

Incontinence Quality of Life (I-QOL) Neurogenic Module

PLEASE CHOOSE THE RESPONSE THAT BEST APPLIES TO YOU AT THE MOMENT AND CIRCLE THE NUMBER OF YOUR ANSWER.

IF YOU ARE UNSURE ABOUT HOW TO ANSWER A QUESTION, PLEASE GIVE THE BEST ANSWER YOU CAN. THERE ARE NO RIGHT OR WRONG ANSWERS. YOUR ANSWERS WILL BE KEPT STRICTLY CONFIDENTIAL.

(Please circle the number of your answer)

1. I have to limit my intake of caffeine drinks or alcohol because of my urinary problems or incontinence.

1	EXTREMELY
2	QUITE A BIT
3	MODERATELY
4	A LITTLE BIT
5	NOT AT ALL

2. I worry about the long-term effects of catheterisations on my urinary tract infections and other health problems.

1	EXTREMELY
2	QUITE A BIT
3	MODERATELY
4	A LITTLE BIT
5	NOT AT ALL

3. Accessibility and privacy in public toilets are important to me.

1	EXTREMELY
2	QUITE A BIT
3	MODERATELY
4	A LITTLE BIT
5	NOT AT ALL

4. It bothers me to have to self-catheterise on a regular schedule.

1	EXTREMELY
2	QUITE A BIT
3	MODERATELY
4	A LITTLE BIT
5	NOT AT ALL

5. It bothers me to have to use incontinence pads or incontinence pants.

1	EXTREMELY
2	QUITE A BIT
3	MODERATELY
4	A LITTLE BIT
5	NOT AT ALL