

## Competition Kettlebells

Our Competition Kettlebells (competition kettlebells) have exactly the same physical size and design,

so it is just the color and the weight that is different.

That they are the same size (volume) regardless of weight means that you get a similar balance and technique in the exercises. Thus, greater comfort and a little easier workout.

Competition Kettlebells are made of steel and are very durable. - Read more further down the page.

## Populære Kettlebells



**Kettlebell 12 kg**

600 kr.

**Buy me**



**Kettlebell 8 kg**

400 kr.

**Buy me**



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**Buy me**



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Kettlebells fills nothing at home and are an excellent training tool when you occasionally want intensive workout without the gym. Competition Kettlebells are widely used in gyms and at home.

### Why use Kettlebells?

Because you exercise your power with natural and functional movements throughout the body.

Exercise and training with Kettlebells is both for men and women. It is a convenient and great form of exercise because you only need 10 minutes a day to build strength and burn fat, roughly equivalent to one and a half hours in the gym.

Competition Kettlebells from KettlebellShop is incredibly popular among serious athletes and veteran exercisers in all sports.