management was also associated with reduced hospital costs.^{54,58}

Two quasi-experimental studies from New Brunswick, Canada, reported that their low powered P4P for diabetes care did not reduce the overall hospitalization costs for diabetes patients.^{48,59} However, one study found that for newly diagnosed people with diabetes (i.e., patients who were diagnosed with diabetes a year before P4P was introduced), hospitalization costs fell by 7.96%,⁴⁸ while the other study observed a downward trend in hospital costs (not statistically significant).⁵⁹

Mortality. Thirteen studies investigated the relationship between financial incentives for diabetes management and mortality. Twelve reported a reduction in mortality,^{18,50,51,55,56,60–66} while one found no effect.¹⁷ All twelve studies were from Taiwan and used longitudinal data from the same health research database. One study reported that the risk of all-cause mortality (HR: 0.45, 95% CI: 0.45, 0.46) and infection-related mortality (HR: 0.46, 95% CI: 0.45, 0.47) was significantly lower in the P4P group than the non-P4P group for people with type 2 diabetes.⁵⁶ Lower risks of all-cause and diabetes-related mortality were also reported among type 2 diabetes patients who were cancer survivors enrolled in the P4P program.⁶³ Another study found that the effect of P4P in reducing the risk of death in type 2 diabetes patients was the most significant in those who were underweight (i.e., Body Mass Index < 18.5) (HR: 0.11, 95% CI: 0.04, 0.38).⁶⁰ The diabetes P4P program in Taiwan was associated with a lower risk of all-cause mortality in both patients with full and partial participation in the program; however, the risk of mortality was lowest in full participants.⁵⁵

1
2
3
4 In contrast, Kontopantelis *et al.*'s longitudinal spatial study in England used an ecological
5 perspective, and found no statistically significant relationship between a primary care practice's
6 performance on the UK's Quality and Outcomes Framework (QOF) indicators (a high-powered
7 incentive) and all-cause mortality or cause-specific mortality for six conditions including
8 diabetes.¹⁷ However, the authors indicate that the limitations in the spatial analysis may have
9 attenuated the relationship between the QOF and mortality.¹⁷
10
11
12
13
14
15

16 ***Effects of Financial Incentives for Diabetes Management by Study Quality, Health*** 17 ***Insurance System, and in Newly Diagnosed Diabetes Patients*** 18 19

20 Twenty-six of the 29 studies in total were of high methodological quality based on Downs and
21 Black scores. Sixteen high quality studies examined the effect of the incentives on
22 hospitalizations, and the majority of these (12 studies)^{20,21,23,24,49–56} reported that incentives
23 reduced hospitalizations, while the remainder found either no effect^{57,58} or mixed results.^{10,11} All
24 high-quality studies that evaluated the effect of the incentives on mortality (12
25 studies)^{18,50,51,55,56,60–66} reported a reduction. None of the fair-quality studies reported data on the
26 effect of the incentives on hospitalization costs, thus, we are unable to assess the effect of the
27 incentives on this outcome by study quality. The three fair-quality studies,^{12,17,26} all found that
28 financial incentives for diabetes management had no effect on diabetes-related hospitalizations
29 or mortality.
30
31
32
33
34
35
36
37
38

39 The effect of financial incentives for diabetes management on diabetes-related
40 hospitalizations in countries with single- versus multi-payer health insurance system was also
41 examined. There were 16 studies that examined diabetes management incentives in countries
42 with a single-payer health insurance system (Canada,^{12,54,58} Italy,^{10,11,49} Taiwan,^{21,23,24,50–53,55,56}
43 and Portugal⁵⁷), and two studies in a multi-payer health insurance system (US^{20,26}). Overall, most
44 of the articles in countries with single-payer health system found the incentives to be associated
45 with reduced hospitalizations, but some found no effect. Of the two studies reported in the US,
46 one found a decrease in hospitalizations while the other reported no effect. Therefore, whether a
47 single payer versus a multi-payer health insurance system affects the hospitalization outcomes of
48 P4P incentives for patients with diabetes is unclear. No studies reported on the effect of the
49 incentives on hospitalization costs and mortality in a multi-payer health insurance system.
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

We also examined the effect of the incentives on the outcomes of patients newly diagnosed with diabetes, either first diagnosed during the specified study period, or newly diagnosed (defined as diagnosis of diabetes within 1-6 years) before the introduction of the incentive in the study. Seven studies examined the effect of diabetes management incentives among newly diagnosed patients, five from Taiwan^{50,53,55,64,66} and two from Canada.^{48,59} All studies but one⁵⁹ found that the incentives were associated with reduced hospitalizations, hospitalization costs, or mortality. The outlier study⁵⁹ did find a trend towards lower hospital costs among newly diagnosed patients.

Discussion

In this comprehensive systematic review of the literature on the impact of primary care diabetes management incentives, we found mixed evidence of their efficacy on health and healthcare outcomes. Most high-quality studies found that incentives were associated with reduced hospitalizations and mortality, highlighting the importance of accounting for confounding factors when ascertaining the effect of financial incentives on outcomes. The effect of incentives on hospitalizations did not appear to differ by the type of health insurance system (i.e., single-versus multi-payer health systems), although the number of studies in the multi-payer system was small. Targeting patients newly diagnosed with diabetes appears to yield a large payoff when it comes to reducing diabetes-related hospitalizations and hospitalization costs. Studies that evaluated high-powered and low-powered incentives also had differing results. The P4P program in Taiwan is an example of a high-powered incentive, where the bonus was provided to physicians who improved process measures, improved intermediate outcomes, and whose performance ranked within the top 25% of physicians.^{18,62,67} In contrast, low-powered incentives were introduced in British Columbia, Canada, where PCPs received a set-payment per year per patient for diabetes management following British Columbia's Clinical Practice Guidelines rather than being linked to intermediate outcomes and target indicators.^{58,68}

Other reasons for observed differences may be related to the study design or study settings. In addition, if policy initiatives were already introduced, and policy or system changes occurred simultaneously during the study period, then this may have also affected the effect of diabetes management incentives. The population studied is another potential explanation for the diverging conclusions; we found that incentives were most effective for newly diagnosed

1
2
3
4 diabetes patients. Finally, specific limitations of individual studies in this review, such as
5 unmeasured confounding, selection bias, and smaller sample size, can also explain the differing
6 results.
7
8
9

10
11 Previous systematic reviews in this research area^{32,33,35} have also documented
12 inconsistent results regarding the effectiveness of P4P on improving patient outcomes. One of
13 the reviews examined the effect of a wide range of P4P incentives, including those implemented
14 for diabetes care and other chronic diseases,³³ one focused on the QOF P4P scheme in the UK
15 alone,³² and the remainder review focused on the effect of the P4P on diabetes outcomes in a
16 single-payer health system.³⁵ Like our review, Gupta and Ayles³⁵ observed that high-powered
17 incentives reduced the risk of long-term mortality in diabetes patients, while low-powered did
18 not consistently improve patient outcomes.
19
20
21
22
23
24
25

26
27 One interesting observation found in this review was that almost all studies^{48,50,53,55,64,66}
28 that focused on people with newly diagnosed DM found that incentives for diabetes management
29 reduced diabetes-related hospitalizations and hospitalization costs. However, it is important to
30 note that most studies were conducted in Taiwan. One potential explanation for this finding may
31 be that, since the longer a patient lives with diabetes, the higher the risk they have of
32 microvascular- and macrovascular complications,⁴⁶ coronary heart disease death,⁶⁹ and all-cause
33 death,⁴⁶ zeroing in on the newly diagnosed group helps attenuate the impact of these longer-run
34 effects. In patients with newly diagnosed diabetes, the effectiveness of incentives may also be
35 related to the detection and prevention of diabetes-related complications. A few studies report
36 that patients with a shorter duration of diabetes were less likely to adhere to antidiabetic drug
37 therapy and a large proportion of them did not have regular diabetes-related outpatient visits,^{52,70}
38 suggesting that there may be additional room to optimize the potential effects of incentives in
39 this patient population. Financial incentives can improve physician continuity of care,⁶⁶
40 reinforcing the patient compliance with diabetes management which in turn can result in higher
41 adherence to the physician prescribed management plan and better health outcomes for
42 patients.⁷¹ Early studies conducted by the UK Prospective Diabetes Study (UKPDS) Group have
43 shown that diabetes management, such as tight blood glucose and blood pressure controls, in
44 patients with newly diagnosed type 2 diabetes can reduce the risk of diabetes-related
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2
3
4 complications and subsequent deaths.^{72–74} This shows the importance of early detection and
5
6 effective diabetes management at the onset of diabetes.
7
8

