

## BREAKFAST

Served daily until 11h30

**Star Anise infused Oats with Cranberries (V)** 50

**Health Bowl (V)** 65

Double cream greek style yoghurt topped with granola, seasonal fruit, toasted coconut shavings, pumpkin seeds & honey

**Hit 'n Run** 59

2 Eggs, done your way, grilled tomato, 2 rashers of bacon & 2 slices of toast

**French Toast** 89

Served with bacon, fried banana & toasted flaked almonds and drizzled with honey

**The Farmhouse** 99

2 Eggs, done your way, grilled tomato, bacon, pork sausage, brown mushroom & 2 slices of toast

**Avo Supreme (V)** 85

Crushed avo, hummus, our house spice, 2 poached eggs & feta on toasted ciabatta

**Smoked Trout & Avo Crush** 115

Scrambled eggs, cream cheese, crushed avo, smoked trout & on toasted ciabatta

**Loaded Croissant with scrambled eggs** 85

- Bacon & cheddar 90

- Brown mushroom, cheddar & fresh baby spinach (V) 115

- Smoked trout, fresh baby spinach & avo 85

**Eggs Benedict** 85

Poached eggs, home-made hollandaise sauce & wilted baby spinach served on ciabatta with a choice of: BACON -or- BROWN MUSHROOM (V) -or- SMOKED TROUT (ADD R29)

**Savvy Eggs Benedict** 115

A poached egg, served on a baked camembert round with fresh baby spinach, home-made hollandaise sauce & balsamic reduction with a choice of: BACON -or- BROWN MUSHROOM (V) -or- SMOKED TROUT (ADD R29)

**Vegan Stack**  115

Vegan patty, avo, sautéed baby tomatoes & red onion, wilted baby spinach & vegan basil pesto on a slice of toast

**Good Ol' Fave Omelette** 95

2 Egg omelette with bacon, cheddar, tomato & brown mushroom, served with 2 slices of toast

**Greek Omelette (V)** 95

2 Egg omelette with wilted baby spinach, olives, feta & brown mushroom, served with 2 slices of toast

**Build your own breakfast:** 50

FRIED -or- SCRAMBLED -or- POACHED eggs served with 2 slices of toast

### Extras:

Onion R8, Spring Onion R10, Cooked or Raw Tomato R11, Fresh Chillies R10, Wilted Baby Spinach R20, Mushrooms R24, Avo R24, Feta R26, Cheddar R22, Jalapeño R24, Goats Cheese R28, Brie R26, Halloumi R32, Bacon R28, Pork Banger R29, Extra Egg R12, Smoked Trout R42, Chorizo R25

## HOT DRINKS

### Coffees

Espresso 23

Americano / Double Espresso / Cortado 26

Flat White / Cappuccino 29

Latte 30

Red Cappuccino / Red Latte 34

Chai Latte / Hot Chocolate / Choco Chino 34

Add Extra Shot 10

Almond Milk / Oat Milk / Cream 10

**Selection of Teas** 24

Ask your waitron

## COLD DRINKS

**Iced Teas** 30

Peach / Lemon

**Sparkling / Still Water (440ml)** 30

**Sparkling / Still Water (750ml)** 49

**Fresh Fruit Juice** 28

**Smoothies** 49

**BananaBerry:** Banana, berries, yoghurt & honey

**Powernut:** Peanut butter, banana, honey & almond milk

**Island:** Banana, pineapple, coconut milk & honey

### **Vegan / (V) Vegetarian**

Menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, SOY, FISH & MILK. Please ask for more information should you have any allergy concerns.

All items on the menu are subject to availability.  
Right of admission reserved.

### For the Love of People and Food

Every month we give back by donating to local community projects. Please ask your waitron for more information, or if you would like to contribute.