

ID

We are glad to inform you that you are eligible to participate in the study.

Before we begin, we will need you to create an ID for yourself.

Please use **three initial letters** of your name and **last four characters** of your NRIC/ FIN number to create your ID.

For instance, if your name is "**Emily Chew Jia En**" and your NRIC/ FIN number is "**G1234567H**", then your ID would be: **ECJ567H**

Your ID is:

Please complete the survey in one sitting. It will take about 20 minutes to complete the survey and we ask you to respond only once to the survey.

Confidentiality

Your participation in this study will involve the collection of data in an individually-identifiable form (or "Personal Data"). **This information collected for this study will be kept confidential** and stored for a minimum of 10 years in a secure environment with restricted access within NTU. Your records, to the extent of the applicable laws and regulations, **will not be made publicly available**.

Compensation

You will be reimbursed for your time and inconvenience with SGD5 via mobile payment (Paylah, PayAnyone or PayNow). You can opt to receive the compensation in the form of an NTUC gift voucher with the value of five (5) Singapore dollars.

If you would like to be reimbursed with voucher, you can opt for either (1) self-collection of the gift voucher or (2) having the gift voucher sent to the mailing address that you have provided.

If you have any questions, please contact:

Research Team: Tam PHAM (phamtt@ntu.edu.sg)

Principal Investigator: Professor S.H. Annabel Chen (annabelchen@ntu.edu.sg)

We are interested in how you describe your personality. There are no good or bad answers. We'd like you to take your time and read each statement carefully. Please respond as honestly as possible on how the statements describe you in general. Your answers are completely anonymous and your data is safely stored, protected and will only be used for the purpose of this scientific investigation.

Please click the button to proceed.

Browser Meta Info

#EditSection, BrowserInfoExplanation#

Browser: Chrome

Version: 79.0.3945.79

Operating System: Windows NT 10.0

Screen Resolution: 1366x768

Flash Version: -1

Java Support: 0

IPIP 6

This part of the questionnaire is about your personality. Please select a response that best represents how accurately each statement describes you.

I am the life of the party.

A horizontal scale with a red line and tick marks at integer intervals from 1 to 7. The label "Very Inaccurate" is positioned above the first tick mark (1), and the label "Very Accurate" is positioned above the last tick mark (7).

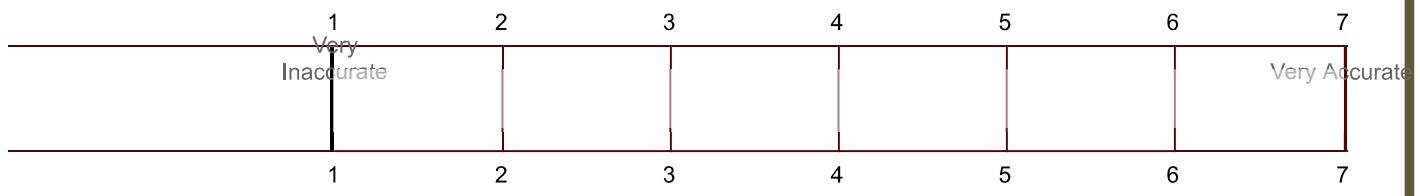
I sympathize with others' feelings.

A horizontal scale with seven numerical tick marks labeled 1 through 7. Above the scale, the label "Very Inaccurate" is positioned above the first tick mark (1), and the label "Very Accurate" is positioned above the last tick mark (7).

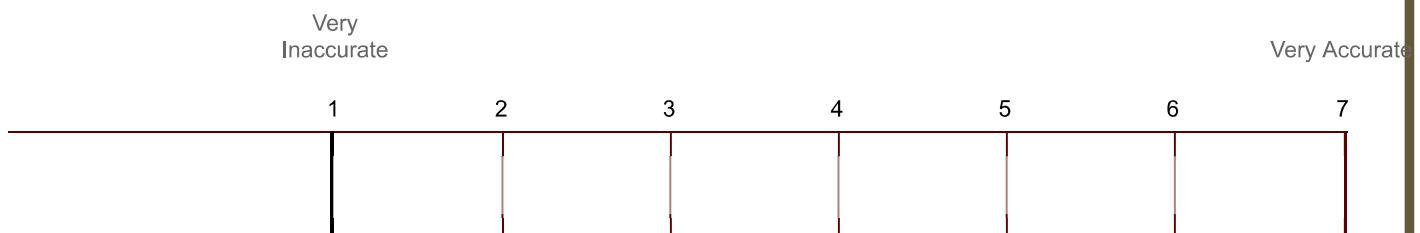
I get chores done right away.

A horizontal scale with seven vertical tick marks and labels numbered 1 through 7. The label 'Very Inaccurate' is positioned above the first tick mark, and the label 'Very Accurate' is positioned above the last tick mark.

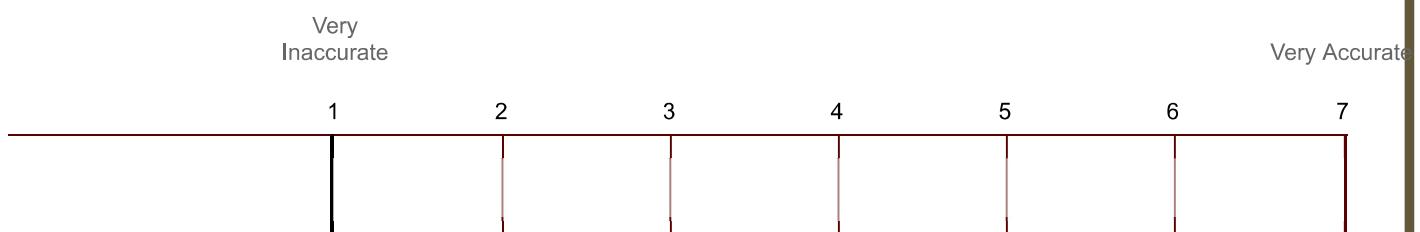
I have frequent mood swings.



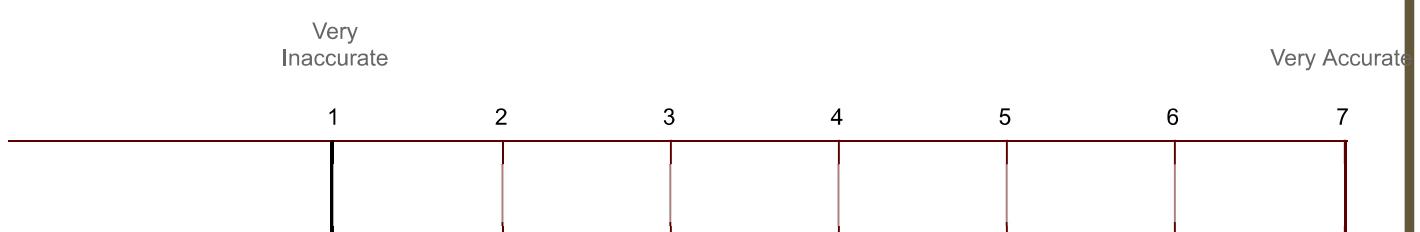
I have a vivid imagination.



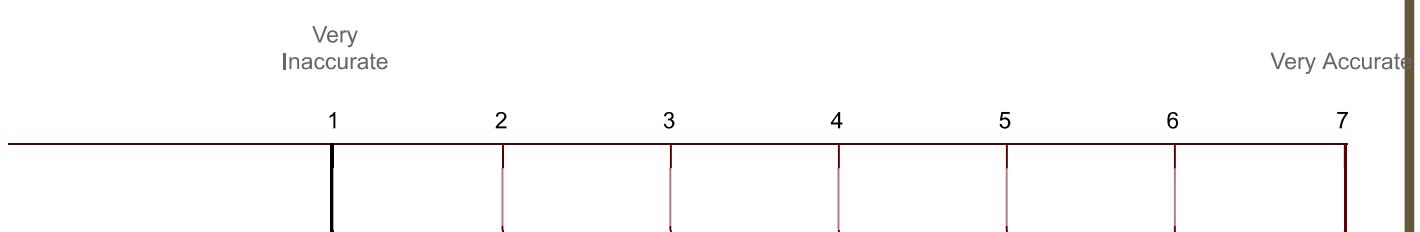
I feel entitled to more of everything.