9 In terms of strengths, our updated review provides a clearer link between P4P incentives
10 and hospitalizations, and/or mortality^{50,51,56,60,61} and uncovered several new insights. The newly
11 added studies were of high methodological quality and supported the importance of high-
12 powered incentives in improving patient health outcomes.
13
14
15
16

17 This review has limitations. First, it only includes observational studies as no randomized
18 controlled trials exist in the literature, hampering the inferred causal link between the P4P
19 incentives and outcomes. Second, the evidence gleaned from the review suffers from the
20 limitations of cross-sectional studies, including those associated with heterogeneity in the study
21 population, study design, study setting, nature of financial incentives, and outcomes evaluated.
22 Selection bias was a concern in some studies, as physicians often voluntarily participate in some
23 P4P programs; it is possible that participating physicians may vary systematically from those
24 who did not enroll into the program.²⁰ As a consequence, physicians who enroll could already be
25 high-performing providers who follow the recommended diabetes care guidelines.^{20,29} Most
26 studies controlled for potential observable confounders, however, some residual confounding
27 may have remained due to unobservable factors. Third, studies on the effect of incentives in
28 multi-payer health insurance systems, were limited. Lastly, only studies published in the English-
29 language were included in this review.
30
31
32
33
34
35
36
37
38
39
40

41 **Conclusion**

42
43
44 While the relationship between financial incentives for diabetes management and diabetes-
45 related hospitalizations, hospitalization costs, and mortality was mixed, our review did point to
46 some notable tendencies across the studies. Most high-quality studies reported that incentives
47 reduced hospitalizations and mortality, and the effect of the incentives on the outcomes did not
48 seem to differ by the type of the health insurance system. Moreover, most studies that examined
49 high-powered incentives, especially in Taiwan, observed incentives to be effective versus low-
50 powered incentives, implemented in other jurisdictions. Our review also revealed a reasonably
51 clear association between P4P incentives and hospitalizations and hospitalization costs in newly
52 diagnosed patients. This implies that targeting high-powered financial incentives to improve care
53
54
55
56
57
58
59
60
61
62
63
64
65

for the newly diagnosed patients may be a strategy for the policy makers to consider. Additional research on cost-effectiveness of incentives would help better identify the ideal incentive structure and context for reducing diabetes-related avoidable hospitalizations, associated costs, and premature mortality for all diabetes patients.

References

1. International Diabetes Federation. *IDF Diabetes Atlas*. 10th ed. Brussels, Belgium: International Diabetes Federation; 2021.
2. Diabetes UK. Complications of diabetes.
3. Hux JE, Booth GL, Slaughter PM, Laupacis A. *Diabetes in Ontario: An ICES Practice Atlas*. Ontario; 2003.
4. Alberti KGMM, Zimmet PZ, Ramachandran A. Definition, diagnosis and classification of diabetes mellitus and its complications. Part 1: diagnosis and classification of diabetes mellitus. Provisional report of a WHO Consultation. *Diabet Med*. 1998;15:539-553.
5. Canadian Diabetes Association. Diabetes: Canada at the tipping point-Charting a new path.
6. Diabetes Canada. *Diabetes in Ontario*.; 2018.
7. World Health Organization. Diabetes. <http://www.who.int/en/news-room/fact-sheets/detail/diabetes>. Published 2017.
8. Dusheiko M, Doran T, Gravelle H, Fullwood C, Roland M. Does higher quality of diabetes management in family practice reduce unplanned hospital admissions? *Health Serv Res*. 2011;46(1 Pt 1):27-46. doi:10.1111/j.1475-6773.2010.01184.x
9. Gibson OR, Segal L, McDermott RA. A systematic review of evidence on the association between hospitalisation for chronic disease related ambulatory care sensitive conditions and primary health care resourcing. *BMC Health Serv Res*. 2013;13:336.
10. Fiorentini G, Iezzi E, Lippi Bruni M, Ugolini C. Incentives in primary care and their impact on potentially avoidable hospital admissions. *Eur J Health Econ*. 2011;12(4):297-309.
11. Lippi Bruni M, Nobile L, Ugolini C. Economic incentives in general practice: the impact of pay-for-participation and pay-for-compliance programs on diabetes care. *Health Policy*. 2009;90(2-3):140-148.
12. Laberge M, Kone Pefoyo AJ. Assessing the effectiveness of policies to reduce diabetes

- hospitalizations before and after the reforms of physician payment and primary care organization in British Columbia and Alberta. *Can J diabetes*. 2016;40(5):406-410.
13. Ryan AM, Krinsky S, Kontopantelis E, Doran T. Long-term evidence for the effect of pay-for-performance in primary care on mortality in the UK: a population study. *Lancet*. 2016;388(10041):268-274. doi:10.1016/S0140-6736(16)00276-2
14. Starfield B, Shi L, Macinko J. Contribution of primary care to health systems and health. *The milbank quarterly*. 2005;83(3):457-502. doi:10.1111/j.1468-0009.2005.00409.x
15. Dusheiko M, Gravelle H, Martin S, Rice N, Smith PC. Does better disease management in primary care reduce hospital costs? Evidence from English primary care. *J Health Econ*. 2011;30:919-932. doi:10.1016/j.jhealeco.2011.08.001
16. Kantarevic J, Kralj B. Link between pay for performance incentives and physician payment mechanisms: evidence from the diabetes management incentive in Ontario. *Health Econ*. 2013;22(12):1417-1439.
17. Kontopantelis E, Springate DA, Ashworth M, Webb RT, Buchan IE, Doran T. Investigating the relationship between quality of primary care and premature mortality in England: a spatial whole-population study. *BMJ*. 2015;350:h904. doi:10.1136/bmj.h904
18. Hsieh H-M, He J-S, Shin S-J, et al. A Diabetes Pay-for-Performance Program and Risks of Cancer Incidence and Death in Patients With Type 2 Diabetes in Taiwan. *Prev Chronic Dis*. 2017;14:E88. doi:http://dx.doi.org/10.5888/pcd14.170012
19. Harrison MJ, Dusheiko M, Sutton M, Gravelle H, Doran T, Roland M. Effect of a national primary care pay for performance scheme on emergency hospital admissions for ambulatory care sensitive conditions: controlled longitudinal study. *BMJ*. 2014;349:g6423.
20. Chen JY, Tian H, Taira Juarez D, et al. The effect of a PPO pay-for-performance program on patients with diabetes. *Am J Manag Care*. 2010;16(1):e11-9.
21. Cheng S-H, Lee T-T, Chen C-C. A longitudinal examination of a pay-for-performance program for diabetes care. *Med Care*. 2012;50(2):109-116. doi:10.1097/MLR.0b013e31822d5d36
22. Vamos EP, Pape UJ, Bottle A, et al. Association of practice size and pay-for-performance incentives with the quality of diabetes management in primary care. *CMAJ*. 2011;183(12):E809-16.

