



Written Explanation:

In our studentSeminar collection each document represents one seminar plus all its enrolled students in a single, denormalized record. We use embedded documents (composition) for all one-to-many relationships:

1. Seminar → SeminarEnrolment
The top-level seminar field embeds its own seminarEnrolment array, so one seminar document holds many enrolment entries.
2. SeminarDocument → Student
The same root document embeds a student array, where each element is a full student record.
3. Student → Telephone and Student → EnrolTo
Inside each student element we again embed arrays: one for telephone details and one for their own enrolTo history.

Embedding (embedded documents) is chosen here for fast, atomic reads of “the seminar plus all its participants” in a single fetch, trading off document size for retrieval simplicity.