

# A Quick Survey On Screen time: and its regularity of teens in usage of technology.

The data and credentials gathered here will not be shared but will only be used for the purpose of collecting data for our survey.

\* Required

1. Name \*

2. Gender

- ☐ Male
- ☐ Female
- ☐ Rather not disclose.

3. School Year \*

- ☐ 1st year college
- ☐ 2nd year college
- ☐ 3rd year college
- ☐ 4th year college

4. How often do you use the internet in a week?

\*

- ☐ Daily
- ☐ Every other day
- ☐ Every two days
- ☐ Once a week
- ☐ Every hour

5. How much time do you regularly spend on your devices ?

\*

- ☐ Less than 30 mins
- ☐ An hour
- ☐ 1-2 hours
- ☐ 3-4 hours
- ☐ More than 4 hours

6. What do you like doing the most online? \*

- ☐ Chat rooms
- ☐ Blogs
- ☐ Music
- ☐ News
- ☐ Instant Messenger
- ☐ Gaming
- ☐ File Sharing
- ☐ Shopping
- ☐ Social Networking
- ☐ Web browsing
- ☐ Internet TV
- ☐ Other

7. How often do you use... \*

	Everyday	More than once a week	Once a week	Once a month	Less than once a month
Chat rooms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Instant messenger	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social networking sites	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Blogs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gaming	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Web browsing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Music	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
File Sharing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shopping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
News	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Internet TV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>


8. Where do you usually use the internet? \*

- ☐ Home / Desktop
- ☐ School
- ☐ Office
- ☐ Your mobile phone
- ☐ Cafe
- ☐ Friend(s) or other family members houses

9. Reflection: are you satisfied or dissatisfied with your screen-time? and if so, what would you like to change in that field? \*

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