23. Lee T-T, Cheng S-H, Chen C-C, Lai M-S. A pay-for-performance program for diabetes care in Taiwan: a preliminary assessment. *Am J Manag Care*. 2010;16(1):65-69.
24. Huang Y-C, Lee M-C, Chou Y-J, Huang N. Disease-specific pay-for-performance programs: Do the P4P effects differ between diabetic patients with and without multiple chronic conditions? *Med Care*. 2016;54(11):977-983.
25. Thavam T, Devlin RA, Thind A, Zaric GS, Sarma S. The impact of the diabetes management incentive on diabetes-related services: evidence from Ontario, Canada. *Eur J Heal Econ*. 2020;21(9):1279-1293. doi:10.1007/s10198-020-01216-6
26. Chien AT, Eastman D, Li Z, Rosenthal MB. Impact of a pay for performance program to improve diabetes care in the safety net. *Prev Med (Baltim)*. 2012;55(SUPPL.):S80-5. doi:10.1016/j.ypmed.2012.05.004
27. Kiran T, Victor JC, Kopp A, Shah BR, Glazier RH. The relationship between financial incentives and quality of diabetes care in Ontario, Canada. *Diabetes Care*. 2012;35(5):1038-1046.
28. Khunti K, Gadsby R, Millett C, Majeed A, Davies M. Quality of diabetes care in the UK: comparison of published quality-of-care reports with results of the quality and outcomes framework for diabetes. *Diabet Med*. 2007;24(12):1436-1441.
29. Van Herck P, De Smedt D, Annemans L, Remmen R, Rosenthal MB, Sermeus W. Systematic review: Effects, design choices, and context of pay-for-performance in health care. *BMC Health Serv Res*. 2010;10(1):247. doi:10.1186/1472-6963-10-247
30. Langdown C, Peckham S. The use of financial incentives to help improve health outcomes: is the quality and outcomes framework fit for purpose? A systematic review. *J Public Health (Bangkok)*. 2014;36(2):251-258. doi:10.1093/pubmed/fdt077
31. de Bruin SR, Baan CA, Struijs JN. Pay-for-performance in disease management: a systematic review of the literature. *BMC Health Serv Res*. 2011;11(1):272. doi:10.1186/1472-6963-11-272
32. Gillam SJ, Siriwardena AN, Steel N. Pay-for-performance in the United Kingdom: impact of the quality and outcomes framework: a systematic review. 2012;10(5). doi:10.1370/afm.1377
33. Mendelson A, Kondo K, Damberg C, et al. The effects of pay-for-performance programs on health, health care use, and processes of care: a systematic review. *Ann Intern Med*.

- 2017;166(5):341. doi:10.7326/M16-1881
34. Forbes LJ, Marchand C, Doran T, Peckham S. The role of the quality and outcomes framework in the care of long-term conditions: a systematic review. *Br J Gen Pract.* 2017;67(664):e775. doi:10.3399/BJGP17X693077
35. Gupta N, Ayles HM. Effects of pay-for-performance for primary care physicians on diabetes outcomes in single-payer health systems: a systematic review. *Eur J Heal Econ.* 2019;20(9):1303-1315. doi:10.1007/s10198-019-01097-4
36. Downs SH, Black N. The feasibility of creating a checklist for the assessment of the methodological quality both of randomised and non-randomised studies of health care interventions. *J Epidemiol Community Health.* 1998;52(6):377-384. doi:10.1136/jech.52.6.377
37. Morton S, Barton CJ, Rice S, Morrissey D. Risk factors and successful interventions for cricket-related low back pain: A systematic review. *Br J Sports Med.* 2014;48(8):685-691. doi:10.1136/bjsports-2012-091782
38. Trac MH, McArthur E, Jandoc R, et al. Macrolide antibiotics and the risk of ventricular arrhythmia in older adults. *CMAJ.* 2016;188(7):e120-e129. doi:10.1503/cmaj.150901
39. O'Connor SR, Tully MA, Ryan B, Bradley JM, Baxter GD, McDonough SM. Failure of a numerical quality assessment scale to identify potential risk of bias in a systematic review: a comparison study. *BMC Res Notes.* 2015;8(1):224. doi:10.1186/s13104-015-1181-1
40. Batacan RB, Duncan MJ, Dalbo VJ, Tucker PS, Fenning AS. Effects of high-intensity interval training on cardiometabolic health: a systematic review and meta-analysis of intervention studies. *Br J Sports Med.* 2017;51(6):494 LP - 503. doi:10.1136/bjsports-2015-095841
41. Newell SA, Bowman JA, Cockburn JD. Can compliance with nonpharmacologic treatments for cardiovascular disease be improved? *Am J Prev Med.* 2000;18(3):253-261. doi:10.1016/S0749-3797(99)00157-9
42. Donnelly PD, Erwin PC, Fox DM, Grogan C. Single-Payer, Multiple-Payer, and State-Based Financing of Health Care: Introduction to the Special Section. *Am J Public Health.* 2019;109(11):1482-1483. doi:10.2105/AJPH.2019.305353
43. Gupta N, Ayles HM. Systematic review protocol: Examining the effects of introducing pay-for-performance for primary care physicians on diabetes outcomes in single-payer

- healthcare systems. Diabetes Population Health and Health Services Research Working Paper, no. 2017-01. 2017.
<https://unbscholar.lib.unb.ca/islandora/object/unbscholar%3A9292>.
44. Hussey P, Anderson GF. A comparison of single-and multi-payer health insurance systems and options for reform. *Heal Policy* . 2003;66(3):215-228. doi:10.1016/S0168-8510(03)00050-2
 45. Herrington WG, Alegre-Díaz J, Wade R, et al. Effect of diabetes duration and glycaemic control on 14-year cause-specific mortality in Mexican adults: a blood-based prospective cohort study. *Lancet Diabetes Endocrinol*. 2018;6(6):455-463. doi:10.1016/S2213-8587(18)30050-0
 46. Zoungas S, Woodward M, Li Q, et al. Impact of age, age at diagnosis and duration of diabetes on the risk of macrovascular and microvascular complications and death in type 2 diabetes. *Diabetologia*. 2014;57(12):2465-2474. doi:10.1007/s00125-014-3369-7
 47. Li C, Zhao G, Okoro CA, Wen XJ, Ford ES, Balluz LS. Prevalence of diagnosed cancer according to duration of diagnosed diabetes and current insulin use among U.S. adults with diagnosed diabetes: Findings from the 2009 behavioral risk factor surveillance system. *Diabetes Care*. 2013;36(6):1569-1576. doi:10.2337/dc12-1432
 48. Gupta N, Lavallée R, Ayles J. Effects of Pay-for-Performance for Primary Care Physicians on Preventable Diabetes-Related Hospitalization Costs Among Adults in New Brunswick, Canada: A Quasiexperimental Evaluation. *Can J Diabetes*. 2019;43(5):354-360.e1. doi:10.1016/j.jcjd.2018.11.006
 49. Iezzi E, Lippi Bruni M, Ugolini C. The role of GP's compensation schemes in diabetes care: evidence from panel data. *J Health Econ*. 2014;34:104-120.
 50. Yen FS, Cheng-Chung Wei J, Hung YT, Hsu CC, Hwu CM. Long-term outcomes of the pay-for-performance program for patients with young-onset (20-40 years of age) type 2 diabetes. *Diabetes Res Clin Pract*. 2022;193. doi:10.1016/J.DIABRES.2022.110136
 51. Lu CW, Wu YF, Chen TH, et al. A nationwide cohort investigation on pay-for-performance and major adverse limb events in patients with diabetes. *Prev Med (Baltim)*. 2021;153. doi:10.1016/J.YPMED.2021.106787
 52. Cheng J-S, Tsai W-C, Lin C-L, et al. Trend and factors associated with healthcare use and costs in type 2 diabetes mellitus: a decade experience of a universal health insurance

