**Forms**(https://www.office.com/launch/forms?auth=2&from=FormsDomain)

A Quick Survey On Screen time: and its regularity of teens in usage of technology.

Responses

05:40

Average time to complete

Active Status

1. Name

31

Responses

Latest Responses "June Paolo Bondad" "Francine Llanto"

"Cherie Alvero"

2 respondents (6%) answered Allen for this question.

Jhazmine Villegas Garcia Adrian AndalCherie Alvero Kristine Allen James Russel Tecson **Clarence Genesis Palacio Germund** James Reyes

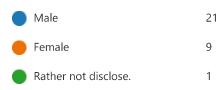
**Alvarez Steven Gonzales Alcantara** 

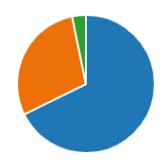
Mae Eullaran Miguel **Gonzales** 

Christine

Kumar

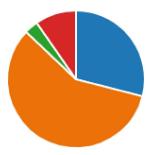
#### 2. Gender





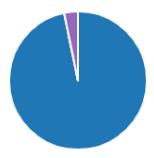
### 3. School Year

	1st year college	9
	2nd year college	18
	3rd year college	1
•	4th year college	3



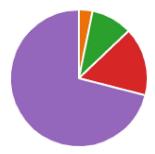
### 4. How often do you use the internet in a week?

Daily	30
Every other day	0
Every two days	0
Once a week	0
Every hour	1



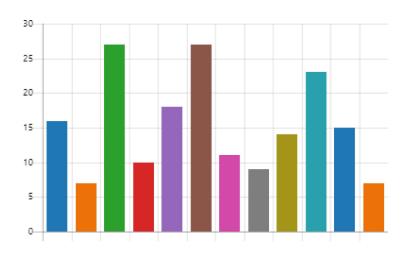
# 5. How much time do you regularly spend on your devices?

Less than 30 mins	0
An hour	1
1-2 hours	3
<b>3</b> -4 hours	5
More than 4 hours	22

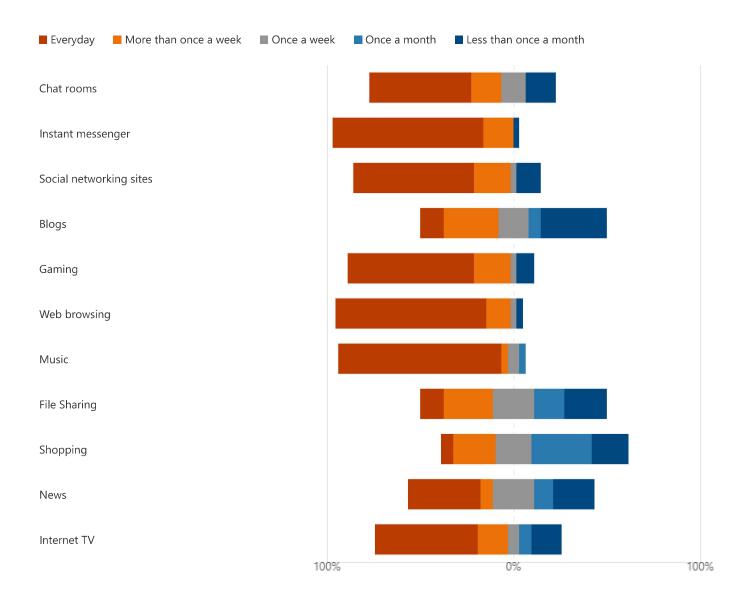


## 6. What do you like doing the most online?

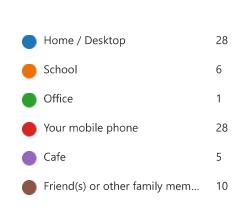
Chat rooms	16
Blogs	7
Music	27
News	10
<ul><li>Instant Messenger</li></ul>	18
Gaming	27
File Sharing	11
Shopping	9
<ul><li>Social Networking</li></ul>	14
Web browsing	23
Internet TV	15
Other	7

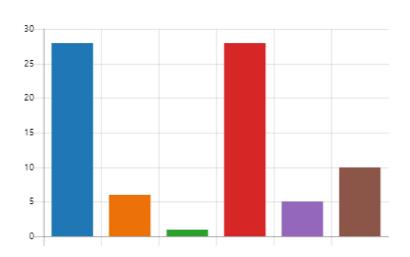


### 7. How often do you use...



### 8. Where do you usually use the internet?





9. Reflection: are you satisfied or dissatisfied with your screen-time? and if so, what would you like to change in that field?

31

Latest Responses

"Satisfied. Probably reduce screen time by a significant margin"

"I'm dissatisfied with my screen-time because this is the cause of my di...

"satisfied - no i would not like to change"

Responses

**18** respondents (**58**%) answered **satisfied** for this question.

internet and our devices screen hours little devices or technology internet

dissatisfied at the same time

**satisfied** screen time mobile devices

devices and the internet devices

cause bit dissatisfied change spend everyday fraction of the time

want to go outside screen timw **Probably reduce**