Quick Guide to posting on Football Digest

- Firstly Fill out your Bio in your 'Profile' it will accompany all your posts:)
- There are no restrictions on what you write about, but we discourage match-previews, or match reports unless you feel your post offers a unique perspective.

 EG. How a certain player will fare out in the game.
- The first image used in the post MUST be aligned to the left, and 175x175 in size. Find an image online that is suitable, download it, resize it (if needed) and upload from your Desktop. Do no link to an image DIRECTLY from another site. Download and upload.. As mentioned. First image: Aligned to left, 175x175px.
- Preview your post, and whatever line runs beside the bottom of the image, go back to your draft, click the 'HTML' tab and click the 'more' button at what ever stage in the line. Make sure the "Continue Reading" is on the same line, as the image.
- Make sure to use paragraphs; it will maintain the reader's interest in the piece.

 Also feel free to use another image(s) of a bigger size throughout the post.

 Just make sure you follow Step 2 when doing so!
- Last but not least, make sure you invite comments at the bottom of your post. We respect all opinions at FD, including the readers.

 After that you can have your byline, including your Twitter, personal blog etc.

Demba Ba's £7.5m release clause all but history for NUFC





When Demba Ba hit double figures extremely early on in the Premier League last season, people immediately began to ponder where the Senegalese forward would be playing his football in 2012, they certainly didn't expect it to be St. James' Park. These are the same people who said NUFC would fade away from the Top 6 in the New Year.

However, despite constant rumours and the best efforts of the London media; Demba Ba's much publicised £7.5m release clause will expire at midnight, tonight. Unless some club makes a quick move to offer the cash, and agree unarguably intricate

terms – Demba Ba will be wearing Black and White next season

You'd have to say Newcastle United have done very well indeed.

This is a guy who managed almost 20 goals in his first full Premier League season, with a side that were facing their second season following promotion from the npower Championship. Demba made hitting the back of the net look extremely easy, and only for the arrival of his friend – Pappiss Cissé – Ba would have most definitely reached the twenty goal milestone. Continue reading/ More Tag goes along this line. After 'Agree' would be preferable