

# Northwest Premier League Rules - 2023

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## League Fees

- League Fees: \$166 per team (x10)
- CBS League fees: -\$160
- Prize purse: \$1500

## Draft Day

Sunday, August 27th

3 PM PST

## Payouts

### Super Bowl

[4 Team Royal Rumble (2-week total score)]

- 1st: 20% [\$300]
- 2nd: 15% [\$225]
- 3rd: 10% [\$150]
- 4th: 5% [\$75]

### Toilet Bowl

[6 Team Royal Rumble (2-week total score)]

- 1st: 10% [\$150]

### Total Points (Regular Season)

- 1st: 10% [\$150]
- 2nd: 5% [\$75]

### Win/Loss record (Regular Season)

- 1st: 10% [\$150]
- 2nd: 5% [\$75]

### Supplemental Awards (Regular Season)

- Highest week team score: 5% [\$75]
- Highest offensive player week: 5% [\$75]

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## Regular season

The regular season will consist of 15 weeks, beginning in week 1 of the NFL season.

Each team will play heads-up against two other teams each week (double head-to-head).

For a team to be eligible for the Highest Player Week score, the player in question must have been on the team's active lineup during the week where the high score was achieved.

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## Rules

### Post-season

The post-season tournaments will be played during weeks 16 & 17 of the NFL season.

#### **Seeding** - *Four teams advance to the Super Bowl*

Four teams advance to the super bowl using the following priority:

- 1st - win/loss record
- 1st - total points
- 2nd - win/loss
- 2nd - total points
- 3rd - win/loss
- 3rd - total points
- 4th - win/loss

All remaining teams are seeded to the toilet bowl.

#### **Format** (*Both post-season competitions use the same format*)

- All teams compete in a royal rumble (All vs. All)
  - Post-season scores are accumulated over a period of two NFL game weeks beginning in week 16. (The final week [18] of the NFL season will not be used).
  - All rules concerning rosters, scoring, lineups, etc. used in the regular season carry forward through the post-season. Any rule not specifically altered for post-season play is assumed to be the same as any similar occurrence during the regular season.
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### Roster

#### **Starters** (9)

- Quarter Back (1)
- Running Back (2)
- Wide Receiver (2)
- Tight End (1)
- Flex (1)
- Kicker (1)
- D/ST (1)

#### **Bench** (6)

- Any position

## Notes:

- *Flex position can be filled using any offensive position player*
  - *Injured reserved status is not available*
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## Scoring

## Passing:

- TD: 4pts
- Yds: 1pt per 2.5yd
- Int: -2pts
- 2pt Conv: 2pts

## Receiving:

- TD: 6pts
- Yds: 1pt per yd
- Fmbl: -2
- 2pt Conv: 2pts

## Rushing:

- TD: 6pts
- Yds: 1 per yd
- Fmbl: -2
- 2pt Conv: 2pts

Kick Return for TD: 6pts Punt Return for TD: 6pts

## Kicking:

- FG:
  - < 40yd: 3pts
  - 40 - 49yds: 4pts
  - 50 - 54yds: 5pts
  - 55 - 59yds: 6pts
  - 60+: 7pts
- FG Missed:
  - < 30yd: -3pts
  - 31 - 40yds: -2pts
  - 41 - 50yds: -1pt
  - 50+: 0pts
- PAT: 1pt
- PAT Missed: -1pts

## Defense:

- Points Allowed:

- 0: +10
- 3 - 10: +7
- 11 - 16: +3
- 17 - 27: 0
- 28 - 34: -3
- 35 - 41: -7
- 42 - 49: -10
- 50+: -15
- Recovered fumble: +3
- Int: +3
- Sack: +1
- Turnover on downs: +1
- Kick return for TD: +6
- Punt return for TD: +6
- Safety: +2

#### Notes:

- *Defensive points allowed should not include points scored by opposing defensive units*
  - *Double dipping with kick and punt returns for d/st and position players is allowed. (points are awarded to both the team defense and the player)*
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#### Trades

- The trade deadline is the kickoff of the first game of week 13
- There is no approval authority for trades. However, if a majority of the league suspects collusion, all players involved in the trade will be suspended from use in the team's active roster for a period of two weeks to be served as follows:
  - One week immediately following the ruling
  - Week 16 (the first week of playoffs) *The consideration of such a punishment should be taken up only in cases of obvious foul play and should be done as promptly as reasonably possible after the disputed trade. The accused team owners have a vote by right. This should create an effective guard against frivolous accusations.*

#### Waivers

- The free agent period begins on Wednesday morning at 2 AM, Pacific
- A dropped player is *on waivers* and is not available as a free agent for a period of 2 days
- Roster moves are not allowed for a player once his team has begun a game and will be frozen until the beginning of the next waiver period