- program. *Med Care*. 2015;53(2):116-124. doi:10.1097/MLR.0000000000000288
53. Chi M-J, Chou K-R, Pei D, et al. Effects and Factors Related to Adherence to A Diabetes Pay-for-Performance Program: Analyses of a National Health Insurance Claims Database. *J Am Med Dir Assoc*. 2016;17(7):613-619.
doi:http://dx.doi.org/10.1016/j.jamda.2016.02.033
 54. Hollander MJ, Kadlec H. Incentive-Based Primary Care: Cost and Utilization Analysis. *Perm J*. 2015;19(4):46-56. doi:10.7812/TPP/15-045
 55. Lin T-Y, Chen C-Y, Huang YT, Ting M-K, Huang J-C, Hsu K-H. The effectiveness of a pay for performance program on diabetes care in Taiwan: a nationwide population-based longitudinal study. *Health Policy*. 2016;120(11):1313-1321.
 56. Wu YF, Chen MY, Chen TH, Wang PC, Peng YS, Lin MS. The effect of pay-for-performance program on infection events and mortality rate in diabetic patients: a nationwide population-based cohort study. *BMC Health Serv Res*. 2021;21(1):1-10.
doi:10.1186/S12913-021-06091-2/FIGURES/3
 57. Dimitrovová K, Perelman J, Serrano-Alarcón M. Effect of a national primary care reform on avoidable hospital admissions (2000–2015): A difference-in-difference analysis. *Soc Sci Med*. 2020;252:N.PAG-N.PAG. doi:10.1016/j.socscimed.2020.112908
 58. Lavergne MR, Law MR, Peterson S, et al. Effect of incentive payments on chronic disease management and health services use in British Columbia, Canada: Interrupted time series analysis. *Health Policy (New York)*. 2018;122(2):157-164.
doi:10.1016/j.healthpol.2017.11.001
 59. Gupta N, Lavallee R, Ayles J. Gendered effects of pay for performance among family physicians for chronic disease care: an economic evaluation in a context of universal health coverage. *Hum Resour Health*. 2019;17(1):40.
doi:https://dx.doi.org/10.1186/s12960-019-0378-0
 60. Huang HL, Kung CY, Wang SM, et al. Effects of Body Mass Index and Pay-for-Performance Program on Risk of Death in Patients with Type 2 Diabetes: A Nationwide Cohort Study. *Int J Environ Res Public Health*. 2021;18(9).
doi:10.3390/IJERPH18094648
 61. Lu J fen R, Chen YI, Eggleston K, Chen CH, Chen B. Assessing Taiwan's pay-for-performance program for diabetes care: a cost-benefit net value approach. *Eur J Health*

- Econ.* 2023;24(5):717-733. doi:10.1007/S10198-022-01504-3
62. Chen Y-C, Lee CT-C, Lin BJ, Chang Y-Y, Shi H-Y. Impact of pay-for-performance on mortality in diabetes patients in Taiwan. *Medicine (Baltimore)*. 2016;95(27):e4197. doi:10.1097/MD.00000000000004197
63. Hsieh H-M, Chiu H-C, Lin Y-T, Shin S-J. A diabetes pay-for-performance program and the competing causes of death among cancer survivors with type 2 diabetes in Taiwan. *Int J Qual Heal Care*. 2017;29(4):512-520. doi:http://dx.doi.org/10.1093/intqhc/mzx057
64. Kung F-P, Tsai C-F, Lu C-LC-H, et al. Diabetes pay-for-performance program can reduce all-cause mortality in patients with newly diagnosed type 2 diabetes mellitus. *Medicine (Baltimore)*. 2020;99(7):e19139. doi:https://dx.doi.org/10.1097/MD.00000000000019139
65. Liao P-J, Lin T-Y, Wang T-C, et al. Long-Term and Interactive Effects of Pay-For-Performance Interventions among Diabetic Nephropathy Patients at the Early Chronic Kidney Disease Stage. *Medicine (Baltimore)*. 2016;95(14):e3282. doi:http://dx.doi.org/10.1097/MD.00000000000003282
66. Pan C-C, Kung P-T, Chiu L-T, et al. Patients with diabetes in pay-for-performance programs have better physician continuity of care and survival. *Am J Manag Care*. 2017;23(2):e57-e66. <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=med14&NEWS=N&AN=28245660>.
67. Hsieh HM, Lin TH, Lee IC, Huang CJ, Shin SJ, Chiu HC. The association between participation in a pay-for-performance program and macrovascular complications in patients with type 2 diabetes in Taiwan: A nationwide population-based cohort study. *Prev Med (Baltim)*. 2016;85:53-59. doi:10.1016/j.ypmed.2015.12.013
68. British Columbia Medical Association. *General Practice Services Committee Annual Report 2006-2007*.; 2007.
69. Fox CS, Sullivan L, D'Agostino RB, Wilson PWF. The Significant Effect of Diabetes Duration on Coronary Heart Disease Mortality: The Framingham Heart Study. *Diabetes Care*. 2004;27(3):704-708. doi:10.2337/diacare.27.3.704
70. Chang HY, Chiou CJ, Lin MC, Lin SH, Tai TY. A population study of the self-care behaviors and their associated factors of diabetes in Taiwan: Results from the 2001 National Health Interview Survey in Taiwan. *Prev Med (Baltim)*. 2005;40(3):344-348.

doi:10.1016/j.ypmed.2004.06.012

71. Chen CC, Tseng CH, Cheng SH. Continuity of care, medication adherence, and health care outcomes among patients with newly diagnosed type 2 diabetes: a longitudinal analysis. *Med Care*. 2013;51(3):231-237. doi:10.1097/MLR.0B013E31827DA5B9
72. UK Prospective Diabetes Study (UKPDS) Group. Intensive blood-glucose control with sulphonylureas or insulin compared with conventional treatment and risk of complications in patients with type 2 diabetes (UKPDS 33). *Lancet*. 1998;352(9131):837-853. doi:10.1016/S0140-6736(98)07019-6
73. UK Prospective Diabetes Study (UKPDS) Group. Effect of intensive blood-glucose control with metformin on complications in overweight patients with type 2 diabetes (UKPDS 34). *Lancet*. 1998;352(9131):854-865. doi:https://doi.org/10.1016/S0140-6736(98)07037-8
74. UK Prospective Diabetes Study (UKPDS) Group. Tight blood pressure control and risk of macrovascular and microvascular complications in type 2 diabetes: UKPDS 38. *BMJ Br Med J*. 1998;317(7160):703. doi:10.1136/bmj.317.7160.703

Highlights

- Impact of financial incentives for diabetes management on patient health is mixed
- Effect of incentives on health outcomes did not vary by health insurance system
- High-quality studies reported incentives to reduce hospitalizations and mortality
- Effectiveness of incentives were beneficial to newly diagnosed diabetes patients