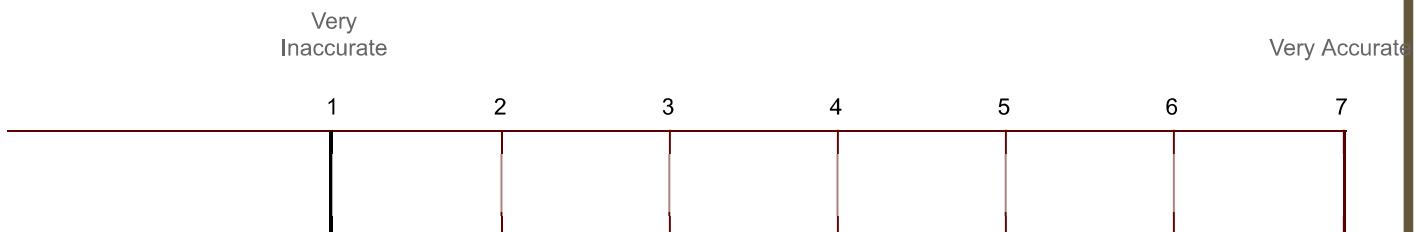
I don't talk a lot.



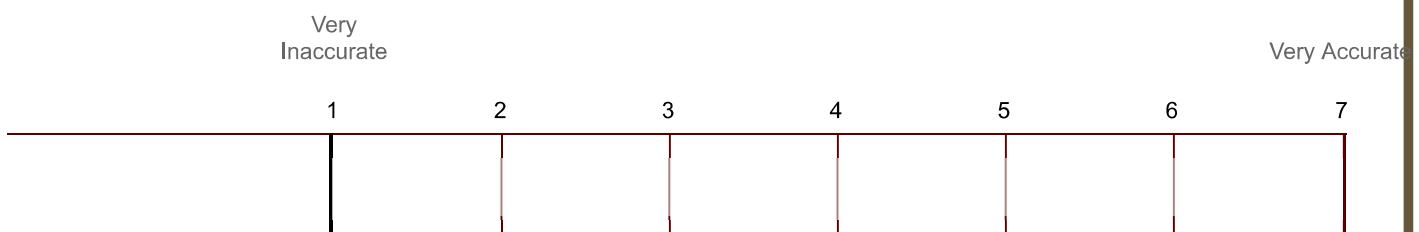
I am not interested in other people's problems.



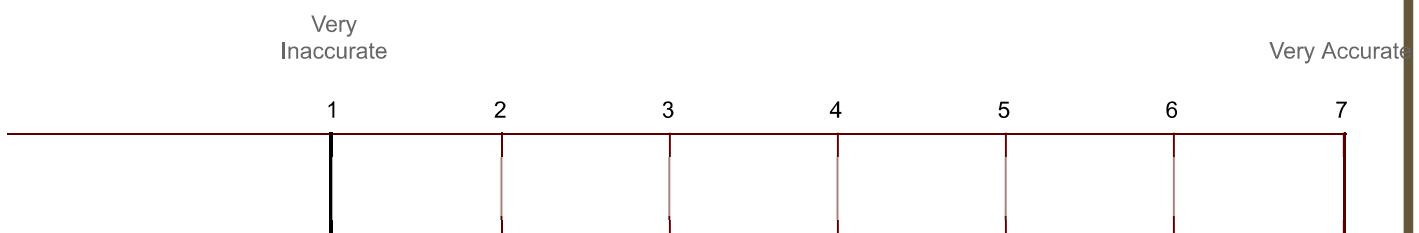
I have difficulty understanding abstract ideas.



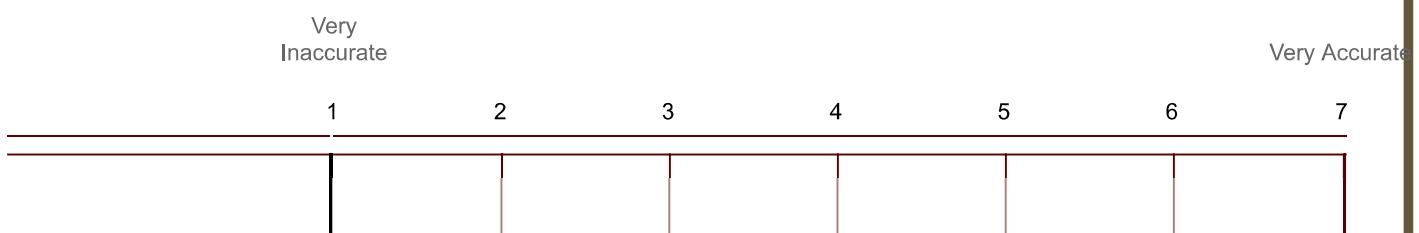
I like order.



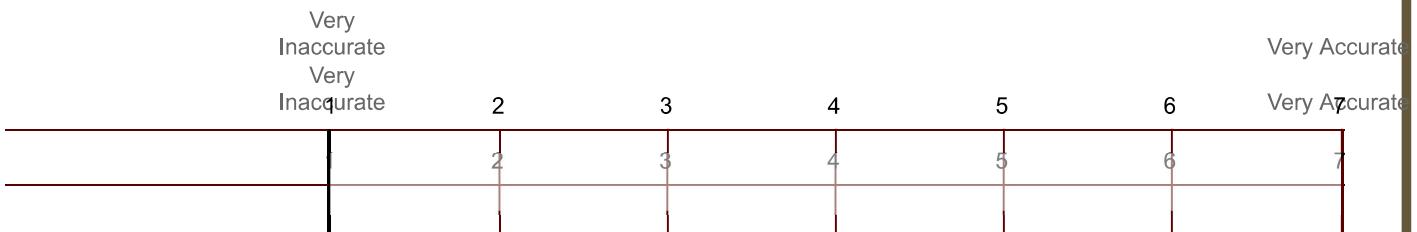
I make a mess of things.



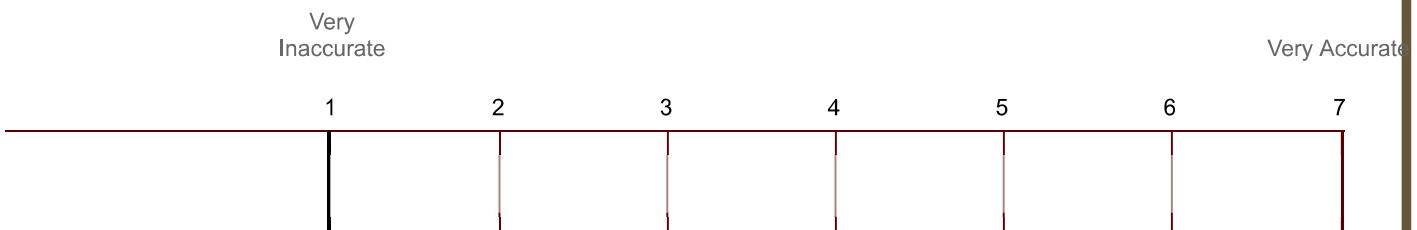
I deserve more things in life.



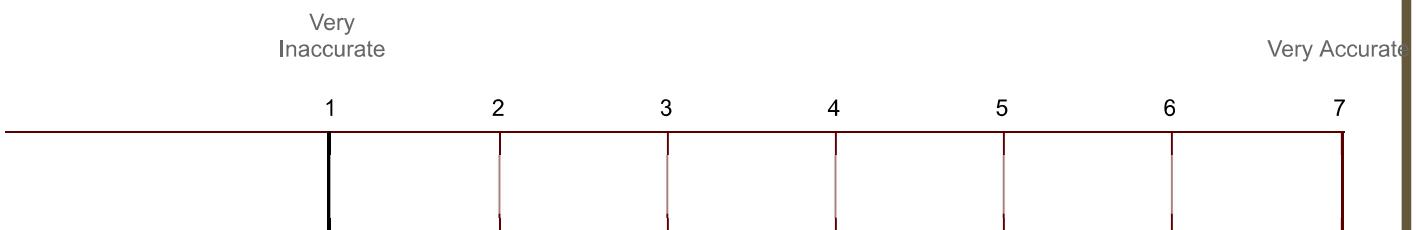
I do not have a good imagination.



