Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Individual & Family | Plan Type: EPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document by calling 1-888-990-5702.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$2,000/ person \$4,000/family Benefits not subject to deductible include: preventive care, PCP, Specialist & other practitioner visits, generic prescription drugs, diagnostic tests, and imaging.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. <b>\$6,350</b> / person <b>\$12,700</b> / family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. See <a href="http://healthrepublicny.org/for-members/find-a-provider/ or call 1-888-990-5702">http://healthrepublicny.org/for-members/find-a-provider/ or call 1-888-990-5702</a> for a list of participating providers.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about <u>excluded services</u> .

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non- Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$0 copay/visit to selected provider, otherwise \$30 copay/visit	Not covered	none
	Specialist visit	\$75 copay/visit	Not covered	none
	Other practitioner office visit	\$0 copay/visit to selected provider, otherwise \$30 copay/visit	Not covered	none
	Preventive care/screening/immunization	No charge	Not covered	
If you have a toot	Diagnostic test (x-ray, blood work)	\$75 copay/visit	Not covered	none
If you have a test	Imaging (CT/PET scans, MRIs)	\$75 copay/visit	Not covered	none

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Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non- Participating Provider	Limitations & Exceptions
IC	Selected generic drugs	Retail: \$10 copay/prescription Mail order: \$30 copay/prescription	Not covered	Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription)
If you need drugs to treat your illness or condition	Preferred brand drugs	Retail: \$35 copay/prescription after deductible is met Mail order: \$87 copay/prescription after deductible is met	Not covered	Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription)
More information about <b>prescription drug coverage</b> is available at <a href="http://healthrepublicny.org">http://healthrepublicny.org</a>	Non-preferred brand drugs	Retail: \$70 copay/prescription after deductible is met Mail order: \$175 copay/prescription after deductible is met	Not covered	Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription)
	Specialty drugs	Retail: \$70 copay/prescription after deductible is met Mail order: \$175 copay/prescription after deductible is met	Not covered	Covers up to a 30-day supply (retail prescription); 90 day supply (mail order prescription)
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance after deductible is met	Not covered	none-
outpatient surgery	Physician/surgeon fees	20% coinsurance after deductible is met	Not covered	none
IC	Emergency room services	\$250 copay/visit after deductible is met	\$250 copay/visit after deductible is met	none
If you need immediate medical attention	Emergency medical transportation	\$150 copay/visit after deductible is met	\$150 copay/visit after deductible is met	none
	Urgent care	\$100 copay/visit after deductible is met	Not covered	none
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance after deductible is met	Not covered	none

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	Physician/surgeon fee	\$150 copay/case after deductible is met	Not covered	none
	Mental/Behavioral health outpatient services	\$0 copay/visit	Not covered	none
If you have mental health, behavioral	Mental/Behavioral health inpatient services	20% coinsurance after deductible is met	Not covered	none
health, or substance abuse needs	Substance use disorder outpatient services	\$0 copay/visit	Not covered	none
	Substance use disorder inpatient services	20% coinsurance after deductible is met	Not covered	none
	Prenatal and postnatal care	No charge	Not covered	none
If you are pregnant	Delivery and all inpatient services	20% coinsurance after deductible is met	Not covered	none
	Home health care	\$30 copay/visit after deductible is met	Not covered	40 visits per year
	Rehabilitation services	\$30 copay/visit	Not covered	60 visits per condition per lifetime
	Habilitation services	\$30 copay/visit	Not covered	60 visits per condition per lifetime
If you need help recovering or have	Skilled nursing care	20% coinsurance after deductible is met	Not covered	200 days per year
other special health needs	Durable medical equipment	20% coinsurance after deductible is met	Not covered	\$1,500 per year
	Hospice service	Inpatient: 20% coinsurance after deductible is met Outpatient: \$30 copay/visit after deductible is met	Not covered	210 days per year
If your child needs	Eye exam	\$30 copay/visit	Not covered	Limited to one exam per 12- month period
dental or eye care	Glasses	20% coinsurance after deductible is met	Not covered	Limited to one pair of glasses per year

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Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non- Participating Provider	Limitations & Exceptions
	Dental check-up	Not covered	Not covered	none

### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

Cosmetic surgery

Long-term care

• Private-duty nursing

Dental care (Adult)

- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine foot care

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Acupuncture

• Hearing aids

• Weight loss programs

- Infertility treatments Bariatric surgery
- Chiropractic care

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### **Your Rights to Continue Coverage:**

#### Individual health insurance

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at **1-888-990-5702**. You may also contact your state insurance department at <a href="https://www.dfs.ny.gov">www.dfs.ny.gov</a>.

### **Language Services:**

SPANISH (Español): Para obtener asistencia en Español, llame al 1-888-990-5702.

### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: 1-800-342-3736.

### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u> provide minimum essential coverage.** 

### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

—To see examples of how this plan might cover costs for a sample medical situation, see the next page.—

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## Coverage for: Individual & Family | Plan Type: EPO

## **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

## Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$3,980
- Patient pays \$3,560

### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

### Patient pays:

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Deductibles	\$2,000
Copays	\$520
Coinsurance	\$890
Limits or exclusions	\$150
Total	\$3,560

### Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,860
- Patient pays \$2,540

### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

### Patient pays:

Deductibles	\$2,000
Copays	\$360
Coinsurance	\$180
Limits or exclusions	\$80
Total	\$2,540

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact: 1-888-990-5702.

## Questions and answers about the Coverage:

## What are some of the assumptions behind the **Coverage Examples?**

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork providers. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## **Does the Coverage Example** predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## **Does the Coverage Example** predict my future expenses?

**No.** Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

### **Can I use Coverage Examples** to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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