

FREE 2 WEEKS TRIAL

UNIFORM NOT INCLUDED

AUGUST 21st - AUGUST 25th AUGUST 28th - SEPTEMBER 1st

KIDS CLASSES START AT 5PM ADULT CLASSES START AT 6PM

LEARN

- **✓ SELF-CONFIDENCE**
 - **√**SELF-DEFENCE
 - **√** RESPECT
 - **VEMPOWERMENT**
- **√**FITNESS & COURAGE

FOR MORE DETAILS PLEASE CALL (778) 538 - 1333 OR VISIT IN PERSON 168 ORIOLE RD, KAMLOOPS