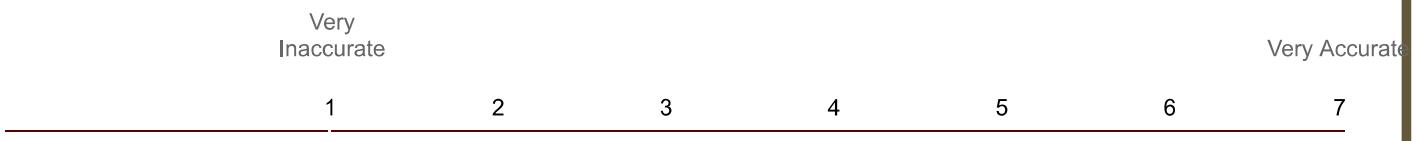
I feel others' emotions.



I am relaxed most of the time.

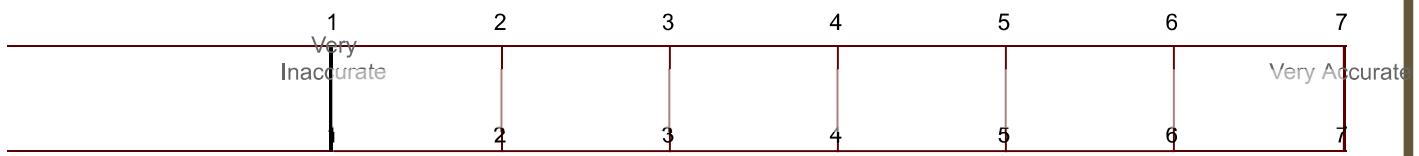


I get upset easily.

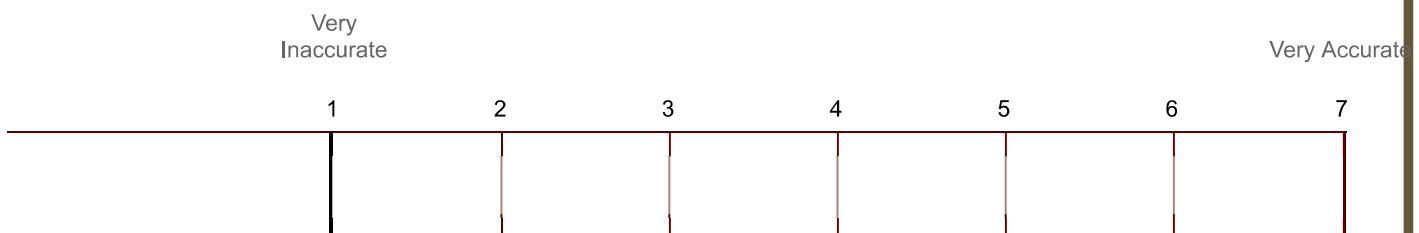


I seldom feel blue.

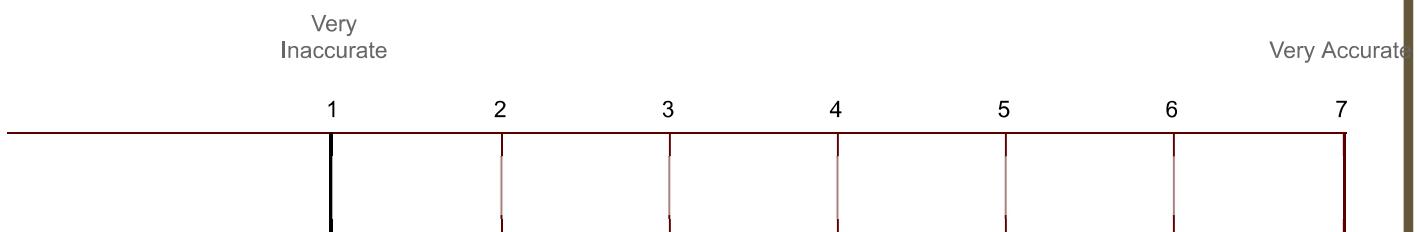




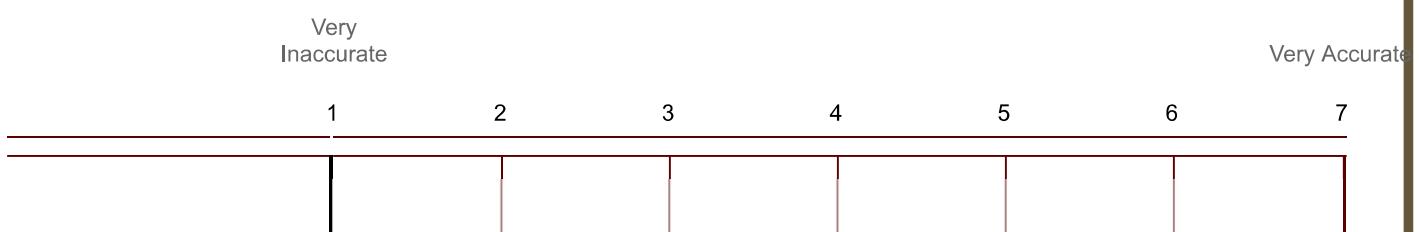
I would like to be seen driving around in a very expensive car.



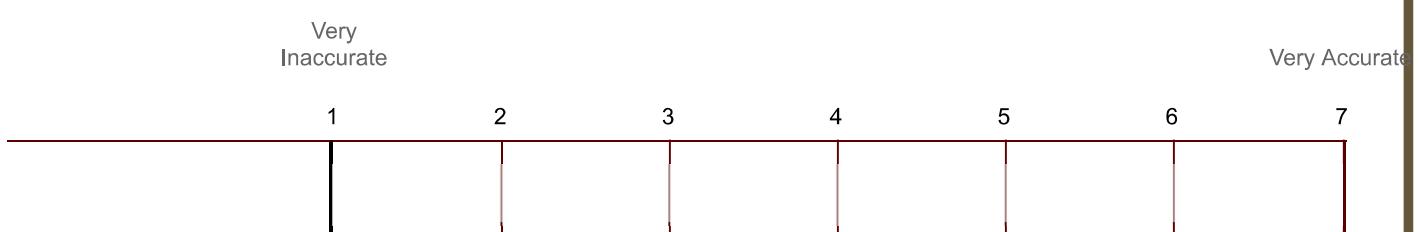
I keep in the background.



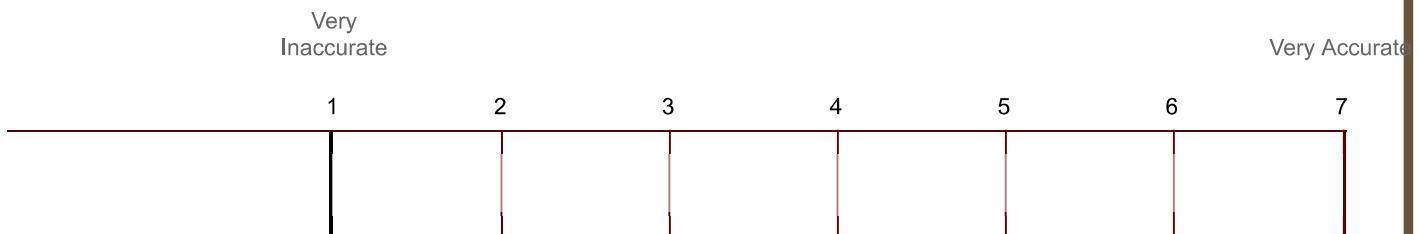
I am not really interested in others.



