| ***Table 3*** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| *Within-person and between-person correlation of ER strategies* | | | | | | | |
| *ER strategy* | *1.* | *2.* | *3.* | *4.* | *5.* | *6.* | *7.* |
| Attention | 1 | 0.54\*\*\* | 0.27\*\*\* | 0.3\*\*\* | 0.31\*\*\* | 0.11\*\*\* | 0.11\*\*\* |
| Savoring | 0.86\*\*\* | 1 | 0.3\*\*\* | 0.33\*\*\* | 0.29\*\*\* | 0.07\*\*\* | 0.11\*\*\* |
| Self\_focus | 0.32\*\*\* | 0.38\*\*\* | 1 | 0.25\*\*\* | 0.2\*\*\* | 0.07\*\*\* | 0.07\*\*\* |
| Expression | 0.27\*\* | 0.22\* | 0.24\*\* | 1 | 0.39\*\*\* | -0.02\* | 0.08\*\*\* |
| Capitalization | 0.34\*\*\* | 0.26\*\* | 0.24\*\* | 0.43\*\*\* | 1 | 0.08\*\*\* | 0.16\*\*\* |
| Dampening | 0.24\*\* | 0.26\*\* | 0.37\*\*\* | -0.12 | 0.33\*\*\* | 1 | 0.35\*\*\* |
| Co\_dampening | 0.15 | 0.19\* | 0.35\*\*\* | -0.11 | 0.33\*\*\* | 0.94\*\*\* | 1 |
| *Note.* ER = Emotion regulation. Above the diagonal represent the within-person correlations, below the diagonal between-person correlations. | | | | | | | |
| \* p < .05, \*\* p < .01, \*\*\* p < .001 | | | | | | | |