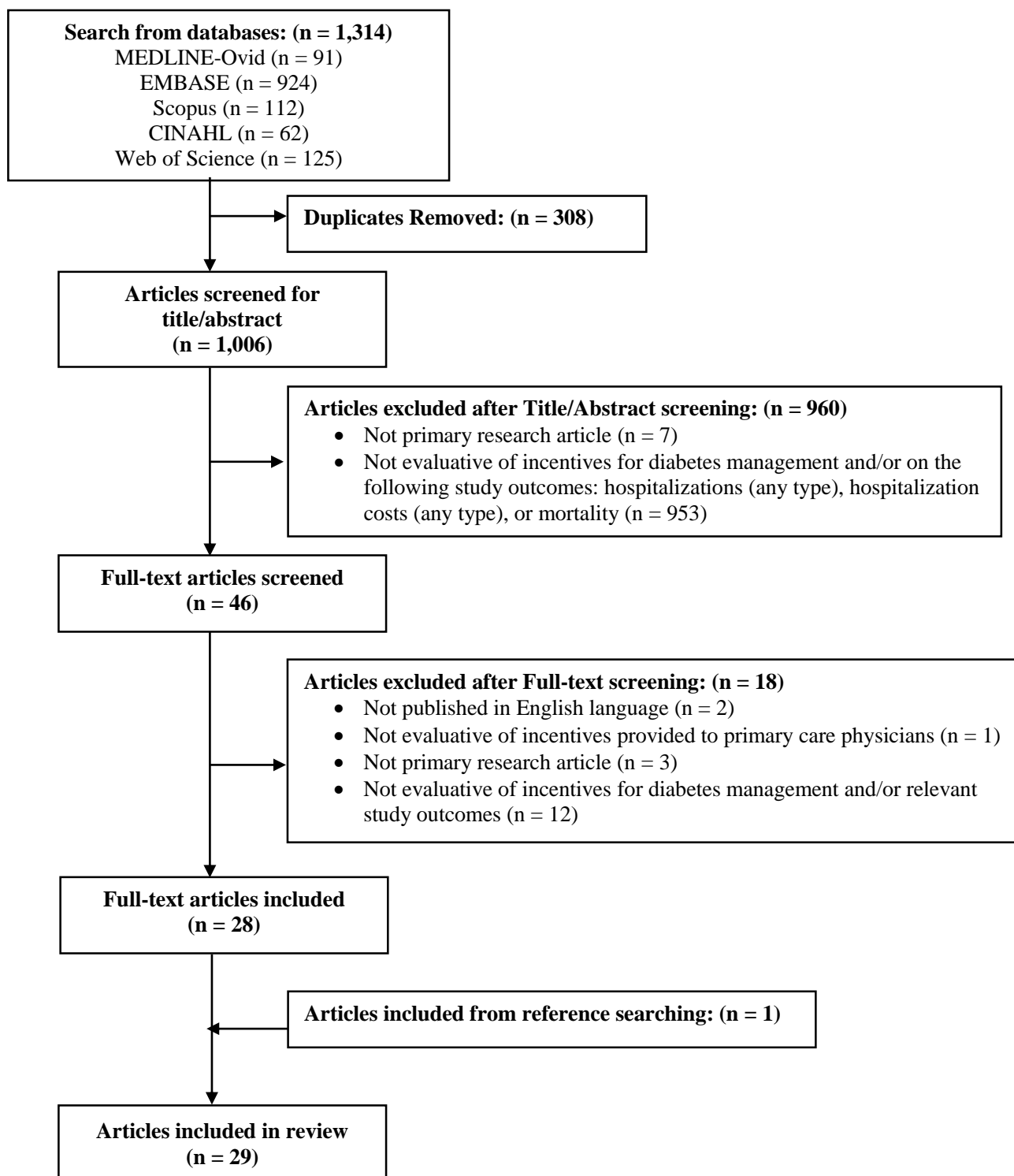


Figure 1. Flowchart depicting the process used to select the relevant articles for this review

Table 1. Findings from studies that assessed the relationship between financial incentives for diabetes management and diabetes-related hospitalizations, hospitalization costs, or mortality

Author, Year & Country	Exposure Variable(s)	Outcome Variable(s)	Methods	Study Findings	Downs and Black Score*	Study Quality (Percentage) ^a
Chen <i>et al.</i> (2010) Hawaii, USA	<ul style="list-style-type: none"> P4P provided to physicians for performing quality of care process in diabetes patients Receipt of quality of care processes (Yes vs. No) 	<ul style="list-style-type: none"> Number of hospitalizations from all-causes 	<ul style="list-style-type: none"> Longitudinal study Time: 1999 to 2006 Population: Diabetes patients aged between 18 to 75 who saw P4P or non-P4P physician Compared patients who saw P4P-participating physician vs. non-P4P-participating physician Covariates: Age, sex, comorbidity index, number of outpatient visits, number of distinct primary care physicians seen, visit to an endocrinologist, insulin dependence, calendar year Analysis: Random-effects negative binomial models for hospitalization, Poisson and zero-inflated models for sensitivity analysis 	<ul style="list-style-type: none"> Patients who received quality of care were significantly less likely to be hospitalized During one year, there was no significant difference in hospitalization rates for patients who consulted P4P-physicians compared to those who did not consult them Patients who consulted P4P physician for 3 consecutive years were significantly less likely to be hospitalized 	18	High (66.7%)

Chen <i>et al.</i> (2016) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • All-cause mortality 	<ul style="list-style-type: none"> • Retrospective cohort study • Time: 2004 • Population: Type 2 diabetes patients diagnosed prior to December 31, 2003 • Intervention group: Patients 18 years and older enrolled newly in P4P in 2004; Comparison: Patients not in P4P using propensity score matching • Covariates: Demographic, utilization, clinical parameters • Analysis: Propensity score matching, Kaplan-Meier method, time-dependent Cox regression model, competing risk adjusted cox regression, GEE 	<ul style="list-style-type: none"> • Mortality rate was lower in P4P group vs. non-P4P group (HR: 0.76; 95% CI: 0.64, 0.92) 	22	High (81.5%)
Cheng <i>et al.</i> (2012) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • Health care use (includes diabetes-related hospitalizations), health care expenses (includes diabetes-related hospitalizations) 	<ul style="list-style-type: none"> • Natural experiment and longitudinal design • Time: 2004 to 2009 • Population: Diabetes patients over the age of 18 • Intervention group: Patients enrolled in P4P in 2005; Comparison: Patients from same physicians but not enrolled in P4P • Covariates: Patient's sex, age, DCSI score, CIC index, hospital location, hospital accreditation • Analysis: Propensity score matching, DID method, Poisson distribution, negative binomial 	<ul style="list-style-type: none"> • Net effect of P4P on hospitalizations suggest fewer hospitalizations over time in the intervention group, and marginally significant. No difference was observed in hospitalization expenses • For patients who stayed in P4P throughout the observation period from 2005 to 2009, the net effect of P4P reached significance 	19	High (70.4%)

			distribution, GEE model with logarithmic link function with gamma distribution	throughout the study period. Lower hospital expenses was also reported in the intervention group than the comparison group		
Cheng <i>et al.</i> (2015)	<ul style="list-style-type: none"> Trends and factors in Taiwan's healthcare system P4P status for diabetes care 	<ul style="list-style-type: none"> Healthcare use and costs of services such as hospital admissions 	<ul style="list-style-type: none"> Retrospective cross-sectional study Time: 2000, 2005, 2010 Population: Type 2 diabetes patients aged 20 years and above matched to non-diabetes individuals Compared P4P vs. non-P4P Covariates: Patient characteristics, time, disease severity, policy intervention, and care seeking pattern Analysis: 2-part model used to evaluate the use and cost of inpatient services: (1) logistic regression model, and (2) GLM with log-link and gamma distribution; trend analyses 	<ul style="list-style-type: none"> P4P enrollment associated with lower risk of hospital admissions (OR: 0.71; 95% CI: 0.60, 0.83), and lower inpatient costs by (-33,343 NTD; SE: 2,205) in patients with diabetes 	20	High (74.1%)
Taiwan						

Chi <i>et al.</i> (2016) Taiwan	<ul style="list-style-type: none"> • Adherence to diabetes P4P program 	<ul style="list-style-type: none"> • Diabetes-related/non-diabetes-related healthcare use or expenses (includes hospitalizations) 	<ul style="list-style-type: none"> • Longitudinal natural experimental design • Time: 2001 to 2011 • Population: Newly diagnosed diabetes patients in 2001 who are at least 18 years old. There were 4 cohorts: Those enrolled in the P4P in 2003, 2004, 2005, and 2006 • In P4P patients there were 2 groups: (1) those who adhered and (2) those who did not adhere to the first-stage diabetes P4P • Covariates: Patient demographics, diabetes complications CCI, COCI, time since diagnosis, hospitalization in previous year and location receiving health services • Analysis: T-tests, repeated-measures analysis of variance 	<ul style="list-style-type: none"> • Total healthcare expense by the adherence group was significantly lower than nonadherence group at 6 time points (T0-T5) • During the overall study, average number of hospitalizations was significantly lower in adherence P4P group at 6 time points (T0-T5) 	18	High (66.7%)
---	---	--	---	--	----	-----------------

Chien <i>et al.</i> (2012) New York, USA	<ul style="list-style-type: none"> • Hudson Health Plan, not-for-profit Medicaid-focused managed care health plan with P4P for diabetes care 	<ul style="list-style-type: none"> • Diabetes-related health care utilization which included hospitalizations 	<ul style="list-style-type: none"> • Quasi-experimental and cross-sectional study • Time: 2003 to 2007 • Population: Diabetes patients from the Hudson Health plan, focusing on patients continuously enrolled in P4P for six months or more for interrupted time-series design • Covariate: Patient demographics, comorbidity, type or practice, language spoken, time trend • Analysis: Interrupted-time series with post-intervention period beginning in 2005 	<ul style="list-style-type: none"> • Post-intervention was not significantly associated with being hospitalized for diabetes (OR: 1.32; SE: 0.45) 	17	Fair (63.0%)
---	---	--	--	--	----	-----------------