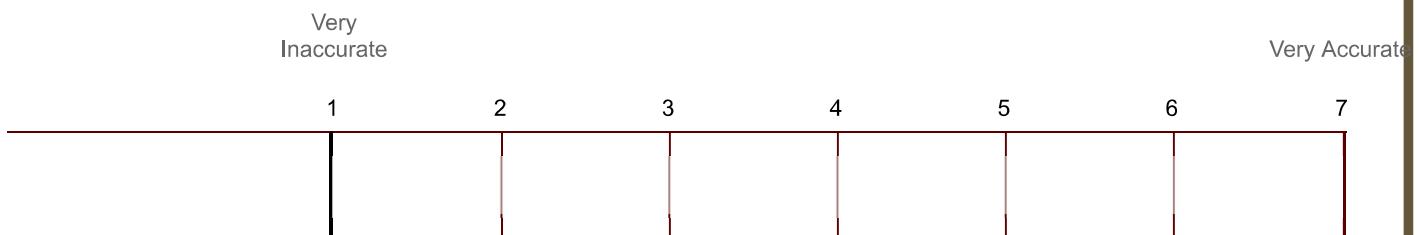
I am not interested in abstract ideas.



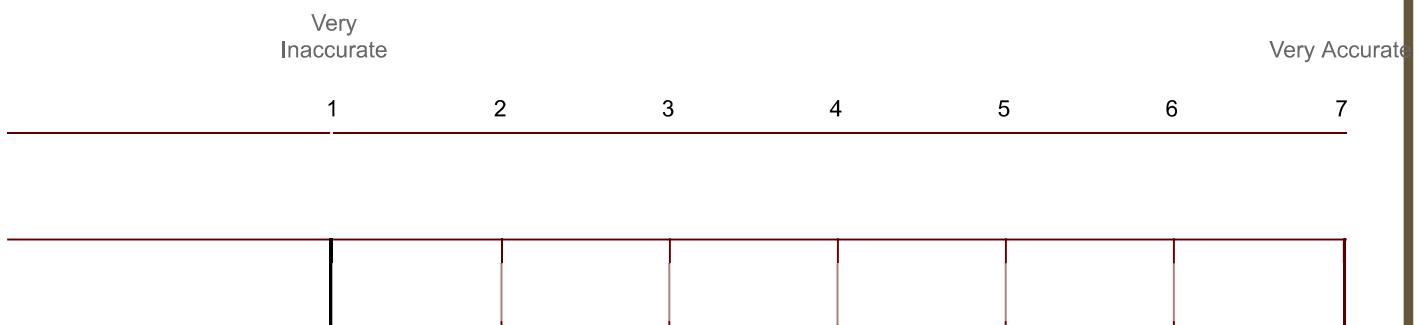
I often forget to put things back in their proper place.



I talk to a lot of different people at parties.



I would get a lot of pleasure from owning expensive luxury goods.



PID 5

This is a list of things different people might say about themselves. We are interested in how you would describe yourself. We'd like you to take your time and read each statement carefully, selecting the response that best describes you.

People would describe me as reckless.

Very false or often
false Sometimes or
somewhat false Sometimes or
somewhat true Very true or often true

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
--	---------------------------	-----------------------------	----------------------------	-------------------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I feel like I act totally on impulse.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
--	---------------------------	-----------------------------	----------------------------	-------------------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

Even though I know better, I can't stop making rash decisions.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
--	---------------------------	-----------------------------	----------------------------	-------------------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I often feel like nothing I do really matters.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
--	---------------------------	-----------------------------	----------------------------	-------------------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

Others see me as irresponsible.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
--	---------------------------	-----------------------------	----------------------------	-------------------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I'm not good at planning ahead.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
--	---------------------------	-----------------------------	----------------------------	-------------------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

My thoughts often don't make sense to others.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
--	---------------------------	-----------------------------	----------------------------	-------------------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I worry about almost everything.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
--	---------------------------	-----------------------------	----------------------------	-------------------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I get emotional easily, often for very little reason.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I fear being alone in life more than anything else.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I get stuck on one way of doing things, even when it's clear it won't work.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have seen things that weren't really there.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I steer clear of romantic relationships.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I'm not interested in making friends.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I get irritated easily by all sorts of things.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't like to get too close to people.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
---------------------------	-----------------------------	----------------------------	-------------------------

It's no big deal if I hurt other peoples' feelings.

Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
---------------------------	-----------------------------	----------------------------	-------------------------

I rarely get enthusiastic about anything.

Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
---------------------------	-----------------------------	----------------------------	-------------------------

I crave attention.

Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
---------------------------	-----------------------------	----------------------------	-------------------------

I often have to deal with people who are less important than me.

Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
---------------------------	-----------------------------	----------------------------	-------------------------

I often have thoughts that make sense to me but that other people say are strange.

Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
---------------------------	-----------------------------	----------------------------	-------------------------

I use people to get what I want.

Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
---------------------------	-----------------------------	----------------------------	-------------------------

I often "zone out" and then suddenly come to and realize that a lot of time has passed.

Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
---------------------------	-----------------------------	----------------------------	-------------------------

Things around me often feel unreal, or more real than usual.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It is easy for me to take advantage of others.

	Very false or often false	Sometimes or somewhat false	Sometimes or somewhat true	Very true or often true
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

EMOTIONS

This part of the questionnaire takes interest in your emotions and feelings, and how you handle them in general. Please select a response that best represents how often, in general, each statement describes you.

I pay attention to how I feel.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have no idea how I am feeling.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have difficulty making sense out of my feelings.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am attentive to my feelings.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am confused about how I feel.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
--	------------------------	----------------------	--------------------------------	-----------------------------	--------------------------



When I am upset, I acknowledge my emotions.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
--	------------------------	----------------------	--------------------------------	-----------------------------	--------------------------



When I am upset, I become embarrassed for feeling that way.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
--	------------------------	----------------------	--------------------------------	-----------------------------	--------------------------



When I am upset, I have difficulty getting work done.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
--	------------------------	----------------------	--------------------------------	-----------------------------	--------------------------



When I am upset, I become out of control.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
--	------------------------	----------------------	--------------------------------	-----------------------------	--------------------------



When I am upset, I believe that I will remain that way for a long time.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
--	------------------------	----------------------	--------------------------------	-----------------------------	--------------------------



When I am upset, I believe that I'll end up feeling very depressed.

	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
--	------------------------	----------------------	--------------------------------	-----------------------------	--------------------------

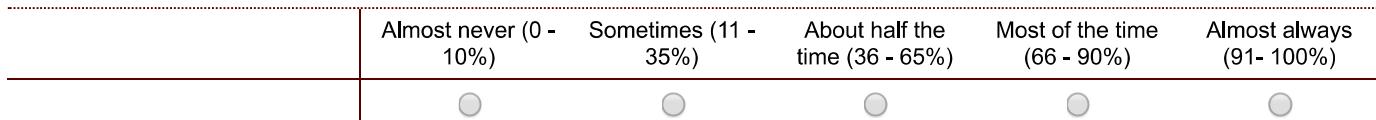


When I am upset, I have difficulty focusing on other things.

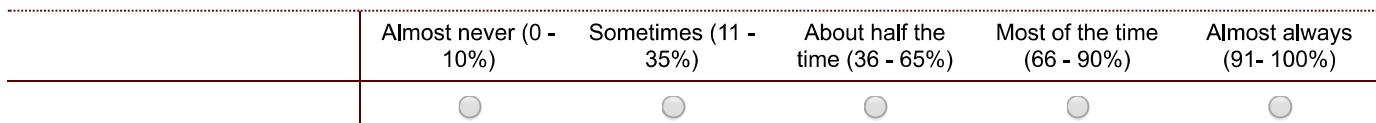
	Almost never (0 - 10%)	Sometimes (11 - 35%)	About half the time (36 - 65%)	Most of the time (66 - 90%)	Almost always (91- 100%)
--	------------------------	----------------------	--------------------------------	-----------------------------	--------------------------



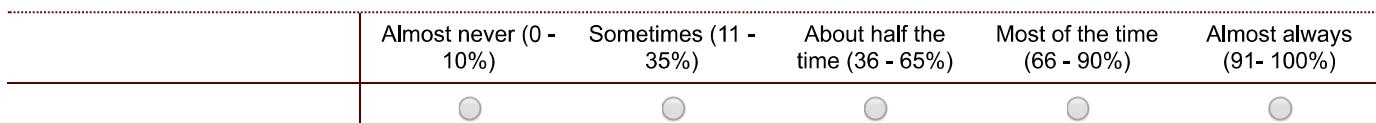
When I am upset, I feel ashamed with myself for feeling that way.



