

# Weight-Specific QoL Domains

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- *Comfort as Being Oneself*
- *Belief in Yourself*
- *Physical Health*
- *Mental Health*
- *Physical Appearance*
- *Spiritual, Religious, or Philosophical Beliefs*

**Self Concept**

**Relationships  
With Others**

- *Family Relationships*
- *Friend Relationships*
- *Peer Relationships*
- *Getting Support from Adults*
- *Caring for Other People*

**Environmental  
Characteristics**

- *Being Involved in the World*
- *Money/Resources*
- *Feeling Safe in Living Environments*
- *Physical Environment*
- *School/Learning*

**Weight-Specific  
Quality of Life**

