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Question: Is there any scientific proof for the soul's existence?

Answer: There's plenty. Here's a simple scientific experiment conducted by Canadian neurosurgeon Dr Wilder Penfield. (I am avoiding most scientific jargon to help make things clear)

Dr Penfield set up a high-tech system to observe the brain activity of a subject, who was told to do simple activities like raising his hand. When he raised his arm, a certain part of the brain was activated and the subject described the event as: "I raised my arm." When he brought his arm down, that part of the brain was seen to be deactivated and the subject described the event as: "I put my arm down."

Then Dr Penfield, using state-of-the-art technology, artificially activated that part of the brain and hey presto the arm rose up. The subject described the event as: "My arm went up." Dr Penfield specifically asked: "Did you raise your arm?" The subject replied with full certainty: "I didn't raise my hand. My arm rose up by itself." When Dr Penfield deactivated the brain and the arm went down, the patient described: "My arm fell down; I did not bring it down."

Dr Penfield realized the profound implications of this simple experiment: he, an external agent, was activating the brain to raise and lower the arm in the second case. Who was the agent doing the activation in the first case? That agent was consciously denying being the activator in the second case, but was still consciously observing the activation. That meant there was another agent in the second case, who used the machinery of the brain to raise and lower the arm. Who was that agent? Could it be the soul?

Dr Penfield had started his brain research with the express purpose of disproving the existence of the soul, but after forty years of experiments like the above one, he stated the verdict of his research: "The brain is a computer, but it is programmed by something outside of itself."

The Bhagavad-gita explains what that "something outside of itself" is: the soul, or, more specifically, the consciousness, which is the intrinsic energy of the soul temporarily projected into the body.

The Gita further describes the spiritual science of bhaktiyoga that can enable us to get direct perception of the soul. With that perception will come all that we are always looking for: constant, ever-increasing happiness, freedom from all suffering and escape from death. Indeed, that eternal life of knowledge and bliss is our spiritual birthright. We just have to reclaim it.