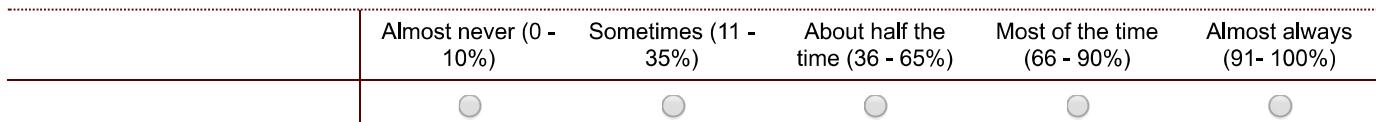
When I am upset, I feel guilty for feeling that way.



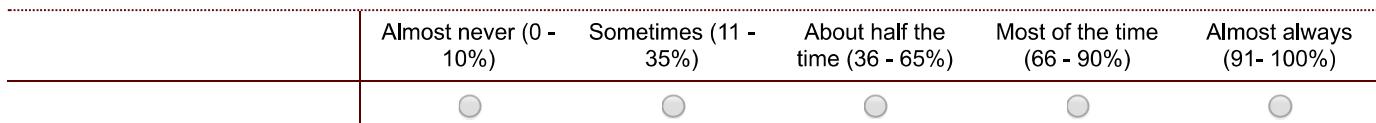
When I am upset, I have difficulty concentrating.



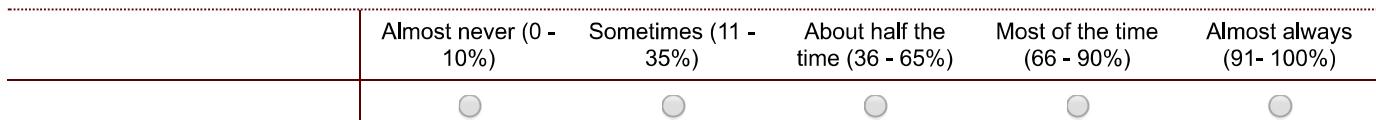
When I am upset, I have difficulty controlling my behaviors.



When I am upset, I believe that wallowing in it is all I can do.



When I am upset, I lose control over my behaviors.



S-UPPS

This part of the questionnaire consists of a number of statements that describe ways in which people act and think. For each statement, please indicate how much you agree or disagree with the statement.

I generally like to see things through to the end.



	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

My thinking is usually careful and purposeful.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

When I am in great mood, I tend to get into situations that could cause me problems.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

Unfinished tasks really bother me.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I like to stop and think things over before I do them.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

When I feel bad, I will often do things I later regret in order to make myself feel better now.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

Once I get going on something I hate to stop.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

Sometimes when I feel bad, I can't seem to stop what I am doing even though it is making me feel worse.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I quite enjoy taking risks.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I tend to lose control when I am in a great mood.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I finish what I start.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I tend to value and follow a rational, "sensible" approach to things

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I am upset I often act without thinking.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I welcome new and exciting experiences and sensations, even if they are a little frightening and unconventional.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

When I feel rejected, I will often say things that I later regret.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I would like to learn to fly an airplane.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Others are shocked or worried about the things I do when I am feeling very excited.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I would enjoy the sensation of skiing very fast down a high mountain slope.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I usually think carefully before doing anything.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I tend to act without thinking when I am really excited.

	Strongly Disagree	Somewhat disagree	Somewhat agree	Strongly Agree
--	-------------------	-------------------	----------------	----------------

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

FFNI-SF

This part of the questionnaire takes interest in your personality and your self-confidence. Please read each item carefully and provide your answer that best corresponds to your agreement or disagreement.

I am extremely ambitious.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
--	-------------------	-------------------	----------------------------	----------------	----------------

<input type="radio"/>				
-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

When someone does something nice for me, I wonder what they want from me.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
--	-------------------	-------------------	----------------------------	----------------	----------------

<input type="radio"/>				
-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

I deserve to receive special treatment.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
--	-------------------	-------------------	----------------------------	----------------	----------------

<input type="radio"/>				
-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

It's fine to take advantage of persons to get ahead.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
--	-------------------	-------------------	----------------------------	----------------	----------------

<input type="radio"/>				
-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

When people judge me, I just don't care.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't worry about others' needs.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I'm pretty good at manipulating people.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I often feel as if I need compliments from others in order to be sure of myself.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I will try almost anything to get my "thrills".

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have a tremendous drive to succeed.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I trust that other people will be honest with me.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't think the rules apply to me as much as they apply to others.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------



I will use persons as tools to advance myself.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------



I don't really care what others think of me.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------



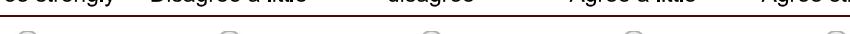
I don't generally pay much attention to the woes of others.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------



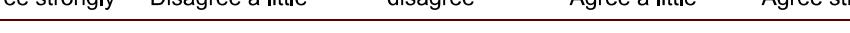
I can maneuver people into doing things.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------



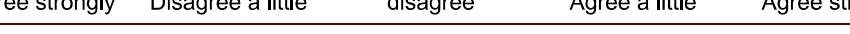
I am stable in my sense of self.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------



I am a bit of a daredevil.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------



I aspire for greatness.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------



I'm slow to trust people.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It may seem unfair, but I deserve extra (i.e., attention, privileges, rewards).

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Sometimes to succeed you need to use other people.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I'm pretty indifferent to the criticism of others.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I'm not big on feelings of sympathy.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I can talk my way into and out of anything.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I feel very insecure about whether I will achieve much in life.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I would risk injury to do something exciting.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------

I am driven to succeed.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------

I often think that others aren't telling me the whole truth.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------

I believe I am entitled to special accommodations.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------

I'm willing to exploit others to further my own goals.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------

Others' opinions of me are of little concern to me.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------

I don't get upset by the suffering of others.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------

It is easy to get people to do what I want.

Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
-------------------	-------------------	----------------------------	----------------	----------------

I wish I didn't care so much about what others think of me.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I like doing things that are risky or dangerous.

	Disagree strongly	Disagree a little	Neither agree nor disagree	Agree a little	Agree strongly
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

LIE

This part of the questionnaire takes interest in people's experiences with lying.
Most people think a lie occurs any time you **intentionally** try to mislead someone.

Some lies are big while others are small.

Some are completely false statements and others are truths with details made up or left out.

Some lies are obvious, and some are very subtle.

Some lies are told for a good reason, some lies are not.

Some lies are selfish and some lies help others.

We are interested in all these different types of lie.

Following are statements about you and your experiences. Please read them carefully and rate how much do you agree or disagree with these statements

On average, how many lies do you tell in a day? Please enter a number in the box below.

