| ***Table 2*** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| *Within-person and between-person correlation of ER strategies* | | | | | | | |
| *ER strategy* | *1.* | *2.* | *3.* | *4.* | *5.* | *6.* | *7.* |
| Attention |  | .54\*\*\* | .27\*\*\* | .30\*\*\* | .31\*\*\* | .11\*\*\* | .11\*\*\* |
| Savoring | .86\*\*\* |  | .30\*\*\* | .33\*\*\* | .29\*\*\* | .07\*\*\* | .11\*\*\* |
| Self\_focus | .32\*\*\* | .38\*\*\* |  | .25\*\*\* | .20\*\*\* | .07\*\*\* | .07\*\*\* |
| Expression | .27\*\* | .22\* | .24\*\* |  | .39\*\*\* | -.02\* | .08\*\*\* |
| Capitalization | .34\*\*\* | .26\*\* | .24\*\* | .43\*\*\* |  | .08\*\*\* | .16\*\*\* |
| Dampening | .24\*\* | .26\*\* | .37\*\*\* | -.12 | .33\*\*\* |  | .35\*\*\* |
| Co\_dampening | .15 | .19\* | .35\*\*\* | -.11 | .33\*\*\* | .94\*\*\* |  |
| *Note.* ER = Emotion regulation. Above the diagonal represent the within-person correlations, below the diagonal between-person correlations. | | | | | | | |
| \* p < .05, \*\* p < .01, \*\*\* p < .001 | | | | | | | |