Here we use `parallel` package.

This is the left side.

1. First item
2. second item
3. third item
4. fourth item
5. fifth item
6. First item
7. second item
8. third item
9. fourth item
10. fifth item
11. First item
12. second item
13. third item
14. fourth item
15. fifth item
16. First item
17. second item
18. third item
19. fourth item
20. fifth item
21. First item
22. second item
23. third item
24. fourth item
25. fifth item
26. First item
27. second item
28. third item
29. fourth item
30. fifth item
31. First item
32. second item
33. third item
34. fourth item
35. fifth item
36. First item
37. second item
38. third item
39. fourth item
40. fifth item
41. First item
42. second item
43. third item
44. fourth item
45. fifth item
46. First item
47. second item
48. third item

This goes to the right. This may be going long. If you want you can input equations also.

$x = y + 10$

This may be the best choice if you want this kind of thing to span multiple pages.

49. fourth item
50. fifth item

And you are back in business.

This list can break across pages automatically