I lie frequently

	Disagree	Agree
	<input type="radio"/>	<input type="radio"/>

I lie in many situations

Disagree
Disagree

Agree
Agree

I never tell lies

Disagree

Agree

I have a tendency to lie

Disagree

Agree

I lie more often than most people do

Disagree

Agree

I lie more frequently than what I expect myself to

Disagree

Agree

Disagree

Agree

I lie more than I think I should

Disagree

Agree

Others lie less often than I do

Disagree

Agree

I am a good liar

Disagree

Agree

I can lie well

Disagree

Agree

I am good at deceiving others

Disagree

Agree

I can lie effectively if I want to

Disagree

Agree

Others can easily tell when I am lying

Disagree

Agree

It is hard for others to detect my lies

Disagree

Agree

I almost never get caught for lying

Disagree

Agree

Disagree

Agree

My lies often arouse suspicion from others

Disagree

Agree

I find lying difficult

Disagree

Agree

It is easy for me to make up clever lies

Disagree

Agree

I find it taxing to come up with a good lie

Disagree

Agree

I do not have to prepare much for a lie

Disagree

Agree

I have to try hard to avoid lying

Disagree

Agree

I find myself lying without any reason

Disagree

Agree

I find it difficult to refrain myself from lying

Disagree

Agree

It is easy to hold back from telling lies

Disagree

Agree

Disagree

Agree

I feel guilty after lying

Disagree

Agree

I enjoy lying

Disagree

Agree

I feel tense whenever I have to lie

Disagree

Agree

I feel satisfied when others believe my lie

Disagree

Agree

I lie whenever it is convenient

Disagree

Agree

I lie when it is easier than telling the truth

Disagree

Agree

I lie if it is the most direct way to get what I want

Disagree

Agree

I lie when telling the truth is too troublesome

Disagree

Agree

I lie when necessary

Disagree

Agree

Disagree

Agree

I always avoid lying if I can

Disagree

Agree

I would only lie if I have no other choice

Disagree

Agree

I prefer to tell the truth even if it gets me into trouble

Disagree

Agree

I would never lie for trivial matters

Disagree

Agree

I would never lie in serious context

Disagree

Agree

I would lie if something important was at stake

Disagree

Agree

I would only lie if it is harmless

Disagree

Agree

Lying is against my principles

Disagree

Agree

It is acceptable to lie depending on the context

Disagree

Agree

It is okay to lie sometimes

Disagree

Agree

It is bad to lie

Disagree

Agree

On average, how many lies do you tell in a week? Please enter a number in the box below.

LTS

This part of the questionnaire presents a number of characteristics that may or may not describe you. Please select the answer that best indicates the extent to which you agree or disagree with each statement. Be as honest as possible, but rely on your initial feeling and do not think too much.

I tend to see the best in people.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I tend to admire others.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I prefer honesty over charm.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I tend to trust that other people will deal fairly with me.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I tend to applaud the successes of other people.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I don't feel comfortable overtly manipulating people to do something I want.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I think people are mostly good.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I tend to treat others as valuable.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I would like to be authentic even if it many damage my reputation.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I'm quick to forgive people who have hurt me.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

I enjoy listening to people from all walks of life.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

When I talk to people I am rarely thinking about what I want from them.

	Disagree strongly	Disagree	Neutral	Agree	Agree strongly
	<input type="radio"/>				

TriPM

This part of the questionnaire contains statements that different people might use to describe themselves. Each statement is followed by four choices: False, somewhat false, somewhat true, True. For each statement, indicate the choice that describes you best. There are no right or wrong answers; just choose the answer that best describes you.

I'm optimistic more often than not.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How other people feel is important to me.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I often act on immediate needs.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have no strong desire to parachute out of an airplane.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I've often missed things I promised to attend.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I would enjoy being in a high-speed chase.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I am well-equipped to deal with stress.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't mind if someone I dislike gets hurt.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My impulsive decisions have caused problems with loved ones.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I get scared easily.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I sympathize with others' problems.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have missed work without bothering to call in.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I'm a born leader.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I enjoy a good physical fight.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I jump into things without thinking.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I have a hard time making things turn out the way I want.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I return insults.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I've gotten in trouble because I missed too much school.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I have a knack for influencing people.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



It doesn't bother me to see someone else in pain.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I have good control over myself.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I function well in new situations, even when unprepared.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I enjoy pushing people around sometimes.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I have taken money from someone's purse or wallet without asking.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't think of myself as talented.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I taunt people just to stir things up.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

People often abuse my trust.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I'm afraid of far fewer things than most people.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't see any point in worrying if what I do hurts someone else.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I keep appointments I make.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I often get bored quickly and lose interest.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I can get over things that would traumatize others.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



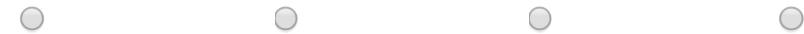
I am sensitive to the feelings of others.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I have conned people to get money from them.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



It worries me to go into an unfamiliar situation without knowing all the details.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I don't have much sympathy for people.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I get in trouble for not considering the consequences of my actions.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I can convince people to do what I want.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



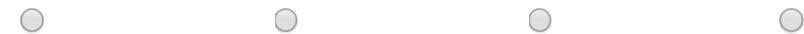
For me, honesty really is the best policy.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I've injured people to see them in pain.

	False	somewhat false	somewhat true	True
--	-------	----------------	---------------	------



I don't like to take the lead in groups.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I sometimes insult people on purpose to get a reaction from them.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have taken items from a store without paying for them.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It's easy to embarrass me.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Things are more fun if a little danger is involved.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have a hard time waiting patiently for things I want.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I stay away from physical danger as much as I can.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I don't care much if what I do hurts others.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have lost a friend because of irresponsible things I've done.

False

somewhat false

somewhat true

True

I don't stack up well against most others.

False

somewhat false

somewhat true

True

Others have told me they are concerned about my lack of self-control.

False

somewhat false

somewhat true

True

It's easy for me to relate to other people's emotions.

False

somewhat false

somewhat true

True

I have robbed someone.

False

somewhat false

somewhat true

True

I never worry about making a fool of myself with others.

False

somewhat false

somewhat true

True

It doesn't bother me when people around me are hurting.

False

somewhat false

somewhat true

True

I have had problems at work because I was irresponsible.

False

somewhat false

somewhat true

True

I'm not very good at influencing people.

False

somewhat false

somewhat true

True

I have stolen something out of a vehicle.

	False	somewhat false	somewhat true	True
	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

BIDR_SF

This part of the questionnaire contains statements that different people might use to describe themselves. Please select the answer that best indicates the extent to which you agree or disagree with each statement. Be as honest as possible, but rely on your initial feeling and do not think too much. There are no right or wrong answers; just choose the answer that best describes you.

I have not always been honest with myself.

Strongly disagree	1	2	3	4	5	6	7	Strongly agree

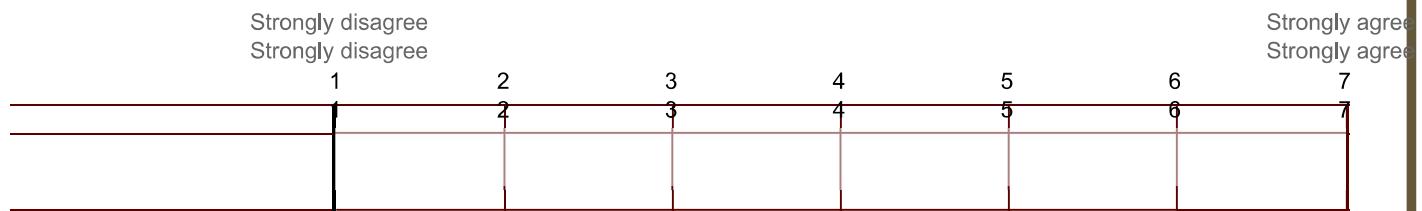
I always know why I like things.

Strongly disagree	1	2	3	4	5	6	7	Strongly agree

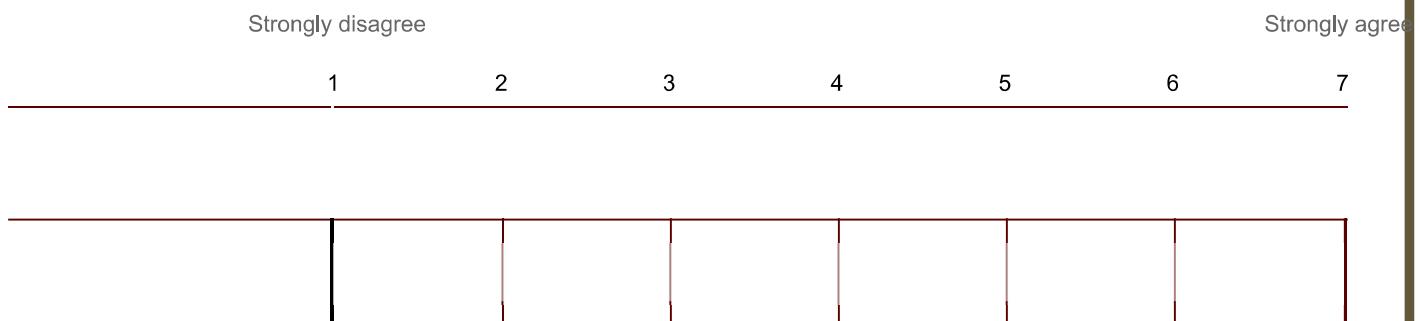
It's hard for me to shut off a disturbing thought.