Dimitrova <i>et al.</i> (2020)	<ul style="list-style-type: none"> • Implementation of Family Health Unit who are partly financed through pay-for-performance for conditions including diabetes 	<ul style="list-style-type: none"> • Hospitalization for ACSCs, and certain disease-specific hospitalization for ACSC (includes diabetes) 	<ul style="list-style-type: none"> • Longitudinal study • Time: 2000 to 2015 • Population: Inpatient stays at all public non-specialized Portuguese hospitals. Data were used from 276 Portuguese municipalities. • Covariates: Municipality-level purchasing power, proportion of elderly, number of inhabitants in each municipality, year, and regional differences • Treatment variable: Municipality with at least one Family Health Unit vs. none during 2006 to 2015 • Analysis: DID regression analysis with municipality fixed-effects, municipality-specific linear time trend 	<ul style="list-style-type: none"> • No significant impact of Family Health Unit on the hospitalization for ACSC, and disease-specific incentivized ACSC (i.e. circulatory-related, diabetes-related) 	20	High (74.1%)
Fiorentini <i>et al.</i> (2011)	<ul style="list-style-type: none"> • Financial incentives in primary care focusing on P4P, P4Pa, and P4C 	<ul style="list-style-type: none"> • Avoidable hospitalizations using two indicators: 27 medical DRGs and ACSCs 	<ul style="list-style-type: none"> • Cross-sectional study • Time: 2005 • Population: Patients aged 18 and 74 years • Covariates: Patient-, physician-, and district level covariates • Analysis: Multilevel modeling, 3-level logit model 	<ul style="list-style-type: none"> • P4P and P4C had a statistically significant effect on the probability of avoidable admissions using 27 DRGs. However, P4Pa did not have a significant effect • P4Pa is only significant when conducted with a subpopulation of type 2 diabetes patients, and using an outcome variable of admissions via acute 	21	High (77.8%)

				complications for diabetes		
Gupta <i>et al.</i> (2019a) New Brunswick, Canada	<ul style="list-style-type: none"> P4P for diabetes management for family physicians 	<ul style="list-style-type: none"> Costs for potentially avoidable hospitalizations, and hospitalization costs for ACSCs concordant with diabetes 	<ul style="list-style-type: none"> Quasi-experimental study Time: 2009-2010 to 2014-2015 Population: 35 years and older residents diagnosed with type 1 or type 2 diabetes prior to the study, and 35-years and older residents newly diagnosed with type 2 diabetes Exposed group: Patients exposed to physicians' uptake of incentive; Comparison group: Patients not exposed Covariates: Patient demographics, comorbidity, physician's remuneration model, physician practice size Analysis: Logarithms for cost data, DID with matching and controlling for unobserved factors 	<ul style="list-style-type: none"> P4P introduction was associated with significant reduction in hospitalization cost for diabetes only in those who were newly diagnosed with diabetes (DID estimate: -0.083; $p < 0.01$) No cost reduction observed in medium-term and longer-term diabetic patients, or for hospitalization costs for ACSCs concordant with diabetes 	18	High (66.7%)
Gupta <i>et al.</i> (2019b) New Brunswick, Canada	<ul style="list-style-type: none"> Gender-specific effects of P4P for diabetes care among family physicians 	<ul style="list-style-type: none"> Diabetes healthcare costs (includes potentially avoidable hospitalization costs attributable to diabetes) 	<ul style="list-style-type: none"> Quasi-experimental study Time: 2009/10 to 2014/15 Population: 35 years and older residents diagnosed with type 1 or type 2 diabetes prior to the study, and 35-years and older residents newly diagnosed with type 2 diabetes Compares patients exposed to physician uptake of 	<ul style="list-style-type: none"> Trends in potentially avoidable hospitalization costs for diabetes and for other common comorbid conditions was not significantly different between patients exposed to physician uptake of P4P vs. not exposed in baseline cohort. The 	18	High (66.7%)

			<ul style="list-style-type: none"> incentive vs. those not exposed • Covariates: PSM observed patient- and physician-characteristics • Analysis: PSM-adjusted DID econometric model 	<ul style="list-style-type: none"> P4P effects did not also differ by physician gender. • Similar results seen in those newly diagnosed with type 2, however there was some indication of a trend towards lower hospital costs 		
Hollander <i>et al.</i> (2015)	<ul style="list-style-type: none"> • Incentives provided to physicians in the FFS primary care funding model for providing care to patients with chronic conditions including diabetes 	<ul style="list-style-type: none"> • Healthcare costs including hospitalization costs, and hospital utilization (days, admissions, readmissions, and length of stay) 	<ul style="list-style-type: none"> • Cross-sectional study • Time: Fiscal year 2010-2011 • Population: Patients with diabetes, congestive heart failure, COPD, hypertension • Intervention group: Those who received incentive-based care; Comparison: Those who received standard (non-incentive based) care • Covariates: Patient demographics, resource utilization band, attachment to practice • Analysis: PSM with the use of probit regression, paired sample t-tests 	<ul style="list-style-type: none"> • Cost adjusted results revealed healthcare costs were higher in those who received incentive-based care vs. those who did not for diabetes. However, hospital costs were lower for diabetes patients with incentive-based care • Among patients with diabetes, those who received incentive-based care had fewer hospital admissions, fewer days in hospital, fewer readmissions, and shorter length of stay 	20	High (74.1%)

Hsieh <i>et al.</i> (2017a) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • Risk of all-cause, and diabetes-related mortality 	<ul style="list-style-type: none"> • Longitudinal study • Time: 2000 to 2010 • Population: Patients with type 2 diabetes aged 18 and over using data from 2003-2005 • Intervention group: Patients enrolled in P4P; • Comparison: Patients not enrolled in P4P • Covariates: Patient demographic variables, DCSI, CIC, baseline antidiabetes drug use, most frequent health institution characteristics • Analysis: PSM approach, multivariable Cox proportional hazard model, competing risk regression models 	<ul style="list-style-type: none"> • Patients in P4P program had lower risk of all-cause mortality (HR: 0.59; 95% CI: 0.55, 0.63), and diabetes-related mortality (HR: 0.54; 95% CI: 0.49, 0.60) 	19	High (70.4%)
--	---	---	--	---	----	-----------------

Hsieh <i>et al.</i> (2017b) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • All-cause, and diabetes-related mortality 	<ul style="list-style-type: none"> • Longitudinal study • Time: 2000 to 2010 • Population: Cancer survivors with Type 2 diabetes • Intervention group: Patients enrolled to P4P; • Comparison: Patients who did not enroll to P4P during patient identification or follow-up • Covariates: Patient covariates, DCSI, CIC, baseline density of diabetes and cancer care and time since cancer diagnosis, health institution characteristics • Analysis: PSM, multivariate Cox proportional hazard models, and competing risk regression models for sensitivity analysis 	<ul style="list-style-type: none"> • P4P cancer survivors had lower risk of all-cause (HR: 0.581; 95% CI: 0.447, 0.756) and diabetes-related mortality (SHR: 0.451; 95% CI: 0.266, 0.765) than non-P4P survivors 	21	High (77.8%)
Huang <i>et al.</i> (2016) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • Hospitalization rate due to diabetes-related ACSCs 	<ul style="list-style-type: none"> • Longitudinal study • Time: 2003 to 2011 • Population: Type 2 diabetic patients age 20 years and older • Looked at patients with MCC vs. those without • Intervention group: Patients newly enrolled to P4P from 2004 to 2007; • Comparison: Patients never enrolled in P4P • Covariates: Patient demographics, DCSI, Medication Possession 	<ul style="list-style-type: none"> • Non-MCC: Hospitalizations increased for non-P4P but P4P had lesser admissions after P4P implementation • MCC: P4P had fewer admissions after P4P implementation, and the effect of P4P was significant • P4P's effect was stronger in MCC patients 	18	High (66.7%)

				Ratios, hospital accreditation level, hospital location			
				<ul style="list-style-type: none">• Analysis: PSM- DID model, GEE model with logit link function and binomial distribution			
Huang <i>et al.</i> (2021) Taiwan	<ul style="list-style-type: none">• Effect of BMI and diabetes management P4P program	<ul style="list-style-type: none">• Mortality	<ul style="list-style-type: none">• Retrospective cohort study• Time: 2000 to 2014• Population: Type 2 diabetes and ≥ 20 years old• Looked at diabetic patients participated in P4P vs not and patient's BMI (underweight, normal, overweight, mild obesity, and obesity)• Covariates: Patient characteristics, social and economic status, health status, diabetes complications severity index, health behavior, and level of primary care healthcare organizations• Analysis: Univariate Poisson regression, Cox proportional hazard model	<ul style="list-style-type: none">• Irrespective of the BMI, there were significantly lower mortality rates in P4P diabetic patients compared to non-P4P patients within same BMI ($p < 0.05$)• The risk of death was lower in the P4P participants compared to the non-participants (HR: 0.55, 95% CI: 0.44, 0.69). The effect of P4P on reducing the risk of death was most significant in the underweight diabetic patients (HR: 0.11, 95% CI: 0.04, 0.38)	21	High (77.8%)	

