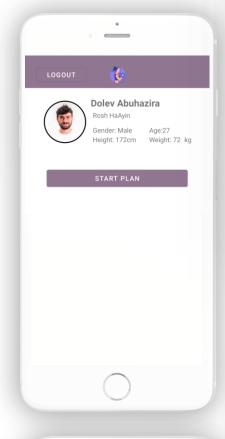
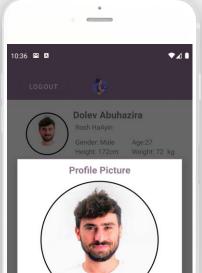


AVALIABLE

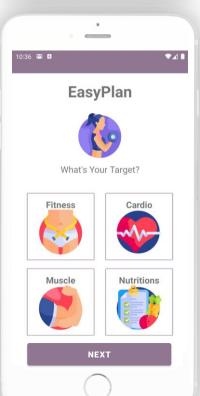
Google Play













These days when the corona virus has become an integral part of our daily routine, most people have realized that the health of body and mind is an integral part of our lives.

The idea behind the app is to provide an accessible and convenient interface for trainees and trainers.

Its purpose is to promote the health of body and mind to the different types of customers.

With the help of the app, we can connect between different customers and allow them to fulfill their personal goals.

## So, what do you get?

List of recommended trainers who deal with the targets that you have selected.

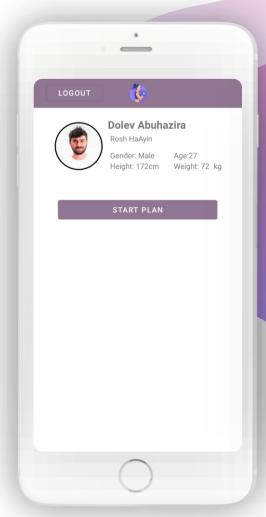
Watch weekly workouts and personalized diets.

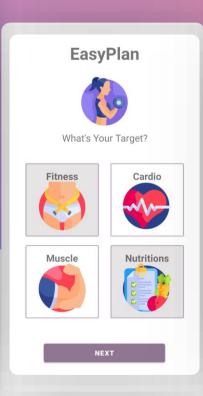
A system that provides a friendly interface for contacting your Trainer, By dialing his personal number or emailing through the app.

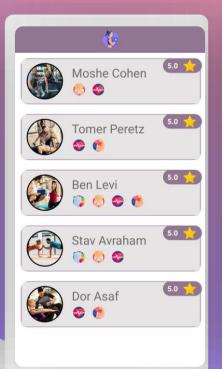
In the end, you can rate your personal trainer and helping him to promote himself.

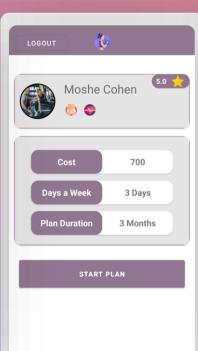


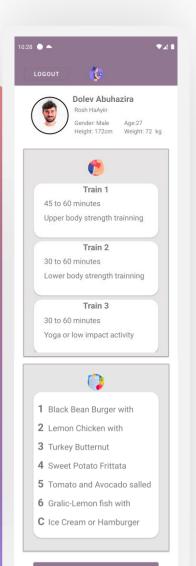
#### **Trainee**











## So, what do you get?

A friendly interface for managing the trainees you train and receiving information about them.

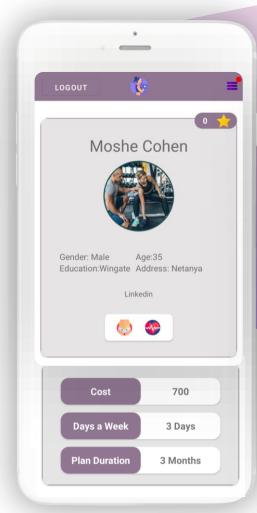
Ability to edit and provide a training program and diet menu according to your requirements.

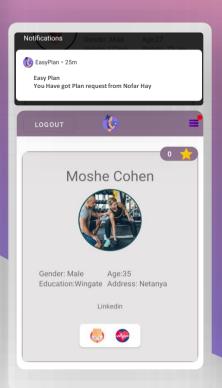
A system that will provide you alerts if potential trainees are interested in you.

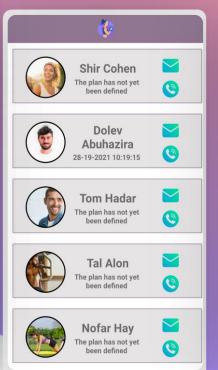
A system that provides a friendly interface for contacting your Trainees, By dialing his personal number or emailing through the app.



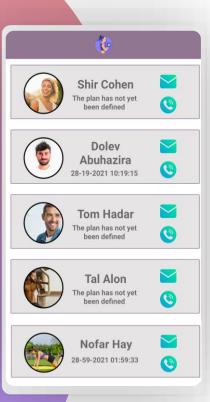
#### **Trainer**











# **Application Diagrams**

**Use Case Diagram** 

**Class Diagram** 

**Object Diagram** 

**State Machine Diagram** 

**Activity Diagram** 

**Entity Relationship Diagram** 

**Sequence Diagram** 

## **Our Team**





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Dor Azaria



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