Strongly disagree	1	2	3	4	5	6	7	Strongly agree

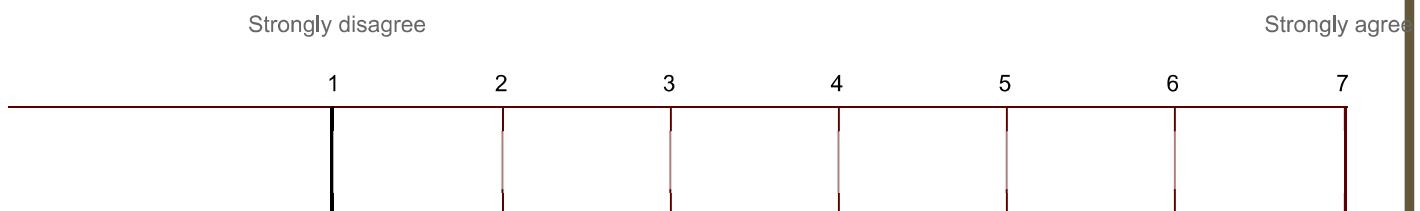
I never regret my decisions.



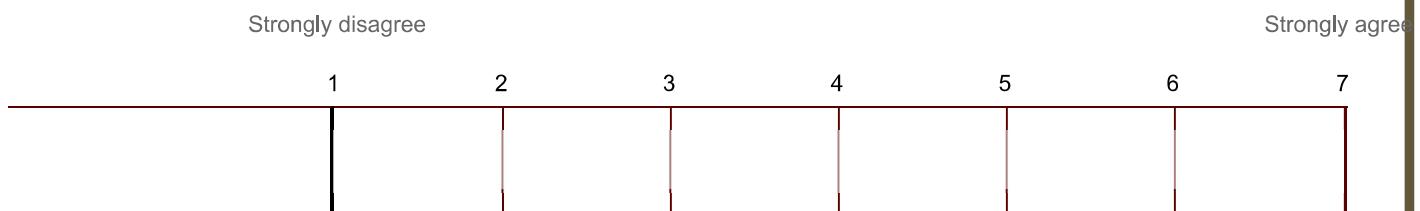
I sometimes lose out on things because I can't make up my mind soon enough.



I am a completely rational person.

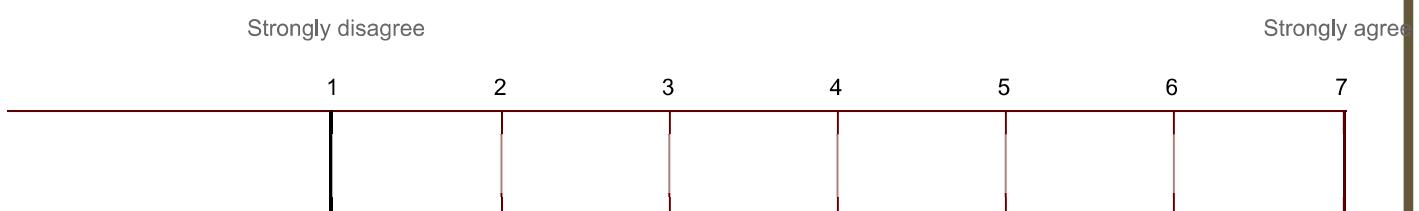


I am very confident of my judgments.

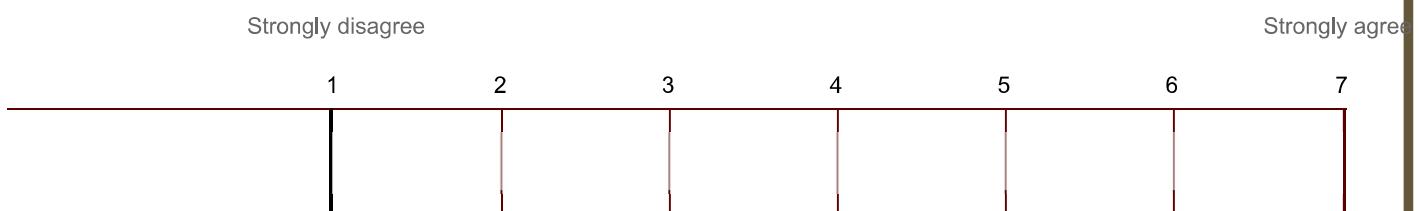


I have sometimes doubted my ability as a lover.

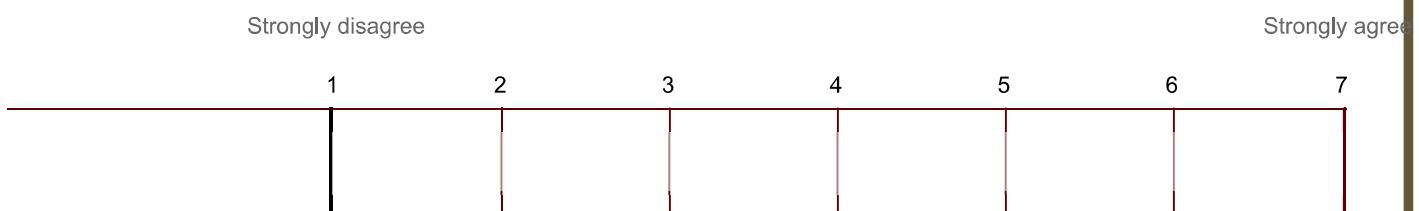




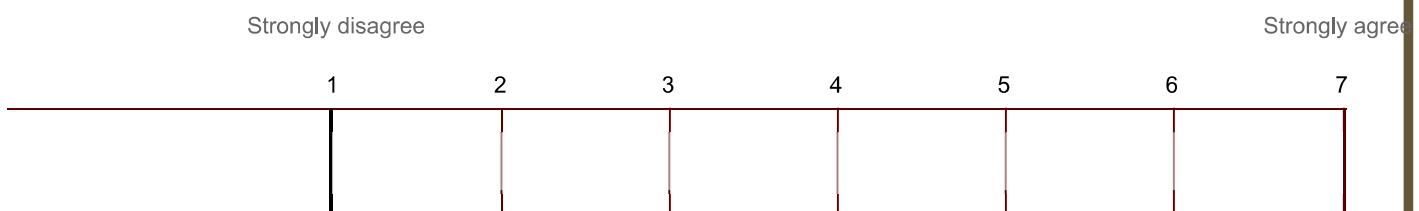
I sometimes tell lies if I have to.



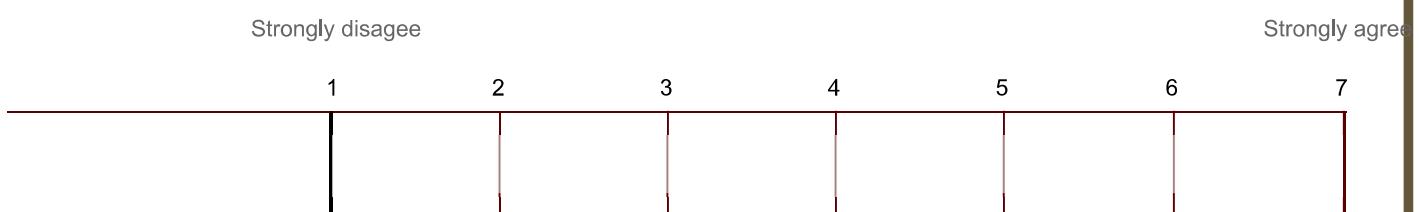
I never cover up my mistakes.



There have been occasions when I have taken advantage of someone.



I sometimes try to get even rather than forgive and forget.



I have said something bad about a friend behind his/her back.

Strongly disagree

Strongly agree

1 2 3 4 5 6 7

When I hear people talking privately, I avoid listening.