Iezzi <i>et al.</i> (2014) Emilia-Romagna region, Italy	<ul style="list-style-type: none"> Diabetes Management program with financial incentives 	<ul style="list-style-type: none"> Hospitalizations for diabetic ACSCs, long-term, and short-term diabetes complications 	<ul style="list-style-type: none"> Longitudinal study Time: 2003 to 2005 Population: Type 2 diabetes diagnosed patients Compared physicians of patients who received incentives ever year vs. never incentivized Covariates: Physician level, and district level variables Analysis: Poisson regression negative binomial model, with fixed and random effects 	<ul style="list-style-type: none"> Financial incentives have a negative and statistical significant effect on all three diabetes-related hospitalization outcomes 	21	High (77.8%)
Kontopantelis <i>et al.</i> (2015) England, United Kingdom	<ul style="list-style-type: none"> National P4P program for primary care, QOF, for managing chronic diseases including diabetes 	<ul style="list-style-type: none"> All-cause and cause-specific premature mortality for QOF-linked conditions (includes diabetes) 	<ul style="list-style-type: none"> Longitudinal spatial study Time: 2007 to 2012 Population: English general practices that participate in the QOF for at least one year in the study Covariates: 2010 deprivation, urbanity vs rurality, ethnicity, morbidity load Analysis: Multiple linear regression models with spatial weighted estimation 	<ul style="list-style-type: none"> All-cause and cause-specific mortality rates decreased over time No statistical significant relationship between practice's performance on QOF indicators and all-cause and cause-specific mortality rates 	17	Fair (63.0%)

Kung <i>et al.</i> (2020) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • All-cause mortality 	<ul style="list-style-type: none"> • Longitudinal study • Time: 2002 to 2011 • Population: Newly diagnosed type 2 diabetes patients • Intervention group: Patients enrolled to P4P within 5 years after diabetes diagnosis between January 1, 2002 and December 31, 2010; Comparison: Patients never enrolled to P4P • Covariates: Age, outpatient visits, antidiabetic agents, hospital level, geographic region, comorbidities • Analysis: Multivariate Cox proportional hazards model with robust sandwich variance 	<ul style="list-style-type: none"> • P4P group had significantly lower mortality rate (HR: 0.58; 95% CI: 0.48, 0.69) • Compared to those that were matched controls, better adherence to P4P program was linked with greater reduction in mortality rate 	20	High (74.1%)
Laberge & Pefoyo (2016) British Columbia & Alberta, Canada	<ul style="list-style-type: none"> • Primary care policy changes introduced in 2003 to improve diabetes care (i.e. Financial incentives in British Columbia, while in Alberta they transformed primary care and provided funding for PCNs) 	<ul style="list-style-type: none"> • Hospitalization rate for diabetes 	<ul style="list-style-type: none"> • Longitudinal study • Time: 1996 to 2010 • Population: Individuals less than 75 years old with diabetes at each index date over the study period in Alberta and British Columbia • Covariates: Age, sex, and year of observation • Analysis: Regression model with a before-and-after design with a fixed-effects model 	<ul style="list-style-type: none"> • There was a decrease in hospitalization rate before and after 2003 • The period after 2003, (i.e. when the primary care policy changes occurred), did not have a statistically significant effect of the hospitalization rates in both provinces 	16	Fair (59.3%)

Lavergne <i>et al.</i> (2018) British Columbia, Canada	<ul style="list-style-type: none"> • Implementation of incentives for chronic disease management (including diabetes in 2003) to primary care physicians 	<ul style="list-style-type: none"> • Hospitalizations, total health spending (includes hospital spending) 	<ul style="list-style-type: none"> • Quasi-experimental study • Time: 2001 to 2012 • Examined 2 years before and 2 years after each incentive program • Population: Patients who qualified for each incentive program, excluding those who moved out of the province during the study, and who received care from primary care physicians not paid by FFS • Covariates: Seasonality • Analysis: Segmented linear regression, generalized least squares model 	<ul style="list-style-type: none"> • No significant changes in hospitalizations for diabetes (Average annual change: -4.9; 95% CI: -19.7, 9.8) comparing before and after incentive was introduced • No significant changes in total health spending among diabetes patients (Average annual change: -180; 95% CI: -450, 88). There was an increase in the spending on primary care physician services but this was counterbalanced by the decrease in acute care spending 	20	High (74.1%)
Lee <i>et al.</i> (2010) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • Hospital admissions, and health care expenses (includes fees for inpatient services) 	<ul style="list-style-type: none"> • Natural experimental study • Time: 2005 to 2006 • Population: Patients diagnosed with diabetes every year between 2004 to 2006, and filled diabetes prescription claims for at least 3 months each year • Intervention group: Patients enrolled in P4P in 2006; Comparison: Patients with diabetes who never joined P4P • Analysis: DID regression, negative binomial distribution, normal distribution in regression models, and GEE 	<ul style="list-style-type: none"> • P4P group had fewer diabetes-related hospitalizations (Coefficient: -0.027; p = 0.03) • P4P group had lesser expenses for diabetes-related inpatient services, a difference of -3,878 New Taiwan Dollars (p < 0.001) 	18	High (66.7%)

Liao <i>et al.</i> (2016) Taiwan	<ul style="list-style-type: none"> The P4P programs for diabetes, and Chronic Kidney Disease (CKD) 	<ul style="list-style-type: none"> All-cause mortality 	<ul style="list-style-type: none"> Longitudinal study Time: 2011 to 2014 Population: Patients with early CKD, and already diagnosed diabetes There were four study groups: both diabetes and early CKD P4P; only diabetes P4P; only early CKD P4P; without any P4P Covariates: Patient demographics, provider's characteristics, eGFR Analysis: Multivariable Cox regression model 	<ul style="list-style-type: none"> Comparing to patients with both P4P programs, the risk of all-cause mortality was higher for the following groups: those without any P4P (HR: 2.42; 95% CI: 2.02, 2.91), and those with only CKD P4P (HR: 2.00; 95% CI: 1.66, 2.42). No statistical significance difference was seen when compared to diabetes P4P only (HR: 1.22; 95% CI: 1.00, 1.50) Lowest likelihood of mortality observed in those with both P4P programs 	19	High (70.4%)
Lin <i>et al.</i> (2016) Taiwan	<ul style="list-style-type: none"> P4P program for diabetes care 	<ul style="list-style-type: none"> Hospitalizations for diabetic complications, and all-cause mortality 	<ul style="list-style-type: none"> Retrospective longitudinal cohort study Time: 2002 to 2012 Population: Diabetes patients above 30 and first diagnosed with Type 2 diabetes Two sets: Full P4P participation and Partial participation; each group was matched with a control group Covariates: Characteristics of patient, provider, and the cohort (i.e. program enrolled year) Analysis: Multivariable Cox regression 	<ul style="list-style-type: none"> Full participation of diabetes P4P had a significant lower risk of being hospitalized for complications compared to control group (HR: 0.751, 95% CI: 0.704, 0.801). While the risk of being hospitalized was non-statistically significant in partial-participation of P4P (HR: 1.071, 95% CI: 1.000, 1.147). Hazard ratio for all-cause mortality was lower for those in full and partial P4P 	21	High (77.8%)

programs versus controls; Full participants (HR: 0.4111, 95% CI: 0.742, 0.841); Partial participants (0.773; 95% CI: (0.737, 0.812)

Lippi Bruni <i>et al.</i> (2009)	<ul style="list-style-type: none"> • P4Pa and P4C incentives provided to primary care physicians for participating in collaborative activities or for following best practices for diabetes and other complex disease 	<ul style="list-style-type: none"> • Hyperglycaemic admissions linked with ketoacidosis and hyperosmolar nonketotic coma 	<ul style="list-style-type: none"> • Cross-sectional study • Time: 2003 • Population: Type 2 diabetics above the age of 35 • Covariates: Patient-physician-, and district level variables • Analysis: Multilevel logit model with three hierarchal levels (patient, GP, district) 	<ul style="list-style-type: none"> • Larger share of diabetes-related payment is associated with lower probability of hyperglycaemic emergency admissions • P4Pa coefficient is significant while P4C coefficient is never significant 	19	High (70.4%)
----------------------------------	--	---	--	--	----	--------------

