**Personal Statement Guidelines**

• Keep it simple, clear and brief. Personal statements tend to be 1 to 3 sentences.

• Your mission statement should touch upon what you want to focus on and who you want to become as a person (character) in this part of your life.

• Make sure your personal statement is positive. Instead of saying what you don't want to do or don't want to be, say what you do want to do or become. Find the positive alternatives to any negative statements.

• Include positive behaviors, character traits and values that you consider particularly important and want to develop further.

• Think about how your actions, habits, behavior and character traits in this area affect the important relationships in your life.

• Create a personal statement that will guide you in your day-to-day actions and decisions. Make it a part of your everyday life. Remember that your personal statement is not cast in stone. It will continue to change and evolve as you gain insights about yourself and what you want out of each part of your life.

"To ... [what you want to achieve, do or become] ... so that ... [reasons why it is important]. I will do this by ... [specific behaviors or actions you can use to get there]."

"To appreciate and enjoy ...[things you want to appreciate and enjoy more] by ...[what you can do to appreciate/enjoy these things]."

"To treasure above all else ...[most important things to you] by ...[what you can do to live your priorities]."

What do you value in your life?

* Money
* Music
* Peace
* Spare time
* Idk

What are your priorities?

* My health
* Idk

What steps will you take to get there?

* Idk

Idk what to do UGHHHHHHHHHHHHHHHHHHHHHHH