Strongly disagree

Strongly agree

1 2 3 4 5 6 7

I never take things that don't belong to me.

Strongly disagree

Strongly agree

1 2 3 4 5 6 7

I don't gossip about other people's business.

Strongly disagree

Strongly agree

1 2 3 4 5 6 7

MAIA2

Below you will find a list of statements **about your relationship with your body and your internal sensations**. Please indicate how often each statement applies to you generally in daily life.

When I am tense I notice where the tension is located in my body.



I notice when I am uncomfortable in my body.



I notice where in my body I am comfortable.



I notice changes in my breathing, such as whether it slows down or speeds up.



I listen for information from my body about my emotional state.



When I am upset, I take time to explore how my body feels.

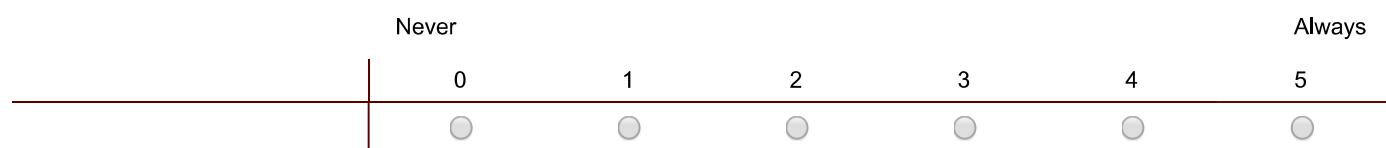


I listen to my body to inform me about what to do.

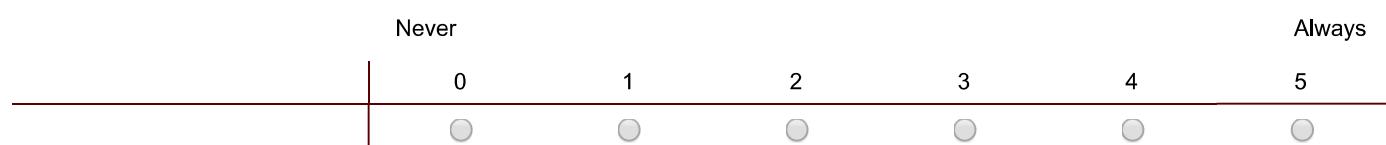




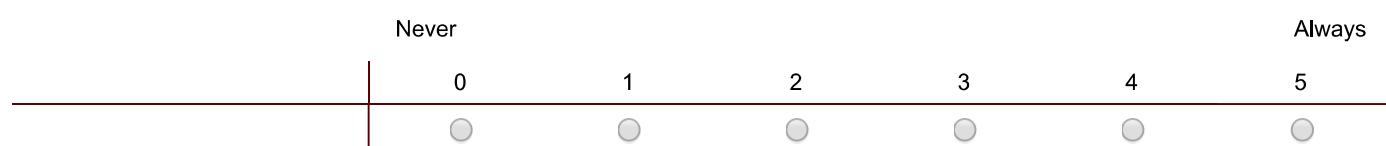
When I feel overwhelmed I can find a calm place inside.



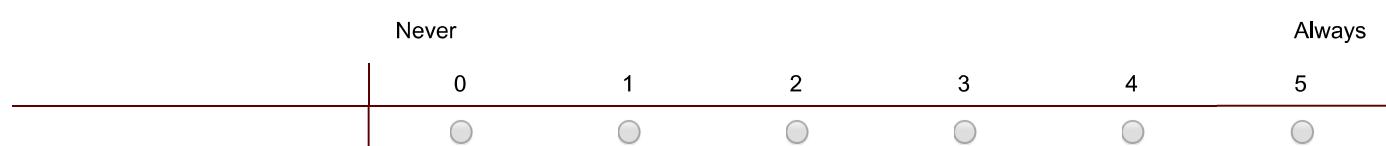
When I bring awareness to my body I feel a sense of calm.



I can use my breath to reduce tension.



When I am caught up in thoughts, I can calm my mind by focusing on my body/breathing.



Demographics

You have come to the end of the questionnaire! Thank you for your time and effort. To finish, please provide us with the following demographic information.

At the end of this section, you will receive the instruction on how to collect the compensation amount of SGD5. Thank you again!

Please indicate your gender

Male

Female

Please indicate your date of birth (DD/MM/YYYY)

Are you currently still studying?

- Yes
- No

Please indicate your highest academic qualification

- PSLE
- O/N Levels
- A Levels
- Diploma
- Bachelors Degree
- Masters Degree or similar
- PhD Degree or similar
- Others

Please indicate your course of study

- Business and Accountancy
- Art and Design
- Communication Studies
- Computing
- Dentistry
- Education (Teachers, Professors, etc.)
- Engineering
- Environmental Studies
- Humanities (Languages, History, etc.)
- Law
- Media Studies
- Music
- Sciences
- Social Sciences (Psychology, Sociology, etc.)
- Medicine
- Sport Science
- Others

Please indicate which academic qualification you are currently pursuing

- O/N Levels
- A Levels
- Diploma
- Bachelors Degree
- Masters Degree or similar
- PhD Degree or similar
- Others

Please indicate your current course of study

- Business and Accountancy
- Art and Design
- Communication Studies
- Computing
- Dentistry
- Education (Teachers, Professors, etc.)
- Engineering
- Environmental Studies
- Humanities (Languages, History, etc.)
- Law
- Media Studies
- Music
- Sciences
- Social Sciences (Psychology, Sociology, etc.)
- Medicine
- Sport Science
- Others

What is your aspired highest level of academic qualification?

- O/N Levels
- A Levels
- Diploma
- Bachelors Degree
- Masters Degree or similar

PhD Degree or similar Others

Please note that none of the following questions is mandatory. Therefore, you reserve the right to not answer any of the questions below.

Please indicate your ethnicity

 Chinese Malay Indian Others

Please indicate your religion or the religious context you grew up in

 Buddhism Christianity Islam Taoism Hinduism Others No religion

On a scale of 0 to 10, how much do you define yourself as a religious person?

Not at all religious

Very religious

0 1 2 3 4 5 6 7 8 9 10



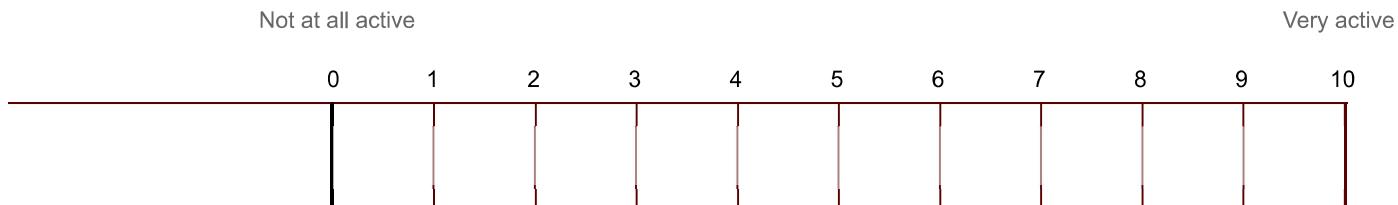
How actively engaged are you in religious activities and practices?

Not at all active

Very active

0 1 2 3 4 5 6 7 8 9 10





Please indicate your country of birth

- Singapore
- Malaysia
- Indonesia
- Philippines
- China
- Others

How long have you lived in your country of birth (indicate the number of years)?

How long have you lived in Singapore (indicate the number of years)?

Please indicate an estimate of your average **monthly** household income **per capita** (Calculated as: Total monthly household income (SGD) / No. of people in the family).

You have come to the end of the questionnaire. Thank you for your time and effort.

As a compensation for completing this questionnaire, we will be sending an amount of SGD5 via mobile transfer to your account.

Please indicate your email address below. We will follow up (immediately) with an instruction on how to claim the compensation amount of SGD5. If you do not receive the email within an hour (please also check your junk mail), please email psych1.questionnaire@gmail.com

Please note to indicate your most frequently used email address as we would be corresponding with you via email for the acknowledgement of payment.