Lu <i>et al.</i> (2021) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • Primary outcome: Major adverse limb events (MALE) • Secondary outcomes: Major adverse cardiac events (MACE), systemic thromboembolism, composite infection, heart failure hospitalization, all-cause mortality 	<ul style="list-style-type: none"> • Retrospective cohort study • Time: 2002 to 2013 • Population: Patients with type 2 diabetes between 2002 and 2013 • Intervention group: Patients completed 1 year of P4P program • Control group: Patients who did not participate in the P4P program • Covariates: Age, sex, residence, income, diabetes duration, comorbidity, history of 3 cardiovascular events, 7 types of antidiabetic agents, 11 types of other medication • Analysis: PSM, Cox proportional hazards model, Fine and Gray subdistribution hazard model, 	<ul style="list-style-type: none"> • P4P had significantly lower risks of MALE (SHR: 0.73, 95% CI: 0.71, 0.76). P4P group also had significantly lower risk of MACE, systemic thromboembolism, infectious complications, HF hospitalization, all-cause mortality 	20	High (74.1%)
Lu <i>et al.</i> (2023) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes management 	<ul style="list-style-type: none"> • All-cause mortality risk, all-cause spending, net value (defined as value of life years gained minus cost of care) 	<ul style="list-style-type: none"> • Economic cost-benefit analysis • Retrospective cohort study • Time: 2007 and 2013 • Population: Patients with diabetes • Intervention group: (1) Newly enrolled P4P patients who were enrolled in 2010 – new enrollment model (NEM), (2) P4P patients who have been enrolled since the beginning of the study (2007 – 2009) surviving to the final period (2010 – 2013) – continuous enrolled model (CEM) 	<ul style="list-style-type: none"> • Among those in CEM, predicted risk of death was higher among P4P than non-P4P, but predicted risk of death increased at slower rate than usual care • P4P patients had a lower actual rate of death in final period of study despite higher baseline risk of death • P4P group had lower average spending and more consistent spending 	19	High (70.4%)

			<ul style="list-style-type: none"> • Control group: Patients receiving usual care (non-P4P patients) • Covariates: Age, gender, duration in baseline period, total all-cause spending in the baseline period, medical history, and use of medications • Analysis: Propensity score matching using logistic regression, used a modified version of the net value approach developed by Cutler et al. and Eggleston et al. 			
Pan <i>et al.</i> (2017)	<ul style="list-style-type: none"> • Physician continuity or care in diabetes P4P participants vs. non-participants 	<ul style="list-style-type: none"> • Mortality (indicated as survival status) 	<ul style="list-style-type: none"> • Longitudinal study • Time: 1997 to 2009 • Population: Patients newly diagnosed with type 2 diabetes between 2001 and 2009 • Patient in P4P vs. those who weren't • Covariates: Personal characteristics, environmental factors, health condition, primary physician characteristics, primary healthcare organization • Analysis: PSM, Cox proportional hazard regression 	<ul style="list-style-type: none"> • Compared to non-P4P, P4P participants had lower risk of death (HR: 0.43; 95% CI: 0.41, 0.44) 	20	High (74.1%)
Taiwan						

Wu <i>et al.</i> (2021) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • Primary outcomes: Visit to emergency room (ER) due to infection and infection-related death • Secondary outcomes: All-cause ER visits, infection-related ER visits, all-cause hospitalization, infection-related hospitalization, and all-cause mortality 	<ul style="list-style-type: none"> • Retrospective longitudinal cohort study • Time: 2002 to 2013 • Population: Patients diagnosed with type 2 diabetes between 2002 and 2013 • Intervention group: Patients in the P4P group • Control group: Patients who did not participate in P4P program • Covariates: Patient demographics, healthcare use, and medication intake • Analysis: PSM, Cox proportional hazard model, Fine and Gray subdistribution hazard model, Poisson model, 	<ul style="list-style-type: none"> • Infection-related death was significantly lower in P4P group than non-P4P (4.1% vs. 7.6%; HR: 0.46, 95% CI: 0.45, 0.47) • P4P program associated with reduced events of all-cause hospitalization and infection-related hospitalization • Risk of all-cause mortality was significantly lower in P4P group than non-P4P (11.3% vs. 21.2%; HR: 0.45, 95% CI: 0.45, 0.46) 	19	High (70.4%)
Yen <i>et al.</i> (2022) Taiwan	<ul style="list-style-type: none"> • P4P program for diabetes care 	<ul style="list-style-type: none"> • All-cause mortality, hospitalization for cardiovascular events, and composite major microvascular outcomes 	<ul style="list-style-type: none"> • Retrospective longitudinal cohort study • Time: January 2001 and December 2018 • Population: Newly diagnosed young onset type 2 diabetes patients between January 2001 and December 2017 • Intervention group: Patients enrolled in P4P after diabetes diagnosis • Control group: Never enrolled in P4P • Covariates: Age, sex, obesity, smoking, comorbidities, diabetes complications severity, medications, number of oral 	<ul style="list-style-type: none"> • P4P significantly lowered the risk of mortality (aHR: 0.31, 95% CI: 0.25, 0.38) and hospitalization for cardiovascular events (aHR: 0.63, 95% CI: 0.5, 0.79), but had a significantly higher risk of major microvascular outcomes (aHR: 1.31, 95% CI: 1.07, 1.6) 	19	High (70.4%)

- antidiabetic drugs and antihypertensive drugs
- **Analysis:** PSM, Cox proportional hazards model with robust sandwich standard error estimates, Kaplan-Meier method

USA, United States of America; P4P, Pay-for-performance; GEE, General Estimated Equations; DCSI, Diabetes Complication Severity Index; CIC, Chronic illness with complexity; DID, Difference-in-Differences; ER, Emergency room; GLM, Generalized Linear Models; OR, Odds Ratio; NTD, New Taiwan Dollar; 95% CI, 95% Confidence Interval; SE, Standard Error; COCI, Continuity of Care Index; ACSC, Ambulatory Care Sensitive Conditions; P4Pa, Pay-for-participation; P4C, Pay-for-compliance; DRGs, Diagnostic related groups; PSM, Propensity score matching; FFS, Fee-for-service; COPD, Chronic obstructive pulmonary disease; HR, Hazard Ratio; SHR, Sub-distribution Hazard Ratio; MCC, Multiple Chronic Condition; QOF, Quality and Outcomes Framework; PCN, Primary Care Networks; CKD, Chronic Kidney Disease; eGFR, estimated glomerular filtration rate; GP, general practitioner; aHR, adjusted Hazard Ratio.

*Modified Downs and Black Checklist was used.



Click here to access/download
e-component
Manuscript Appendices.docx



Does financial incentive for diabetes management in primary care setting reduce avoidable hospitalizations and mortality in high-income countries? A systematic review

Thaksha Thavam¹, Michael Hong¹, Rose Anne Devlin², Kristin K Clemens,^{1,3,4} Sisira Sarma^{1,4}

¹Department of Epidemiology & Biostatistics, Western University, London, ON, Canada.

²Department of Economics, University of Ottawa, Ottawa, ON, Canada.

³Department of Medicine, Division of Endocrinology and Metabolism, Western University, London, ON, Canada.

⁴ICES, ON, Canada.

*** Corresponding Author**

Telephone: (519)-661-2111 x.87583, E-mail: ssarma2@uwo.ca, Address: Schulich School of Medicine & Dentistry, Western University, 1465 Richmond Street, London, Ontario N6G 2M1

Acknowledgements

Funding for this research by the Canadian Institutes of Health Research (CIHR) operating grant (MOP-130354), CIHR Project Grant - Priority Announcement: Health Services Research (PJI-184005) and Early Researcher Award by the Ontario Ministry of Research and Innovation is gratefully acknowledged. Thaksha Thavam would like to acknowledge the Western Graduate Research Scholarship at the University of Western Ontario.

Conflict of Interest statement

None of the authors have any conflicts of interest to declare.